

FOUR DIRECTIONS

Cultural Awareness and Healing Support Conference

September 16-19, 2024



Conference Coordinator



Conference Partner



SQUAXIN ISLAND TRIBE

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Honoring the Past
and Protecting the Future

FOUR DIRECTIONS

Cultural Awareness and Healing Support Conference

The ***Four Directions*** conference has grown so much since it was first launched in 2009. Perhaps more importantly, the ***Four Directions*** conference has expanded its scope and purpose over the more than 15 years since it began. In the spirit of promoting community wellness and individual holistic health that is a long-standing tradition of Tribal communities, today's ***Four Directions*** conference is the result of collaborative partnerships with representatives from many Tribal Nations, BIPOC communities, Peer and Recovery Support Service Providers, LGBTQIA+ and Two-Spirit Members, Veterans/Active Duty/Military Families, and more. It is a true vision of ***Honoring Our Past and Protecting Our Future*** – TOGETHER – with inclusive and collaborative efforts and respect for individuals, families, and communities as a whole through Spiritual, Mental, Emotional, and Physical wellbeing.

We invite you to join in a fantastic celebration as our ***Four Directions*** conference gathers for training, professional development opportunities, networking, learning, sharing successes and challenges, and celebrating together at Little Creek Casino Resort. This year, our Community Celebration Dinner truly highlights the theme of ***Protecting and Recognizing Our Future*** – with special performances by youth groups sharing their artistic representations of cultural traditions and contemporary themes. You won't want to miss this Community Event on Wednesday, September 18, when youth groups such as Kids in Concert perform with Suquamish Tribal member Max Dawes conducting and our friend Swil Kanim overseeing the evening's performances.

Please take a look at the full conference schedule to see all of the exciting opportunities for both training and cultural enrichment. From expanding knowledge and skills to experiencing healing and teaching tools that honor the traditional heritage of many cultures, your journey at ***Four Directions*** will illuminate your work and your life.



CONFERENCE COORDINATOR

Evergreen Council on Problem Gambling

The Evergreen Council on Problem Gambling (ECPG) is dedicated to increasing awareness of public health issues around problem gambling and gaming, expanding the availability and integration of services, and supporting advocacy, research, and programs for education, prevention, treatment, recovery, and responsible gambling and gaming. We provide confidential support for Washington State residents through our 24-hour Problem Gambling Helpline (**800.547.6133**), available through phone, text, and chat.



EVERGREEN
council on problem gambling

The Council offers support for residential and outpatient treatment for people suffering from gambling-related problems and impacted family members, as well as education and public awareness programs to a wide variety of community and professional groups through presentations, including qualified training for certification and continuing education hours. The Council supports Recovery Community services, including peer/coach trainings. ECPG works with the Gaming Industry to provide employee training and responsible gaming policy and program development, and offers a Responsible Gaming Certification program.

The Evergreen Council on Problem Gambling is pleased to work with schools, civic and social service organizations, and others to develop and tailor education and awareness programs. For more information call **360.352.6133** or visit **www.evergreencpg.org**.



CONFERENCE PARTNER

Squaxin Island Tribe
People of the Water



SQUAXIN ISLAND TRIBE

We are descendants of the maritime people who lived and prospered along the shores of the southernmost inlets of the Salish Sea for untold centuries.

Because of our strong cultural connection with the water, we are also known as the *People of the Water*. We are the Noo-Seh-Chatl of Henderson Inlet; Steh-Chass of Budd Inlet; Squi-Aitl of Eld Inlet; Sawamish/T'Peeksin of Totten Inlet; Sa-Heh-Wa-Mish of Hammersley Inlet; Squawksin of Case Inlet; and S'Hotle-Ma-Mish of Carr Inlet.



Insightful, Engaged, and Inspired Networks

Scan this code to see a list of our social accounts. We hope you can join us in raising awareness for Problem Gambling and Gaming.



SCHEDULE-AT-A-GLANCE

Monday, September 16 Pre-Conference			
7 - 7:45 a.m.	Breakfast and Registration (Registration: Lobby; Breakfast: Sa-Heh-Wa-Mish)		
8 a.m. – Noon	Wiley Harwell	<i>Spirituality (Part 1)</i>	<i>Steh-Chass</i>
8 a.m. – Noon	Fern Renville	<i>Centering Traditional Practices for Impactful Youth Programming</i>	<i>Squi-Aitl</i>
Noon – 12:45 p.m.	Lunch Break/Exhibits (Lunch: Sa-Heh-Wa-Mish; Exhibits: Lobby)		
12:45-2:45 p.m.	Wiley Harwell	<i>Spirituality (Part 2)</i>	<i>Steh-Chass</i>
12:45-2:45 p.m.	Karen Hlady	<i>Culture as a Leading Social Determinant of Health</i>	<i>Squi-Aitl</i>
2:45 – 3 p.m.	Refreshment Break/Exhibits		Lobby
3 - 5 p.m.	Ken Litwak	<i>Gaming and Gambling: Going Beyond the Certification</i>	<i>Squi-Aitl</i>
3 - 5 p.m.	Lisa Najavits	<i>Finding Your Best Self: An Addiction and/or Trauma Model for Self-help, Peers, Families, and Professionals</i>	<i>Steh-Chass</i>
Tuesday, September 17 Pre-Conference			
7 - 7:45 a.m.	Breakfast and Registration (Registration: Lobby; Breakfast: Sa-Heh-Wa-Mish)		
8 a.m. – Noon	Roger Fernandes	<i>S-Jewel: The Spirits of Creation in Storytelling and Art</i>	<i>Steh-Chass</i>
8 a.m. – Noon	River McKenzie and Oblio Stroyman	<i>The Rainbow Connection: Unpacking Bias and Serving 2SLGBTQIA+ Communities</i>	<i>Squi-Aitl</i>
Noon – 12:45 p.m.	Lunch Break		
12:45-2:45 p.m.	Sarah Gaer	<i>Professional Burnout, Soul Exhaustion and Soul Care</i>	<i>Steh-Chass</i>
12:45 – 2:45 p.m.	Dan Overton	<i>Impact-Brain Injury's Effect of Substance Use Disorder and Successful Rehabilitation</i>	<i>Squi-Aitl</i>
2:45 – 3 p.m.	Refreshment Break/Exhibits		<i>Lobby</i>
3 - 5 p.m.	Denise Quirk	<i>Hope & Healing: Roadblocks and Resources</i>	<i>Steh-Chass</i>
3 - 5 p.m.	Dan Overton	<i>Straight Talk for Thinking Straight – Brain Injury and its Effects on Intimate Partner Violence</i>	<i>Squi-Aitl</i>
3 – 5 p.m.	Leon Leader Charge	<i>The Intersection of Evidence Based Interventions (EBI) and Indigenous Traditional Healing in Prevention and Treatment of Substance Misuse and Mental Health</i>	<i>Grand BC</i>

FOUR DIRECTIONS

PROGRAM: PRE-CONFERENCE

Monday, September 16	
7 – 7:45 a.m. Registration and Breakfast	
Registration	Lobby
Breakfast	Sa-Heh-Wa-Mish
8 a.m. – Noon Concurrent Workshops	
<i>Spirituality (Part 1)</i>	Steh-Chass
Wiley Harwell, DMin, LPC, ICGC-II, BACC, CGT	
The first section will explore different faith-based perspectives of counseling. The second section will emphasize the work of an effective counselor to model a faith perspective. We will also explore the concept of changing one's perspective and the development of mindful practice. The last section of the workshop will focus on building a spirituality/religious practice inventory.	
<i>Centering Traditional Practices for Impactful Youth Programming</i>	Squi-Aitl
Fern Renville	
Join Dakota teaching artist Fern Naomi Renville for a hands-on exploration of a land-based, cultural learning activity that centers traditional practices physically, spiritually, emotionally, and mentally. Our group will learn how to make traditional plant cordage, how to relate this activity to healing and pedagogy, and how to tap into the power of land-based learning that connects us to nature and one another.	
Noon – 12:45 p.m. Lunch/Break Exhibits	
Sa-Heh-Wa-Mish	
12:45 – 2:45 p.m. Concurrent Workshops	
<i>Spirituality (Part 2)</i>	Steh-Chass
Wiley Harwell, DMin, LPC, ICGC-II, BACC, CGT	
The first section will explore different faith-based perspectives of counseling. The second section will emphasize the work of an effective counselor to model a faith perspective. We will also explore the concept of changing one's perspective and the development of mindful practice. The last section of the workshop will focus on building a spirituality/religious practice inventory.	
<i>Culture as a Leading Social Determinant of Health</i>	Squi-Aitl
Karen Hlady, MA, GIS, IGDC	
Couched within a Diversity, Equity, Inclusion and Accessibility (DEIA) framework, this interactive workshop invites participants to contemplate the role culture plays in our personal and professional lives. This session will explore how culture is a protective factor within a social determinant of health model. As a client accessing the health services system from a non-dominant group, the workshop will frame client experiences within an intersectionality context. This session is designed to encourage dialogue and reflection with regards to our role as health practitioners, including our responsibility to foster welcoming, inclusive, and accessible environments for our clients.	



2:45 – 3 p.m. Refreshment Break/Exhibits	Lobby
3 – 5 p.m. Concurrent Workshops	
<i>Gaming and Gambling: Going Beyond the Certification</i>	Squi-Aitl
Ken Litwak, MS, LISAC, LCADC, ICGC-II, CCTP, IGDC	
<p>This presentation will describe the relationship between gambling and video gaming using the most current research available. It will highlight the current state of problematic video game assessment and treatment and include specific clinical case examples where gambling and video gaming intersect. Participants will better understand why individuals with gambling problems are more susceptible to problematic video game play, and vice versa. They will explore why one may play e-sports competitively without developing a problem, even if they have a video game skin gambling problem. The session will include an interactive discussion of harm reduction strategies for gambling, including when, why, and how to implement them.</p>	
<i>Finding Your Best Self: An Addiction and/or Trauma Model for Self-help, Peers, Families, and Professionals</i>	Steh-Chass
Lisa Najavits, PhD	
<p>This presentation describes Finding Your Best Self, a recovery model for addiction and/or trauma. It can be used as self-help, by family members and peers, as well as by counselors in groups or individual format. It offers 36 short chapters, each addressing a specific facet of trauma and/or addiction. Examples include: <i>How do people change?; The world is your school; Listen to your behavior; Wish versus reality; Possible selves; The language of trauma and addiction; Social pain; Why trauma and addiction go together; Forgiving yourself; Body and biology; The culture of silence; How to survive a relapse; The decision to grow; Dark feelings (rage, hatred, revenge, bitterness); Imagination; Create a healing image; Recovery voices.</i> It is a flexible model for any client, in any setting. It strives to increase hope, offers exercises, and provides practical recovery skills.</p>	

WASHINGTON STATE'S CONFIDENTIAL 24-HOUR

PROBLEM GAMBLING HELPLINE

CALL. TEXT. CHAT.
VISIT EVERGREENCPG.ORG TO CHAT

1-800-547-6133



Honoring the Past and Protecting the Future

Tuesday, September 17	
7 – 7:45 a.m. Registration and Breakfast	
Registration	Lobby
Breakfast	Sa-Heh-Wa-Mish
8 a.m. – Noon Concurrent Workshops	
<i>S-Jewel: The Spirits of Creation in Storytelling and Art</i>	Steh-Chass
Roger Fernandes	
<p>This presentation will emphasize the power of storytelling as a teaching tool and a healing experience. Using traditional Native American stories, the audience is asked to reflect upon the story and share their unique insights and feelings they have generated by listening to the story. In doing so, they can develop a communication style that not only relies on facts and figures, but also imagination and philosophy. We cannot truly understand a different culture unless we hear their stories that shape their values, beliefs, and philosophies. We cannot truly understand another person unless we have heard their stories that define their life, and we cannot fully understand ourselves unless we tell and reflect upon the stories our culture has given us and the stories we have lived. Through this understanding we can enhance behavioral health services with holistic care.</p>	
<i>The Rainbow Connection: Unpacking Bias and Serving 2SLGBTQIA+ Communities</i>	Squi-Aitl
River McKenzie, BA, QMHA, CGAC-II and Oblio Stroyman, LMFT, CGAC-II, ICGC-II, BACC	
<p>Everybody has a relationship to gender, gender identity, sex assigned at birth, and sexuality. For some of us, the representation offered in our families of origin and culture has supported our health and well-being in these regards, while some of us have few to no models to feel affirmed by. Binaries rarely capture the nuance and complexity of human experience, and perhaps all of us can recognize ways in which we have been impacted by rigid expectations regarding gender and sexuality. Our time together will take participants through a process of understanding there is no “us and them” and that we are all impacted by systems of oppression specifically regarding gender, gender identity, gender presentation, and sexuality. We will start at the microlevel, allowing participants to get in touch with their own experiences and move into the macro systems level, with an emphasis on how the local 2SLGBTQIA+ communities are being impacted. All participants will be offered concrete tools and supportive resources to assist them on their journey of active allyship, emotionally, mentally, and logistically.</p>	

CEU ACCREDITATION AVAILABLE FROM:

Mental Health and Addiction Certification Board of Oregon (MHACBO); American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD); Association for Addiction Professionals (NAADAC); International Gambling Counselor Certification Board (IGCCB); and Canadian Addiction Counsellors Certification Federation (CACCF).



Noon – 12:45 p.m. Lunch/Break Exhibits	Sa-Heh-Wa-Mish
12:45 – 2:45 p.m. Concurrent Workshops	
<i>Professional Burnout, Soul Exhaustion and Soul Care</i>	Steh-Chass
Sarah Gaer, MA	
Burnout affects people in multiple, well-researched, and identified ways, such as a reduced sense of meaning in our work, increased cynicism, and even physical consequences. But how does burnout affect our soul? The Soul, one of the oldest human concepts, has been left out entirely from conversations within the medical and mental health fields. Research, however, demonstrates that the soul remains a concept most people connect to across cultures. This workshop will encourage participants to identify their understanding of the soul and how the soul is impacted by professional burnout (Soul Exhaustion). The workshop will conclude with participants brainstorming how to care for their soul (however they understand and define it).	
<i>Impact-Brain Injury's Effect of Substance Use Disorder and Successful Rehabilitation</i>	Squi-Aitl
Dan Overton, MC, LMHC	
Recovery is a lot more than abstinence. In this presentation we will look at how brain and brain injury affect successful rehabilitation and how one may incorporate lessons learned into their everyday treatment plans. We will look at the Hebbian theory, neural nets, and more through a fun, engaging, and informative discussion.	
2:45 – 3 p.m. Refreshment Break/Exhibits	Lobby
3 – 5 p.m. Concurrent Workshops	
<i>Hope & Healing: Roadblocks and Resources</i>	Steh-Chass
Denise Quirk, MA, MFT, LCADC, CPGC-S, ICGC-II, BACC	
Helpers who are willing to serve people affected by Gambling Disorder often desire to facilitate growth and success of their clients need for health, yet both the helpers and the people affected by gambling disorder encounter a variety of roadblocks. How do we deal with these? What are the stories that help us and our clients? The resources needed for growth in both the helpers and the clients involve exploring and implementing assessment, referrals, networking, case management, and many types of therapeutic interventions covering many basic needs in individual communities.	



Residential Treatment Services for Gambling Disorder (for Washington State Residents)

To determine if your clients may be eligible for funding support for residential treatment contact the Evergreen Council on Problem Gambling: info@evergreencpg.org



FOUR DIRECTIONS

<p><i>Straight Talk for Thinking Straight – Brain Injury and its Effects on Intimate Partner Violence</i></p>	<p>Squi-Aitl</p>
<p>Dan Overton, MC, LMHC</p>	
<p>There are many injuries that occur in Intimate Partner Violence (IPV). In the melee to address the most acute, the long-lasting effects of brain injury can go unnoticed/untreated. Through education, discussion, and group participation, the participant will learn about the mechanics, incident rate, and other key aspects of brain injury and IPV. The group will also be provided with practical applications to use in their treatment programs.</p>	
<p><i>The Intersection of Evidence Based Interventions (EBI) and Indigenous Traditional Healing in Prevention and Treatment of Substance Misuse and Mental Health</i></p>	<p>Grand BC</p>
<p>Leon Leader Charge, MA</p>	
<p>This session will examine how evidence - based best practices intersect well with traditional approaches. Participants will also review the impact traditional culture has on indigenous populations and success rates pertaining to treatment, prevention, and recovery.</p>	



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council on problem gambling

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 **EVERGREEN**
Council on Problem Gambling





PROGRAM: MAIN CONFERENCE

Wednesday, September 18	
7 - 8:15 a.m. Registration and Breakfast	
Registration	Lobby
Breakfast	Sa-Heh-Wa-Mish
8:30 - 10:15 a.m. Opening Ceremony/Welcome and Keynote	
<i>Soul Exhaustion: Beyond the Medical Model</i>	Sa-Heh-Wa-Mish
Sarah Gaer, MA	
<p>Throughout the history of humanity and within every known culture there has been the concept of the Soul, and yet, over the last century or so, its value has lost much ground. For many people, the idea of the soul, the essence of “who” they are, resonates deeply and yet has been significantly diminished by the medical model of mental health. This plenary will bring the concept of the soul back to the forefront of discussion regarding how we conceptualize ourselves and others and the concept of Soul Exhaustion. Soul Exhaustion takes a deeper exploration of life circumstances such as poverty, adverse childhood experiences, racism, trauma and loss, and addiction and the holistic impact it has on the “who” we are. When looking through the lens of Soul Exhaustion, we also must shift our thoughts on solutions to address the soul, spirit, or essence of “who” we are. Therefore, Soul Care, which emphasizes non-clinical resources, goes deeper into understanding how we care for the “who.” Soul Exhaustion and Soul Care can work in harmony with the medical model of mental health and addiction and are not contrary to one another.</p>	
10:15 – 10:30 a.m. Break/Exhibits	Lobby
10:30 – Noon Concurrent Breakout Sessions	
<i>Behavioral Health in the Latine Community: Expanding Meaningful Equity in Addiction and Recovery Service Delivery for Diverse Communities</i>	Steh-Chass
Maxine Henry, MSW, MBA	
<p>In this workshop, participants will explore practical ways to meaningfully implement culturally and linguistically responsive addiction and recovery services for diverse Latine community members. The workshop will be grounded in concepts such as community-defined evidence practices, collaboration with those seeking services, and the importance of giving community their work back.</p>	
<i>Back in the World – Veterans and Brain Injury</i>	Grand BC
Dan Overton, MC, LMHC	
<p>(Trigger Warning - This presentation will have a video of a group of soldiers involved in an attack/explosion. All survived and the video does not depict any bodily violence and is used for educational purposes only). With one in ten Washingtonians being a veteran and most not seeking behavioral health (BH) treatment through the Veterans Affairs, chances are good that the average clinician will be working with a veteran or a veteran’s family member in their typical BH treatment practice. In this presentation, the participant will be introduced to how a combat veteran may experience a Brain Injury, how that may affect his/her behavioral health, and the complication of Chronic Traumatic Encephalitis (CTE).</p>	



Breaking the Cycle: A Journey from Gambling Disorder to Lasting Recovery	Squi-Aitl
Kenneth J. Martz, PsyD, CAS, ICGC-II, BACC and Rob Minnick	
Join us in this session where personal narrative intertwines with evidence-based research to clarify the complexities of gambling addiction and the road to recovery. Through the courageous story of Rob M, attendees will gain profound insights into the struggles, triumphs, and transformative journey towards wellness. A clinical psychologist, specializing in gambling and emotional disorders, will delve into the latest research on risk factors, ineffective coping mechanisms, and effective treatment approaches, offering practical strategies for sustainable recovery. Together, this balance of experience and science will help inspire, inform, and empower you on the path to reclaiming lives from the grip of addiction.	
Noon – 12:15 p.m. Break/Exhibits	Lobby
12:15 - 1:45 p.m. Prayer/Lunch/Announcements/Plenary	
The Qualitative Expression of Being	Sa-Heh-Wa-Mish
Swil Kanim	
The path to self-actualization appears daunting. Swil Kanim will model in his performance of his stories and music that the greater struggle is in holding back the qualitative expression of being.	
1:45 -2 p.m. Break/Exhibits	Lobby
2 – 3:30 pm Concurrent Breakout Sessions	
Creating Decolonized Relations	Grand BC
Shannon Solie, LMHC, CPT and Charlena Moultime	
Workplace micro/macro-aggressions are commonplace forms of harm and frustration for many employees. This can create an environment of difference and separation or even harm and low safety for many employees. We will share a story of coming together across cultural divides and creating a safe, loving, and deep relationship with no baseline other than a professional desire at the front. We will share the ways humility, presence, care, and curiosity allowed for a movement from a structured and formal professional development to a profound learning experience. The desire for this workshop is to bring down defenses and bring up curiosity. Workshop attendees will leave with concrete ways to open and be curious to the experience of colleagues who have different lived experiences than themselves. There will be an exploration of the ways we create relationship with our colleagues and how to have difficult conversations.	


Lifeline Connections

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Honoring the Past and Protecting the Future

<i>Healing Harmonies: Harnessing History and Holism in Gambling Recovery</i>	Squi-Aitl
Kenneth J. Martz, PsyD, CAS, ICGC-II, BACC	
Explore the transformative power of integrating the five elements of Chinese medicine—Wood, Fire, Earth, Metal, and Water—with Native American healing traditions to address problem gambling and addiction recovery. This seminar delves into a unique, holistic approach that honors ancient wisdom while embracing modern therapeutic practices, emphasizing respect, balance, and community support as crucial components of healing. Attendees will gain insights into how these time-honored elements correspond with various aspects of physical and mental health, and how they can be harmoniously blended with tribal customs and rituals to create a comprehensive healing framework, offering clients a richer, more culturally sensitive pathway to recovery. This session is ideal for addiction professionals, therapists, and healthcare providers seeking innovative methods to enhance their treatment protocols. Join us to discover the synergy between ancient wisdom and contemporary care, fostering a future where traditional knowledge meets modern healing.	
<i>Creating a Healthy Community</i>	Steh-Chass
Gene Tagaban	
This session will explore what a healthy and unhealthy community looks like and how to create a healthy community. Participants will also learn the value of introductions and explore implicit biases. This will be an interactive gathering offering experiential learning and traditional teachings, leading and exploring healing. Who and what is our community? I look forward to sharing this moment with you.	
3:30 - 3:45 p.m. Refreshment Break/Exhibits	Sa-Heh-Wa-Mish
3:45 – 5:15 p.m. Movie Screening	
<i>Screenagers Next Chapter: Mental Health in the Digital Age</i>	Sa-Heh-Wa-Mish
Hosted by Hilarie Cash, PhD, LMHC, CSAT, WSCGC-II	
After viewing this documentary, Hilarie will facilitate a conversation among participants and answer questions.	
6 - 8:30 p.m. Community Celebration Dinner	Event Center

Community connects us, supports us, and is essential to our well being. As we come together at **Four Directions**, we share the rich resources of wisdom and experience as we work with and learn from each other. Community Celebration Dinner is included in individual main conference registration. Guest tickets available at conference registration table.



When facing
gambling addiction,
we are all in it together.



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Honoring the Past and Protecting the Future

Thursday, September 19	
7 - 8:15 a.m. Registration and Breakfast	
Registration	Lobby
Breakfast	Sa-Heh-Wa-Mish
8:30 - 9:45 a.m. Welcome, Announcements, and Keynote	
<i>Building a Therapeutic Partnership: Guiding Gambling Clients to Recovery</i>	Sa-Heh-Wa-Mish
Ty Lostutter, PhD	
<p>This presentation will focus on the pivotal role of establishing a therapeutic partnership with clients struggling with Gambling Disorder. We will delve into strategies for enhancing the client-centered relationship to empower clients in achieving their treatment goals. By emphasizing the importance of a strong therapeutic alliance, attendees will gain insights into fostering trust, collaboration, and mutual respect as effective interventions supporting recovery journeys for individuals impacted by Gambling Disorders. Additionally, the presentation will discuss the use of tele-health encounters and their impact on the therapeutic alliance, providing practical tips for maintaining strong connections in virtual settings.</p>	
9:45 - 10:15 a.m. Break/Exhibits/Hotel Check out	Lobby
10:15 – 11:45 a.m. Concurrent Breakout Sessions	
<i>Fantasy and Cognitive Distortions in Developing and Recovery of Disordered Gambling</i>	Grand BC
Jerry Bauerkemper, BS	
<p>Attendees will learn how to identify and dispel cognitive distortions most prevalent in disordered gambling. Beginning with the role of fantasy and how it leads to a love relationship with gambling that in turn fuels the cognitive distortions that need to be present to continue the gambling and disordered gambling. This workshop will take a closer look at the role of cognitive distortions in people with Gambling Disorder and how these distortions keep the gambling patient from recovery. This workshop will identify those cognitive distortions that are most prevalent in disordered gambling and how to dispel these distortions and help the patient realize a better opportunity for recovery.</p>	
<i>U.S. Addiction Workforce: Beliefs and Social Influence Impact and Personal and Professional Development - A Holistic Approach</i>	Steh-Chass
John Dennem, MA, CADC-II, LPCC, USN(Ret.) and Daniel J Prescott, MSW, MNLM, MA, ASW	
<p>This workshop/presentation is constructed to inform about workplace stressors (i.e. emotional and cognitive) that can take their toll on our lives. It will provide an opportunity for the workforce to understand what is meant by the statements “Your work cannot be your recovery,” and “You need to have your own healing journey and process.” The latter of which is an important point that Eduardo Duran makes in his work on “Healing the Soul Wound.” A discussion will be facilitated to gain a better understanding of what that would look like in the workforce and for those providing direct services to clients in the addiction field.</p>	



Enhancing Addiction Services Through Foundational Skills	Squi-Aitl
Kitty Martz, CGRM, CGAC-II, MBA and Jessica Ferrante, LPC, CGAC-II, CADC-II	
<p>As providers, we will talk about neurodivergence as a concept and ways that we can utilize this concept to better understand the unique challenges of neurodivergent individuals that live in a world that was created by and for neurotypical individuals. We want providers in all areas of this field (clinicians, peers, supervisors, administrators, etc.) to understand the complex challenges that neurodivergent individuals face with co-occurring mental health and addiction related concerns. Addiction plays a unique role for many neurodivergent individuals and presents challenges in treatment and recovery. It is essential that providers learn integrative and adaptive forms of treatment and support (for clients and supervisees) so that we are not using approaches that cause more harm to neurodivergent individuals. Participants will walk away from this session with evidence-based skills and language that they can use immediately in their work with clients, in their personal lives, and in professional capacities with co-workers. We will also share resources and strategies that they can use to engage in self-directed learning moving forward. Incorporating intersectionality into client care changes how we approach client advocacy. In addition, participants will understand and recognize which mechanisms in gambling and gaming are particularly concerning for neurodivergent individuals.</p>	
11:45 a.m. Noon Break/Exhibits	Lobby
Noon – 12:30 p.m. Lunch/Announcements and Awards	Sa-Heh-Wa-Mish
12:30 – 1:45 p.m. Discussions on Trending Topics	Sa-Heh-Wa-Mish
1:45– 2 p.m. Break/Exhibits	Lobby
2 – 3 p.m. Concurrent Breakout Sessions	
<i>The Intersection of Gambling and Domestic Violence: Empowering Survivors</i>	Steh-Chass
Kristen Beall, LCSW-C, ICGC-I, CAC-AD	
<p>Gambling Disorder is frequently referred to as the hidden addiction, is normalized in our society, and goes undetected in various settings. Domestic violence and intimate partner violence are similarly underreported and may go undetected; although not normalized by society, societal norms can keep abuse hidden. While gambling does not directly cause domestic violence, it can intersect in a variety of ways.</p> <p>Physical violence can overshadow our perception of domestic violence; however, economic abuse and coercive control can be prevalent among those experiencing gambling-related domestic violence. We will examine approaches to identify and address economic abuse and financial literacy with strategies for empowering survivors. Current research identifying the interrelationship of Gambling Disorder, domestic violence, and economic forms of abuse will be discussed to expand the awareness of the impact of gambling and domestic violence and identify ways to help empower survivors to financial wellness.</p>	



Honoring the Past and Protecting the Future

<i>Telling Effective Stories in Problem Gambling</i>	Squi-Aitl
<p>M Agency</p> <p>This session will include discussions of industry top trends to change behavior through design, marketing, and communications. Participants will explore the process a marketing agency goes through to achieve effective campaigns for a variety of different audiences using examples of problem gambling campaigns and their results.</p>	
<i>Helping Clients Help Themselves: Navigating the Inner Landscape Using EMDR and IFS-Based Tools</i>	Grand BC
<p>Brad Galvin, MS, LMHC, LPC, SUDP, ICGC-II</p> <p>Eye Movement Desensitization and Reprocessing (EMDR) and Internal Family Systems (IFS) are psychotherapies that have been shown to be highly effective in the treatment of trauma and addiction. While each represents a unique approach to psychotherapy with extensive associated training, you don't need comprehensive training and experience to benefit your clients with some of the techniques they offer. In this session, you will be experientially introduced to the EMDR-based concept of identifying internal resources as well as the IFS-based concept of parts mapping through identifying your own resource(s) and some of the parts in your system.</p>	
3 – 3:15 p.m. Break/Exhibits	Lobby
3:15 – 5 p.m. Plenary	
<i>Talking Circle Traditions for Treatment and Healing</i>	Grand Ballroom A
<p>Tanna Engdahl</p> <p>Tanna Engdahl is a Tribal elder of the Cowlitz Indian Tribe, The Forever People. Talking circles have been utilized by tribal communities since time immemorial. the immemorable. Some have been described as equal to or even more powerful than therapy groups in non-tribal settings. This is an experiential session of this sacred traditional practice.</p>	

We're here to help.

IF GAMBLING STOPS BEING FUN...

Take a Break, Take a Breath, and Reconnect.

SCHEDULE-AT-A-GLANCE

Wednesday, September 18 Main Conference			
7 - 8:15 a.m.	Breakfast and Registration (Registration: Lobby - Breakfast: Sa-Heh-Wa-Mish)		
8:30 - 10:15 a.m.	Opening Ceremony/Welcome and Keynote		Sa-Heh-Wa-Mish
	Sarah Gaer	Soul Exhaustion: Beyond the Medical Model	Sa-Heh-Wa-Mish
10:15 - 10:30 a.m.	Break/Exhibits		Lobby
10:30 a.m. – Noon	Concurrent Workshops		
	Maxine Henry	Behavioral Health in the Latine Community: Expanding Meaningful Equity in Addiction and Recovery Service Delivery for Diverse Communities	Steh-Chass
	Dan Overton	Back in the World – Veterans and Brain Injury	Grand BC
	Ken Martz and Rob Minnick	Breaking the Cycle: A Journey from Gambling Disorder to Lasting Recovery	Squi Aitl
12:15 - 1:45 p.m.	Prayer/Lunch/ Announcements/Plenary		Sa-Heh-Wa-Mish
	Swil Kanim	The Qualitative Expression of Being	Sa-Heh-Wa-Mish
1:45 – 2 p.m.	Break/Exhibits		Lobby
2 - 3:30 p.m.	Concurrent Workshops		
	Shannon Solie and Charlena Moultime	Creating Decolonized Relations	Grand BC
	Ken Martz	Healing Harmonies: Harnessing History and Holism in Gambling Recovery	Squi-Aitl
	Gene Tagaban	Creating a Healthy Community	Steh-Chass
3:30 - 3:45 p.m.	Refreshment Break		Sa-Heh-Wa-Mish
3:45 – 5:15 p.m.	Screenagers Next Chapter: Mental Health in the Digital Age		Screening
	Hosted by Hilarie Cash		Sa-Heh-Wa-Mish
6 - 8:30 p.m.	Community Celebration Dinner — Community Celebration Dinner is included in individual main conference registration. Guest tickets available at conference registration table.		Event Center



**NORTHWEST
BATTLE BUDDIES**





Honoring the Past and Protecting the Future

Thursday, September 19 Main Conference			
7 - 8:15 a.m.	Breakfast and Registration (Registration: Lobby - Breakfast: Sa-Heh-Wa-Mish)		
8:30 - 9:45 a.m.	Welcome, Announcements, and Keynote		Sa-Heh-Wa-Mish
	Keynote: Ty Lostutter	Building a Therapeutic Partnership: Guiding Gambling Clients to Recovery	Sa-Heh-Wa-Mish
9:45 - 10:15 a.m.	Break/Exhibits/Hotel Check out		Lobby
10:15 - 11:45 a.m.	Concurrent Workshops		
	Jerry Bauerkemper	Fantasy and Cognitive Distortions in Developing and Recovery of Disordered Gambling	Grand BC
	John Dennem and Daniel Prescott	U.S. Addiction Work Force: Beliefs and Social Influence Impact and Personal and Professional Development - A Holistic Approach	Steh-Chass
	Kitty Martz and Jessica Ferrante	Enhancing Addiction Services Through Foundational Skills	Squi-Aitl
11:45 a.m. - Noon	Break/Exhibits		Lobby
Noon - 12:30 p.m.	Lunch/Announcements and Awards		Sa-Heh-Wa-Mish
12:30 - 1:45 p.m.	Roundtables	Discussions on Trending Topics	Sa-Heh-Wa-Mish
1:45 - 2 p.m.	Break/Exhibits		Lobby
2 - 3 p.m.	Concurrent Workshops		
	Kristen Beall	The Intersection of Gambling and Domestic Violence: Empowering Survivors	Steh-Chass
	M Agency	Telling Effective Stories in Problem Gambling	Squi-Aitl
	Brad Galvin	Helping Clients Help Themselves: Navi- gating the Inner Landscape Using EMDR and IFS-Based Tools	Grand BC
3 - 3:15 p.m.	Break/Exhibits		Lobby
3:15 - 5 p.m.	Tanna Engdahl	Talking Circle Traditions for Treatment and Healing	Grand Ballroom A

Don't Get Lost in the Crowd! **FLASH YOUR BADGE!**

If you're counting on Continuing Education Credits
Don't leave the room without getting
your name badge scanned.



The Talking Circle

Join in a Special Talking Circle Event
Thursday, September 19, from 3:15 - 5 p.m.
in Grand Ballroom A (CEs available)



Tanna Engdahl, Tribal elder of the Cowlitz Indian Tribe, will facilitate this session about the healing tradition of the Talking Circle and how it can be used as a powerful treatment tool.

It is a safe place where all present have the opportunity to speak and share without interruption or judgment. Participants may choose to remain quiet and go within, and can still gain much by being truly present.



Presenters

Bobbie Bailey as the CEO and founder of M Agency, Bobbie creates the high energy that drives businesses forward and inspires her team to achieve greatness together. Bobbie has been able to grow M into an award-winning agency by cultivating a creative and intentional environment where her team's strengths are leveraged to continuously deliver exceptional work. The result of her dedication has allowed her to invest back into the community in multiple ways, such as South Sound 100 Women, a community organization she co-founded that fundraises for local non-profits.



Jerry Bauerkemper, BS was the first director of problem gambling (1992-1996) for the state of Nebraska, where he created the Gamblers Assistance Program. He was appointed and served on Nebraska's Commission on Problem Gambling. He served on the Board of Directors for the National Council on Problem Gambling from 2001-2008 and from 2012-2016, and on the National Councils' Legislative Committee. He has published research on the prevalence of problem gambling in the Nebraska Probation Department.

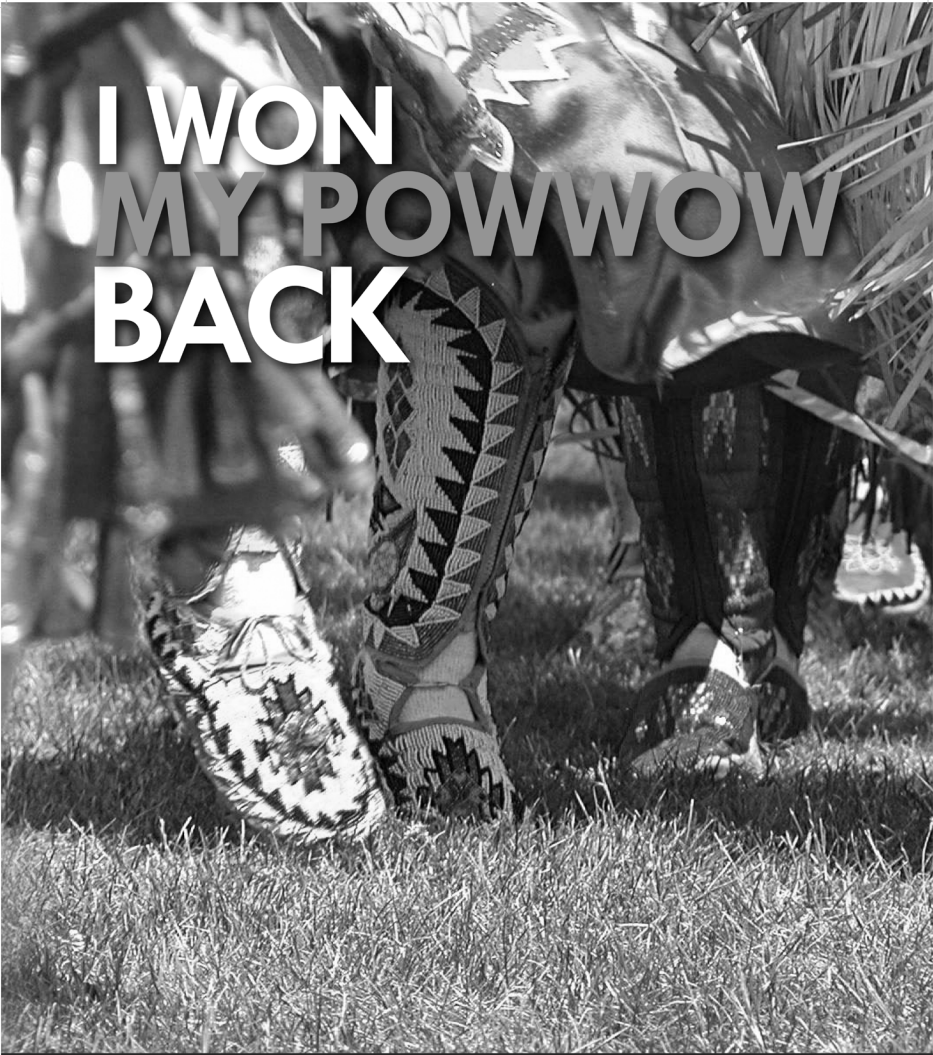


Kristen Beall, LCSW-C, ICGG-I, CAC-AD is a Clinical Manager with the Center of Excellence on Problem Gambling, Kristen provides consultation and practical assistance to organizations and private practitioners integrating evidenced-based gambling screening, ongoing assessment, and gambling related treatment into their current practice. With 20+ years of clinical experience, Kristen works closely with the Center's Certified Peer Recovery Specialists who often make referrals to Maryland's no cost treatment providers. Kristen is dedicated to helping professionals understand the impact gambling can have on co-occurring disorders, medical conditions, and other psychosocial factors.



Rachel Brown started as an intern at M Agency, her dedication led her to excel in various roles over the years at M — and now she harnesses deep agency expertise as Customer Experience Manager. In her role, she works closely with clients to ensure their vision is realized every step of the way. She excels at ideating future projects, acting as a client liaison for the team, and networking within the community. A Tacoma native, Rachel's deep roots in Tacoma extend beyond her professional role. She is heavily involved as an Executive Board Member for the Tacoma Youth Symphony Association, reflecting her commitment to the community and nonprofit sector.





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BACK**



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PUYALLUP TRIBAL TREATMENT CENTER**



Presenters

Hilarie Cash, PhD, LMHC, CSAT, WSCGC-II has been working in the field of mental health for over 30 years. For the last 25 years she has specialized in the emerging field of internet and video game addiction, working with families and individuals struggling to cope with problems related to pornography and romantic chat, video gaming, surfing, social networking, etc. In 2008 she co-authored *Video Games and Your Kids: How Parents Stay in Control*, and in 2021 she co-authored *Facing Internet Technology and Gaming Addiction*. In 2009 she teamed up with Cosette Rae, MSW and Gary Simmons to found the first treatment center of its kind. ReSTART Life, PLLC, provides a 60-90 day retreat for young adults and a residential program for adolescent boys.



Leon Leader Charge, MA is an enrolled member of the Rosebud Sioux Tribe, Rosebud S.D. and a part of the Oglala Sioux Tribe, Pine Ridge, S.D. Leon holds a Bachelor of Science in Addiction Studies from the University of South Dakota, and a Master of Arts Interdisciplinary Studies from the University of South Dakota Graduate school. Currently Leon works as a Tribal Technical Assistance Manager for the SAMHSA Tribal Training and Technical Assistance Center (TTAC), Three Star Government Solutions, LLC, Wasilla Alaska. Leon is the recipient of University of South Dakota: Tiospaye Student Council 2016 Distinguished Alumni Award, 2016 National Indian Health Board's Area Impact Award, the Mary L. Reiner Memorial Award: Rising Star in Public Health & Research 2014, and currently a NBCC/NBCC Foundation/NAADAC 2023 Minority Fellowship Awardee.



Tanna Engdahl is a Cowlitz Elder and spiritual leader. She is also an associate supervisor of the Clark Conservation District and a board member with the Friends of the Ridgefield National Wildlife Refuge. Her past career has included work with the Bureau of Indian Affairs, working as Public Affairs Chief for both NPS and Bureau of Land Management. She is the founder of the Cowlitz Medicine Women.





Presenters



Roger Fernandes has been a practicing artist for the past 60 years; an educator working with Native American students for the past 50 years and a traditional storyteller for the past 30 years. He has an M.A. in Whole Systems Design and teaches storytelling and mythology at higher education institutions like The University of Washington, Northwest Indian College, and Highline College. He uses these three distinct skill areas to weave together his body of work; all humans are artists, all humans are storytellers, and all humans can learn and teach. His presentations on these topics often overlap, as the human brain prefers “learning” to “being taught”.



Jessica Ferrante, LPC, CGAC-II, CADC-II is a white, neurodivergent, queer identified, gender non-binary, therapist who uses they/she pronouns. Jessica obtained their MA from Lewis and Clark Graduate School of Education and Counseling in 2019 after graduating from the Professional Mental Health Counseling-Addictions Specialization program. Jessica’s professional focus is treating individuals impacted by process addictions as well as teaching new professionals about the unique needs of process addiction treatment. Jessica currently works as a co-occurring therapist, a clinical supervisor, and an adjunct instructor at the Lewis and Clark Graduate School of Education and Counseling.



Sarah Gaer, MA is a highly experienced mental health professional with over 25 years in the field, specializing in trauma, addiction, and suicide prevention. She has served as a Suicide Prevention Specialist, training over 1000 individuals in suicide prevention techniques and leading crisis response efforts in various crises, including the COVID-19 pandemic and natural disasters. Sarah is actively involved in promoting evidence-based practices in mental health promotion and suicide prevention. As a consultant and trainer for the Massachusetts Department of Mental Health, she specializes in Law Enforcement mental health and suicide prevention. She is also a National Trainer for Psychological First Aid (PFA) and a Master Trainer for Question, Persuade & Refer (QPR).



Presenters

Brad Galvin, MS, LMHC, LPC, SU DP, ICGC-II is a Seattle-based therapist, consultant, and author of three gambling-related curricula: Trauma-informed Treatment; Family; and Psychoeducation Curricula. A behavioral health clinician for 20 years, Brad spent a decade working in clinical and managerial roles with Washington Coast Salish tribal behavioral health programs before launching his private practice in Seattle in 2020. He specializes in treating folks struggling with the effects of trauma, gambling disorder, and substance use, using a combination of Eye Movement Desensitization and Reprocessing (EMDR) and Internal Family Systems (IFS) therapies.



Wiley Harwell, DMin, LPC, ICGC-II, BACC, CGT is the Executive Director of Oklahoma Association on Problem Gambling and Gaming, the state affiliate for the National Council on Problem Gambling of which Wiley has been a board member for six years and the board president for two years. Wiley has taught problem gambling, mindfulness, and Basic Gambling Counselor Training classes across the country. In the past Wiley has been the director of an employee assistance program that served more than 37 companies in Oklahoma, has been an associate professor in professional counseling at Oklahoma University, and has taught all the required courses for LADC licensure.



Maxine Henry, MSW, MBA is a Project Director in the Collaborative to Advance Health Services at the University of Missouri-Kansas City's School of Nursing and Health Studies. Under funding from the US Substance Abuse and Mental Health Services Administration (SAMHSA), she is the Co-Director of the Addiction Technology Transfer Center (TTC) Network Coordinating Office; the Site Principal Investigator of two sub-awards for the Mental Health TTC Network Coordinating Office; the Site PI of a sub-award for the Provider's Clinical Support System – Medications for Alcohol Use Disorder (PCSS MAUD) and the Provider's Clinical Support System – Medications for Opioid Use Disorder (PCSS MOUD); the Site PI of a subaward for the Hispanic Latino Behavioral Health Center of Excellence; and the lead on a partnership with the Addiction Policy Forum's Helping End Addiction Long-term (HEAL) Initiative project.





Presenters



Karen Hlady, MA GIS, IGDC Karen Hlady is currently contracted as a Prevention Specialist and Community Engagement Service Provider with Gambling Support BC. Her 25+ year career includes working with indigenous youth, families, and communities, engaging in culturally attuned and responsive support services since 1995. Over the years, Karen has fostered youth worked in youth addictions, outreach services, and alternative education, prior to shifting into Prevention Services with Gambling Support BC in 2014. Since that time, she has been providing services to treatment centers, friendship centers, recovery houses, schools, as well as a host of health and social service agencies and professionals.



Ken Litwak, MS, LISAC, LCADC, ICGC-II, CCTP, IGDC is the Executive Director of Algamus Gambling Treatment Center near Phoenix, AZ. Ken holds a Bachelor of Arts in Management from City University of Seattle, a Master of Science in Professional Counseling specializing in Addiction Counseling from Grand Canyon University and is pursuing a Ph.D. in Psychology from Northcentral University in California. Ken is currently working on a doctoral dissertation on the psychology of treating clients with problematic video game play. Ken is a U.S. Navy Veteran who has circumnavigated the Earth twice.



Ty Lostutter, PhD received his doctorate in Clinical Psychology at UW and has been a member of the faculty in the Department of Psychiatry and Behavioral Sciences since 2009. Dr. Lostutter has broad research and clinical interests which focus on etiology, prevention and treatment of addictive behaviors and mental health. He has conducted research in the areas of college student drinking prevention, gambling prevention, alcohol and HIV prevention among youth in Vietnam, and alcohol use, academic performance and mental health among college student veterans of Afghanistan and Iraq. He has served on the ECPG Board for more than 10 years and also previously served on the board of the National Council on Problem Gambling.

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Presenters



Richard Marshall (Swil Kanim) is a US Army Veteran, storyteller, actor and classically trained violinist who grew up in Washington State. He currently serves on the board of the Seattle Symphony. Swil Kanim performs at community events and schools around the country where he plays his own compositions which are infused with his own life and musical influences.



Kenneth J. Martz, PsyD, CAS, ICGC-II, BACC is a licensed psychologist with over 30 years' experience in the treatment and management of gambling and other addictive disorders. He was formerly the Special Assistant to the Secretary for the Department of Drug and Alcohol Programs in the Commonwealth of Pennsylvania. Dr. Martz has a Doctorate in Clinical Psychology from the American School of Professional Psychology. He has a dozen publications, including multiple bestsellers such as 1) *Manage My Emotions: What I Wish I'd Learned in School About Anger, Fear and Love*, 2) *Manage My Addiction*. 3) *Counselor: Tricks for Blossoming from Good to Great*.



Kitty Martz, CGRM, CGAC-II, MBA is an advocate and educator. Kitty is the Executive Director of Voices of Problem Gambling Recovery in Portland, Oregon and president of the National Council on Problem Gambling's state affiliate, the Oregon Council on Problem Gambling. Kitty is a neurodivergent person with lived experience in gambling harm. She works directly with peers, creates and facilitates peer training, and oversees gambling-related peer certification for the Mental Health and Addiction Certification Board of Oregon. She can be reached at www.vpgr.net. Pronouns she/they.



River McKenzie, BA, QMHA, CGAC-II is a non-binary queer person who works with the LGBTQIA community in both their professional and activist spheres. They are the Program Director of the Integrated Co-Occurring Treatment Program at Emergence which serves community members with mental health, substance use, gambling, gaming, and technology concerns. They also created the Transilient program, which is Lane County's first culturally specific integrated behavioral health program for the 2SLGBTQIA+ community. River is on the Lane County Mental Health and Addictions Advisory Board, which advises the Lane Commissioners.



Presenters

Rob Minnick, known as Rob_odaat online is a gambling addiction recovery content creator on Tiktok([tiktok.com/@rob_odaat](https://www.tiktok.com/@rob_odaat)), YouTube ([youtube.com/@rob_odaat](https://www.youtube.com/@rob_odaat)) and Instagram (https://www.instagram.com/rob_odaat/). He made his last bet on November 12, of 2022, and now reaches an average of 15 million people monthly across all platforms sharing the story of his addiction and subsequent recovery. Rob graduated from Georgetown University in 2021 with an undergraduate degree in Anthropology and has now become a full-time content creator with intentions of continuing to help those going down the same path that he did.



Charlena Moultime (ella/elle she/they) is a queer, multilingual Chicana, lifelong seeker, social justice conspirator, late life-diagnosed autistic, wife, mama to 3 children and Abuelita to 2 grandchildren. Charlena is a proud product of the barrios of Southern California where she was born and raised. Her gang affiliation, while facing motherhood at the age of 16, is what lead her to her first human services job in the Juvenile Justice System. One of Charlena's passions is bringing attention to the disproportionality of the educational disciplinary system that feeds into the incarceration of our brown and black children. Her labor also includes bringing light to the root causes and intersections that contribute to perpetuating the separation of black and brown families.



Lisa M. Najavits, PhD is Adjunct Professor, University of Massachusetts Chan Medical School and Director, Treatment Innovations. She was on the faculty of Harvard Medical School (McLean Hospital) for 25 years and Boston University School of Medicine (VA Boston) for 12 years. She specializes in the development of new counseling models for trauma and addiction, clinical trials research, and community-based care. She is author of over 200 professional publications, as well as the books *Seeking Safety: A Treatment Manual for PTSD and Substance Abuse*; *Finding Your Best Self: Recovery from Addiction, Trauma, or Both*; *A Woman's Addiction Workbook*; and the upcoming *Creating Change: A Past-Focused Treatment for Trauma and Addiction*.





Presenters



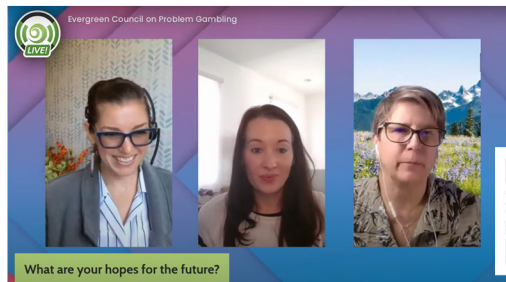
Dan Overton, MC, LMHC is a Certified Brain Injury Specialist who also holds a master's degree in counseling and has been a licensed mental health counselor for nearly three decades. He has developed programs for inpatient and outpatient substance use and mental health disorders in the public and private sector as a clinician, a supervisor and director. He has been formally recognized for his work by the Arizona Governor's Office and Washington States' - State Innovation Award. After spending time as the Director of Behavioral Health for the Quinault Indian Nation he is thrilled to be able to be a part of such a dynamic and important coming together as this.



Ayanna Pasha (M Agency) is a copywriting expert with over four years' experience sharing compelling messages that inspire action. We all have something to say, but HOW we say it is a true art that Ayanna has spent countless hours learning to define, refine, and apply. Words have always been on the tip of her fingers; she uses them to empower ideas and connect brands to their story, and their story to their community. When she's not being a word wiz she enjoys short walks to the ice cream store, practicing yoga, reading, and learning new skills.



Daniel Prescott, MSW, MNLM, MA, ASW is the acting Executive Director for the California Association for Alcohol/Drug Educators (CAADE). He is also a consultant for Tarzana Treatment Centers, subcontracted to the California Association of Alcohol and Drug Program Executives, dedicated to a project that aims to understand and address the technical assistance and capacity building needs of small-to-mid size treatment providers in California. Daniel holds a masters of social welfare from UCLA's Luskin School of Public Affairs, a masters in nonprofit leadership and management from USC's Price School of Public Policy, and master's in psychology from Claremont Graduate University. Daniel is an association clinical social worker, EMDR trained and avid reader/ thinking about internal family systems.





Honoring the Past and Protecting the Future

Presenters

Denise Quirk, MA, MFT, LCADC, CPGC-S, ICGC-II, BACC is certified as a clinical supervisor and gambling counselor specializing in treatment for families. She was the founder of the non-profit Reno Problem Gambling Center, which served families affected by Gambling Disorder for 16 years. Denise created and taught an online problem gambling course for the University of Nevada, Reno. She serves as a Board member for the Nevada Council on Problem Gambling and is a member of the Nevada Governor’s Advisory Committee for Problem Gambling. Denise is co-author of Gambling Patient Placement Criteria and was a field reviewer for The ASAM Criteria.



Fern Renville, NDN is a teaching artist, director/playwright, storyteller, and enrolled citizen of the Sisseton Wahpeton Oyate (and an Omaha and Seneca Cayuga descendant). She grew up in the reservation communities of Sisseton, SD; Welpinit, WA; Fort Belknap, MT; and Ohkay Owingeh Pueblo, NM, and earned a BA in Native American Literature from Evergreen State College. In her former role as Executive Director of Seattle-based Red Eagle Soaring Native Youth Theatre, and in her long-time practice as a teaching artist, Fern designs and delivers culturally responsive, land-based, integrated arts and science learning opportunities for students of all ages and backgrounds.



Shannon Solie (They/Them), LMHC, CPT is a white, queer, non-binary, somatic movement coach and mental health therapist. As a teen parent, they took a path through schooling as a single parent, working through internalized queer negativity and seeking access to a full self. Over the past 20 years, Shan has worked as a sexuality educator, mental health therapist, and personal trainer. Their work has included a focus on liberatory practice and holding intersections of queer/trans, racialized, and disabled body wholeness. They have presented anti-oppression focused, relational forward, forms of therapy and supervision for the past decade.

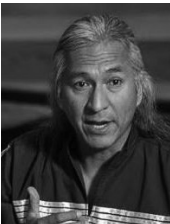




Presenters



Oblio Stroyman (he, they), LMFT, CGAC-II, ICGC-II, BACC is a relationship and communication nerd who channels their nerdism as a licensed therapist, workplace culture and DEIJB consultant, public speaker and educator, social justice activist, supportive community member, ecstatic dancer, DJ and musician. They founded and stewarded the LLC “Relatable,” a consulting project that focuses on deepening interpersonal connection, communication, collaboration, nervous system regulation, and building bridges to understanding. He works from the framework that everything makes sense in context, and when we do the personal and interpersonal work to understand the context, we can create meaningful connection.



Gene Tagaban/Guy Yaau Cherokee, Tlingit, Filipino has worked for over 30 years nationally and internationally mentoring, training, speaking, sharing stories, culture and facilitating healing. Gene is a board member and trainer with the Native Wellness Institute, keeping our ancestral wisdoms alive. A trainer for Alaska Network on Domestic Violence and Sexual Assault, facilitating COMPASS: Choose Respect, a male engagement and mentorship program to end domestic violence, sexual assault, hurt, and harm. A cultural facilitation coordinator with Mother Nation, an organization providing cultural services, advocacy, mentorship and homeless prevention to Native women and families.

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SCAN ME

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people of the river - people of the grass



“Whatever the future holds, do not forget who you are. Teach your children, your children’s children, and then to their children also. Teach them the pride of a great people. Time will come again when they will celebrate together with you. When that happens my spirit will be there with you.”

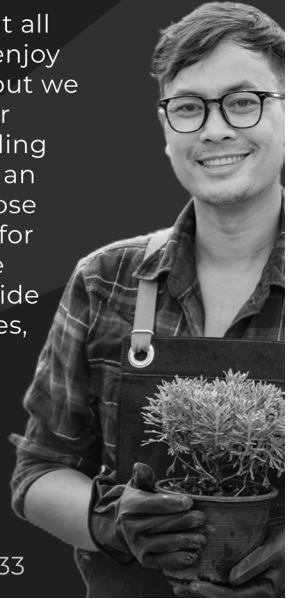
Leschi, Last Chief of the Nisquallys
1808 - 1858



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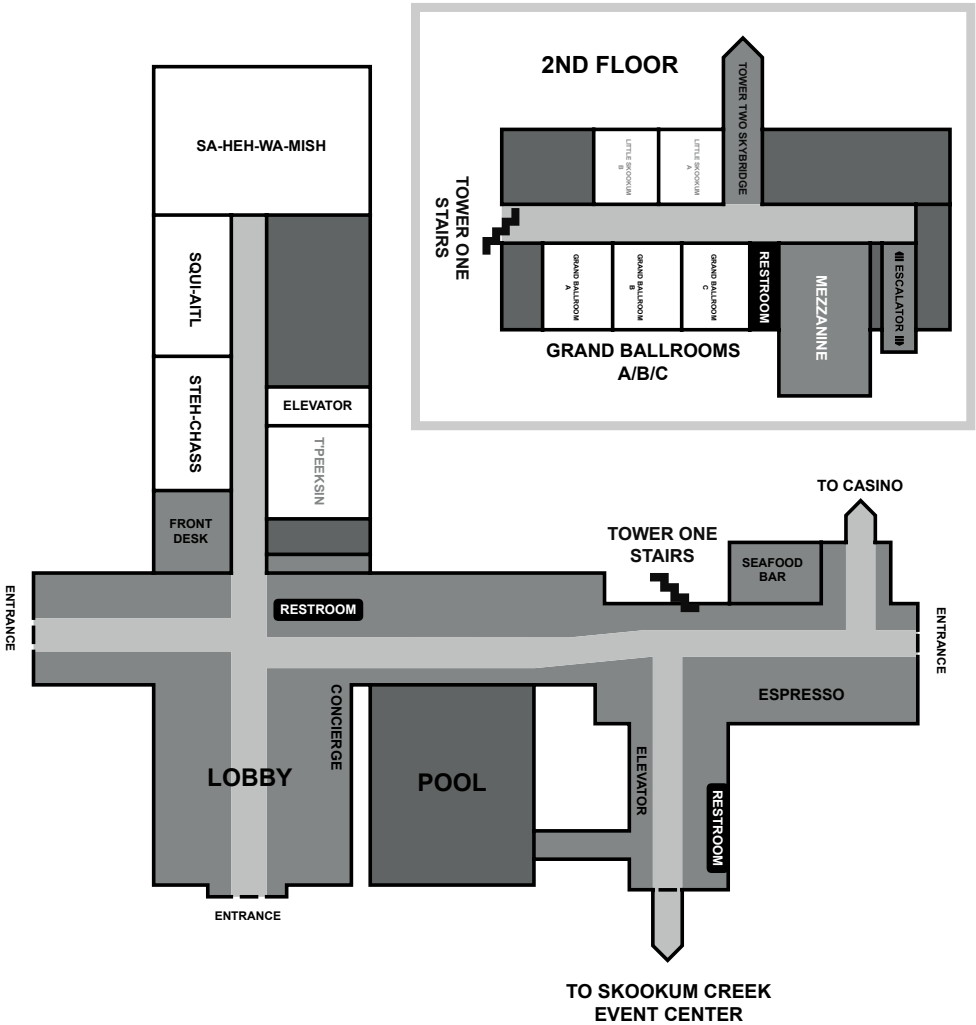


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Grand Ballroom A and **Grand Ballroom B-C** are located on the second floor.

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Learn more at Wednesday evening's Community Celebration Dinner.



FOUR DIRECTIONS

Conference At-A-Glance

MONDAY, SEPTEMBER 16

7 - 7:45 a.m.	Registration and Breakfast Buffet
8 am - 5 p.m.	Pre-Conference Workshops
Noon - 12:45 p.m.	Lunch Break

TUESDAY, SEPTEMBER 17

7 - 7:45 a.m.	Registration and Breakfast Buffet
8 am - 5 p.m.	Pre-Conference Workshops
Noon - 12:45 p.m.	Lunch Break

WEDNESDAY, SEPTEMBER 18

7 - 8:15 a.m.	Registration and Breakfast Buffet
8:30 - 10:15 a.m.	Welcome, Opening Ceremony, and Keynote
10:15 - 10:30 a.m.	Break / Exhibits
10:30 - Noon	Morning Breakout Sessions
Noon-12:15 p.m.	Break / Exhibits
12:15 - 1:45 p.m.	Prayer/Lunch/Announcements/Plenary
1:45 - 2 p.m.	Break / Exhibits
2 - 3:30 p.m.	Afternoon Breakout Sessions
3:30 - 3:45 p.m.	Break / Exhibits
3:45 - 5:15 p.m.	Movie Screening
6 - 8:30 p.m.	Community Celebration Event & Dinner

THURSDAY, SEPTEMBER 19

7 - 8:15 a.m.	Registration and Breakfast Buffet
8:30 - 9:45 a.m.	Welcome, Announcements, and Keynote
9:45 - 10:15 a.m.	Break / Exhibits / Hotel Checkout
10:15 - 11:45 a.m.	Morning Breakout Sessions
11:45 a.m. - Noon	Break/Exhibits
Noon - 12:30 p.m.	Lunch/Announcements and Awards
12:30 - 1:45 p.m.	Roundtable Discussions on Tredning Topics
1:45 - 2 p.m.	Break / Exhibits
2 - 3 p.m.	Afternoon Breakout Sessions
3 - 3:15 p.m.	Break / Exhibits
3:15 - 5 p.m.	Afternoon Plenary - Talking Circle Traditions for Treatment and Healing