

MOTHER NATION



Mother Nation is a 501(c)(3) non-profit organization offering social and cultural healing services for Native women and families, including single dads. Our services nurture, create stability, and inspire growth. Our Mission is to transform the journey of Native women and families into natural leadership and restore the cultural strength of Indigenous people.



CHALLENGES FACED BY NATIVE AMERICAN WOMEN

- Disproportionate rates of substance abuse and overdose deaths
- Treatment Programs range from 2 weeks to 6 months.
- Most treatment and recovery programs exclude children resulting in a loss of communication between women and children
- Many women face obstacles on where to start with minimal support.
- After reuniting with family following treatment, several relationship barriers set in
- Women in domestic violence relationships outgrow their relationships and chose not to stay with their spouse.
- **Only 34% of Native American women attending treatment stay on their path of sobriety.** (Center of Disease Control 2010)



THE SOLUTION: SPIRIT JOURNEY VILLAGE

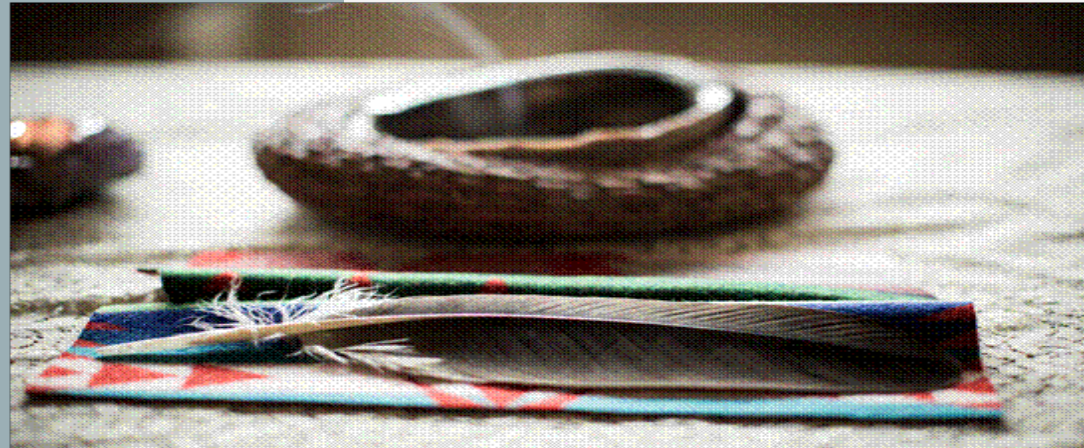
- Spirit Journey Village is a sanctuary providing safe, supportive transitional housing for homeless women and families in recovery from substance abuse.
- Culturally informed healing services and comprehensive support survivor driven and custom designed
- Focus on community and sisterhood empowerment and cultural resilience
- Aftercare for residences returning to Tribe and permanent housing off reserve.

CULTURAL HEALING SERVICES, SURVIVOR DRIVEN AND DESIGNED

“Our cultural healing program model is integral to the success of native women in building a solid foundation to find their place in society” and contributes to our success rate of 80%!

Elders steer the program and services to ensure the health and wellness needs of the residents are met.

*Visit us at
www.mothernation.org
info@mothernation.org*



Weekly Talking Circles

Sweatlodge onsite

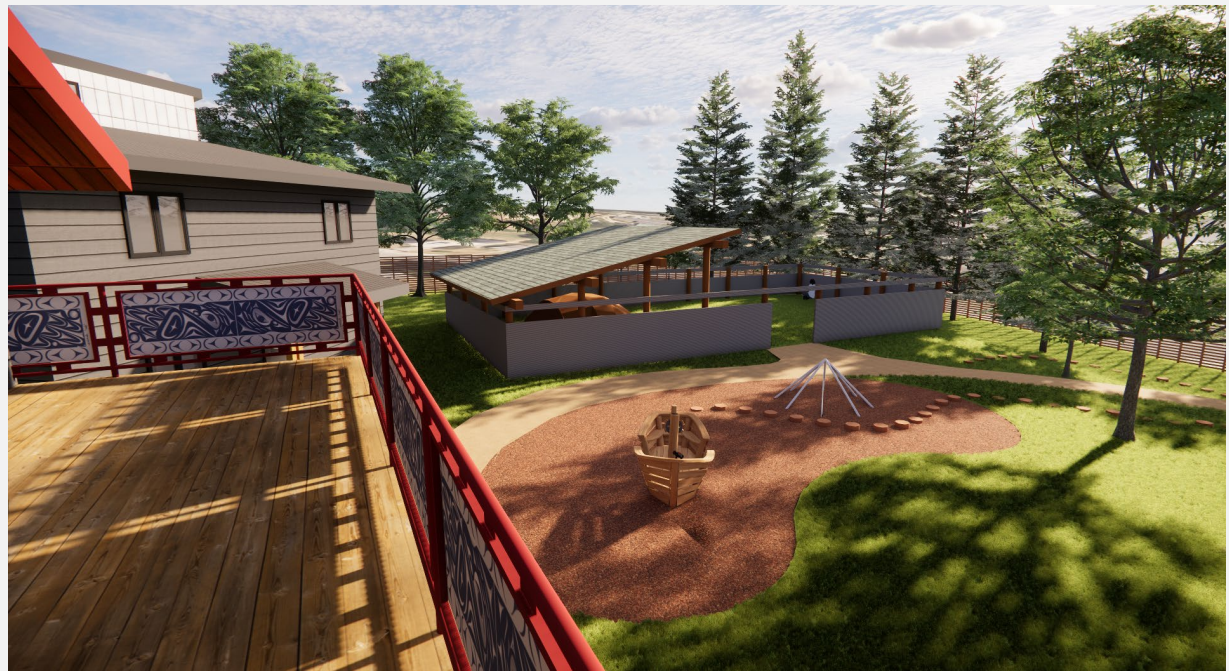
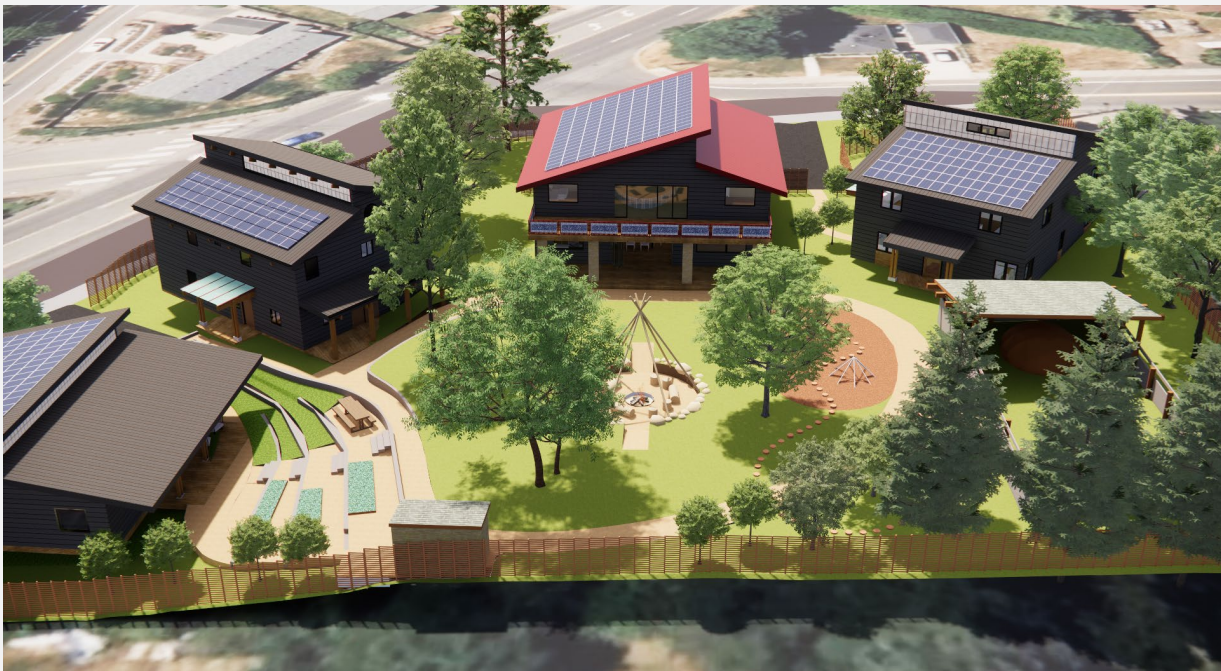
Weekly recovery groups

Custom monthly cultural workshops

Cultural Outings

Weekly Traditional Healers

Aftercare weekly Relapse Prevention Groups



HONORING OUR RELATIVES AND COMMUNITY: INTEGRATING CULTURAL TEACHINGS INTO CARE AND SERVICES

- **This session explores how Mother Nation provides culturally appropriate services to the Native American/Indigenous community through Domestic Violence advocacy, Supportive Housing Assistance, and the Spirit Journey Healing Village—offering culturally rooted wraparound services for women. Mother Nation's approach centers on the Relative, integrating traditional practices such as smudging with sage and an eagle feather fan, culturally specific healing circles, and the use of sacred medicines like rose water, lavender oil, cedar water, and prayer pouches. These holistic methods support Relatives in processing and healing from trauma, particularly in the context of Domestic Violence.**



POSITIVE OUTCOMES

- Inspiring women to reclaim their spirit and cultural identity
- Reunite families and heal relationships
- Reduction in homelessness and vulnerability among Native women
- Prevention to Opioid/Fentanyl crisis for Tribal members with aftercare services
- Improved physical, emotional, intellectual, and spiritual health
- Prevention of Missing and Murdered Indigenous Women (MMIW). Providing safe and supportive environment reduces the risk of women becoming victims of violence and disappearance
- **Strengthening Tribal Communities:** This project contributes nationally to the overall well-being and resilience of Tribal communities to leave no tribal member behind.

HOW YOU CAN HELP

- Support the Spirt Journey Village through donations, gifts, or construction materials
- Join the effort to create a nurturing and sustainable community for Native women and their families
- Partnership Opportunities: By investing in this capital project and/or operational support, outdoor equipment/kitchen or garden, you can have an even greater positive impact on protecting and nurturing Native women and families



JOIN US IN MAKING A DIFFERENCE

Get involved and support the mission of Mother Nation and Spirit Journey Village