

KEEP GAMBLING FUN

STICK TO YOUR LIMITS (ON TIME AND MONEY)



Is gambling causing concerns
for you or your family? There is help and hope.
Get the help you need to live the life you want.

Contact the confidential 24/7 Problem Gambling Helpline:



CALL. TEXT. CHAT.

1-800-547-6133

CHAT ONLINE AT [EVERGREENCPG.ORG](https://evergreencpg.org)