



Evergreen Council on Problem Gambling January Quarterly Training

Virtual Live Webinar | January 31–February 3, 2023



SCHEDULE-AT-A-GLANCE: QUARTERLY TRAINING – JANUARY 2023

ADVANCED TRAINING IN BEHAVIORAL HEALTH TRACK

WEDNESDAY, FEBRUARY 1

8 - 8:30 am	Welcome and Check-in	
8:30 - 11:45 am	Emily Contreras, MSW	<i>Question Persuade Refer Suicide Prevention</i>

THURSDAY, FEBRUARY 2

8 - 8:30 am	Welcome and Check-in	
8:30 - 10:30 am	Alan Basham, MA	<i>Effects of Trauma on the Children of Parents with Addictive Disorders</i>
10:30 - 11 am	30-min Break	
11 am - 1 pm	Lisa Skeens, PhD, MSW, LISW	<i>Narrative Exposure Therapy</i>

FRIDAY, FEBRUARY 3

10 - 10:30 am	Welcome and Check-in	
10:30 am - 3 pm	Jody Bechtold, LCSW, ICGC-II, BACC	<i>Ethics</i>

GAMBLING COUNSELOR CORE TRAINING TRACK

TUESDAY, JANUARY 31

8 - 8:30 am	Welcome and Check-in	
8:30 - 9 am	Tana Russell, SUDP, NCTTP, WSCGC-II, CGT	<i>Review of 10-Hour Self-Directed Training</i>
9 - 10 am	Tana Russell, SUDP, NCTTP, WSCGC-II, CGT	<i>Engaging Clients in Treatment</i>
10 - 10:15 am	15-min Break	
10:15 - 11:15 am	Stacy Charpentier, RCP, CPRS	<i>Multiple Pathways to Recovery</i>
11:15 am - 12:15 pm	Tana Russell, SUDP, NCTTP, WSCGC-II, CGT	<i>Wellness and Recovery Planning</i>
12:15 - 12:45 pm	30-min Break	
12:45 - 1:15 pm	Roxane Waldron, MPA	<i>Washington State Problem Gambling Program</i>
1:15 - 2:15 pm	Brad Galvin, MS, SUDP, LMHC, ICGC-II and Tana Russell, SUDP, NCTTP, WSCGC-II, CGT	<i>Counselor Certification</i>

WEDNESDAY, FEBRUARY 1

8 - 8:30 am	Welcome and Check-in	
8:30 - 10 am	Panel: Tae Son Lee, MBA, SUDP, WSCGC-II, Ricki Peone, LMSW, ICGC-II, BACC, and Jose Garcia, CADC-II, CGAC-I	<i>Cultural Competence and Gambling Disorder</i>
10 - 10:15 am	15-min Break	
10:15 am - 12:15 pm	Lori Ruggle, PhD, ICGC-II, BACC and Tana Russell, SUDP, NCTTP, WSCGC-II, CGT	<i>Examination of Attitudes and Feelings</i>
12:15 - 12:45 pm	30-min Break	
12:45-1:45 pm	Lori Ruggle, PhD, ICGC-II, BACC and Tana Russell, SUDP, NCTTP, WSCGC-II, CGT	<i>Domestic Violence, Trauma, PTSD, and Suicide</i>
1:45 - 2:15 pm	Tana Russell, SUDP, NCTTP, WSCGC-II, CGT	<i>Self-care</i>

SCHEDULE-AT-A-GLANCE: QUARTERLY TRAINING – JANUARY 2023

GAMBLING COUNSELOR CORE TRAINING TRACK (continued)

THURSDAY, FEBRUARY 2

8 - 8:30 am	Welcome and Check-in	
8:30 - 9 am	Tana Russell, SUDP, NCTTP, WSCGC-II, CGT	<i>Screening Skills Practice</i>
9 - 10 am	Emily Brunner, MD, DFASAM	<i>Assessment Part I - ASAM for Gambling Disorder</i>
10 - 10:15 am	15-min Break	
10:15 - 11:15 am	Tana Russell, SUDP, NCTTP, WSCGC-II, CGT	<i>Assessment Part II - Other Considerations</i>
11:15 - 11:45 am	30-min Break	
11:45 am - 12:45 pm	Dalis La Grotta, MA, LMHC, WSCGC-II, ICGC-II, BACC and Tana Russell, SUDP, NCTTP, WSCGC-II, CGT	<i>Assessment and Supervision Role Play</i>
12:45 - 2:15 pm	Dalis La Grotta, MA, LMHC, WSCGC-II, ICGC-II, BACC and Tana Russell, SUDP, NCTTP, WSCGC-II, CGT	<i>Treatment Planning Skills Practice</i>

FRIDAY, FEBRUARY 3

8 - 8:30 am	Welcome and Check-in	
8:30 - 10:30 am	Tana Russell, SUDP, NCTTP, WSCGC-II, CGT	<i>Financial Therapy</i>
10:30 - 10:45 am	15-min Break	
10:45 am - 12:15 pm	Wiley Harwell, D.Min, LPC, ICGC-II, BACC	<i>Co-occurring Disorders</i>
12:15 - 12:45 pm	30-min Break	
12:45 - 1:45 pm	Wiley Harwell, D.Min, LPC, ICGC-II, BACC	<i>Families and Motivation</i>
1:45 - 2:15 pm	Tana Russell, SUDP, NCTTP, WSCGC-II, CGT	<i>Q & A / Closing Statements</i>

THANK YOU TO OUR TRAINING PARTNER

Washington State
Health Care Authority

Presenters



Alan Basham, MA taught in the CACREP Counselor Education program at Eastern Washington University for more than 20 years. He is Past President of the Washington Counseling Association and the Past President of the Association for Spiritual, Ethical, and Religious Values in Counseling, a division of the American Counseling Association. Alan's approach to therapy is primarily developmental, including the effect of family systems on later adult behavior and pathology. He is a veteran, published poet and author, and an avid hiker and wilderness buff.



Jody Bechtold, LCSW, ICGC-II, BACC, keynote speaker and workshop training expert, is a highly regarded gambling addiction expert working extensively across the globe with individuals, organizations, and associations. She has an International Gambling Addiction Counselor, Level 2 certification and is a Board Approved Clinical Consultant with the IGCCB. She serves on the National Council on Problem Gambling board and is the VP for the IGCCB board. She is a member of the Pittsburgh chapter of the National Speakers Association. She holds a master's in social work from the university of Pittsburgh. She has presented and spoken at conferences both nationally and internationally.



Emily Brunner, MD, DFASAM, is a distinguished fellow of addiction medicine and is board certified in family medicine. Dr. Brunner has worked in a variety of settings within addiction medicine and is currently focused on expanding treatment of internet gaming disorder. She has been identified as a "top doctor" in Minnesota in both 2020 and 2021. She is also the immediate past president of the Minnesota Society of Addiction Medicine, and is currently serving as Region VI Director of ASAM Board of Directors. Dr. Brunner is the Medical Director of Gateway Detox and a consultant for Hazelden Betty Ford.

Presenters



Stacy Charpentier, RCP, CPRS enthusiastically joined CCAR in January 2013. She brings with her a long history of successful project management, training, and facilitation, as well as a deep commitment to serving her community, having worked in a non-profit setting for more than 18 years. As a recovery ally, Stacy hopes that she can bring her experience of having a parent in long-term recovery to her position as the Director of the Center for Addiction Recovery Training (CART). In her role, she strives to develop and market new, innovative, and high-quality training programs for the performance enhancement of both CCAR Trainers and CCAR-trained Recovery Coaches.



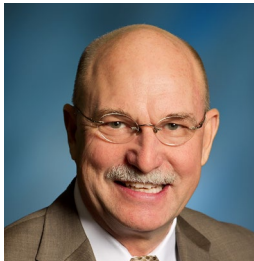
Emily Contreras, MSW is currently the Behavioral Health Coordinator for ESD 105 in Yakima. There Emily focuses on increasing equitable access to behavioral healthcare and services for students in need through state and regional cross-system collaboration with schools and communities. She has many years of experience in the fields of mental health and substance abuse. Emily has a Master's in Social Work from Eastern Washington University and is passionate about coordinating systems of care to provide adequate support for our youth and families.



Brad Galvin, MS, LMHC, SUDP, ICGC-II has been a clinician in the behavioral health field for more than 15 years, 10 of which have been with Washington Coast Salish tribal communities. He is passionate about bringing EMDR resourcing to a broader audience. To this end, Brad does his best to stay current with EMDR's constantly changing landscape through reading books and attending advanced trainings, particularly as they pertain to the treatment of addictive disorders. He enjoys his work as Vice Chair of Washington State's Problem Gambling Task Force, Chair of the Washington State Gambling Counselor Certification Committee, and board member of Sun Services, a not-for-profit agency in Bellingham, WA that serves formerly homeless, incarcerated adults with co-occurring disorders.



Jose Garcia, CADC-II, CGAC-I has been the Director of New Horizon Programs since 2003, and has been in the field of addictions for more than 24 years. He currently serves on the MHACBO Board of Directors as Secretary. At City Hall, he chairs the Hispanic Advisory Committee, working with local and state representatives. Jose has been a member of the Multicultural Advisory Committee on Problem Gambling at Oregon Health Authority for more than 11 years.



Wiley Harwell, D.Min, LPC, ICGC-II, BACC is the Executive Director of the Oklahoma Association for Problem and Compulsive Gambling. He has a Doctor of Ministry degree, a Masters of Divinity, and a Bachelor's degree. Wiley is a licensed professional counselor, a certified employee assistance professional, has advanced certification in hypnotherapy, and is a national certified gambling counselor. Wiley currently leads trainings for tribal casinos as well as continuing education for mental health professionals on problem gambling.



Dalis La Grotta, MA, LMHC, WSCGC-II, ICGC-II, BACC, has a rich and culturally diverse background. Born in Panama, Dalis left at the age of 18 to attend the University of Puerto Rico. She earned her Bachelor's degree at Pontifical Catholic University, and then moved to Portland, OR. In 2001, she earned her Master of Arts in Psychology from Seattle University. Since 2000, Dalis has worked in the mental and behavioral health fields in culturally diverse settings and public health agencies. Dalis is currently working in private practice in Sequim, WA, where she specializes in gambling addictions. She has presented at the local community college and at Peninsula Behavioral Health on gambling addiction and treatment methodology.



Tae Son Lee, MBA, SUDP, WSCGC-II became the first Korean speaking Chemical Dependency Professional in Washington State in May 2000 and has been working in culturally relevant SUD treatment for Korean and Vietnamese communities since then. In 2003, he founded Asian Counseling Treatment Services (ACTS) and extended services into problem gambling outpatient treatment. He is acutely aware of how the Asian-American's culture affects treatment and delivery. ACTS first provided substance use disorder services in King County in 2003, and then opened a branch in Lynnwood, and later Pierce County in 2009. In June 2010, the agency was certified as a Problem and Pathological Gambling treatment program. The mission of ACTS is to be a primary SUD, Mental Health, and Problem Gambling treatment program for the Asian American community, and to provide an avenue to their pathway of recovery from addiction problems based on cultural understanding and analyzing approaches.

Presenters



Ricki Peone, LMSW, ICGC-II, BACC is an enrolled Upper Spokane Tribal member and is also from the Arrow Lakes Band of the Colville Confederated Tribes. Ricki was raised on the Spokane Indian Reservation in Ford, WA. In 2003, Ricki obtained her Masters Degree in Social Work from Eastern Washington University. She has more than 20 years in providing direct services in the behavioral health arena and has been working in the field of Responsible Gaming for more than 14 years, assisting multiple tribes in their responsible gaming efforts. She assisted the Kalispel Tribe of Indians in developing the first known Comprehensive and Independent Tribal Responsible gaming program in 2003-2004. The Kalispel Tribal program entailed everything from community outreach, awareness, prevention, gaming venue education, gaming venue training programs, as well as outpatient treatment for problem gamblers and their family members.



Lori Rugle, PhD, ICGC-II, BACC brings more than 30 years of experience in the field of problem and responsible gambling including treatment, prevention, research and responsible gambling to her current positions. She has managed problem gambling programs within the Veterans Administration, in the private sector and within state systems. She has participated in research on brief screening for gambling problems, as well as a broad range of other problem gambling-related research projects. She has provided consultation and training on gambling disorder throughout the United States, for the military and internationally. She is Assistant Professor in the Department of Psychiatry, University of Maryland and Special Projects Consultant with the Maryland Center of Excellence on Problem Gambling. She is also currently a Responsible Gambling Specialist with the North American Association of State and Provincial Lotteries.



Tana Russell, SUDP, WSCGC-II, NCTTP completed her Bachelor's in Criminal Justice from Harding University. She joined the ECPG staff as Assistant Director in September 2019. Tana has a passion for training and enjoys presenting on topics related to gambling, gaming, tobacco, addictions, treatment, and recovery. She has written program curriculum for a tobacco cessation education course and a co-occurring Gambling and Substance Use Disorder (GSUD) Relapse Prevention Treatment program, designed specifically to include both alcohol/drug and gambling terminology. She has worked with adults and adolescents, in the criminal justice, health care, and OTP/MAT (Opioid Therapy Program/ Medication Assisted Treatment) settings.



Lisa Skeens, PhD, MSW, LISW has been a psychotherapist for twenty-six years and specializes in anxiety disorders, multicultural therapy, family and couple systems therapy, recovery from emotional and verbal abuse, and women's trauma issues. She has expertise in treatment modalities such as: Clinical guided imagery, Narrative Therapy, Narrative Exposure Therapy, Trauma Focused Play Therapy, Dialectical/Cognitive Therapy and Existential Therapy. Dr. Skeens is currently an Associate Professor of Social Work at Ohio University. She has completed research and developed interventions for first generation students and college students with disabilities and is a national and mental health consultant and trainer for agencies, corporations and educational settings.



Roxane Waldron, MPA is the Problem Gambling Program Manager for the Division of Behavioral Health and Recovery /WA State Health Care Authority. She has worked as a project and program manager in the health field since 2006, including at the WA State Department of Health, the Evergreen Council on Problem Gambling, the WA Association for Community Health, and as a Mental Health Training Coordinator for the University of Washington. Roxane is Lean Green Belt Certified and holds a certificate in Project Management.