WESTERN REGIONAL CONFERENCE ON PROBLEM GAMBLING AWARENESS

# FOCUS ON THE FUTURE





May 1-4, 2023 Seattle















### Insightful, Engaged, and Inspired Networks

Scan this code to see a list of our social accounts. We hope you can join us in raising awareness for Problem Gambling and Gaming.







Share photos & comments during the conference! Tag them **#FoF23** 

### WELCOME TO **FOCUS ON THE FUTURE!**

When **Focus on the Future** launched in 2007, we hoped it would provide opportunities for everyone working in the field of addictions treatment and prevention to learn more about problem gambling, network with colleagues, and share successes and challenges. It was a start. Today, we understand better the importance of and need for services along a full Continuum of Care. When we offer services from Prevention and Treatment to Intensive Treatment and Recovery Support Services — working together as community organizations, behavioral health, and governmental agencies — we can help people make healthier choices.

This week, you'll have opportunities to attend sessions with leaders in the field on a broad spectrum of topics from **Working with Youth and Families** to **Neuroscience and Addictions**; from **Cognitive Behavioral Therapy** to **Grief and Recovery**; and from S**ports Betting in Washington** to **Gambling and the Military**; and more. Still, with the rapidly evolving landscape of Gaming and Gambling, there is much yet to talk about and much to do — together.

You have made it possible to work as partners and colleagues — as a special community — to help many communities. Thank you all for the great work you do to make a difference in the lives of so many and for sharing your passion and knowledge at **Focus on the Future** 2023.

Warmly,

Maureen Greeley Executive Director

Jusen S. Breley

### ABOUT THE EVERGREEN COUNCIL ON PROBLEM GAMBLING

The Evergreen Council on Problem Gambling (ECPG) is dedicated to increasing awareness of public health issues around problem gambling and gaming in diverse cultures, expanding the availability and integration of services, and supporting advocacy, research, and programs for education, prevention, treatment, and responsible gambling and gaming. ECPG provides confidential support for Washington State residents through our 24-hour Problem Gambling Helpline (800.547.6133) via phone,



text, and chat, and public awareness, outreach, education, prevention, and resource development services for individuals, families, employers, students, the gaming industry, and business and community groups. ECPG also provides qualified training and certification programs and continuing education units (CEUs) for treatment professionals.

The Council offers support for residential and outpatient treatment for those affected by gambling and their loved ones, as well as education and public awareness programs to a wide variety of community and professional groups through presentations. The Council works with the gaming industry to provide employee training and responsible gaming policy and program development, and offers a Responsible Gaming Certification program.

The Evergreen Council on Problem Gambling is pleased to work with schools and youth groups, educators and PTAs, civic and social service organizations, and others to develop and tailor education and awareness programs to meet your needs. For more information, or to schedule a presentation, call our office at 360.352.6133.

### **CONFERENCE PARTNER**

# Washington State Health Care Authority – Division of Behavioral Health & Recovery Problem Gambling Program

HCA's Problem Gambling program provides treatment services free of charge to individuals and families in agencies throughout the state. 70% of the funding DBHR receives for problem gambling goes toward treatment



services. They also fund training and prevention initiatives in collaboration with ECPG, and fund scholarships to treatment providers, peer and recovery coaches, students, teachers, and school counselors to attend ECPG conferences and guarterly training workshops.



Problem Gambling and Health Awareness Conference



### THANK YOU TO OUR SPONSORS

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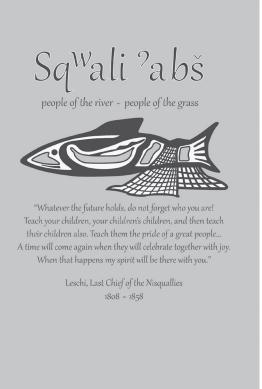


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### **COPPER RIVER CONTRIBUTOR**





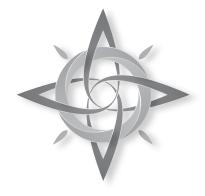




WESTERN REGIONAL CONFERENCE ON PROBLEM GAMBLING AWARENESS

## **FOCUS ON THE FUTURE**

### **CONFERENCE SCHEDULE**



### Monday, May 1

#### 7 - 8 am

Registration Foyer

Breakfast Northwest Ballroom

8 am - Noon Concurrent Workshops

### Understanding Pathological Gambling as a Chronic Persistent Medical Disorder

Alki 2

Presented by: Darryl Inaba, PharmD, CATC-V, CADC-III

This presentation will explore the science that established pathological gambling as a chronic persistent medical condition and the forces that result in bringing about a vulnerability to develop this disorder. The presentation will also examine the neuroplasticity of brain cells that allow addicted brains to heal and return to healthy functioning, which can be observed in those who manage their condition by engaging in the process of recovery. Developments in Medication Assisted Treatment for pathologic gambling along with the science of relapse will also be examined, inclusive of tools and practices that are conducive to achieving long-term recovery.

### Prevention in Practice: Working with Youth and Families

Alki 3

Presented by: Karen Hlady, MA, GIS, IGDC

This session addresses the ins and outs of the impact of underage gambling, the reasons why youth gamble, the risk and protective factors at play, challenges of modern-day gambling (online, sports, e-sports) and strategies on how to engage our youth and families in a positive and supportive way.

### Break Noon - 1 pm

### Monday, May 1 (continued)

### 1 - 5 pm Concurrent Workshops

### It Takes a Family: Gambling Disorder Impacts and Treatment

Alki 2

Presented by Bonnie Lee, PhD, Anika Dirk, and Virginia Ridge

This session will look at the impacts of gambling on family members and consider why significant outcomes had not been achieved by targeting family members on their own. We will consider how gambling is essentially a family problem, both intergenerationally and in the present. Through roleplays and demonstrations, we will contrast the difference between counseling the person who gambles and their family members separately vs. together as a unit. Participants will practice balancing the alliance with two parties holding different views, emotions, and experience within the same session. Exercises to promote family sharing and connection will be practised in role-plays.

#### Neuroscience of and Treatment for Process Addictions

Alki 3

Presented by: Jeffrey Hansen, PhD

This presentation will help you understand in detail process/behavioral addiction which we will begin by discussing the similarities and differences between substance and process addictions and the magnitude of this increasing problem. We will delve into some of the main causes of process addictions with particular focus on trauma. You will come to appreciate the impact of trauma on the brain, body, and emotional functioning. There will be an emphasis on the underlying neuroscience that is helping us better understand how to conceptualize and treat behavioral addictions. Finally, we will explore the new and exciting frontier of HeartMath/Neurocardiology and how this can be applied as an important adjunctive treatment to behavioral addiction.

### Tuesday, May 2

/ - 8 am	
Registration	Foyer
Breakfast	Northwest Ballroom

8 am - Noon Concurrent Workshops

### Building the Couple as a Natural Resource in Concurrent Disorders

Alki 2

Presented by: Bonnie Lee, PhD, Anika Dirk, and Virginia Ridge

Positive couple relationship is an invaluable natural resource for improving concurrent disorders. We will look at the clinical evidence and brain science to support this proposition. Vignettes from case studies will illustrate this relational way of counseling and inspire participants to adopt a relational lens in approaching gambling treatment and prevention. Participants will learn skills to assess the suitability for couple counseling and what to check out in a couple assessment.



Brought to you by







### Foundations in Gaming Disorder Core Training

Whether you are a parent, educator, prevention specialist, or counselor, 
Foundations in Gaming Disorder – Core training is designed for you.

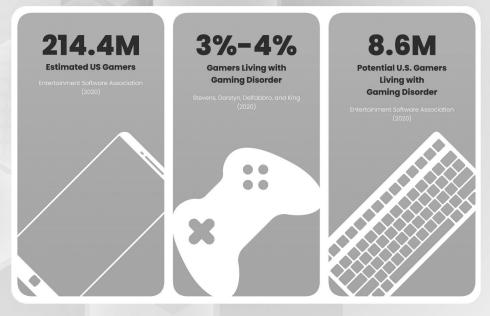
The training will help dispel myths about gaming, provide practical skills and parenting techniques to help set limits, and identify support for spouses, partners, and other loved ones. Information is offered to help understand rating systems, the overlap of gambling elements and, ultimately, to have a healthier relationship with games.

Get Started Today! Register at WhatIsGamingDisorder.com

It's a greatly underdiagnosed and undertreated condition.

It's important for behavioral health counselors to screen for it because it can cause other problems.

- Clifford Sussman, MD



WhatIsGamingDisorder.com

### Tuesday, May 2 (continued)

### **CBT for Gambling Disorder**

Presented by: Jeremiah Weinstock, PhD

The workshop will begin with an overview of the general CBT model, including how cultural context and social identity are incorporated within the model. The presentation will review how to conduct a functional analysis leading to a case conceptualization, and concludes with an outline of the seven skill building modules such as behavioral activation, coping with cravings, and gambling refusal skills tailored towards individuals with gambling disorder. Attendees will work through several case studies to familiarize themselves with the ideas and skills presented.

#### Break Noon - 1 pm

### 1 - 5 pm Concurrent Workshops

### Being in Good Relations: Two-Spirit and Indigenous in Health Research

Alki 2

Alki 3

Presented by: Harlan Pruden and Ryan Stillwagon

There is a lack of comprehensive and ongoing training for providers on Two-Spirit and LGBTQ+ (2SLGBTQ+) health, with an overemphasis on specific health topics pertaining to subgroups within this broad community. This may overshadow individuals with intersecting marginalized identities, who often experience more significant negative health outcomes. Reductionist views on the health and wellness of 2SLGBTQ+ folks can impair meaningful interactions between providers and patients. Therefore, a (w)holistic approach to 2SLGBTQ+ health requires an understanding of this community and the specific health challenges faced by its subgroups; as well as actionable knowledge on ways to prevent and address health inequalities in practice.

### Current Understanding of Adolescent Problem Gambling and Behavioral Disorders: Prevention and Treatment

Alki 3

Presented by: Jeffrey Derevensky, PhD

This session will present an overview of our current understanding of adolescent problem gambling and behavioral disorders. More specifically, the presenter will discuss his research examining the mental health correlates associated with gambling disorders from several large-scale adolescent studies. He will discuss the prevention and treatment implications from his research findings.



### Wednesday, May 3

#### 7 - 8:15 am

Registration Foyer

Breakfast Northwest Ballroom

8:30 - 10 am

Keynote Northwest Ballroom

### **Human Trafficking and Gambling**

Presented by: Rebekah Fonden and Kyle Wood

Kyle Wood and Anti-Trafficking Consultant Rebekah Fonden will discuss the intersection between the gaming industry and human trafficking, including prevalence, recognizing the signs of and responding to human trafficking, and a case study based on lived-life experience.

#### 10 - 10:15 am

Break / Exhibits Northwest Ballroom Foyer

#### 10:15 - 11:45 am

#### Concurrent Breakout Sessions

### <u>Clinical / Behavioral Health</u>

Alki 3

### Gambling and Suicide: Who, Why, and What to Do

Presented by: Jeremiah Weinstock, PhD

Approximately 46,000 Americans died by suicide in 2020, which is equivalent to one person every 11 minutes. Unfortunately, individuals with gambling problems are at an increased risk for suicidal ideation, suicide attempts, and completion. About a third of callers to gambling helplines reported suicidal ideation within the past year, and approximately 11% of callers reported acute suicidal ideation. The purpose of this training is to examine suicide, its risk factors, and clinical practice within the context of individuals with gambling disorder. Several active learning exercises are incorporated into the training.

#### **Prevention / Education / Innovative Trends**

Summit Ballroom

### Youth Gambling: New Insights and the Need for a Public Health Perspective

Presented by: Jeffrey Derevensky, PhD

Accessibility and availability of gambling will have a significant impact upon the number of adolescents experiencing gambling related problems. Dr. Derevensky will discuss the most recent research findings examining the relationship between sports wagering, online gambling, social casino gambling, and the intersection between gaming and gambling upon youth gambling problems. He will articulate a Public Health model based upon our current knowledge of the correlates and risk factors associated with youth problem gambling. Best Practices for the prevention and treatment of youth problem gambling will be addressed.

### Recovery / Culture / Equity

### Asking Women "THE" Questions about Gambling Problems

Presented by: Noëlla Piquette, PhD

Investigations related to the differences between males and females with problem gambling clearly demonstrate that there are differences. Beyond merely studying gambler gender differences, there must be a focus on the practical side — the identification and treatment of gambling problems. This workshop will provide effective counselling strategies services to women who experience a gambling problem.

Alki 2

### 11:45 am - 12:15 pm

Lunch / Announcements Northwest Ballroom

#### 12:15 - 1:15 pm

Lunch Plenary Northwest Ballroom

### **Understanding Gambling-Motivated Crime**

Presented by: Michelle Malkin, JD, PhD

This presentation explores the potential criminal consequences for people who have a history of Gambling Disorder, including how commission of a gambling-motivated crime is connected to the social and economic consequences of gambling, as well as suicidality. Findings allow for fuller understanding of the different ways gambling addiction has led to involvement in the legal and carceral system, primarily for acquisitional crimes to support gambling and/or to pay off gambling related debts. Dr. Malkin begins the presentation with details of her lived experiences as well. The presentation includes suggestions for counselors, practitioners, and others who have clients who may have been involved in gambling-motivated crimes and provides insight into the need for gambling treatment diversion courts.

### 1:15 - 1:30 pm

Break / Exhibits Northwest Ballroom Foyer



Residential Treatment Services for Gambling Disorder\*

(\*Washington State Residents)

To determine if your clients may be eligible for funding support for residential treatment, contact the Evergreen Council on Problem Gambling.

1:30 - 2:30 pm

**Concurrent Breakout Sessions** 

### **Responsible Gambling**

Summit Ballroom

### Participant Experiences while Transitioning into Voluntary Self-Exclusion

Presented by: Amanda McCormick, PhD and Irwin Cohen, PhD

Voluntary Self-Exclusion (VSE) programs are a promising form of responsible gaming programming. In the third longitudinal study of the British Columbia Lottery Corporation's VSE program, data was collected from approximately 100 program participants who enrolled in the VSE program in the months leading up to the COVID-19 pandemic. Participants completed interviews six months apart focusing on their motivations for and experiences with VSE enrollment, and their experiences within the first six months of the program. Using this data, the presenters will describe how VSE program participants adjust to abstinence from gambling, will review changes in their urges to gamble and thoughts about gambling, and will examine major changes in measures of problem gambling, mental health, financial stress, and quality of life as experiences over the first few weeks up to six months of program enrollment.

### Recovery / Culture / Equity

Alki 2

### Hispanic and Latino Workforce Development: Strengthening our Communities

Presented by: Priscila Giamassi, MPM, CPS and Susie Villalobos, Ed.D, M.Ed, CCTS-I

Recent demands for culturally relevant and linguistically appropriate services for Hispanic and Latinos was highlighted by the COVID-19 pandemic. Increased care for people with behavioral health problems often misses the severe shortage of skilled workers in the behavioral health field. For many years, the Hispanic/Latino administrators and policy makers have been calling for increased skills in the work force, increased financial incentives for employee recruitment and retention, and greater attention to diversity within the health care workforce. Addiction, prevention, intervention, and recovery from behavioral health issues, including problem gambling, has created a call to action in improving the essential element of access to behavioral health care. Findings from the leadership academy fellowship curriculum show the opportunity to improve the effectiveness of developing behavioral health leaders, and the willingness to rethink conventional approaches for greater inclusion of culturally diverse leaders and representatives of populations with health disparities.

### **Prevention / Education / Innovative Trends**

Alki 3

### WA State Gambling Prevalence Study Highlights

Presented by: Roxane Waldron, MPA and Rachel Volberg, PhD

This presentation will focus on highlights from the recent gambling prevalence survey, including attitudes towards gambling, gambling participation, problem gambling, correlates of problem gambling, and overlaps between online gambling and online gaming. Successes and constraints in conducting the survey will be reviewed and will include the impact of the pandemic on the conduct of the survey and on gambling behavior during and after the pandemic. The presentation will conclude with information on how the results of the prevalence survey are being used in Washington State by government agencies, clinicians, and other stakeholders.

2:30 - 2:45 pm

Break / Exhibits Northwest Ballroom Foyer

2:45 - 3:45 pm

**Concurrent Breakout Sessions** 

Clinical / Behavioral Health

Alki 3

### Treatment Approaches for Gaming Disorder

Presented by: Stephanie Diez-Morel, PhD

In this workshop, we will use a prevention-focused lens to discuss how gaming, gambling, and internet use intersect to affect youth's behaviors towards higher engagement for problematic use. Knowing how gaming can convert from leisure to problematic by understanding the many intentional factors and intersections between gaming, gambling, and internet use can aid those working with youth to prevent disordered levels of behavior.

#### **Prevention / Education / Innovative Trends**

Summit Ballroom

### Gambling, Speculative Trading, and Fear of Missing Out (FOMO) in Young Adults

Presented by: Frank Song, MS

Increasing evidence has likened speculative trading to gambling. In addition, a fear of missing out (FOMO) on short-term financial gains through speculative trading has been highlighted as a driving force of financial behaviors in young adults. This presentation will explore these topics through a review of current research and introduce the findings from a survey of college students' gambling, speculative trading, and financial FOMO. The status of ongoing research on the topic will also be discussed.

### **Recovery / Culture / Equity**

Alki 2

### Understanding the 12 Steps of Recovery: What Does it Mean for Clinicians?

Presented by: Marc Lefkowitz, ICGC-II

Started in 1957, more people with gambling problems and affected individuals in recovery use the Gamblers Anonymous and Gam-Anon Recovery Programs to treat their gambling problem. The 12 Steps modified from Alcoholics Anonymous are the cornerstone of the Recovery Program. Now, as more people are using self-help programs in conjunction with clinical therapy, there is a need for clinicians to understand this parallel course for treatment. This interactive workshop will be an overview of each Step and allow the attendees to work some of the Steps. Topics will include how the Steps work in conjunction with each other, spiritualty vs. religion, differences with other self-help programs, and sponsorship. Attendees will be able to share their personal experiences and work a short 4th and 5th Step with another participant. The 4th Step will include an examination of character assets and defects, resentments, and pivotal moments in their life story. Steps 8 and 9 will focus on making amends. Step 11 will include a personal discussion on prayer and meditation. The Steps are not for all clients, as some have an aversion for the spiritual aspects and often confuse spirituality and religion. Solutions will be considered. There will be time for questions and answers.

### **SCHEDULE AT-A-GLANCE: PRE-CONFERENCE**

MONDAY	, MAY 1			
7 - 8 am	Registration and Breakfast			Northwest Ballroom
8 am - Noon	Pre-conference Workshop	Darryl Inaba, PharmD, CATC-V, CADC-III	Understanding Pathological Gambling as a Chronic Persistent Medical Disorder	Alki 2
	Pre-conference Workshop	Karen Hlady, MA, GIS, IGDC	Prevention in Practice: Working with Youth and Families	Alki 3
Noon - 1 pm	Lunch Break / Ex	hibits		
1 - 5 pm	Pre-conference Workshop	Bonnie Lee, PhD, Anika Dirk, and Virginia Ridge	It Takes a Family: Gambling Disorder Impacts and Treatment	Alki 2
Pre-conference Workshop		Jeffrey Hansen, PhD	Neuroscience of and Treatment for Process Addictions	Alki 3
THECOM				
TUESDAY	/, MAY 2			
7 - 8 am	Registration and	Breakfast		Northwest Ballroom
		Breakfast  Bonnie Lee, PhD, Anika Dirk, and Virginia Ridge	Building the Couple as a Natural Resource in Concurrent Disorders	
7 - 8 am	Registration and Pre-conference	Bonnie Lee, PhD, Anika Dirk, and Virginia		Ballroom
7 - 8 am	Registration and Pre-conference Workshop Pre-conference	Bonnie Lee, PhD, Anika Dirk, and Virginia Ridge Jeremiah Weinstock, PhD	Resource in Concurrent Disorders	Ballroom Alki 2
7 - 8 am 8 am - Noon	Registration and Pre-conference Workshop Pre-conference Workshop	Bonnie Lee, PhD, Anika Dirk, and Virginia Ridge Jeremiah Weinstock, PhD	Resource in Concurrent Disorders	Ballroom Alki 2





### **SCHEDULE AT-A-GLANCE: MAIN CONFERENCE**

WEDNESDAY,	MAY 3			
7 - 8:15 am	Registration / Breakfast		Northwest Ballroom	
8:30 - 10 am	Welcome and Keynote	Rebekah Fonden and Kyle Wood	Human Trafficking and Gambling	Northwest Ballroom
10- 10:15 am	Break / Exhibits			Ballroom Foyer
	Recovery /Culture / Equity	Noëlla Piquette, PhD	Asking Women "THE" Questions about Gambling Problems	Alki 2
10:15 - 11:45 am	Prevention / Education / Innovative Trends	Jeffrey Derevensky, PhD	Youth Gambling: New Insights and the Need for a Public Health Perspective	Summit Ballroom
	Clinical / Behavioral Health	Jeremiah Weinstock, PhD	Gambling and Suicide: Who, Why, and What to Do	Alki 3
11:45 am - 12:15 pm	Lunch / Announcements			Ballroom Foyer
12:15 - 1:15 pm	Lunch Plenary	Michelle Malkin, JD, PhD	Understanding Gambling-Motivated Crime	Northwest Ballroom
1:15 - 1:30 pm	Break / Exhibits		Ballroom Foyer	
	Responsible Gambling	Amanda McCormick, PhD and Irwin Cohen, PhD	Participant Experiences while Transitioning into Voluntary Self- Exclusion	Summit Ballroom
1:30 - 2:30 pm	Recovery /Culture / Equity	Priscila Giamassi, MPM, CPS and Susie Villalobos, Ed.D, M.Ed, CCTS-I	Hispanic and Latino Workforce Development: Strengthening Our Communities	Alki 2
	Prevention / Education / Innovative Trends	Rachel Volberg, PhD and Roxane Waldron, MPA	WA State Gambling Prevalence Study Highlights	Alki 3
2:30 - 2:45 pm	Break / Exhibits		Ballroom Foyer	

WEDNESDAY,	MAY 3 (cont	tinued)		
	Recovery / Culture / Equity	Marc Lefkowitz, ICGC-II	Understanding the 12 Steps of Recovery: What Does it Mean for Clinicians?	Alki 2
2:45 - 3:45 pm	Prevention / Education / Innovative Trends	Frank Song, MS	Gambling, Speculative Trading, and Fear of Missing Out (FOMO) in Young Adults	Summit Ballroom
	Clinical / Behavioral Health	Stephanie Diez-Morel, PhD	Treatment Approaches for Gaming Disorder	Alki 3
3:45 - 4 pm	Break / Exhibits	Break / Exhibits		
4 - 5:30 pm	Open GA Marc Lefkowitz, ICGC-II, and Kitty Martz, MBA, CGRM, Meeting CGAC-II, Facilitators		Alki 2	
THURSDAY, M	MAY 4			
7 - 8:15 am	Registration / Breakfast		Northwest Ballroom	
8:30 - 10 am	Keynote	Panel: David Malone, MA, JD, Julie Lies, Christine Masse, JD, Rep. Chris Stearns, JD, Tommy Tomillo	Sports Betting in Washington	Northwest Ballroom
10- 10:15 am	Break / Exhibits / Hotel Checkout		Ballroom Foyer	
	Recovery /Culture / Equity	Noëlla Piquette, PhD	People with Disabilities: Issues and Interventions	Alki 2
10:15 - 11:45 am	Prevention / Education / Innovative Trends	Daniel Kaufmann, PhD	Using the Gamer's Journey to Upgrade Client Perceptions in Growth-Oriented Ways	Summit Ballroom
	Clinical / Behavioral Health	Heather Chapman, PhD, and Dave Yeager	A Hero's Welcome or a Hero's Troubled Journey - Gambling and the Military	Alki 3
11:45 am - 12:15 pm	Lunch / Announcements		Northwest Ballroom	
12:15 - 1:15 pm	Lunch Plenary	Panel	Voices of Recovery	Northwest Ballroom

1:15 - 1:30 pm	Break / Exhibits		Ballroom Foyer	
	Recovery /Culture / Equity	Jerry Bauerkemper, BS, CCGC	Grief and Recovery: Similarities/ Differences Between SUD and Gambling	Alki 2
1:30 - 2:30 pm	Prevention / Education / Innovative Trends	Panel: Bobbie Bailey, Rob Maya, Rachel O'Donnell, and Ayanna Pasha	Telling Effective Stories in Problem Gambling	Alki 3
	Prevention / Education / Innovative Trends	Leslie Van Leishout, M.Ed	Belonging and Relationships: The Real Work of Learning	Summit Ballroom
2:30 - 3:30 pm	Networking Reception			Northwest Ballroom

3:45	- 4 pm
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Break / Exhibits Northwest Ballroom Foyer

### 4 - 5:30 pm

Open GA Meeting Alki 2

Facilitated by: Marc Lefkowitz, ICGC-II and Kitty Martz, MBA, CGRM, CGAC-II

Have you ever experienced a GA Meeting? If you are a treatment provider, peer/recovery coach, family member, or friend of someone who attends GA meetings, there are many benefits from attending a meeting yourself. The principles of Gamblers Anonymous are based on the idea that recovery involves hearing stories and learning from the wisdom of others. The term "open meeting" refers to a Gamblers Anonymous (GA) meeting where both spouses and friends and, in this case, treatment providers and support service providers of GA members are welcome to attend. The thinking behind the "open" meeting is that the spouses, friends, and treatment providers of someone with problem gambling will have a better chance of understanding the real nature of the problem when they are permitted to attend GA meetings. Although the work of GA is primarily concerned with the gamblers themselves, experience has shown that a person impacted by Gambling Disorder will find that their recovery may be enhanced when their family and other supports have an opportunity to learn all they can about Gambling Disorder.

### Thursday, May 4

#### 7 - 8:15 am

Registration Foyer

Breakfast Northwest Ballroom

#### 8:30 - 10 am

Welcome and Keynote Northwest Ballroom

### Sports Betting in Washington

Presented by Panel: Dave Malone, MA, JD, Facilitator; Julie Lies; Christine Masse, JD; Rep. Chris Stearns, JD; and Tommy Tomillo

This presentation will be a panel discussion which will include a brief summary of sports wagering and what it entails, a background on sports wagering in the US and Washington in particular, a tribal-state compact update, lessons learned from the first year and a half of operations in Washington (perhaps lessons learned from other jurisdictions), and potential next phases in the development of sports wagering.

#### 10 - 10:15 am

Break / Exhibits / Hotel Checkout

Northwest Ballroom Foyer

#### 10:15 - 11:45 am

#### **Concurrent Breakout Sessions**

#### Clinical / Behavioral Health

Alki 3

### A Hero's Welcome or a Hero's Troubled Journey – Gambling and the Military

Presented by: Heather Chapman, PhD, ICGC-II, BACC, CGT and Dave Yeager

Active military members and veterans both show elevated risk for problem gambling. Recent research has demonstrated that problem gambling among active duty military was 3.5 times higher than among civilians. This presentation will discuss the culture of military as a particular risk factor for the development of gambling issues. The combined impact of ease of access, constrained options for leisure activities, and the propensity for risk taking behavior are posited as specific risk factors. Evidenced based prevention and treatment efforts will be reviewed and insights from lived experience will be offered and discussed. Attendees are encouraged to engage and ask questions.

#### **Prevention / Education / Innovative Trends**

Summit Ballroom

### Using the Gamer's Journey to Upgrade Client Perceptions in Growth-Oriented Ways

Presented by: Daniel Kaufmann, PhD

Technology has become a permanent fixture in modern society. The use of video games by clients can impact mental health in numerous ways. This session explores the narrative elements of gaming as a way to identify the preferred narrative which clinical services are designed to help clients achieve within themselves.

### Thursday, May 4 (continued)

### Recovery / Culture / Equity

People with Disabilities: Issues and Interventions

Presented by: Noëlla Piquette, PhD

Disability and addiction have a complex relationship, often bidirectional with each being a cause and effect of each other. A person with disabilities is more vulnerable to addictions and to ignore treatment or service delivery options. This presentation will provide information, resources, and a case study to effectively support clientele with complex needs.

### 11:45 am - 12:15 pm

Lunch / Announcements Northwest Ballroom

### 12:15 - 1:15 pm

Lunch Plenary Northwest Ballroom

### **Voices of Recovery**

Presented by: Panel

Celebrating successes and sharing recovery stories is an important way for the recovery community to help broaden awareness and educate others about addiction, treatment, and the journey that is recovery. Entering recovery is a major healing journey; healing the mind, the body, and the spirit. To foster emotional healing, one of the most powerful vehicles is to share your personal story with others. The courage to share these stories is, we hope, matched by the positive impact they make on all of us who work in the fields of problem gambling treatment, prevention, training, and support.

### 1:15 - 1:30 pm

Break / Exhibits Northwest Ballroom Foyer

### 1:30 - 2:30 pm

#### **Concurrent Breakout Sessions**

### **Recovery / Culture / Equity**

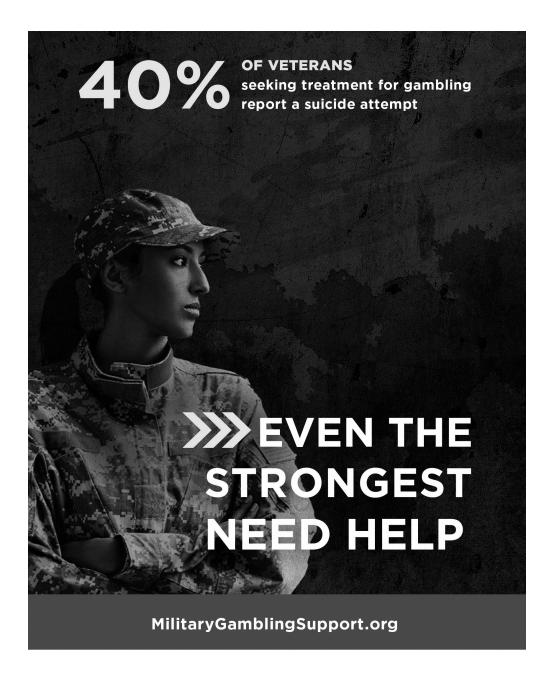
Alki 2

Alki 2

### Grief and Recovery: Similarities/Differences Between SUD and Gambling

Presented by: Jerry Bauerkemper, BS, CCGC

This presentation will focus on the initial grieving process and the similarities and differences between SUD and Disordered Gambling. Participants will be introduced to the concept that the person suffering in their addiction is also dealing with a loss of a love relationship. The loss of predictability, and the time taken in early recovery, also affects the spouse and/or significant others. Participants will also look at how the brain grieves in an addicted individual, and some hands-on assignments that can be used to help in the grieving process.



HELP IS AVAILABLE FOR PROBLEM GAMBLING. THERE IS HELP AND HOPE.

Call the Washington State Problem Gambling Helpline for assistance 24/7:

1-800-547-6133



Washington State Health Care Authority

### Thursday, May 4 (continued)

### **Prevention / Education / Innovative Trends**

Alki 3

### Telling Effective Stories in Problem Gambling

Presented by Panel: Bobbie Bailey, Rob Maya, Rachel O'Donnell, and Ayanna Pasha

This presentation will include the following: discussions of Top Trends to change behavior through design, marketing, and communications; the process an agency goes through to achieve effective campaigns; results from a recent problem gambling campaign; and an example of another recent campaign.

#### **Prevention / Education / Innovative Trends**

Summit Ballroom

### Belonging and Relationships: The Real Work of Learning

Presented by: Leslie Van Leishout, M.Ed

This presentation will answer the question "What is MTSS Mental Health?" We will identify the elements of Multi-Tiered System of Support for Mental Health in schools, and discuss the elements that are in place now vs. those we need, how to build on what we have, and how to apply it to your clients or students. The presentation will discuss the needs of the people you work with, as well as concepts and gaps, actions to create a planned tiered response, and priorities.

#### 2:30 - 3:30 pm

**Networking Reception** 

Northwest Ballroom



### **Networking Reception**

### **Meet with Colleagues**

Take an opportunity to reconnect, make new connections and discuss ways to collaborate.





Enjoy light refreshments

Celebrate Tana's birthday!

2:30-3:30 pm

Northwest Ballroom





**Bobbie Bailey** is the CEO and founder of M Agency. Since starting M Agency 12 years ago, her full-service marketing agency has helped hundreds of businesses, from Alaska Airlines to Celebrity Cake Studio, catalyze their success through meaningful and results-driven marketing. Bobbie has been able to grow M into an award-winning agency by cultivating a creative and intentional environment where her team's strengths are leveraged to continuously deliver exceptional work.



**Jerry Bauerkemper**, **BS**, **CCGC** is the Retired Executive Director of the Nebraska Council on Compulsive Gambling. Mr. Bauerkemper was the first director of problem gambling for the state of Nebraska. He is an internationally recognized trainer on Problem Gambling. Currently, he is a consultant for the lowa gambling program, helping agencies increase gambling utilization after Covid.



**Heather Chapman, PhD, ICGC-II, BACC, CGT** is a clinical psychologist, a member of the Motivational Interviewing Network of Trainers, and serves on the Board of Directors for the National Council on Problem Gambling. She is an Associate Professor of Psychiatry at Case Western Reserve University, Deputy Director of the Veterans Addiction Recovery Center and the Director of the Gambling Treatment Program at the Louis Stokes Cleveland VA Medical Center, the leader of gambling treatment, training consultation, and research for the Department of Veterans Affairs and Department of Defense.



**Irwin Cohen, PhD** is an Associate Professor of Criminology and Criminal Justice at the University of the Fraser Valley, and the Director of the Center for Public Safety and Criminal Justice Research. Dr. Cohen has published the book, *Eliminating Crime: The Seven Essential Principles of Police Based Crime Reduction*, and worked on more than 60 research projects on a wide range of topics, including gambling, addictions, mental health, and public safety.



**Jeffrey Derevensky, PhD** is Professor Emeritus in School/Applied Child Psychology and Department of Psychiatry at McGill University, is Director of the International Centre for Youth Gambling problems and High-Risk Behaviors, and holds multiple adjunct appointments at several universities. He is an internationally recognized scholar in the area of adolescent risky behaviors, developmental disorders, behavioral addictions and gambling problems.



**Stephanie Diez-Morel, PhD** is a professor of graduate social work at Pennsylvania Western University. She is the Vice President of the International Gambling Counselor Certification Board (IGCCB), and through this role is the lead in developing the world's first International Gaming Disorder Certification for helping professionals. She serves the state of Pennsylvania as a member of the Behavioral Health Commission for Adult Mental Health.



**Anika Dirk** is from Medicine Hat, Alberta; she is attending the University of Lethbridge, where she is studying to obtain her undergraduate degree in Health Sciences, with a major in Addictions Counseling. She currently holds a diploma in Addictions Counseling and Social Work. Upon completion of her undergraduate degree, she plans to continue on to complete a degree in Social Work and a Master's in Addictions Counseling.



**Rebekah Fonden** is an anti-trafficking Consultant and survivor of human trafficking. In 2019, she attained an internship for the Superior Court in the King County Commercial Sexual Exploitation of Children (CSEC) Task Force division, working with stakeholders in King County and surrounding areas to progress anti-trafficking efforts. She currently contracts with the University of Washington on a study to address trauma informed media responses.



**Priscila Giamassi, MPM** is a Bilingual/Bicultural Certified Prevention Specialist (CPS). Priscila joined the Behavioral Health world in 2019, working for the National Hispanic and Latino Prevention Technology Transfer Center. As a Latina woman and an immigrant living in the USA, Priscila strongly believes that it is her duty to use her voice and resources to advocate for mental health and substance abuse prevention, and she is committed to the improvement and enhancement of behavioral health service delivery for Latinx and other underserved communities.



**Jeffrey Hansen, PhD** is a clinical psychologist with full-time employment at Madigan Army Medical Center, where he is the Director of Clinical Education for Child and Behavioral Health Services (CAFBHS). His primary clinical focus is complex trauma. He is also the founder and director of The Center for Connected Living, LLC, which specializes in trauma and addiction, amongst other things. Dr. Hansen has written and presented extensively on addiction and truama.



**Karen Hlady, MA, GID, IGDC** is currently contracted as a Prevention Specialist and Community Engagement Service Provider with Gambling Support BC. She has focused her work on culturally responsive support services for youth and families since 1995, including working in youth addictions, outreach services, and alternative education, prior to shifting into Prevention Services with Gambling Support BC in 2014. She currently serves as a director on the Canadian Problem Gambling Certification Board.



**Darryl Inaba, PharmD, CATC-V, CADC-III** is Director of Clinical and Behavioral Health Services for the Addictions Recovery Center and Director of Research and Education of CNS Productions in Medford, Oregon. He is an Associate Clinical Professor at the University of California in San Francisco, and a Lifetime Fellow at Haight Ashbury Free Clinics, Inc., (Health Right 360). Dr. Inaba has authored several papers, award winning educational films, and books, and is co-author of *Uppers, Downers. All Arounder*.



**Daniel Kaufmann, PhD** is an Associate Professor at Grand Canyon University, and also serves as a founding member of the Faculty Advisory Board for the Video Game Disorder clinical training programs through the IGCCB. He is a leading member of the task force for the APA to review the criteria for consideration of Gaming Disorder in future DSM updates. His research covers areas from video games, personality theory, online education, and counselor development.



# CONNECT WITH US!







### READ, WATCH, LISTEN, AND ATTEND.

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LIVE VIDEO DISCUSSIONS ON HOT TOPICS WITH INDUSTRY LEADERS

#### **KALEIDOSCOPE**

REFLECTIONS OF DIVERSE VIEWS ON MENTAL HEALTH EQUITY

#### CONNECTIONS

A HEALTHY GAMBLING AND GAMING PODCAST

**SOCIAL MEDIA, BLOG, AND EVENTS** 

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**Bonnie Lee, PhD** is a professor in Health Sciences (Addictions Counseling) at the University of Lethbridge, Alberta. She is the Principal Investigator of two decades of research that developed the theory and efficacy of Congruence Couple Therapy for concurrent gambling and mental health outcomes. A highly-rated speaker and trainer at the Advanced Clinical Education Institutes for the American Association for Marriage and Family Therapy and the Centre for Addiction and Mental Health in Canada, Dr. Lee has been a featured speaker and keynote with many universities and organizations internationally.



**Marc Lefkowitz, ICGC-II** has been a certified gambling counselor for more than 25 years. He worked for the UCLA Gambling Studies Program training therapists and coordinating outreach for California gambling treatment programs. He was Program Director for an inpatient gambling treatment program and develops gambling inpatient/outpatient programs. He currently is the Director of Programming for Kindbridge, a teletherapy company focusing on treatment for people with problem gambling.



**Julie Lies** began working for the Washington State Gambling Commission in November 1989, with most of her time working with tribal governments that operate gaming facilities under Tribal/State Compacts. As the Washington State Gambling Commission's Tribal Liaison, Julie is a policy advisor to the Director and Commissioners and a member of the state's gaming compact negotiation team.



**Michelle Malkin, JD, PhD,** is an Assistant Professor of Criminal Justice at East Carolina University. Dr. Malkin's research interests include a focus on problem gambling, gambling-motivated crime, LGBTQ+ and Gambling Disorder, and the experiences of LGBTQ+ people in the carceral system. In 2018, she received a research fellowship for her research on women and gambling-motivated crime from the Center for Gaming Studies at University of Nevada, Las Vegas.



**Dave Malone, JD** has more than 20 years of experience in gaming law. Dave's practice at Miller, Malone & Tellefson focuses on gaming and liquor projects involving the Washington State Gambling Commission, Washington State Liquor and Cannabis Board, and Tribal Gaming Agencies. Dave serves in several community service roles, including Vice President of the Evergreen Council on Problem Gambling (ECPG); he is also an elected Fire Commissioner in Pierce County.



**Kitty Martz, MBA, CGRM, CGAC-II** is the Executive Director of Voices of Problem Gambling Recovery in Portland, Oregon. She is the current chair of the Oregon Council on Problem Gambling and, as a person with lived experience in gambling harm, a member of the National Council on Problem Gambling's Recovery Committee. Martz is a Certified Gambling Recovery Mentor, Certified Gambling Addiction Counselor-II and long-standing SMART Recovery facilitator.



**Christine Masse, JD** co-chairs Miller Nash's tribal team, providing experienced counsel to Native American tribes and organizations on gaming, cannabis, real estate, construction, financing, tax, liquor, and other economic development issues. For more than 20 years, Chris has supported tribal clients in developing and executing strategies and coordinating complex projects.



**Rob Maya** has done project work with the Evergreen Council on Problem Gambling as a designer, developer, and volunteer dating back to 2007. Rob has built a career in the web technology and software industry that spans more than 21 years. Rob joined the ECPG staff in September 2019.



Amanda McCormick, PhD is an Associate Faculty in the School of Criminology and Criminal Justice, and a Research Associate with the Centre for Public Safety and Criminal Justice Research at the University of the Fraser Valley. Dr. McCormick has completed numerous research studies on problem gambling, including three longitudinal evaluations of the British Columbia Lottery Corporation's Voluntary Self-Exclusion program.



**Rachel O'Donnell** has always enjoyed problem-solving. She's been with M Agency since the beginning of her career as a Creative Producer after earning her Bachelor's in Journalism and Public Relations. Within her first year of creative production, her strengths for maximizing the success of projects shone through. From there, Rachel helped to further refine the project management role at M. As the client's main point of contact, she helps drive projects forward from concept to creation.



**Ayanna Pasha** is a copywriting expert with more than four years experience sharing compelling messages that inspire action. We all have something to say, but HOW we say it is a true art that Ayanna has spent countless hours learning to define, refine, and apply. Words have always been on the tip of her fingers; she uses them to empower ideas and connect brands to their story, and their story to their community.



**Noëlla Piquette, PhD** is an Associate Professor and Registered Psychologist at the University of Lethbridge. Her research areas in gambling include gender-specific treatment options and identification of gendered issues. She has been involved in women's problem gambling issues since 2003, with numerous presentations and publications. Dr. Piquette's research is focused on analyzing female gambling, therapeutic interventions, and rural issues in order to better understand the nuances inherent in gendered treatment.



**Harlan Pruden** is Nehiyô/First Nations Cree who works with and for the Two-Spirit community locally, nationally, and internationally. Harlan is a co-founder of the Two-Spirit Dry Lab and the Indigenous Knowledge Translation Lead at Chee Mamuk, an Indigenous health program at the British Columbia Centre for Disease Control. Harlan is also the Managing Editor of TwoSpiritJournal.com and an advisory member for the Canadian Institutes of Health Research's Institute of Gender and Health.



**Virginia Ridge** is completing her undergraduate studies in Addictions Counseling at the University of Lethbridge, Alberta, Canada. Through hard work and dedication, she has received multiple awards and bursaries, and maintains an excellent academic standing. She has worked in the human services field in various capacities, and is currently a crisis intervention worker at a shelter for women and children fleeing domestic violence and/or homelessness.





**Frank Song, MS** is a PhD student in Clinical Psychology at the University of Washington and a problem gambling counselor at Asian Counseling and Treatment Services. His primary research is focused on understanding risk and protective factors of problem gambling and speculative trading behaviors in young adults. He has presented his research on problem gambling at organizations including the Seattle VA Medical Center, SAMHSA Northwest ATTC, and the International Center for Responsible Gaming.



**Chris Stearns, JD** is a longtime resident of Auburn where he served as the first Native American member of the Auburn City Council. During his 30-year legal career, Chris has worked at the state and federal level to advance human and tribal rights, expand clean energy jobs, champion health care access and affordability, and improve economic opportunity for tribal and other marginalized communities. He served as Chair of the Washington State Gambling Commission and a member of the City of Seattle's Human Rights Commission. He currently represents the 47th Legislative District in the Washington state legislature.



**Ryan Stillwagon** is a UBC Public Scholar and PhD Candidate in the Department of Sociology at the University of British Columbia. Their dissertation work explores queer food security in Canada. They have published work on queer place-making and sexual health in the Journal of Indigenous HIV Research, City & Community, The Conversation, Contexts, and JMIR Public Health and Surveillance.



**Tommy Tomillo** began his career as a dealer in Las Vegas at the Showboat Casino. He had the opportunity to relocate to New Orleans to open the first riverboat casino in Louisiana. From there, his travels took him to Indiana to open the Majestic Star Casino as a Dual Rate Pit Manager. Tommy spent the next 20 years at Mohegan Sun. In December of 2016, he accepted the role as Table Games Manager at ilani and relocated to the Pacific Northwest. In 2022, he was selected to lead the Sportsbook and introduce sports wagering to the market.



**Leslie Van Leishout, M.Ed** is Director of Student Support in North Thurston Public Schools and has worked in education for more than 30 years in all levels from preschool to higher education. Leslie is the administrator for the Family Youth Resource Center and oversees homelessness, foster care, mental health, nursing, counseling, and social emotional learning. She has initiated a PreK-12th grade public school mental health program that includes 12 LMHCs or LICSWs and a district-wide Social Worker.



**Susie Villalobos, Ed.D M.Ed, CCTS-I** is the NLBHA Co-Director for the SAMHSA-funded Addiction Technology Transfer Center (ATTC). Her professional background includes a 15-year career in public health, working for clinical, academic, and non-profit public health agencies that focus on mental and behavioral health disparities among Hispanics. Dr. Villalobos represents NLBHA as cultural broker for the National COVID-19 Resources Network, helping to bridge current information regarding the COVID-19 virus to Latinos.



**Rachel Volberg, PhD** has been involved in epidemiological research on gambling and problem gambling since 1985. Dr. Volberg has directed or consulted on numerous gambling studies internationally, published extensively, and advised governments and private sector organizations on issues relating to gambling legalization, the epidemiology and etiology of problem gambling, and public policy approaches to developing and refining services for people with problem gambling and their families.



**Roxane Waldron, MPA** is the WA State Problem Gambling Program Manager for WA State Health Care Authority's Division of Behavioral Health and Recovery. She has worked as a project and program manager in the health field since 2006, including at the WA State Dept. of Health, the Evergreen Council on Problem Gambling, the WA Association for Community Health, and as a Mental Health Training Coordinator for the University of WA. Roxane is Lean Green Belt Certified and holds a certificate in Project Management.



**Jeremiah Weinstock, PhD** is a licensed clinical psychologist and Professor of Psychology at Saint Louis University in St. Louis, MO. His clinical and research efforts center on addressing the difficulties in helping individuals with addictions make lasting and meaningful changes in their lives. More specifically, he focuses on the characterization and treatment of gambling disorder.



**Kyle Wood** is Assistant Attorney General to Attorney General Bob Ferguson, and leads efforts to end human trafficking and the commercial sexual exploitation of children in Washington State. A career prosecutor, he helps prosecute human trafficking and related cases in Washington, advises the Attorney General on issues related to human trafficking, and works with survivors, police, and prosecutors to improve our state's response to the problem of human trafficking.



**Dave Yeager** is a US Army veteran and in recovery for a gambling addiction. He is host of the podcast "Fall-in: The Problem Gambling Podcast for Military Service Members and Veterans" and author of the upcoming book, *Fall-in: A Veteran with a Gambling Addiction*. Advocate and speaker, he has presented to clinicians, advocates, and others about military, veterans, and disordered gambling.



### PROBLEM GAMBLING HELP AND RESOURCES ARE AVAILABLE FOR BLACK, INDIGENOUS, AND PEOPLE OF COLOR COMMUNITIES

We encourage all individuals and their families to reach out and find the help they need and deserve.



GamblingHelpForAll.org

#### HELP IS AVAILABLE FOR PROBLEM GAMBLING. THERE IS HELP AND HOPE.

Call the Washington State Problem Gambling Helpline for assistance 24/7:

1-800-547-6133



Washington State Health Care Authority

### **COMMUNITY ADVISORY COMMITTEES**

Social justice is a Public Health issue that compels us to eliminate inequities based on race, gender, religion, ethnicity, sexual orientation, age, or disability. Our field is familiar with the inequities and barriers built by stigma and fear. Public health requires the ability to provide even the most basic of services without stigma; without discrimination; without humiliation; without marginalization; without racism.

The experience, insights, and knowledge shared by Community Advisory Committees are vital to helping ECPG offer and enhance programs that meet the needs of diverse communities we serve throughout Washington State.

#### JOIN A COMMITTEE

Applications are accepted at any time whether or not there are current openings on any committees. Your application will be kept on file for a minimum of one year for consideration.

- Asian/Pacific Islander
- Black
- Faith-Based
- Healthcare
- Latinx
- LGBTOIA+

- Military/Veterans
- Native American
- Recovery Community
- Senior (60+)
- Young Adult (18-21)

Learn more about ECPG's committment to community: evergreencpg.org/awareness/culture-and-community/

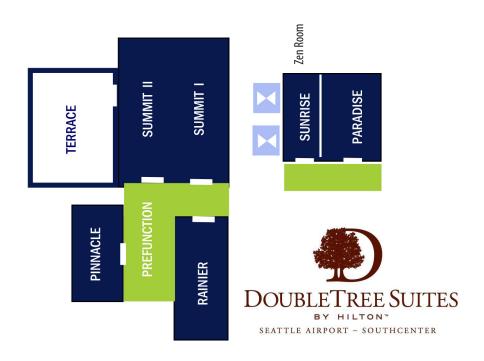


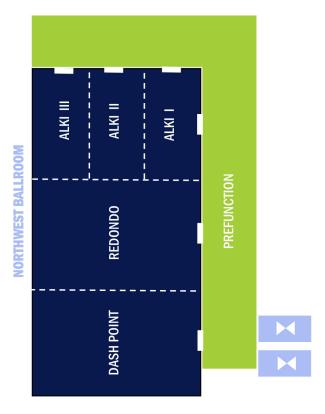
COMMUNITY ADVISORY COMMITTEES

APPLICATION PDF









**Focus on the Future** | 2023

# FOCUS ON THE FUTURE

### MAIN CONFERENCE SCHEDULE AT-A-GLANCE

### Wednesday, May 3

7 - 8:15 am Registration and Breakfast

8:30 - 10 am Welcome & Keynote

10 - 10:15 am Break / Exhibits

10:15 - 11:45 am Morning Breakout Sessions

11:45 am - 12:15 pm Lunch / Announcements

12:15 - 1:15 pm Lunch Plenary 1:15 - 1:30 pm Break / Exhibits

1:30 - 2:30 pm Afternoon Breakout Sessions

2:30 - 2:45 pm Break / Exhibits

2:45 - 3:45 pm Afternoon Breakout Sessions

3:45 - 4 pm Break / Exhibits

4 - 5:30 pm Open GA Meeting

### Thursday, May 4

7 - 8:15 am Registration and Breakfast

8:30 - 10 am Welcome & Keynote

10 - 10:15 am Break / Exhibits / Hotel Checkout

10:15 - 11:45 am Morning Breakout Sessions

11:45 am - 12:15 pm Lunch / Announcements

12:15 - 1:15 pm Lunch Plenary

1:15 - 1:30 pm Break / Exhibits

1:30 - 2:30 pm Afternoon Breakout Sessions

2:30 -3:30 pm Networking Reception

