

FOUR DIRECTIONS

Problem Gambling and Health Awareness Conference

Honoring Our Past ☉ *Protecting Our Future*

ABOUT THE CONFERENCE

The **Four Directions** conference has grown so much since it was first launched in 2009. Perhaps more importantly, the **Four Directions** conference has expanded its scope and purpose over the 15 years since it began. In the spirit of promoting community wellness and individual holistic health that is a long-standing tradition of Tribal communities, today's **Four Directions** conference is the result of collaborative partnerships with representatives from many Tribal Nations, BIPOC communities, Peer and Recovery Support Service Providers, LGBTQIA+ members, Veterans/Active Duty/Military Families, and more. It is a true vision of **Honoring Our Past and Protecting Our Future** – TOGETHER through inclusive and collaborative efforts and respect for individuals, families, and communities as a whole through Spiritual, Mental, Emotional, and Physical wellbeing.

We invite you to join in a fantastic celebration as our **Four Directions** conference gathers for training, professional development opportunities, networking, learning, sharing successes and challenges, and celebrating together at ilani Casino Resort. Please take a look at the full conference schedule to see all of the exciting opportunities for both training and cultural enrichment. From expanding knowledge and skills to experiencing healing and teaching tools that honor the traditional heritage of many cultures, your journey at **Four Directions** will illuminate your work and your life.

Presented By



EVERGREEN
council on problem gambling



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PRE-CONFERENCE SCHEDULE* AT-A-GLANCE

MONDAY, SEPTEMBER 18 – PRE-CONFERENCE			
7 - 8 am	Registration and Breakfast		
8 am - noon	Pre-conference Workshop	TBD	<i>Equine Therapy (off-site)</i>
	Pre-conference Workshop	TBD	<i>Mat Weaving</i>
	Pre-conference Workshop	Sarah Sense-Wilson, LMHC, SUDP, WSCGC-II	<i>Group Therapy</i>
1 - 5 pm	Pre-conference Workshop	Reuben Twin	<i>Medicine Wheel as it Pertains to Recovery</i>
1 - 3 pm	Pre-conference Workshop	Jose Garcia, CGAC-I, CADC-II and Gary Cooper, BS, SUDP, WSCGC-I	<i>Outreach/Prevention in Rural Communities</i>
3 - 5 pm	Pre-conference Workshop	Ala Sheikh Khalil, MD and Abdallah Mobaideen (invited)	<i>Let Me Tell You Why: Working with a Forgotten Community</i>
TUESDAY, SEPTEMBER 19 – PRE-CONFERENCE			
7 - 8 am	Registration and Breakfast		
8 am - noon	Pre-conference Workshop	Gordon James	<i>Culture to Culture (Part I)</i>
	Pre-conference Workshop	Tae Son Lee, MBA, SUDP, WSCGC-II	<i>Culturally Responsive Assessment and Treatment Planning</i>
1 - 5 pm	Pre-conference Workshop	Gordon James	<i>Culture to Culture (Part II)</i>
1 - 3 pm	Pre-conference Workshop	Deborah Haskins, PhD, LCPC, ACS, MAC, ICGC-II, CCGSO, BACC, CGT	<i>The Strong Black Woman Schema and Gambling Disorder Recovery - Cultural Considerations for Treatment/Prevention/Community Wellness</i>
3 - 5 pm	Pre-conference Workshop	Brent Neiser, CFP, AFC	<i>Slow it Down! Organizing Finances in a Digital Age of Gambling, Stock Trading, Bitcoin, Financial Shockwaves, and Retirement Planning</i>
6 - 8:30 pm	Welcome Reception: Fireside Chat – Storytelling with S'Mores-gasbord (see page 3 for more details)		

COMMUNITY CELEBRATION EVENT

Community connects us, supports us, and is essential to our well being. As we come together at **Four Directions**, we share the rich resources of wisdom and experience as we work with and learn from each other. It is also important to take time to share laughter, break bread, and celebrate. This year's Community Event is a celebration that brings us together to enjoy traditional and contemporary music, dance, and performance art. Bring your drum, flute, or even your violin, and join in the experience, if you'd like!

Wednesday, September 20, 6 - 8:30 pm

Included in all Main Conference Registrations - Guest tickets available (see page 5)

Featured Artists:



Susan Aglukark is an Inuk singer/songwriter from the territory of Nunavut. The challenges of the early years of her singing career became the catalysts for her healing and connecting deeper with her culture and people, the Inuit.



Swil Kanim, US Army Veteran, world class virtuoso violinist, Native storyteller, and actor, is a member of the Lummi Nation. Swil Kanim brings healing and hope through music, fine arts, and storytelling to explore how authentic expression contributes to healthy communities. He encourages all to Honor Your Vision – Follow Your Passion.



Javoen Byrd is an Olympia-based Ethnomusicologist. He is dedicated to providing multicultural education and healing through drum facilitation across the Pacific Northwest and beyond.



Gene Tagaban – "One Crazy Raven" – is a storyteller, a counselor, a trainer, a teacher. Gene is of the Takdeintaan clan, the Raven, Freshwater Sockeye clan from Hoonah, Alaska. He is the Child of the Wooskeetan clan, the Eagle, Shark clan from Juneau, Alaska. He is Cherokee, Tlingit, and Filipino.



Mitch Factor, Seminole and Menominee Indian, comedian and teacher. He is one of the top Indian comedians in the United States. Mitch has performed for National Indian conferences, casinos, music festivals, Pow Wows, Indian Head Start programs, Indian banquets, and private corporate events across the US.

Other Invited Artists include:

**Cowlitz Drum Group
Cowlitz Youth Dance Group**

MAIN CONFERENCE SCHEDULE* AT-A-GLANCE

WEDNESDAY, SEPTEMBER 20			
7- 8:15 am	Registration & Breakfast		
8:15 - 8:30 am	Welcome/Opening Ceremony		
8:30 - 10 am	Keynote	Susan Aglukark	<i>Healed Enough</i>
10 - 10:30 am	Break / Exhibits		
10:30 - 11:30 am	Community and Culture	Harlan Pruden (invited)	<i>Words Have Power: Breaking Through Stigma and Negative Bias with Supportive and Respectful Language</i>
	Clinical / Behavioral Health	Joe Law (invited)	<i>Tobacco in Tribal Ceremony vs Commercial Tobacco: Cultural Attunement in Cessation Services</i>
	Recovery Community	Mitch Factor	<i>Building a Healthy Foundation on Healthy Habits</i>
11:30 - 11:45 am	Break / Exhibits		
11:45 - 1:30 pm	Lunch and Plenary	Javoen Byrd, MA	<i>African Drumming for Therapy</i>
1:30 - 2 pm	Break / Exhibits		
2 - 3 pm	Clinical / Behavioral Health	Oblio Stroyman, M.Ed, QMHP-R, CGAC-II, ICGC-II, BACC, LMFT	<i>The Rainbow Connection: We Are All in This Together</i>
	Recovery Community	Ken Martz, MD	<i>Healing Hearts, Calming Minds: Harnessing Meditation for Addiction Recovery</i>
	Innovative Trends & Topics	Ricki Peone (invited)	<i>TBD</i>
3 - 3:30 pm	Break / Exhibits		
3:30 - 5 pm	Afternoon Plenary	Tanna Engdahl (invited)	<i>Gambling and Elders</i>
6 - 8:30 pm	Community Celebration Event and Dinner		
THURSDAY, SEPTEMBER 21			
7 - 8:10 am	Breakfast and Health Fair / Yoga / Meditation		
8:20 - 8:30 am	Welcome and Announcements		
8:30 - 9:45 am	Keynote	Cristina Rabadan-Diehl, PharmD, PhD, MPH	<i>Substance Use Disorders and Gambling in the LatinX Community: Raising Our Community Voices</i>
9:45 - 10:15 am	Break / Exhibits / Hotel Checkout		
10:15 - 11:45 am	Clinical / Behavioral Health	Katy Morseau (invited)	<i>Community Wellness - Against All Odds: Native Youth Gambling</i>
	Community and Culture	Tim Fong, MD	<i>Reflections on the Treatment of Sports Bettors with Gambling Disorder</i>
	Recovery Community	Kitty Martz, CGRM, CGAC-II	<i>Retuning: Supporting Attunement in Recovery</i>
11:45 - 1:30 pm	Lunch and Plenary	Tim Fong, MD	<i>The True Impact of Gambling on AAPI Individuals, Families, and Communities</i>
1:30 - 1:45 pm	Break / Exhibits		
1:45 - 3 pm	Innovative Trends & Topics	Panel	<i>Youth Gaming, eSports, and Video Games</i>
	Recovery Community	Kitty Martz, CGRM, CGAC-II	<i>From Being in Action to Taking Action: Crisis Intervention</i>
	Innovative Trends & Topics	Panel, including Ovie Muntean	<i>Battle Buddies: Supporting Those Who Served with Service Dogs to Combat PTSD</i>
3 - 3:15 pm	Break		
3:15 - 5 pm	Community and Culture	Swil Kanim	<i>Talking Circle Traditions for Treatment Providers</i>

*Schedule is subject to change. Visit www.evergreencpg.org for the latest schedule updates!

Four Directions Fireside Chats and... S'MORES-GASBORD

Tuesday, September 19, 6:30-8:30 pm

What better way to close the summer season than gathering by the fire for traditional storytelling that warms the spirit? Join your friends and colleagues – along with Master Storytellers – for an informal and relaxing evening.

AND - Don't Miss the Amazing S'MORES-GASBORD!

All the traditional ingredients, and some sensational "gourmet" goodies, will inspire you to create your own S'mores Masterpiece!

GENERAL CONFERENCE INFORMATION

CONFERENCE REGISTRATION DEADLINES

- Early Bird registration deadline is **Thursday, August 31, 2023**.
- Regular registration deadline is **Wednesday, September 13, 2023**.
- On-site registration only after **Wednesday, September 13, 2023**. Please do not mail, email, fax, or drop off registration after this date. Visa® or MasterCard® credit or debit cards will be accepted for on-site payment at the conference.

Fill out the attached registration form (page 5) or visit www.evergreencpg.org to register. Call 360.352.6133 if you need assistance.

CONFERENCE SCHOLARSHIPS

Scholarship opportunities available for Washington State treatment providers, peer/recovery coaches, and students/professors in behavioral health, addictions, and counseling programs!

Thanks to partnerships with Washington State Health Care Authority and Recovery Café Network, ECPG offers a limited number of scholarships. Scholarships include full registration fee and hotel stipend (\$75 per night, up to three nights). Treatment providers also receive support for their Washington State Problem Gambling Certification application fee.

The deadline to apply is September 13; applications received after that will be considered only if funding is still available. Call 360.352.6133 or visit www.evergreencpg.org for more details.

Washington State
Health Care Authority



RECOVERY HOSTS OFFER SUPPORT AND COMMUNITY

Individual and community health and wellness is key to ECPG's Mission. For that reason, our Council offers a wide variety of training, outreach, and community support programs, including several multi-day training conferences each year. We are honored to have partners at Tribal Nations, Tribal Behavioral Health and Family Wellness programs, and Tribal Casinos who want to support these efforts. We all play a role and share a responsibility in supporting the communities we serve. We also understand that, for some in recovery, attending a training event at a casino may be triggering or, because of choices to participate in voluntary self-exclusion programs, may not be possible. We respect and recognize that everyone's journey is different and want to offer support for all our attendees throughout the year.

We'll Walk With You

While you're attending **Four Directions**, please practice self-care and take a break if needed. Need something more? Peer and Counselor **Recovery Hosts** will be available to offer support and to walk with you – figuratively and literally. Need a friendly face – a supportive person to talk to or walk with while you attend sessions in the meeting space or travel between the hotel and casino? Just let any ECPG staff member know, or look for the **Recovery Hosts** wearing special identification Buttons/Badges.



ilani Casino Resort

1 Cowlitz Way
Ridgefield, WA 98642
Reservations: 877.464.5264

Conference Guest Room Rates:
\$139/night plus tax - Double Queen or King

**Special rate cut-off date is
September 4, 2023**

When making reservations, identify yourself as a **Four Directions attendee and use Group Code Evergreencpg.*

HOTEL ACCOMMODATIONS

We have reserved a block of rooms for conference attendees at very special rates at the beautiful, new ilani Hotel. Conference rates are offered to attendees based on availability. Room quantities are limited, so reserve your room early. The ilani Hotel offers four-diamond level guest suites and amenities including luxury rooms and suites, an indoor-outdoor pool experience, fitness center, and a signature top-floor restaurant. The luxury rooms and suites feature stunning views of the Cascades and Coast Range. Each room is equipped with free WiFi, free movies on demand, television streaming from your personal device, and locally roasted Keurig coffee pods & maker.



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REGISTRATION FORM

Register online at www.evergreencpg.org | DEADLINE IS SEPTEMBER 13, 2023

REGISTRANT INFORMATION

Name: _____ Credentials: _____
 Position / Title: _____ Agency / Organization: _____
 Address: _____
 City: _____ State/Province: _____ Zip / Postal Code: _____
 Day phone: _____ Cell/Alternate phone: _____
 Email address: _____

REGISTRATION OPTIONS

All amounts shown in US Dollars

	EARLY BIRD ECPG ASSOCIATE By -August 31-	EARLY BIRD NON-ASSOCIATE By -August 31-	ECPG ASSOCIATE After -August 31-	NON-ASSOCIATE After -August 31-	COLLEGE STUDENT	ON-SITE (FOR ALL) After -September 13-
FOUR DIRECTIONS Four-Day Full Conference (includes Community Event) <input type="checkbox"/> (September 18-21)	\$285	\$320	\$320	\$355	\$195	\$395
FOUR DIRECTIONS Two -Day Pre-conference Workshops <input type="checkbox"/> (September 18-19)	\$150	\$170	\$170	\$190	\$95	\$215
FOUR DIRECTIONS Two-Day Main Conference (includes Community Event) <input type="checkbox"/> (September 20-21)	\$190	\$215	\$215	\$240	\$125	\$295

Guest Meals (Breakfast and Lunch): _____ Adults @ \$65/day = \$ _____ Children (8-12 years of age*) @ \$40/day = \$ _____

Community Dinner Event (included in registration fee for Full and Main Conference, RSVP required): yes, I will attend no, I will not attend

Guests - Community Event (RSVP required): _____ Adults @ \$49 = \$ _____ Children (8-12 years of age*) @ \$39 = \$ _____

*We are unable to accommodate children younger than 8 years old.

TOTAL AMOUNT ENCLOSED:

US \$

Would you like to be added to ECPG's mailing list?

Yes, please No, thank you

How did you hear about this conference?

Brochure mailing Referral Search Engine
 ECPG Website Email Other _____

YES! I'D LIKE TO BECOME AN ECPG ASSOCIATE AND SAVE ON MY REGISTRATION! (see reverse for Associate form)

- **CANCELLATION POLICY:** Refunds will be issued, less a \$50 administrative fee, if received in writing by **September 8, 2023**. Refunds will not be issued after that date.
- Students must provide proof of current enrollment.
- To become an ECPG Associate, fill out the application on the Special Associate Offer page or visit www.evergreencpg.org/ECPGAssociate.

DIETARY RESTRICTIONS and/or DISABILITIES (Please note - only the following dietary restrictions can be accommodated)

I have the following dietary restrictions: Gluten-Free Low Sodium Peanut Allergy Sugar-Free Vegan Vegetarian

I require the following under the Americans with Disabilities Act: _____

METHOD OF PAYMENT

Visa® MasterCard® Money Order

Credit Card #: _____

Check # (US dollars only): _____

Make checks payable to Evergreen Council on Problem Gambling

Expiration: _____ CSC #: _____ Billing Zip: _____
 (3 digits on back of credit card)

Signature: _____

Name on check: _____
 (if different from registrant)

MAIL, EMAIL, FAX, OR DROP OFF THIS FORM WITH PAYMENT TO:

Evergreen Council on Problem Gambling

1821 Fourth Avenue East | Olympia, WA 98506

P: 360.352.6133 | F: 360.352.4133 | kbishop@evergreencpg.org



EVERGREEN
 council on problem gambling

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SPECIAL ASSOCIATE/MEMBER OFFER

Join both  EVERGREEN council on problem gambling and  NCPG and save up to **\$55!**

That's like becoming an ECPG Associate FREE!

As an ECPG Associate, you'll receive Associate discounted rates on all of our Quarterly Trainings and Conferences - all of which offer Continuing Education Units from many association and certification boards, such as:

- Mental Health and Addiction Certification Board of Oregon (MHACBO)
- American Academy of Health Care Providers in Addictive Disorders (AAHCPAD)
 - The Association for Addiction Professionals (NAADAC)
- International Gambling Counselor Certification Board (IGCCB)

ECPG Individual Associate benefits also include discounts on Certification Training Workshops, a subscription to our Quarterly Newsletter, and an Associate Certificate suitable for display.

NEW ASSOCIATE INFORMATION

Name: _____ Company: _____
Address: _____ Apt./Suite: _____
City: _____ State/Province: _____ Zip/Postal: _____
Phone: _____ Fax: _____
Email address: _____

All fields are required

ASSOCIATE OPTIONS

- \$39 USD** ECPG Associate **\$25 USD** ECPG Prime Associate—Age 65+ **\$20 USD** ECPG Student Associate

Special Associate discounted fees on quarterly trainings and conference registration (all offer CEUs), certification training workshops, quarterly newsletter, and an Associate certificate.

- \$84 USD** Joint ECPG Associate & NCPG Individual Membership—Includes ECPG Associate benefits plus full National voting rights, 1-year subscription to NCPG newsletter, member certificate, bimonthly subscription to *Addiction Professional* as well as discounts on literature and conferences. This special offer is a \$129 value! The cost of NCPG Individual Membership alone is \$80 when purchased directly. Save \$45 through ECPG!
- \$124 USD** Joint ECPG & NCPG Individual Plus Member—Includes all the benefits of ECPG Associate & NCPG Individual Member level, with the addition of a subscription to *International Gambling Studies*, a peer-reviewed interdisciplinary journal in gambling studies. This special offer is a \$179 value! The cost of NCPG Individual Plus Membership alone is \$125 when purchased directly. Save \$55 through ECPG!

PAYMENT OPTIONS

Today's Date: _____ Credit Card #: _____
Method of Payment: Visa® MasterCard® Money Order Expiration Date: _____ CVV #: _____ Billing Zip: _____
Check # (US dollars only): _____ (3 digits on back of credit card)
Checks payable to Evergreen Council on Problem Gambling Signature: _____



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EvergreenCPG



@EvergreenCPG



ECPGgambling

CONFERENCE COORDINATOR

Evergreen Council on Problem Gambling

The Evergreen Council on Problem Gambling (ECPG) is dedicated to increasing awareness of public health issues around problem gambling and gaming, expanding the availability and integration of services, and supporting advocacy, research, and programs for education, prevention, treatment, and responsible gambling and gaming. We provide confidential support for Washington State residents through our 24-hour Problem Gambling Helpline (800.547.6133) via phone, text, and chat, and public awareness, education, prevention, and resource development services for individuals, families, employers, students, the gaming industry, and business and community groups. ECPG also provides qualified training and certification programs and continuing education units (CEUs) for treatment professionals.



EVERGREEN
council on problem gambling

The Council offers support for residential and outpatient treatment for those affected by gambling and their loved ones, as well as education and public awareness programs to a wide variety of community and professional groups through presentations. The Council works with the gaming industry to provide employee training and responsible gaming policy and program development, and offers a Responsible Gaming Certification program.

The Evergreen Council on Problem Gambling is pleased to work with schools and youth groups, educators and PTAs, civic and social service organizations, and others to develop and tailor education and awareness programs to meet your needs. For more information, or to schedule a presentation, call our office at 360.352.6133.

CONFERENCE HOST



Cowlitz Indian Tribe
The Forever People

The Cowlitz Indian Tribe is a growing force in community building in the Pacific Northwest. The Cowlitz Reservation neighbors Ridgefield, WA, and is home to ilani, the Pacific Northwest's premier gaming, dining, meeting, and entertainment destination. The mission of the Cowlitz Indian Tribe is to preserve and honor the legacy of its elders and ancestors by empowering a tribal community that promotes social justice and economic well-being, secures aboriginal lands, respects culture and sovereignty, and fosters justice, freedom, and mutual welfare. More information can be found at www.cowlitz.org.

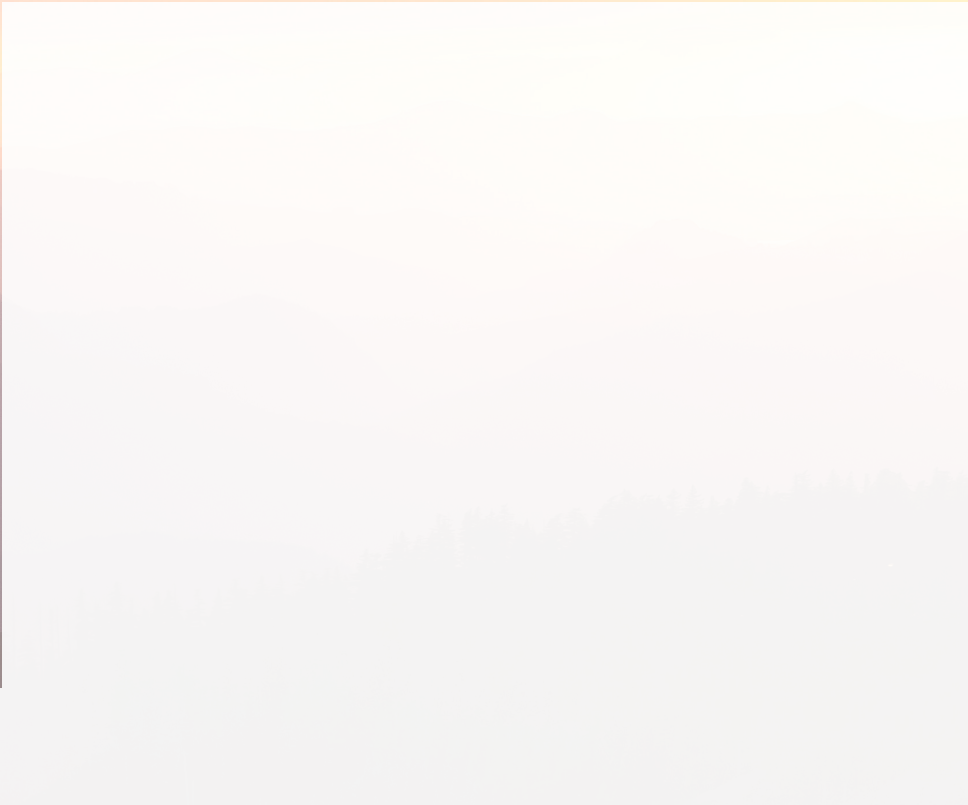
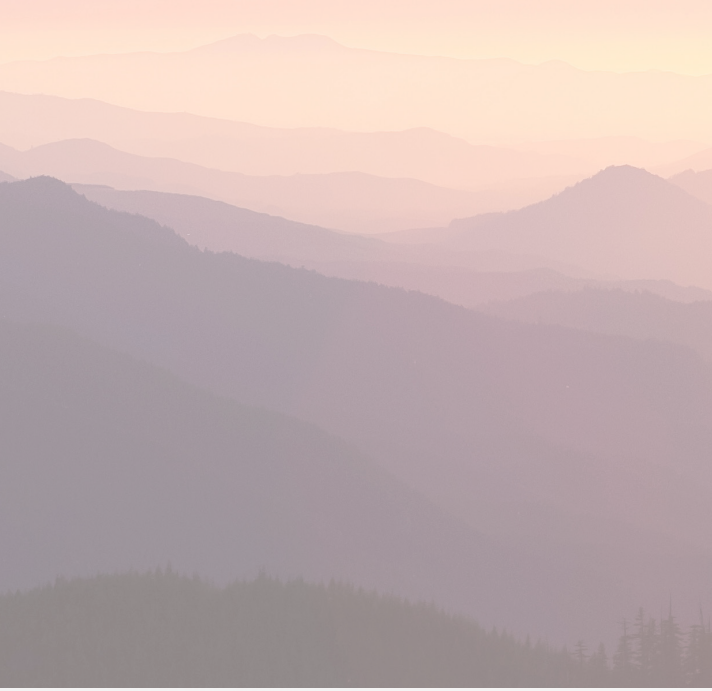
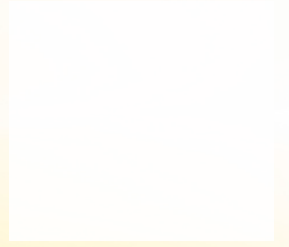
CONTINUING EDUCATION UNITS

All ECPG-related workshops qualify toward the 30 hours of gambling-specific education required by the Washington State Certification Committee and the International Gambling Counselor Certification Board. Please visit www.evergreencpg.org and www.igccb.org for a full list of all Certification requirements. Evergreen Council on Problem Gambling is an Approved Provider of Continuing Education by The Association for Addiction Professionals (NAADAC) and the International Gambling Counselor Certification Board (IGCCB). Our workshops have also been approved for continuing education by the Mental Health and Addictions Certification Board of Oregon (MHACBO), and the American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD). ECPG also applies for CEU approval from the Canadian Problem Gambling Certification Board (CPGCB).



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1821 Fourth Avenue East
Olympia, WA 98506



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September 18 - 21, 2023

ilani Casino Resort | Ridgefield, WA

Conference Highlights

- **Clinical/Behavioral Health:** Equine Therapy; Group Therapy; Reflections on the Treatment of Sports Bettors with Gambling Disorder
- **Community and Culture:** African Drumming for Therapy; Culturally Responsive Assessment and Treatment Planning; Outreach/Prevention in Rural Communities
- **Innovative Trends:** Battle Buddies: Supporting Those Who Served with Service Dogs to Combat PTSD; Slow it Down! Organizing Finances in a Digital Age of Gambling, Stock Trading, Bitcoin, Financial Shockwaves, and Retirement Planning
- **Recovery Community:** From Being in Action to Taking Action: Crisis Intervention; Healing Hearts, Calming Minds: Harnessing Meditation for Addiction Recovery; Medicine Wheel as it Pertains to Recovery



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