



FOUR DIRECTIONS

Problem Gambling and Health Awareness Conference

September 19 – 22, 2022



**Conference
Coordinator**



EVERGREEN
council on problem gambling

**Conference
Partner**



SQUAXIN ISLAND TRIBE





THANK YOU TO OUR SPONSORS

CONFERENCE PARTNER



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Cowlitz Indian Tribe



ilani



The Puyallup Tribe





FOUR DIRECTIONS

Problem Gambling and Health Awareness Conference

Welcome

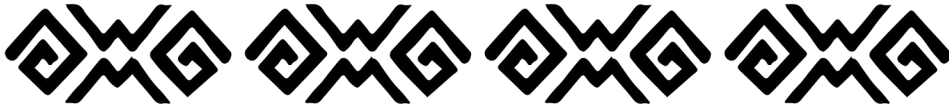
We are honored to celebrate more than a decade of working together, learning together, and sharing together at **Four Directions**. Without the focused commitment and dedication of Tribal leaders, behavioral health directors and counselors, education and prevention experts, gaming industry representatives, and organizations such as the Evergreen Council on Problem Gambling, to improving access to programs and services that really make a difference, we simply would not be where we are today.

Where we are is a very exciting place. Treatment services, prevention and awareness programs and, of course, important training opportunities such as **Four Directions**, continue to grow in quality and to reach more and more people in our communities. There is still much work to be done and many goals that require continued collaboration and support. Ensuring both greater awareness of and enhanced access to quality treatment and recovery supports that meet individual needs with cultural awareness and respect is crucial.

Four Directions is a starting point for some of those changes – and with your help, we want to do our best to make sure we are setting off in the right direction. We have more than a decade of good work at **Four Directions** behind us, and an exciting, if challenging, future ahead of us. We're very pleased to have you here to learn and share in order to help others on their journey, as well.

Thank you!





CONFERENCE COORDINATOR

Evergreen Council on Problem Gambling

The Evergreen Council on Problem Gambling (ECPG) is dedicated to increasing awareness of public health issues around problem gambling and gaming, expanding the availability and integration of services, and supporting advocacy, research, and programs for education, prevention, treatment, recovery, and responsible gambling and gaming. We provide confidential support for Washington State residents through our 24-hour Problem Gambling Helpline (**800.547.6133**), available through phone, text, and chat.

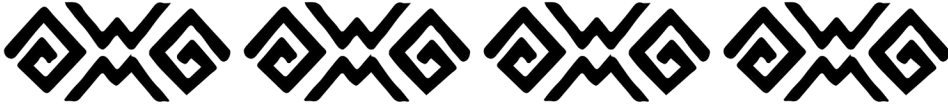


EVERGREEN
council on problem gambling

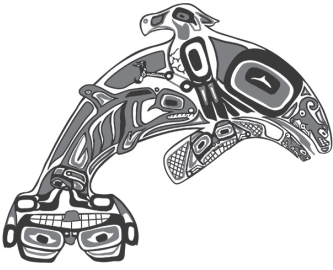
The Council offers support for residential and outpatient treatment for people suffering from gambling-related problems and family members, as well as education and public awareness programs to a wide variety of community and professional groups through presentations, including qualified training for certification and continuing education hours. The Council supports Recovery Community services, including peer/coach trainings. ECPG works with the Gaming Industry to provide employee training and responsible gaming policy and program development, and offers a Responsible Gaming Certification program.

The Evergreen Council on Problem Gambling is pleased to work with schools, civic and social service organizations, and others to develop and tailor education and awareness programs. For more information call **360.352.6133** or visit **www.evergreencpg.org**.





CONFERENCE PARTNER



Squaxin Island Tribe

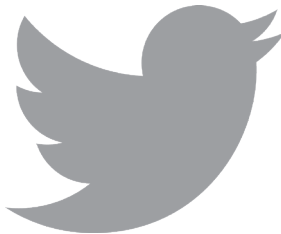
People of the Water

We are descendants of the maritime people who lived and prospered along the shores of the southernmost inlets of the Salish Sea for untold centuries. Because of our strong cultural connection with the water, we are also known as the *People of the Water*. We are the Noo-Seh-Chatl of Henderson Inlet; Steh-Chass of Budd Inlet; Squi-Aitl of Eld Inlet; Sawamish/T'Peeksin of Totten Inlet; Sa-Heh-Wa-Mish of Hammersley Inlet; Squawksin of Case Inlet; and S'Hotle-Ma-Mish of Carr Inlet.

STAY SOCIAL!



Facebook.com/
EvergreenCPG



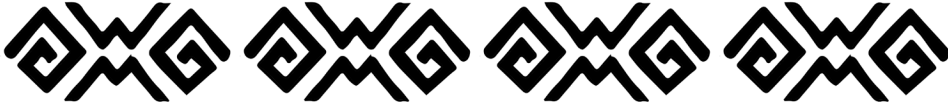
@EvergreenCPG



ECPGambing

Share photos and your favorite moments during the conference!
Use hashtag **#FourDirections2022**





COMMUNITY CELEBRATION EVENT

Wednesday, September 21 from 6 - 8:30 pm

Included in Main Conference Registration

Guest Tickets available at Registration Desk:

Adult \$49, Youth (ages 8-12) \$39

Event will be held in the Sa-Heh-Wa-Mish room

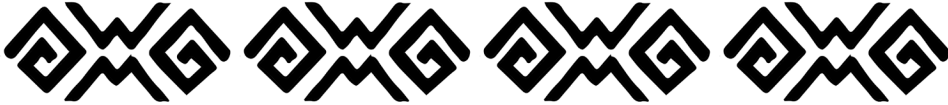
"In every community, there is work to be done. In every nation, there are wounds to heal. In every heart, there is the power to do it."

—Marianne Williamson

Community connects us, supports us, and is essential to our well being. As we come together at ***Four Directions***, we share the rich resources of wisdom and experience as we work with and learn from each other. It is also important to take time to share laughter, break bread, and celebrate. This year's Community Event celebrates the rich heritage of the past, the successes and challenges of our present, and the hopes and dreams for our future.

This special event; this beautiful meal; this wonderful celebration is a chance to share as a community, enjoy traditional and contemporary music, dance, and performance art.





Schedule At-a-Glance

Monday, September 19, 2022 - Pre-Conference Workshops				
7 - 8 am	Breakfast Buffet			Sa-Heh-Wa-Mish
8 am - 5 pm	Recovery Community	<i>Recovery Coach Academy® - Day 1</i> (Pre-registration required)	Michael Serrano	Grand Ballroom A
	Community & Culture	<i>Improving Government to Government Relations with the Federally Recognized Tribes</i>	Gordon James	Squi-Aitl
8 am - 3 pm	Clinical / Behavioral Health	<i>Clinical Supervision</i>	Wiley Harwell	Grand Ballroom B-C
Tuesday, September 20, 2022 - Pre-Conference Workshops				
7 - 8 am	Breakfast Buffet			Sa-Heh-Wa-Mish
8 am - 5 pm	Recovery Community	<i>Recovery Coach Academy® - Day 2</i> (Pre-registration required)	Michael Serrano	Grand Ballroom A
8 am - 2:45 pm	Clinical / Behavioral Health	<i>Helping Individuals and Their Loved Ones Be Together in Recovery</i>	Wiley Harwell	Grand Ballroom B-C
8 am - Noon	Clinical / Behavioral Health	<i>Anger and Spirituality in the Virtual World of the Xbox Gaming Client</i>	Carol McGinnis	Squi-Aitl
1 - 5 pm	Innovative Trends & Topics	<i>If I Can't Balance My Checkbook, How Can I Help You Balance Yours?</i>	Jerry Bauerkemper	Squi-Aitl

CEU ACCREDITATION AVAILABLE FROM:

Mental Health and Addiction Certification Board of Oregon (MHACBO)
American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD)
Association for Addiction Professionals (NAADAC)
International Gambling Counselor Certification Board (IGCCB)
Canadian Problem Gambling Certification Board (CPGCB) - applied

UPPER SKAGIT INDIAN TRIBE



Four Directions





FOUR DIRECTIONS

Pre-Conference Workshop Schedule

Monday, September 19

7 - 8 am

SA-HEH-WA-MISH

Breakfast Buffet

8 am - Noon; 1 - 5 pm

GRAND BALLROOM A

Recovery Coach Academy©

Michael Serrano, RCPCF

(Day 1 of 4-day Session) (Pre-registration required)

The CCAR Recovery Coach Academy © is an intensive training academy focusing on providing individuals with the skills needed to guide, mentor, and support anyone who would like to enter or sustain long-term recovery from an addiction to alcohol or other drugs. Provided in a retreat-like environment, the CCAR Recovery Coach Academy © prepares participants by helping them to actively listen, ask really good questions, and discover and manage their own stuff.

8 am - Noon; 1 - 5 pm

SQUI-AITL

Improving Government to Government

Gordon James

Relations with the Federally Recognized Tribes

The training covers four main topic areas: (1) Cultural Considerations, (2) Selected Legal Impacts, (3) Tribal Sovereignty, and (4) Tribal Government. The training day will involve a series of approximately 50-60 minute lessons followed by 10 minute breaks, and includes a one-hour break for lunch.

8 am - Noon; 1 - 3 pm

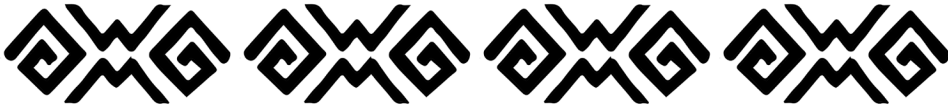
GRAND BALLROOM B-C

Clinical Supervision

Wiley Harwell, D.Min, LPC,
ICGC-II, CGT

An exploration of the dynamics of clinical supervision using the Integrative Development Model and a comparison of learning a mindfulness practice. This workshop will take the learner through a comprehensive model of two disciplines to illustrate how learning a new skill in one practice can be applied in principle to a multitude of skills. This presentation is a demonstration of the learning process of the young counselor and how to guide them to higher levels of competency.





Monday, September 19 (continued)

Noon - 1 pm

SA-HEH-WA-MISH

Lunch

Tuesday, September 20

7 - 8 am

SA-HEH-WA-MISH

Breakfast Buffet

8 am - Noon; 1 - 5 pm

GRAND BALLROOM A

Recovery Coach Academy ©

Michael Serrano, RCPF

(Day 2 of 4-day Session) (Pre-registration required)

8 am - Noon; 1 - 2:45 pm

GRAND BALLROOM B-C

*Helping Individuals and Their Loved Ones Be
Together in Recovery*

Wiley Harwell, D.Min, LPC,
ICGC-II, CGT

This workshop will provide experience with mindfulness-based interventions that develop and strengthen the capacity to compassionately hold pleasant and unpleasant feelings, and in assisting both those with gambling disorder and their concerned others/loved ones with mindful/motivational strategies for relating to themselves and each other with acceptance and compassion. We will also describe the neurophysiology of mindfulness and compassion practices as they relate to emotional tolerance and gambling disorder recovery.

8 am - Noon

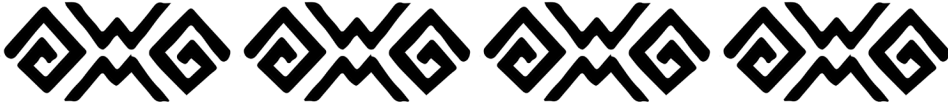
SQUI-AITL

*Anger and Spirituality in the Virtual World of
the Xbox Gaming Client*

Carol McGinnis, PhD, SIP, BC-TMH,
NCC, LCPC (MD)

Xbox videogaming is a multi-billion-dollar industry that is larger than the movie and music industry combined. In the United States, console videogaming continues to grow in popularity despite competition from the mobile and PC gaming business with adult consumers as well as children. Clients who need mental health services are likely to engage in this activity on a regular basis and can benefit from practitioner care that incorporates this virtual environment as part of psychotherapy. This presentation will tackle the intersection of anger and spirituality in the virtual world of the Xbox gaming client through discussion and interactive exercises.





Tuesday, September 20 (continued)

1-5 pm

SQUI-AITL

If I Can't Balance My Checkbook, How Can I Help You Balance Yours?

Jerry Bauerkemper, BS, CCGC

The purpose of this workshop is to provide an understanding of the importance of finances to the recovery process of those who are struggling with a gambling issue. Counselors will begin to develop an understanding of how to provide financial budgeting and pay back methods for those gambling and their families. Further, the counselor will have hands-on knowledge of how the budgeting process works by creating their own budget as part of the workshop.

Noon - 1 pm

SA-HEH-WA-MISH

Lunch

Cowlitz Tribal Treatment

Problem Gambling



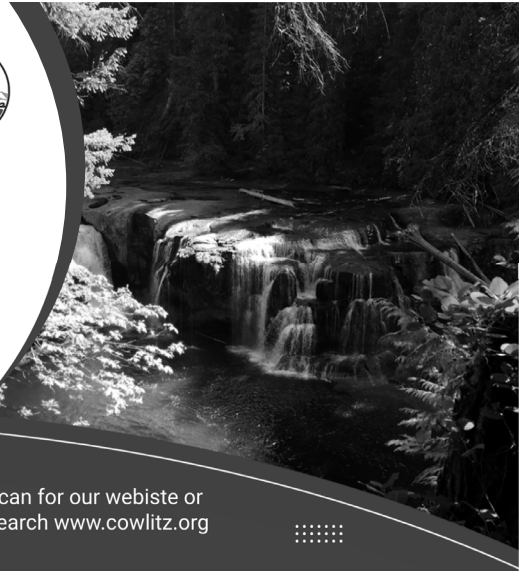
Cowlitz Tribal Treatment offers problem gambling treatment to ALL individuals and their family members. If you or a loved one are struggling with gambling call us for confidential help.



Longview: 360-575-3316
Vancouver: 360-947-2247

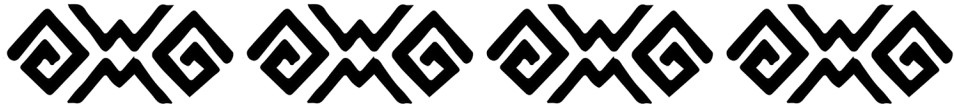


Scan for our website or
search www.cowlitz.org



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FOUR DIRECTIONS

Main Conference Schedule

Wednesday, September 21

7 - 8:15 am

SA-HEH-WA-MISH

Prayer and Breakfast Buffet

8 am - 5 pm

GRAND BALLROOM A

Recovery Coach Academy ©

Michael Serrano, RCPF

(Day 3 of 4-day Session) (Pre-registration required)

8:20 - 8:30 am

SA-HEH-WA-MISH

Welcome & Opening Ceremony

8:30 - 10 am

SA-HEH-WA-MISH

*Missing and Murdered Indigenous Women's and
People's Alert System*

Keynote

Annie Forsman-Adams

In the keynote address, Annie Forsman-Adams (Suquamish) will guide participants in understanding the missing and murdered indigenous women and people (MMIWP) crisis throughout the Pacific Northwest, including the historical context and the current efforts by the WA State MMIWP Task Force to address violence against Indigenous people.

10 - 10:30 am

FOYER

Break / Exhibits

10:30 - 11:30 am

CONCURRENT WORKSHOPS

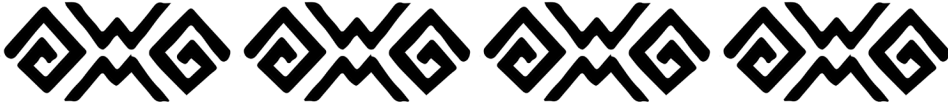
Culturally Creative Therapeutic Techniques

GRAND BALLROOM B-C

Sarah Sense-Wilson, MA, LMHC, SUDP, WSCGC-II

This presentation will discuss various techniques, methods, and activities to support culturally responsive and diverse group populations to explore and examine recovery and self-discovery, with an emphasis on Indigenous worldview, values, and concepts while challenging colonial and western attitudes on illness, health, and wellness. The presentation will be interactive and experiential.





Wednesday, September 21 (continued)

Non-Anonymous: Recovery in the Public Eye

SQUI-AITL

Kitty Martz, CGRM, CGAC-II

This presentation will tell the story of a neurodiverse LGBTQ houseless woman in the throes of gambling addiction who selected visible, public paths of navigating recovery and how these choices relate to accountability, stigma, relapse, and a sense of purpose.

Culture of Caring: A Tribal Values-Driven Responsible Gaming Program

STEH-CHASS

Jacob Coin and Jennifer Shatley, PhD, DPP

For more than 25 years, UNLV International Gaming Institute has provided research-based solutions, cutting-edge insights, and executive education to the gaming industry. In 2020, UNLV received a \$9M donation from the San Manuel Band of Mission Indians to develop education initiatives in the areas of tribal gaming operations and law, including developing a fully customized and innovative responsible gaming program that incorporates the input of Tribal leadership, executive management, team members, and guests.

11:30 am - Noon

FOYER

Break / Exhibits

Noon - 1:30 pm

SA-HEH-WA-MISH

Healed Enough

Lunch Plenary

Susan Aglukark, OC

Susan blends her singing with her messages of hope for, and the history of, her people, the Inuk of Arctic Canada. She weaves words and music and lyrics into hopes and ideas for a better, hopeful, thriving future for the Aboriginal people. Susan addresses universal issues such as social problems, health problems in Aboriginal communities and its links to rapid change, how to cope with rapid change, and the effects of colonization, along with many other issues.

1:30 - 2 pm

FOYER

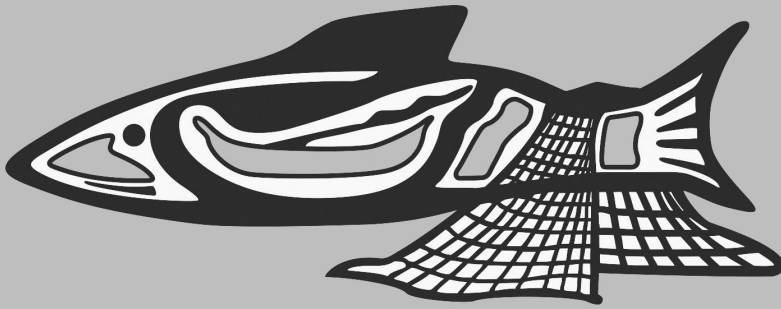
Break / Exhibits





Sq^wali ʔabš

people of the river ~ people of the grass

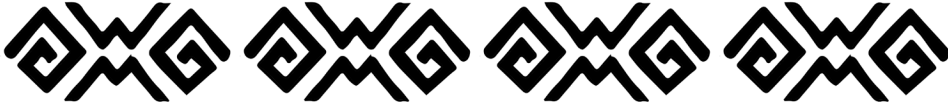


“Whatever the future holds, do not forget who you are!
Teach your children, your children’s children, and then teach
their children also. Teach them the pride of a great people...
A time will come again when they will celebrate together with joy.
When that happens my spirit will be there with you.”

Leschi, Last Chief of the Nisquallies

1808 ~ 1858





Wednesday, September 21 (continued)

2 - 3 pm

CONCURRENT WORKSHOPS

Art and Healing - Incorporating Traditional Art into Therapeutic Practices

STEH-CHASS

Swil Kanim and Gene Tagaban

The Healing Power of the Arts – through stories and music, audience members will recognize that there are ways that they can choose to make them happy. They will learn about the power of music and storytelling and the feelings that can be created through the arts. We are all stories waiting to be told.

Suicide and Northwest Tribes

GRAND BALLROOM B-C

Colbie Caughlan, MPH and Maleah Nore, BA

This presentation covers an array of suicide prevention resources, interventions, and programs that the Northwest Portland Area Indian Health Board's (NPAIHB) suicide prevention project, THRIVE, has created, partnered on, or disseminated for the NW Tribes. For example, the mental health and suicide prevention programs, including the Caring Text Message Intervention that was culturally tailored for AI/AN youth and college students. THRIVE staff will share social marketing and media materials with attendees, including information about the new three-digit mental health crisis line (988) and how to promote it.

Two-Spirit Teachings: Honoring the Sacred Space Between and Within All of Us (Part 1)

SQUI-AITL

Harlan Pruden

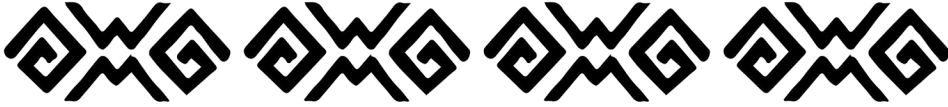
This presentation explores the concepts of Indigenous notions and practices of gender, sex, and sexuality by featuring some of the socio-historical documentation from a nation-specific standpoint while supplementing these records and narratives with a deconstructed colonial account(s). A brief overview is offered on how this burgeoning body of knowledge is used to (re)claim and restore respect, honor, and dignity for today's Two-Spirit individuals and communities as they navigate and negotiate Indigenous and LGBTQI+ spaces, places, and communities.

3 - 3:30 pm

FOYER

Break / Exhibits





Wednesday, September 21 (continued)

3:30 - 5 pm

SA-HEH-WA-MISH

***Environment and Land-based Healing Practices
Guided by Ancestral Teachings***

Afternoon Plenary

Michelle Johnson-Jennings, PhD, EdM

This presentation will discuss how Indigenous health has been impacted by historical trauma and compounded by ongoing stressors, which contribute to addiction and chronic disease risks today.

6 - 8:30 pm

SA-HEH-WA-MISH

Community Celebration Event and Dinner

For details on the event, please see page 4 of the program. Please join us for this celebration dinner and Community Event – included in your main conference registration. Guest tickets available at Registration Desk.

Thursday, September 22

7 - 8:15 am

SA-HEH-WA-MISH

Breakfast Buffet

8 am - 4 pm

GRAND BALLROOM A

***Recovery Coach Academy ©
(Day 4 of 4-day Session)***

Michael Serrano, RCPF

8:15 - 8:30 am

SA-HEH-WA-MISH

Welcome and Announcements

8:30 - 9:45 am

SA-HEH-WA-MISH

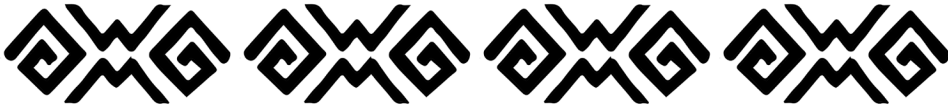
It's Never Too Late... NDN Time

Keynote

Dallas Arcand

Dallas Arcand tells the story of his life and how he learned to invest his efforts, time, and focus into Indigenous culture, education, and the arts. He breaks it down to a simple formula of always going on the hunt like a warrior, respecting the land, always making proper offerings, and observing your environment and surroundings; planning and preparation is the key to successful survival and the balance of life process.

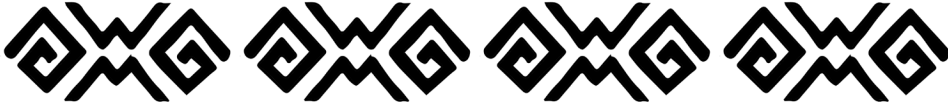




Schedule At-a-Glance

Wednesday, September 21, 2022				
7 - 8:15 am	Breakfast Buffet			Sa-Heh-Wa-Mish
8 am - 5 pm	Recovery Community	Recovery Coach Academy© - Day 3	Michael Serrano	Grand Ballroom A
8 :20 - 8:30 am	Welcome and Opening Ceremony			Sa-Heh-Wa-Mish
8:30 - 10 am	Keynote	Missing and Murdered Indigenous Women's and People's Alert System	Annie Forsman-Adams	Sa-Heh-Wa-Mish
10 - 10:30 am	Break / Exhibits			Foyer
10:30 - 11:30 am	Clinical / Behavioral Health	Culturally Creative Therapeutic Techniques	Sarah Sense-Wilson	Grand Ballroom B-C
	Community & Culture	Non-Anonymous: Recovery in the Public Eye	Kitty Martz	Squi-Aitl
	Global & Responsible Gaming	Culture of Caring: A Tribal Values-Driven Repsonible Gaming Program	Jacob Coin, Jennifer Shatley	Steh-Chass
11:30 - noon	Break / Exhibits			Foyer
Noon - 1:30 pm	Lunch Plenary	Healed Enough	Susan Aglukark	Sa-Heh-Wa-Mish
1:30 - 2 pm	Break / Exhibits			Foyer
2 - 3 pm	Clinical / Behavioral Health	Art and Healing - Incorporating Traditional Art into Therapeutic Practices	Swil Kanim, Gene Tagaban	Steh-Chass
	Community & Culture	Suicide and Northwest Tribes	Colbie Caughlan, Maleah Nore	Grand Ballroom B-C
	Community / Culture	Two-Spirit Teachings: Honoring the Sacred Space Between and Within All of Us (Part 1)	Harlan Pruden	Squi-Aitl
3:15 - 3:30 pm	Break / Exhibits			Foyer
3:30 - 5 pm	Afternoon Plenary	Environment and Land-based Healing Practices Guided by Ancestral Teachings	Michelle Johnson-Jennings	Sa-Heh-Wa-Mish
6 - 8:30 pm	Community Celebration Event and Dinner			Sa-Heh-Wa-Mish
Thursday, September 22, 2022				
7 - 8:15 am	Breakfast Buffet			Sa-Heh-Wa-Mish
8 am - 4 pm	Recovery Community	Recovery Coach Academy© - Day 3	Michael Serrano	Grand Ballroom A
8:15 - 8:30 am	Welcome and Announcements			Sa-Heh-Wa-Mish

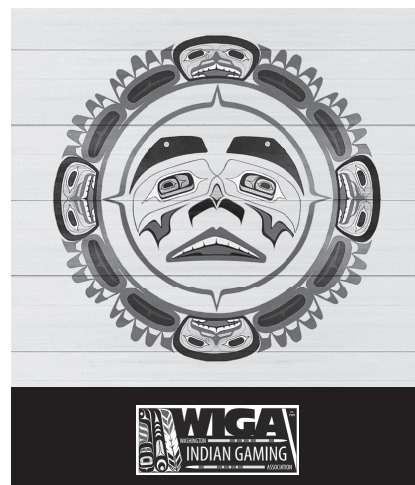


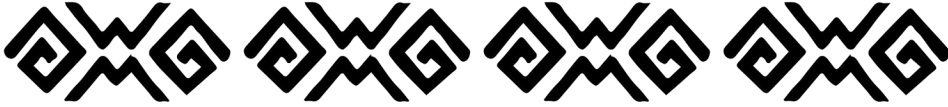


8:30 - 9:45 am	Keynote	<i>It's Never Too Late... NDN Time</i>	Dallas Arcand	Sa-Heh-Wa-Mish
9:45 - 10:15 am	Break / Exhibits / Hotel Checkout			Foyer
10:15 - 11:45 am	Clinical / Behavioral Health	<i>Cognitive Distortions Related to Treatment Outcomes</i>	David Ledgerwood	Steh-Chass
	Community & Culture	<i>Suicide and Gambling</i>	Jerry Bauerkemper	Grand Ballroom B-C
	Innovative Trends & Topics	<i>What is Being Done in Problem Gaming Treatment Research Exploring the Psychotherapeutic Techniques Used Within the Research Literature</i>	Marie-Claire Conlin, Mahfuz Hassan	Squi-Aitl
11:45 am - 1:30 pm	Lunch Plenary	<i>The Wisdom of the Drum</i>	Javoen Byrd	Sa-Heh-Wa-Mish
1:45 - 3:15 pm	Clinical / Behavioral Health	<i>Gambling Disorder and Trauma: Comparing Seeking Safety to CBT</i>	David Ledgerwood	Steh-Chass
	Community & Culture	<i>Two-Spirit Teachings: Honoring the Sacred Space Between and Within All of Us (Part 1)</i>	Harlan Pruden	Squi-Aitl
	Community & Culture	<i>Supervision Through an Anti-Oppression Lens</i>	Shannon Solie	Grand Ballroom B-C
	Afternoon Plenary	<i>Talking Circle Traditions for Treatment Providers</i>	Swil Kanim, Gene Tagaban	Sa-Heh-Wa-Mish



When facing
gambling addiction,
we are all in it together.





Thursday, September 22 (continued)

9:45 - 10:15 am

FOYER

Break / Exhibits / Hotel Checkout

10:15 - 11:45 am

CONCURRENT WORKSHOPS

Cognitive Distortions Related to Treatment Outcomes

STEH-CHASS

David Ledgerwood, PhD, LP

Cognitive distortions are a prominent feature of gambling disorder (GD), and reductions in distortions are essential for treatment success. In this presentation, Dr. Ledgerwood describes the importance of cognitive distortions for the development and maintenance of gambling problems. Factors associated with improvements in cognitive distortions will be presented, and we will discuss the implications of these findings for treatment of GD.

Suicide and Gambling

GRAND BALLROOM B-C

Jerry Bauerkemper, BS, CCGC

Individuals negatively impacted by their or a loved one's gambling are more likely than the general public, and even those with other addictive disorders, to contemplate and/or attempt suicide. Participants will learn about a counseling approach to addressing problem gambling through prevention and treatment services. Participants will also be provided counseling tips to best support and treat problem gambling patients experiencing suicidal ideation.

What is Being Done in Problem Gambling Treatment Research? Exploring the Psychotherapeutic Techniques Used Within the Research Literature

SQUI-AITL

Marie-Claire Conlin, BA, MSc and Mahfuz Hassan, BA, BCBA

Treatment for problem video gaming is an emerging field with limited research-based support to inform clinical decision-making. This presentation outlines the steps taken to summarize psychotherapeutic techniques found in 26 peer-reviewed publications as well as discuss some of the limitations of the current research field. Psychotherapeutic techniques in problem gambling and problem gaming research will be compared.





Thursday, September 22 (continued)

11:45 - 1:30 pm

SA-HEH-WA-MISH

The Wisdom of the Drum

Lunch Plenary

Javoen Byrd, MA

This will be a discussion on the use of music and rhythm for healing. We will explore West African drumming from the Southwest Region of Nigeria, and evidence-based drum programs created in the United States.

1:30 - 1:45 pm

FOYER

Break / Exhibits

1:45 - 3:15 pm

CONCURRENT WORKSHOPS

Gambling Disorder and Trauma: Comparing Seeking Safety to CBT

STEH-CHASS

David Ledgerwood, PhD, LP

Most research on the effectiveness of behavioral treatments for gambling disorder (GD) have focused only on gambling and the symptoms of GD. Decades of studies have shown that the vast majority of individuals with GD also have other psychiatric conditions. Very few studies have explored treatment approaches that treat GD concurrently with other conditions, such as depression, substance use disorder, or post-traumatic stress disorder (PTSD). Dr. Ledgerwood will integrate research and case examples to demonstrate the need for treating GD and co-occurring conditions concurrently.

Two-Spirit Teachings: Honoring the Sacred Space Between and Within All of Us (Part 2)

SQUI-AITL

Harlan Pruden

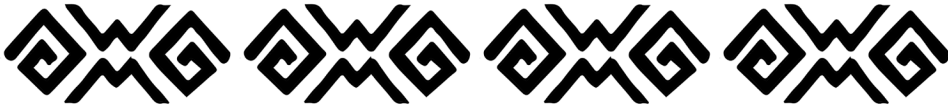
Supervision Through an Anti-Opresion Lens

GRAND BALLROOM B-C

Shannon Solie, MA, LMHC

This workshop will focus on helping supervisors (clinical specifically but includes elements for supervisors of all types) to assess and support supervisees to work with historically oppressed populations with humility, understanding, and in-depth analysis of ways that systemic and relational oppression affects mental health, substance use, physical health, and interpersonal dynamics.





Thursday, September 22 (continued)

3:15 - 3:30 pm

FOYER

Break

3:30 - 5 pm

SA-HEH-WA-MISH

Talking Circle Traditions for Treatment Providers

Afternoon Plenary

Swil Kanim and Gene Tagaban

Talking circles, peacemaking circles, or healing circles are deeply rooted in the traditional practices of Indigenous peoples. Talking Circles foster respectful listening and reflection. Gene and Swil Kanim will explain the healing tradition of the Talking Circle and how it can be used as a powerful tool for treatment to create a safe, non-judgmental place to engage in sharing authentic personal reactions and feelings that are owned by each individual and acknowledged by others. Attendees are welcome to participate or observe.




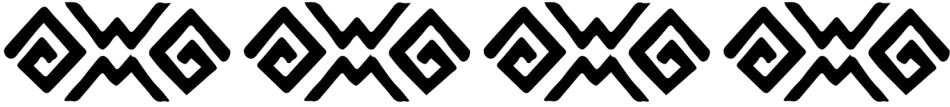
Join in a Special Talking Circle Event

***Thursday, September 22, from 3:30 - 5 pm in the
Sa-Heh-Wa-Mish room (CEUs available)***

Gene Tagaban and Swil Kanim will facilitate this session about the healing tradition of the Talking Circle and how it can be used as a powerful treatment tool.

It is a safe place where all present have the opportunity to speak and share without interruption or judgment. Participants may choose to remain quiet and go within, and can still gain much by being truly present.





**I WON
MY CULTURE
BACK**

**PROBLEM GAMBLING HURTS
TREATMENT WORKS**

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INDIAN TRIBE**

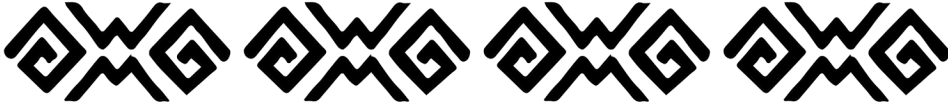


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Presenters

Susan Aglukark, OC, is Nunavut's first ever Juno Award winning Inuk singer/songwriter. She grew up in Arviat, Nunavut and with "no musical orthodoxy" to draw from, Susan's early years were spent learning as she was headlining. Susan's early writing (The Arctic Rose-1992) was a series of songs drawn from the thing she had left, a life of uncertainty. The past 25 years and the following 7 albums has seen Susan set on a path of personal discoveries, cultural reconnections and personal healing, a very different path than the one she imagined when she left her home.



Dallas Arcand is an accomplished singer, flutist, recording artist, and an in-demand motivational speaker facilitating workshops for Aboriginal people of all ages, speaking on topics ranging from self-awareness to personal motivation. Dallas has worked with young artists on creative writing, personal recording, music, and dance. A graduate of Mount Royal College with a General Studies Diploma majoring in Behavioural Sciences, Dallas now delights in sharing his culture through this athletic and creative art form.

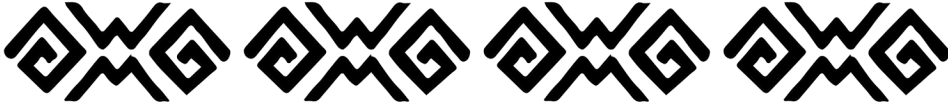


Jerry Bauerkemper, BS, CCGC is a Retired Executive Director of the Nebraska Council on Compulsive Gambling. Mr. Bauerkemper was the first director of problem gambling for the state of Nebraska and an internationally recognized trainer on Problem Gambling. Currently, he is a consultant for the Iowa gambling program helping agencies increase gambling utilization after the COVID pandemic.



Javoen Byrd, MA is an Olympia-based Ethnomusicologist. He received his BA at The Evergreen State College and his Masters at the University of Washington. He is dedicated to providing multicultural education and healing through drum facilitation across the Pacific Northwest and beyond. He is a serial entrepreneur who created the nonprofit "The Hawk Foundation for Research and Education in African/African American Culture", and is also owner of Awodi Drumming LLC, which has won a state contract through the Department of Children and Family Services to provide African music education for incarcerated youth.





SAVE-THE-DATE!

Evergreen Council on Problem Gambling
January Quarterly Training


Virtual Live Webinar
January 31–February 3, 2023


Two training options available:

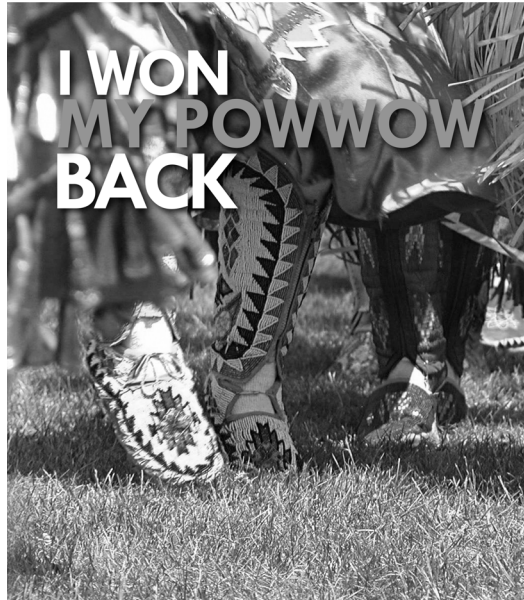
- **Gambling Counselor Core Training**
- **Advanced Behavioral Health Training**

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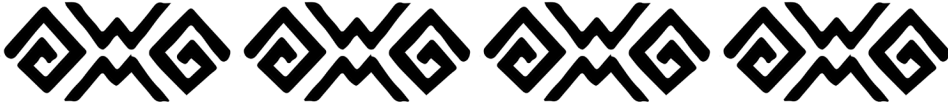
 



I WON MY POWWOW BACK

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TREATMENT WORKS**
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PUYALLUP TRIBAL TREATMENT CENTER





Presenters

Colbie Caughlan, MPH, is the Project Director for project THRIVE (Tribal Health: Reaching out InVolves Everyone) and the Tribal Opioid Response (TOR) Consortium at the Northwest Portland Area Indian Health Board (NPAIHB). Colbie provides suicide and substance disorder prevention technical assistance, programming, and training to NW tribes, and works to develop and disseminate culturally appropriate prevention materials and resources. Colbie is also a certified trainer of two well-known suicide prevention workshops: Question, Persuade, Refer (QPR) and Applied Suicide Intervention Skills Training (ASIST).



Jacob Coin brings more than 25 years of experience in communications and public policy affecting American Indian tribes, tribal sovereignty, economic development, tribal government gaming and tribal gaming regulation to his position as Vice President – Executive Advisor to the Chairwoman of the San Manuel Band of Mission Indians. As Executive Advisor, his responsibilities include providing policy counsel to the Chairwoman, external communications with press and media, as well as the general public and other local, state, and national jurisdictions.



Marie-Claire Conlin, BA, MSc, is an Education Specialist with the Gambling, Gaming and Technology Use (GGTU) team at the Centre for Addiction and Mental Health (CAMH) in Toronto. Marie-Claire's professional background is in psychology, research, and education, with a particular focus on translating gaming and technology use research to students and professionals in an accessible format centered on health equity, inclusion, and lived experiences. She also holds significant experience in supporting young people in education who are experiencing mental health issues, learning difficulties, and exceptionalities.



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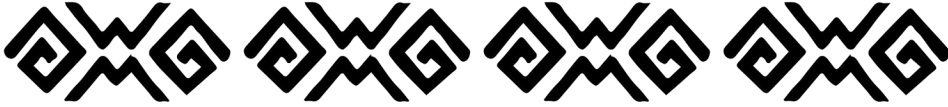


TEXT



CHAT

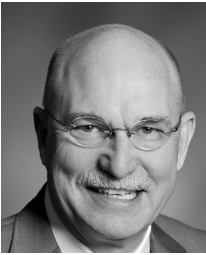




Presenters



Annie Forsman-Adams (Suquamish) started her career in the movement to end violence against Indigenous people in 2011. Since that time she has remained a dedicated advocate and activist for systemic change to address the social inequities across Indian Country. Annie currently serves as the Policy Analyst for the Missing and Murdered Indigenous Women and People Task Force with the Washington State Attorney General's Office. Additionally, she is completing her graduate program at Seattle University, where she studies the intersection of homicide, gender, race, and media.



Wiley D. Harwell, D.Min, LPC, ICGC-II, CGT, is Executive Director of the Oklahoma Association for Problem Gambling and Gaming. He has a Doctor of Ministry degree from Southern Methodist University, a Master's of Divinity from Southern Seminary in Louisville, Kentucky, and a Bachelor's degree from Wayland Baptist University. Wiley is a certified employee assistance professional and has an advanced certification in hypnotherapy.



Mahfuz Hassan, MA, BCBA is an Instructional Designer with the Gambling, Gaming and Technology Use (GGTU) team at the Centre for Addiction and Mental Health (CAMH) in Toronto. Mahfuz has combined his interest and experience in clinical work, research and education by designing and facilitating evidence-based trainings with a focus on problem gambling and gaming. He strives to incorporate research, his own and others' clinical judgments and the voices of people with lived experience into his evidence-based trainings to ensure multiple perspectives are represented.



Gordon James has spent more than 30 years working in Government to Government relationships in direct service positions, administrative roles, and in elected capacity, having served on the governing body of the Skokomish Tribe - including eight years as Chairman of the Skokomish Tribal Council. On behalf of the Washington State Governor's Office of Indian Affairs, he co-designed the Government-to-Government Training currently provided for various state agency administrators and staff.





Presenters

Michelle Johnson-Jennings, PhD, Ed.M, (Choctaw Nation Tribal Member), is a tenured, full Professor and Director, Division of Environmentally Based Health and Land-Based Healing at the University of Washington. She is an Indigenous clinical health psychologist who specializes in chronic disease prevention and addictions through co-developing land-based health interventions. She focuses on bridging the cultural gap between western trained providers and Indigenous persons – by recognizing the role of historical trauma, discrimination, and other stressors and environment/land in healing, as well as the need to identify and provide culturally appropriate healing methods across the lifespan.



David Ledgerwood is a Clinical Psychologist and Associate Professor in the Substance Abuse Research Division, Department of Psychiatry and Behavioral Neurosciences at Wayne State University School of Medicine. He has published several articles on problem gambling focusing on co-occurring psychopathology, impulse control and executive function, treatment outreach, and treatment effectiveness.



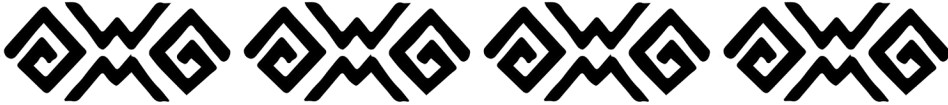
Kitty Martz, CGRM, CGAC-II has both witnessed and personally experienced the relevance of gambling availability as it impacts addiction: before, during, and through the COVID 19 pandemic. As community aide meetings were all but eliminated in the Pacific Northwest, she led the charge in pivoting one peer coaching program's offering to virtual online services. The outcomes have been profound, enduring, and scalable.



Keep It Fun: Always Play Responsibly

- ☒ Gamble only if it's fun
- ☒ Before you gamble, set a money/time limit and stick to it
- ☒ Accept losing as part of the game
- ☐ Don't borrow money to gamble
- ☐ Don't sacrifice other activities with friends and family for gambling
- ☐ Don't gamble to win back losses





Presenters



Carol McGinnis, PhD, SIP, BC-TMH, NCC, LCPC (MD), is a Spiritually Integrated Psychotherapist (SIP), Licensed Clinical Professional Counselor (LCPC) in the state of Maryland, and Associate Professor/Admission and Retention Chair for the Graduate Counselling Program at Messiah University. Her passion has always been oriented toward the integration of spirituality as a part of the counseling process.



Maleah Nore, BA is a member of the Tlingit Nation from Wrangell, Alaska. She is the Tribal Health: Reaching out Involves Everyone (THRIVE) Suicide Prevention Project Coordinator at the Northwest Portland Area Indian Health Board (NPAIHB). She provides technical assistance, training, and data dissemination efforts for the tribes of the Pacific Northwest and coordinates the annual THRIVE Suicide Prevention Conference for Youth. Maleah has been involved in community-based organizing in her hometown for more than five years, focusing on the prevention of inter-partner violence and the provision of services for violence survivors.

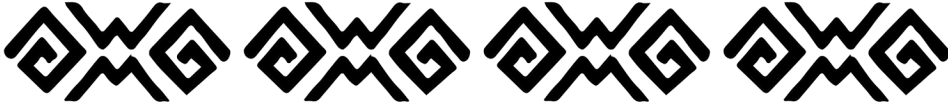


Harlan Pruden (nehiyo/First Nations Cree) is currently the Indigenous Knowledge Translation Lead at Chee Marnuk, an Indigenous health program at BC Centre for Disease Control. He is also a co-founder of the Two-Spirit Dry Lab, Turtle Island's first research group or lab that exclusively focuses on Two-Spirit people, communities and/or experiences. Additionally, Harlan is the co-chair of the BCCDC's COVID-19 Indigenous Knowledge Translation Working Group. Harlan is also the Managing Editor of the Two-Spirit Journal and an Advisory Member for the Canadian Institutes of Health Research's Institute of Gender and Health.



Sarah Sense Wilson, LMHC, SUDP, WSCGC-II, (Oglala) has two decades of experience facilitating for a variety of therapeutic treatment groups, including Outpatient. Sarah has a decade of training and experience in the field of Problem Gambling and has served as Tulalip Tribes Family Services' Problem Gambling Coordinator for the past six years. Sarah's specialized attention to cross cultural and culturally responsive treatment approaches is in alignment with best practices and her tribal values and principles. Sarah's counselling approach and orientation supports a strength-based model for working within tribal community settings.





Presenters

Michael Serrano, Recovery Coach Professional Facilitator (RCPF), is a person in recovery. Michael worked as a Recovery Coach in the Emergency Department to help individuals help themselves. Bringing those lived experiences into the curricula brings more truth that, "Transformed People Transform People."



Jennifer Shatley, PhD, DPP, currently provides consulting services on all aspects of responsible gaming at UNLV's International Gaming Institute (IGI) and Logan Avenue Consulting, LLC. In her role at UNLV, she leads the initiative to establish a Center of Excellence for Responsible Gaming, oversees the organization's consulting and training efforts, and conducts policy sessions through the International Center for Gaming Regulations. Dr. Shatley conceptualized and led the development, implementation, and administration of first-of-its-kind Responsible Gaming Ambassador training in the US, developing the role to proactively engage customers to promote responsible play.

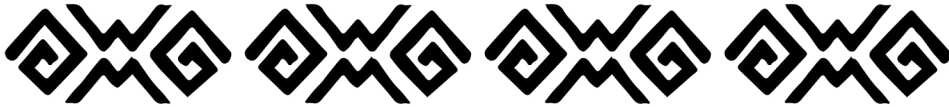


Shannon Solie, MA, LMHC has been focused on studying and integrating liberatory practice and abolitionist perspectives to counselling for 10 years. They have been supervising for the past 6 years and utilize perspectives from writers and thinkers from multi disciplines to nuance and bring depth of exploration to the discussion of supervision through an anti-oppression lens.

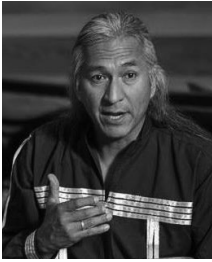


Swil Kanim, US Army Veteran, classically trained violinist, native storyteller and actor, is a member of the Lummi Nation. Music and the performance of music helped him to process the traumas associated with his early placement into the foster care system. Swil Kanim's compositions incorporate classical influences as well as musical interpretations of his journey from depression and despair to spiritual and emotional freedom. The music and stories that emerge from his experiences have been transforming people's lives for decades.





Presenters



Gene Tagaban, “One Crazy Raven” is an influential storyteller, speaker, mentor, performer and counselor of the spirit. Gene is of the Takdeintaan clan, the Raven, Freshwater Sockeye clan from Hoonah, AK. He is the Child of the Wooshkeetaan, the Eagle, Shark clan from Juneau, AK. He is of the wolf clan from his Cherokee heritage and his last name Tagaban comes from his Filipino heritage. Gene is a teller of stories that teach, entertain and heal. Gene shares traditional Native American stories as well as stories from his personal experience, family and historical events.

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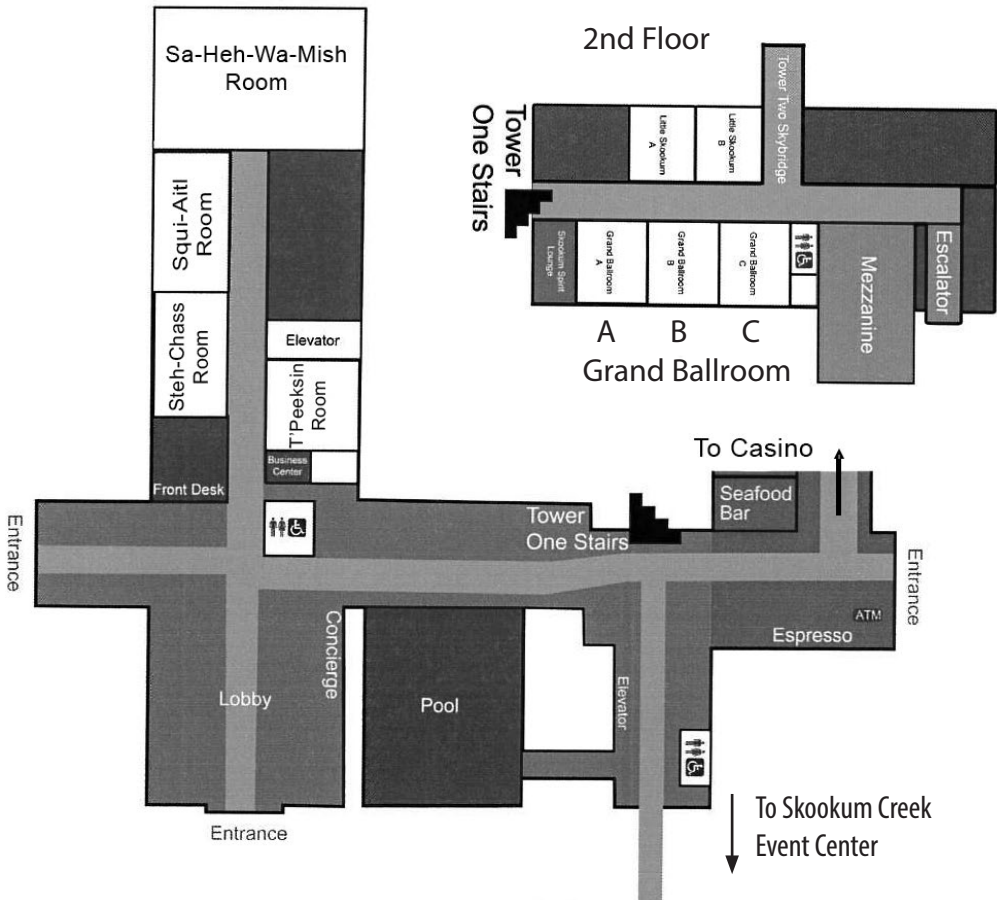
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Grand Ballroom A and Grand Ballroom B-C are located on the second floor.



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FOUR DIRECTIONS

Problem Gambling and Health Awareness Conference

Conference At-A-Glance

MONDAY, SEPTEMBER 19

7 - 8 am	Breakfast Buffet
8 am - 5 pm	Pre-Conference Workshops
12-1 pm	Lunch Break

TUESDAY, SEPTEMBER 20

7 - 8 am	Breakfast Buffet
8 am - 5 pm	Pre-Conference Workshops
12-1 pm	Lunch Break

WEDNESDAY, SEPTEMBER 21

7 - 8:15 am	Registration and Breakfast Buffet
8:20 - 8:30 am	Welcome & Opening Ceremony
8:30 - 10 am	Morning Keynote
10 - 10:30 am	Break / Exhibits
10:30 - 11:30 am	Morning Breakout Sessions
11:30 - Noon	Break / Exhibits
Noon - 1:30 pm	Lunch Plenary
1:30 - 2 pm	Break / Exhibits
2 - 3 pm	Afternoon Breakout Sessions
3 - 3:30 pm	Break / Exhibits
3:30 - 5 pm	Afternoon Plenary
6 - 8:30 pm	Community Celebration Event & Dinner

THURSDAY, SEPTEMBER 22

7 - 8:15 am	Breakfast Buffet
8:15 - 9:45 am	Welcome & Morning Keynote
9:45 - 10:15 am	Break / Exhibits
10:15 - 11:45 am	Morning Breakout Sessions
11:45 am - 1:30 pm	Lunch Plenary
1:30 - 1:45 pm	Break / Exhibits
1:45 - 3:15 pm	Afternoon Breakout Sessions
3:15 - 3:30 pm	Break
3:30 - 5 pm	Afternoon Plenary - Talking Circle

