



June 2022



EVERGREEN
council on problem gambling

Washington State
Health Care Authority

Intro to PG in WA State and Gambling Counselor Certification

Meet your presenters!

Brad Galvin, WSGCC Committee Chair

Roxane Waldron, State Problem Gambling Program
Manager, HCA, DBHR

Tana Russell, Assistant Director, Evergreen Council on
Problem Gambling



Key Messages

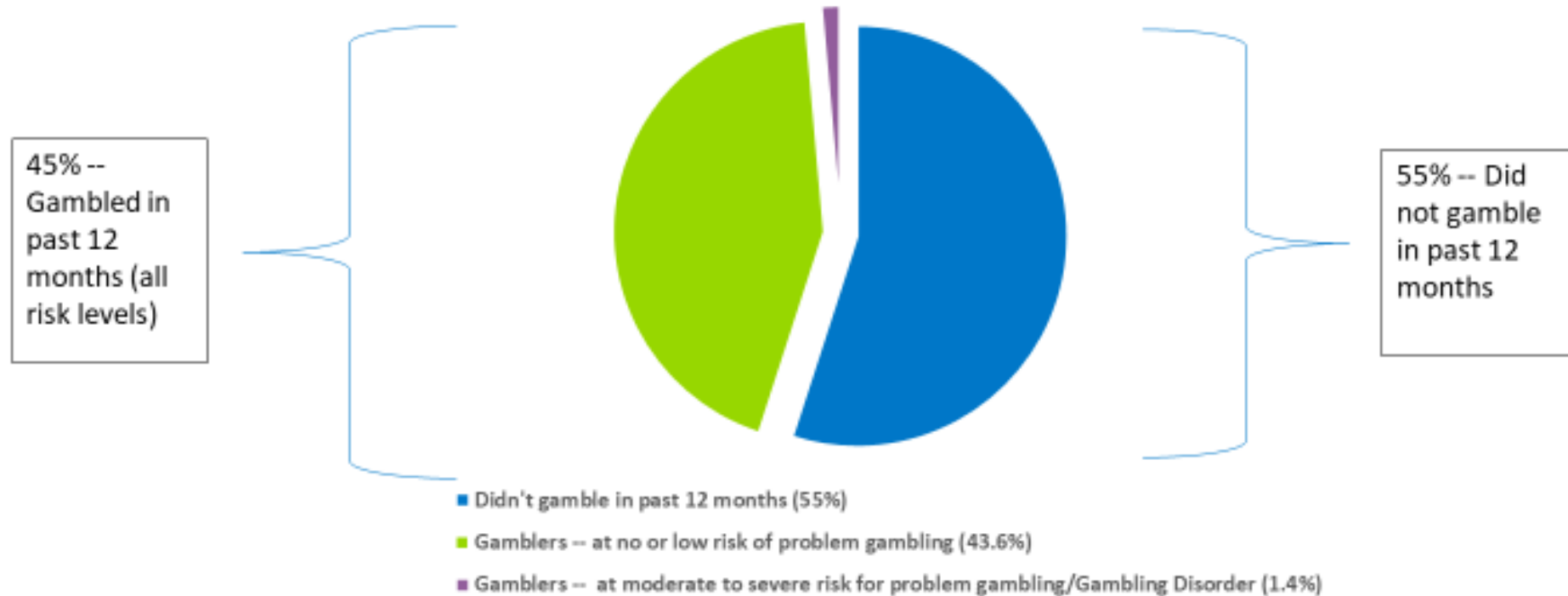
- We need more Certified Gambling Counselors in underserved regions in WA state
- The gambling field is changing quickly, and it is important to stay current
- Promote culturally-relevant, trauma-informed, and evidence-based services, provided by a pool of providers just as diverse as the populations they serve



Legal Gambling in WA State

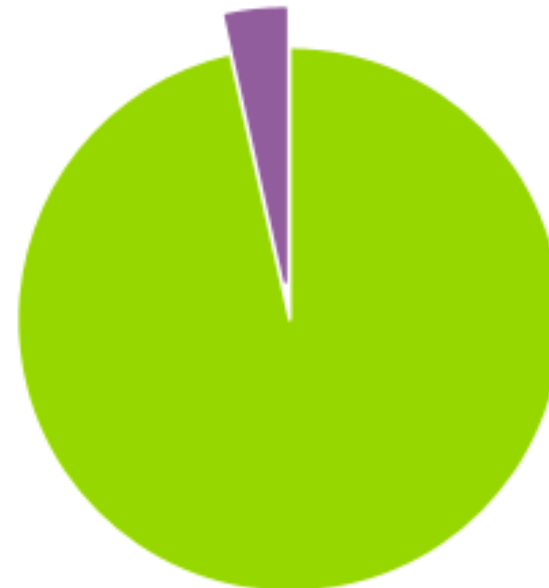
- ▶ **House-banked card rooms:** ~ 45
- ▶ **Tribal Casinos:** 22 Tribes operate 29 casinos under compact
- ▶ **Lottery:** approx. 3600 retail outlets
- ▶ **Horse racing (pari-mutuel):** 2 race tracks, 12 off-site betting locations, 6 advance deposit wager locations
- ▶ **Charity:** sports pool boards, raffles, fundraising, bingo
- ▶ **Other:** Pull tabs, punchboards, amusement games, bingo
- ▶ **Sept 2021** – Legal sports wagering at Tribal Casinos (roll out)

All Adults, Gambling & Problem Gambling



Gambling and Problem Gambling

3.5% --
Gambled in
past 12
months (at
moderate to
severe risk
for problem
gambling/Ga



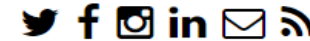
96.5% --
Gambled in
past 12
months (at
no or low
risk for
problem
gambling)

■ Gamblers at low or no risk for problem gambling (96.5%)
■ Gamblers at moderate-to-severe risk for problem gambling (3.5%)

wsgc.wa.gov/self-exclusion

**COVID-19**For the latest COVID-19 health guidance, statistics and resources, visit: [Coronavirus.wa.gov](https://www.coronavirus.wa.gov)

Washington State
GAMBLING
COMMISSION

Protect the public by ensuring that gambling is legal and honest.

Connect with us

Translate the Site

Select Language ▾

Enter your search terms



[Home](#) [About Us](#) [Licensing](#) [Regulation & Enforcement](#) [Tribal Gaming](#) [Sports Wagering](#) [Electronic Gambling Lab](#)

Self-Exclusion

Home » Self-Exclusion

Self-Exclusion[Problem Gambling](#)[Self-Exclusion Frequently Asked Questions](#)

Self-Exclusion

The Gambling Commission has developed a process where a person with a gambling problem or gambling disorder can submit a single form and voluntarily exclude themselves from all non-tribal casinos statewide. Tribal casinos may also participate in this statewide self-exclusion program. Please monitor this page for participating tribal casinos.

Individuals who want to self-exclude will need to complete the Self-Exclusion form you can download by clicking the link below.

[Self-Exclusion Form](#)**[Translated Self-Exclusion Forms](#)**

The form includes instructions that must be followed to formally exclude the person including the time selected to self-exclude.

[Enrollment Appointment Calendar](#)

Currently, the WSGC office is not open to the public and a scheduled appointment is required to enroll in person. Please bring proof of identity - valid driver's license, government issued ID with name, photograph, and date of birth, or valid passport.

[Problem Gambling Resource Card](#)**[Translated Problem Gambling Resource Cards](#)**

This link provides a downloadable and printable copy of the Healthcare Authority's approved rack card for display and distribution in house banked cardrooms. The Problem Gambling page of the Gambling Commission's website also lists additional resources for persons with gambling problems and gambling disorder treatment programs. **[Problem Gambling Resources](#)**

Health care services and supports

Forms & publications News Contact

Behavioral health and recovery

American Indians and Alaska Natives (AI/AN)

Prenatal, child, and young adult behavioral health services >

Client rights >

Mental health services >

Peer support

Problem gambling

Recovery support >

Substance use disorder prevention and mental health promotion

Substance use treatment >

Important: Stay covered! Are you enrolled in Apple Health (Medicaid) coverage? Make sure your address and phone number are up to date so you can stay enrolled. [Report a change.](#)

HCA's lobby is now open for walk-in customer service. [Learn about customer service options.](#)

Problem gambling

The Health Care Authority (HCA) is responsible for planning, implementing, and providing quality oversight for the Washington State Problem Gambling Program.

Washington State provides treatment for [eligible individuals and their family members](#) who are affected by problem gambling.

Do you need immediate assistance?

- For a life-threatening emergency: Call 911.
- For suicide prevention: Contact the [National Suicide Prevention Lifeline](#) at 1-800-273-8255 (TRS: 1-800-799-4889).
- For 24-hour emotional support and referrals: Contact the [Washington Recovery Help Line](#) or the [mental health crisis line](#) in your area.
- For the Washington State Problem Gambling Helpline: 1-800-547-6133.

Gambling Help Services in WA

Prevention

- Variety of prevention programs, campaigns, education, RG training, etc.

Treatment

- Certified Gambling Counselors
- Treatment facilities (tribal and non-tribal), private practice, family services, individual and group sessions, financial therapy, etc.

Recovery

- Community groups: Gamblers Anonymous (GA); Gam-Anon
- Online support groups
- Recovery Centers and Café's
- Podcasts, social media groups, and more



Gambling Treatment in WA State

- Approx. **35-40 Certified Gambling Counselors**, find Provider Directory Here: https://www.evergreencpg.org/help-and-hope/treatment_services/counselor-directory/
 - Compared to approx. 4500 SUDPs, and over 20,000 other counseling/psychology licensees.
- **No residential treatment** (as of June 2022). Clients are sent out of state for residential gambling treatment.
- Private insurance coverage, state funding, tribal funding, and ECPG funding. **No Medicaid coverage. No federal funding.**



What can I do to help right away?

- Adopt an **attitude of compassion** toward those dealing with gambling-related problems
- **Educate and integrate**
 - Responsible gambling behaviors (<https://www.evergreencpg.org/responsible-gaming/responsible-gambling-guidelines/>)
 - Signs of addiction and problem gambling (<https://www.evergreencpg.org/awareness/know-the-signs/>)
 - Where to go for help (<https://www.evergreencpg.org/help-and-hope/programs-and-services/helpline-info/>)
- **Screen + Refer** (see next slide)
- **Share the PG Helpline** number far and wide: **1-800-547-6133**
 - (<https://www.evergreencpg.org/help-and-hope/programs-and-services/helpline-info/>)



Screen + Refer

Pick a screening tool:

- Lie/Bet (2 Qs)
- Brief Biosocial Gambling Screen (3-4 Qs)
- NODS-Clip (4 Qs)
- PGSI (9 Qs)

- Find the 4 above, + more, + in Spanish, here:
<https://www.evergreencpg.org/awareness/resources-and-downloads/>

Have a resource List available

- WA State Problem Gambling Helpline:
1-800-547-6133
- ECPG website: www.evergreencpg.org
- [WA State PG website](http://www.evergreencpg.org)
- Your Local Certified Gambling Counselor(s):
https://www.evergreencpg.org/help-and-hope/treatment_services/counselor-directory/
- GA:
<http://www.gamblersanonymous.org/ga/>
- Gam-Anon: www.gam-anon.org



Why Become a Certified Gambling Counselor?

To provide appropriate and effective specialized services:

- Helps You Stay Current With Treatment Best-Practices
- Helps You Stay Current With Evidence-Based Research and Therapeutic Approaches
- Improves help-seeker access to specialty services by increasing available CGC's, which saves lives and families.
- WAC 246-341-0754 requires certification to treat Gambling Disorder.
- Credibility With Your Clients and with Peers
- Provides You With A Peer Network



Certification Comparisons – Level I

IGCCB (ICGC-)	Washington (WSCGC-I)
Bachelor's or equivalent	Bachelor's or equivalent
State licensure	State licensure (WA DOH)
30hrs training	30hrs training (6hrs Cult. Comp.)
100hrs gambling counseling	100hrs gambling counseling
8hrs with supervisor	5hrs with supervisor (1:20 ratio)
\$200 application fee	\$150 application fee

The **GCCT** provides the 30hrs training, with 3.5hrs on Cult. Competency



WSGCC

Washington State Gambling
Evergreen Council on Problem Gambling and HCA
Counselor Certification



Certification Comparisons – Level II

IGCCB (ICGC-II)	Washington (WSCGC-II)
Bachelor's or equivalent	Bachelor's or equivalent
State licensure	State licensure (WA DOH)
60hrs training	60hrs training (6hrs Cult. Comp.)
2,000hrs gambling counseling	300hrs gambling counseling
24hrs supervision	15hrs supervision (1:20 ratio)
\$200 application fee	\$50 if already Level I, \$150 if initial app.

The **GCCT** counts as the first 30 out of 60hrs

Includes the initial 100hrs for Level-I



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Other Certification Requirements (I/II)

- Letters of reference (co-workers and gambling supervisor).
- Signed statement from on-site clinical supervisor and/or verification of clinical experience hours post state DOH licensure.
- Signed Application, Ethical Standards, Attestation and Directory Authorization forms.
- Passing score on [Certification Examination for Gambling Counselors](#) (or equivalency alternative).
- Payment of application fee (fee amounts vary)
- Malpractice Liability Insurance coverage



Other IGCCB certifications

- International Co-Occurring Gambling Specialist (ICOGS)
- Clergy / Lay Ministers Certification
- Gambling Disorder Trainer Certification (CGT)
- International Gaming Disorder Certificate (IGDC)

ECPG has trainings for these 2 credentials, approved by IGCCB to meet the Cert. training requirements



Gambling Counselor Core Training (30 hours)

10 hours Self-Directed

- Available upon registering
- Complete before Live-Learning sessions

20 hours Live-Learning

- In-Person
- July 11-13, 2022
- Yakima, WA

More info at:

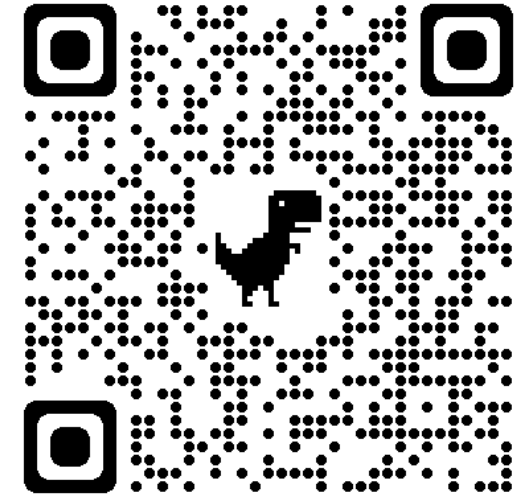
<https://www.evergreencpg.org/training/virtual/engage/gambling-counselor-core-training/>



Another FREE Webinar! **JUNE 23**

Gambling Disorder: The Non-Substance-Related Addictive Disorder

- When: 6/23/22, 11:00am-2:00pm PT
- Where: virtual
- <https://www.evergreencpg.org/attend/gambling-disorder-the-non-substance-related-addictive-disorder/>



Register through
NW ATTC



Northwest (HHS Region 10)

ATTC

Addiction Technology Transfer Center Network
Funded by Substance Abuse and Mental Health Services Administration

Evergreen Council on Problem Gambling and HCA



Other Problem Gambling education

- Visit www.evergreencpg.org
- <https://www.evergreencpg.org/training/> - Find all training information
- <https://www.evergreencpg.org/connect/> - Read, Listen, Watch, or Attend...get PG education your way, on your time



Connect with us



Connections: Healthy Gambling and Gaming Podcast

- 3 Seasons now available, episodes released monthly
- Learn from experts on all things related to gambling and video gaming



ECPG LIVE!

- Live-streamed free episodes, also available on-demand
- Discusses all things problem gambling and gaming related



Kaleidoscope: Reflections of Diverse Views on Mental Health Equity

- Live-streamed free episodes, also available on-demand
- Discusses all things related to equity and social justice in Behavioral Health



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AWARENESS // RESOURCES AND DOWNLOADS

Problem Gambling Information Resources

ECPG has compiled a host of websites, research studies, downloads, and other helpful information about gambling addiction.

Websites for more information on problem gambling:

- [The National Council on Problem Gambling](#)
- [Gamblers Anonymous](#)
- [International Center on Youth Gambling](#)
- [The National Center for Responsible Gaming](#)
- [Center for Addiction and Mental Health - Gambling, Gaming and Technology Use](#)

Print Materials for Washington State:

- [Helpline Brochure Page 1](#)
- [Helpline Brochure Page 2](#)
- [Helpline Brochure - Spanish](#)
- [Helpline Poster](#)
- [Parent Information on Teen Gambling](#)
- ["Zander" and Underage Gambling Laws Page 1](#)
- ["Zander" and Underage Gambling Laws Page 2](#)

Recommended Reading:

GENERAL AUDIENCE

- When Luck Runs Out: Help for Compulsive Gamblers and Their Families* by Robert L. Custer, New York: Facts on File (1985)
- Behind the Eight-Ball: A Guide for Families of Gamblers* by Berman & Siegel, New York, NY: Simon & Schuster (1992)

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Studies:

- [GAMBLING AND PROBLEM GAMBLING AMONG ADOLESCENTS IN WASHINGTON STATE: A REPLICATION STUDY, 1993 TO 1999](#) Rachel A. Volberg, Ph.D., W. Lamar Moore, M.S.
- [GAMBLING AND PROBLEM GAMBLING IN WASHINGTON STATE: A REPLICATION STUDY, 1992 TO 1998](#) Rachel A. Volberg, Ph.D., W. Lamar Moore, M.S.

Videos:

- [ECPG's YouTube Channel](#)
- [Request a copy of the youth video and discussion guide.](#)

Fact Sheets

- [PG and Substance Use](#)
- [PG and Mental Health](#)
- [PG and Physical Health](#)
- [PG and Public Health](#)

- [About ECPG](#)
- [Problem Gambling 101](#)
- [Problem Gambling Myths](#)
- [Problem Gambling and Seniors](#)
- [Problem Gambling and the Military](#)
- [Problem Gambling and Youth](#)
- [Digital and Video Gaming Disorder](#)

Problem Gambling Screening Tools

- [Lie/Bet](#)
- [BBSG](#)
- [NODS-Clip](#)
- [NODS-PerC](#)
- [NODS-SR](#)
- [NODS-FMR](#)
- [PGSI](#)
- [SBIRT for Gambling](#)
- [SOGS](#)
- [SOGS-RA](#)
- [GA 20 Questions](#)
- [Gam-Anon Screens \(v3\)](#)
- [Gambling PATHWAYS Questionnaire](#)

Free Resources and Downloads


<https://www.evergreencpg.org/awareness/resources-and-downloads/>



Si el juego está creando problema a usted y a su familia, hay ayuda y esperanza.

PAUSA. RESPIRA. CONECTA.

Recuerda que no estás solo



LLAMA. MENSAJE. CHAT.
La línea de ayuda es confidencial y está aquí para usted 24/7:

1-800-547-6133
www.evergreencpg.org/es

PAUSE. BREATHE. CONNECT.

You are not alone.



CALL. TEXT. CHAT.
1-800-547-6133
EVERGREENCPG.ORG

I WON MY POWWOW BACK



PROBLEM GAMBLING HURTS TREATMENT WORKS

1.800.547.6133
helpline

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Call, Text, or Chat
www.evergreencpg.org

Where can a person go to get help? – Call the helpline, get connected to help near you.



Contact us if you have questions

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