



EVERGREEN

council on problem gambling

1821 Fourth Avenue East | Olympia, WA 98506

WHEN GAMBLING BECOMES A PROBLEM, THERE'S HOPE...

HELP STARTS HERE

800.547.6133

www.evergreencpg.org

CEUs Available!



EVERGREEN

council on problem gambling

Treatment. Training. Awareness.

RECOVERY COACH TRAINING WORKSHOPS

- ★ **Spirituality** for Recovery Coaches - Feb 3-4
- ★ **Ethical** Considerations for Recovery Coaches - Feb 5-6

Presented by Vince Collins, MSW, CPRC

MARK YOUR CALENDARS!

February 3-6, 2020

Delta Hotel by Marriott

3105 Pine Street

Everett, WA 98201

PROBLEM GAMBLING TRAINING WORKSHOPS

- ★ Introductory Problem Gambling Counselor Training -
Feb 3-6 (Required CORE Course for WA Certification)
- ★ Advanced Training - Feb 5-6

Presenters:

David Hodgins, PhD | Roxane Waldron, MPA

Denise Quirk, MA, MFT, LCADC, CPGC-S, ICGC-II, BACC |

Tana Russell, CDP, NCTTP, WSCGC-II

For more information, contact:

www.evergreencpg.org or 360.352.6133

There's hope after the storm.

If you, or a loved one,
struggle with a gambling problem,
there's HOPE.

Help starts TODAY, by
calling 1.800.547.6133.



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www.evergreencpg.org

PROBLEM GAMBLING TRAINING WORKSHOPS REGISTRATION

Register online at www.evergreencpg.org
DEADLINE IS FRIDAY, JANUARY 24, 2020

REGISTRANT INFORMATION

Name: _____ Credentials: _____
Position/Title: _____ Agency/Organization: _____
Address: _____
City: _____ State: _____ Zip: _____
Day phone: _____ Cell/Alternate phone: _____
E-mail address: _____

TRAINING OPTIONS

INTRODUCTORY PROBLEM GAMBLING COUNSELOR TRAINING:

☐ Feb 3-6 (4-Day Introductory Training): \$199 (ECPG Member: \$180)
(Required CORE Course for WA Certification)

ADVANCED PROBLEM GAMBLING COUNSELOR TRAINING:

☐ Feb 5-6 (2-Day Advanced Training): \$99 (ECPG Member: \$89)
☐ Feb 5 (1-Day Advanced Training): \$60 (ECPG Member: \$54)
☐ Feb 6 (1-Day Advanced Training): \$60 (ECPG Member: \$54)

RECOVERY COACH ADVANCED TRAINING:

☐ Feb 3-4 **Spirituality** for Recovery Coaches: \$175 (ECPG Member: \$145)
☐ Spirituality Training-of-Trainers \$100
☐ Feb 5-6 **Ethics** for Recovery Coaches: \$180 (ECPG Member: \$150)
☐ Ethics Training-of-Trainers \$100

(Training manuals are included in cost, nonrefundable)

Total Amount Enclosed: \$ _____

*Cancellation Policy: Refunds will be issued, less a \$35 administrative fee, if received in writing ten (10) days prior to event. No refunds will be issued after January 24.

METHOD OF PAYMENT

☐ Visa® ☐ MasterCard® ☐ Money Order

Check #: _____

Checks payable to Evergreen Council on Problem Gambling

Name on check: _____
(if different from registrant)

Credit Card #: _____

Expiration: _____ CSC #: _____ Billing Zip: _____
(3 digits on back of credit card)

Signature: _____

MAIL, E-MAIL, FAX, or DROP OFF this form with payment to:

Evergreen Council on Problem Gambling
1821 4th Avenue East | Olympia, WA 98506
P: 360.352.6133 | F: 360.352.4133
kbishop@evergreencpg.org



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council on problem gambling

ECPG/NCPG JOINT MEMBERSHIP APPLICATION

Join NCPG AND ECPG and save up to \$50! That's like getting your ECPG membership and more for **FREE!**



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NCPG
National Council on Problem Gambling

Name: _____ Company: _____
Address: _____ Apt./Suite: _____
City: _____ State/Province: _____ Zip/Postal: _____
Phone: _____ Cell: _____
E-mail address: _____
All fields are required

MEMBERSHIP OPTIONS

- ☐ **\$39** ECPG Membership—Special member discounted fees on quarterly trainings and conference registration (all offer CEUs), certification training workshops, quarterly newsletter, and member certificate.
- ☐ **\$79** ECPG & NCPG Individual Membership—Includes ECPG and NCPG Individual Membership with full National voting rights, 1-year subscription to NCPG newsletter, member certificate, bi-monthly subscription to Addiction Professional as well as discounts on literature and conferences. This is a special offer in conjunction with ECPG Membership—a \$119 value! The cost of NCPG individual Membership alone is \$80 when purchased directly. Save \$40 through ECPG!
- ☐ **\$114** ECPG & NCPG Individual Plus Member—Includes full ECPG Membership plus all the benefits of NCPG Individual Member level, with the addition of a subscription to International Gambling Studies, a peer-reviewed interdisciplinary journal in gambling studies. This is a special offer in conjunction with ECPG Membership—a \$164 value! The cost of NCPG Individual Plus Membership alone is \$125 when purchased directly. Save \$50 through ECPG!

MEMBERSHIP PAYMENT

Today's Date: _____ Credit Card #: _____
Method of Payment: ☐ Visa® ☐ MasterCard® ☐ Money Order
Check #: _____ Expiration: _____ CSC #: _____ Billing Zip: _____
Checks payable to Evergreen Council on Problem Gambling (3 digits on back of credit card)
Signature: _____



TRAINING WORKSHOP SCHEDULE

MONDAY, FEBRUARY 3 - THURSDAY, FEBRUARY 6, 2020 - INTRODUCTORY TRAINING

8 am - 5 pm **INTRODUCTORY PROBLEM GAMBLING COUNSELOR TRAINING (30 CE HOURS)**

Presented by: **Denise Quirk, MA, MFT, LCADC, CPGC-S, ICGC-II, BACC, Tana Russell, SUDP, NCTTP, WSCGC-II, and Roxane Waldron, MPA**

This 30-hour workshop serves as an introduction to gambling disorders and treatment. Participants will learn about the scope and prevalence of gambling and problem gambling on a national scale. The DSM-5 criteria for gambling disorders will be discussed, and participants will learn practical application of the most commonly used screening and diagnostic tools. This workshop outlines the types and sub-types of gamblers, and several approaches to treatment of problem gamblers. Participants will learn about the disorders that most often co-occur with problem gambling, and the effects of the disorder on family and loved ones. Introductory Training includes specifics of Gambling Disorder programs in Washington, counselor certification procedures, and an overview of topic areas covered on the National Counselor Certification Exam. **Introductory Problem Gambling Counselor Training is required for Washington State Gambling Counselor Certification.** (Ends at 3 pm on Thursday.)

WEDNESDAY, FEBRUARY 5, 2020 - ADVANCED WORKSHOPS

8 am - Noon **ASSESSING AND ENHANCING READINESS TO CHANGE: BASICS OF MOTIVATIONAL INTERVIEWING (4 CE HOURS)**

Presented by: **David Hodgins, PhD**

This workshop will review the basics of Motivational Interviewing (MI) and provide the opportunity to practice its use with different levels of client readiness to change. Although MI utilizes specific therapeutic strategies/tools, it is fundamentally a style of interpersonal interaction rather than a scripted protocol. As such, use of a MI-style can be used in any encounter, by therapists and non-therapists alike, to facilitate service engagement and behavior change. This training will provide an introduction to, and practice of, MI principles and skills.

1 pm - 5 pm **WHAT DO WE KNOW ABOUT MENTAL HEALTH AND SUBSTANCE USE DISORDER COMORBIDITY IN GAMBLING DISORDER? (4 CE HOURS)**

Presented by: **David Hodgins, PhD**

This workshop will review what we have learned about the high rates of mental health and substance use disorder comorbidity found in gambling disorder. Anxiety, depression, substance use disorders, and other mental health disorders co-occur at rates much greater than expected by chance. Comorbidity is the norm, not an exception. Ideas about how to address these issues in counseling will be explored, including pharmacological and psychological interventions. It can also be helpful to use a transdiagnostic treatment model that targets client vulnerabilities (e.g., impulsivity, emotional regulation) that underlie both the gambling and comorbid disorder.

THURSDAY, FEBRUARY 6, 2020 - ADVANCED WORKSHOPS

8 am - Noon **ADVANCED TRAINING IN EVALUATION AND TREATMENT PLANNING FOR GAMBLERS (4 CE HOURS)**

Presented by: **Denise Quirk, MA, MFT, LCADC, CPGC-S, ICGC-II, BACC**

This four-hour advanced counselor training involves didactic and interactive education for experienced counselors seeking additional guidance and tools to use for proper placement of gambling clients and their family members. Activities in this training will include instruction with the Gambling Patient Placement Criteria (GPPC) and other assessment and evaluation tools, case reviews and diagnostic discussions, and detailed comparison of the ASAM Criteria alongside the GPPC for identification of client needs and treatment recommendations. A copy of the GPPC is included.

1 pm - 5 pm **GROWING A GAMBLING TREATMENT PROGRAM (4 CE HOURS)**

Presented by: **Tana Russell, SUDP, NCTTP, WSCGC-II**

This advanced training is for gambling counselors seeking to grow their treatment programs. It will cover the practical use of screening and assessment from the viewpoint of engaging clients who are already coming for current primary SUD/MH concerns. Participants will receive screening and assessment tools to use, and will practice bridging the gap from screening to assessment and from assessment to treatment. Participants will discuss how to overcome barriers to client engagement/attendance and the pros and cons of creating a co-occurring Gambling and Substance Use Disorder group.

MONDAY, FEBRUARY 3 - TUESDAY, FEBRUARY 4, 2020 - RECOVERY COACH ADVANCED TRAINING

8 am - 5 pm **SPIRITUALITY FOR RECOVERY COACHES**

Presented by: **Vince Collins, MSW, CPRC**

This session is to help recovery coaches understand what spirituality is and how to help someone in their own process of discovering spirituality. This two-day course will help you explore your own beliefs and values as it comes to spirituality, and will provide you with the tools and resources needed as a recovery coach so you can speak about spirituality in a way that is accepting of others. You will be challenged in a way that helps to promote your own understanding of spirituality. By completing this course, you will be able to help those you serve understand, accept, and embrace spirituality for themselves. Prerequisite: Recovery Coach Academy; training manual included in registration fee. Training-of-Trainers session to follow (additional fee).

WEDNESDAY, FEBRUARY 5 - THURSDAY, FEBRUARY 6, 2020 - RECOVERY COACH ADVANCED TRAINING

8 am - 5 pm **ETHICAL CONSIDERATIONS FOR RECOVERY COACHES**

Presented by: **Vince Collins, MSW, CPRC**

The issue of ethical considerations has been discussed in many circles, yet formal training has been lacking for recovery coaches. This 16-hour training addresses this critical need. This training will help coaches, and anyone else working in the peer role, to understand how critical it is to be ethically responsible. Using presentations, small group work, and role play to address many areas, including defining the coaching service role and functions, coaching standards, issues of vulnerability, ethical decision making, performance enhancement, and legal issues. Prerequisite: Recovery Coach Academy; training manual included in registration fee. Training-of-Trainers session to follow (additional fee).

CONTINUING EDUCATION/CERTIFICATION

All ECPG-related workshops qualify toward the 30 hours of gambling-specific education required by the Washington State and National Problem Gambling Certification Boards. The Evergreen Council on Problem Gambling is an Approved Provider of Continuing Education by The National Association for Addiction Professionals (NAADAC) and the National Council on Problem Gambling (NCPG). Our workshops have also been approved for continuing education by the Mental Health Addictions Certification Board of Oregon (MHACBO), and the American Academy of Healthcare Providers in the Addictive Disorders (AAHCPAD).

PRESENTER BIOS

Vince Collins, MSW, CPRC, ECPG Recovery Systems Consultant, has 40 years of state service in social services, with field experience and program management in Child Welfare, and 12 years as project director for the Washington State Access to Recovery Program. Vince continues his efforts to build recovery communities and support systems. He currently is a senior trainer with the CART Collaborative.

David Hodgins, PhD is a professor of Clinical Psychology in the Department of Psychology, University of Calgary, and a coordinator with the Alberta Gambling Research Institute. His research interests focus on various aspects of addictive behaviors, including relapse and recovery from substance abuse and gambling disorders. His self-directed treatment model for gambling problems is recognized as an evidence-based treatment by the United States Substance Abuse and Mental Health Services Administration. In 2010, he received the Scientific Achievement Award from the US National Center for Responsible Gaming. He maintains a private practice in Calgary in addition to providing consultation to a number of organizations internationally.

Denise Quirk, MA, MFT, LCADC, ICGC-II, CPGC-S, BACC is a certified clinical supervisor and gambling counselor specializing in treatment for families. She is CEO and Clinical Director of the Reno Problem Gambling Center, a nonprofit outpatient treatment center. She serves on the Board of the Nevada Council on Problem Gambling and is a member of the Nevada Governor's Advisory Committee for Problem Gambling. Denise is co-author of Gambling Patient Placement Criteria, and a field reviewer for The ASAM Criteria.

Tana Russell, SUDP, WSCGC-II, NCTTP completed her Bachelor's in Criminal Justice from Harding University. She joined the ECPG staff as Assistant Director in September 2019. Tana has a passion for training and enjoys presenting on topics related to gambling, gaming, tobacco, addictions, treatment, and recovery. She has written program curriculum for a tobacco cessation education course and a co-occurring Gambling and Substance Use Disorder (GSUD) Relapse Prevention Treatment program, designed specifically to include both alcohol/drug and gambling terminology. She has worked with adults and adolescents, in the criminal justice, health care and OTP/MAT (Opioid Therapy Program/Medication Assisted Treatment) settings.

Roxane Waldron, MPA is the Problem Gambling Program Manager with the Division of Behavioral Health & Recovery at the Washington Health Care Authority. She has served as the Cancer Screening QI Consultant for the Breast, Cervical, and Colon Health Program at the Washington State Department of Health. Roxane previously worked as the Training Manager for the Evergreen Council on Problem Gambling, the Behavioral and Oral Health Coordinator for the Washington State Primary Care Association, and as a Mental Health Training Coordinator for the University of Washington.



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HAVE QUESTIONS? CONTACT US!

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kbishop@evergreencpg.org | www.evergreencpg.org

SCHOLARSHIPS

Full scholarship opportunities available for Washington State treatment providers!

But hurry! There are a limited number of scholarships.

Scholarship includes full registration fees, hotel stipend, AND Washington State Problem Gambling Certification application fees.

Visit www.evergreencpg.org for more details.

HOTEL ACCOMMODATIONS

Delta Hotel by Marriott Everett

3105 Pine Street | Everett, Washington
425.339.2000

<https://www.marriott.com/hotels/travel/seavt-delta-hotels-seattle-everett/>

Request the **EVERGREEN COUNCIL ON PROBLEM GAMBLING** room rate at \$137 per night.

MEALS & DIRECTIONS

Beverages and Continental Breakfast will be provided during the workshops. Other meals are the responsibility of the workshop participant.

Driving directions will be included in your registration confirmation.



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Problem Gambling



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