

# Focus on the Future- **TOGETHER!** For Healthy Communities



April 24-27, 2017  
**Olympia**

  
EVERGREEN  
council on problem gambling



# THANK YOU TO OUR SPONSORS

## CONFERENCE PARTNER



## PLATINUM PEAK PATRON



## SCHOLARSHIP & TRAINING PARTNER



## GOLDEN EAGLE GUARDIAN



## SILVER SALMON SPONSORS



## BRONZE BIG LEAF MAPLE BENEFACTORS



Nisqually Tribe



## COPPER RIVER CONTRIBUTORS



**Focus on the Future** is the largest and longest-standing Conference on Problem Gambling Awareness in the Pacific Northwest Region. Launched in 2007, **Focus on the Future** brings together an incredible mixture of compelling speakers – experts from across the country and around the world – and opportunities to network and learn from colleagues in the field. It is a place where you can exchange your ideas, experiences, and knowledge to become a collective voice in raising awareness and developing programs and services that have the greatest positive impact. Problem gambling affects every community in our region and can cripple the lives not only of problem gamblers themselves, but of their families and friends, too. By partnering this year with TOGETHER!, the Evergreen Council on Problem Gambling has recognized the importance of community partnerships and the connections between all mental health, behavioral health, and addictions issues that affect our communities, as this excellent organization has a long history of engaging all the various entities that make up a community in their problem-solving efforts.

**Focus on the Future - TOGETHER!** will combine the best of the annual conferences both our organizations have offered over the years to provide valuable insights on the tools and resources available for effective treatment, prevention, and community engagement, as well as offering information on trends and innovative topics in gambling, gaming, community resiliency, advocacy, issues around opioids, tobacco, and marijuana, internet addiction, therapeutic justice, and community service models that affect your work. By joining us in Olympia, you will get a prime opportunity to collaborate with and learn from some of the best in the field. You'll no doubt leave with some new connections and partnerships that may lead to enhanced and innovative approaches toward assisting those who are affected by problem gambling.

Thank you, to all of you who make such an important difference for those in our region who need support and services. Thank you and congratulations to the Evergreen Council on Problem Gambling, as they move into an impressive 26 years of service. You have much to commemorate as you come together as partners again this year, and much to look forward to as you **Focus on the Future - TOGETHER!** and all you can accomplish working together.



Sincerely,

A handwritten signature in black ink that reads "Brad Owen". The signature is fluid and cursive.

Brad Owen

Washington State Lieutenant Governor, Retired

Brad Owen was elected as Washington State's 15th Lieutenant Governor in 1996 and re-elected in 2000, 2004, 2008, and 2012. He dedicated his term of service to providing leadership in the field of public health and safety, with an emphasis on substance abuse and prevention. He retired from government service in 2016.

# A MESSAGE FROM MAUREEN GREELEY EVERGREEN COUNCIL ON PROBLEM GAMBLING EXECUTIVE DIRECTOR

April 2017

Welcome to ***Focus on the Future – TOGETHER!*** We're so glad you're here for what promises to be an exciting and informative event filled with thought-provoking workshops, the chance to meet colleagues and to develop, as our conference theme suggests, ways to work **TOGETHER** to enhance programs and services for the **Future**.

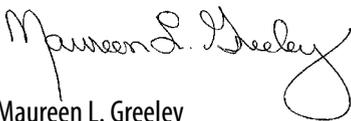
We come Together with unique backgrounds and varied experiences, but we almost certainly agree on several things:

- We're here because we believe in providing the highest-quality programs and services to help youth and all of our communities.
- We're here because we believe Mental Health, Behavioral Health, and Community Health are inextricably intertwined.
- And, we're here because we believe it takes strong partnerships between service providers, state and federal agencies, educators, policy makers, the legal community, prevention specialists, the recovering community, and more to successfully advocate for the resources and initiatives that will make a difference in heightening awareness, and offering services in our communities.

All of us at the Evergreen Council would like to thank our Conference Partner this year – TOGETHER!, and our tremendous staff and volunteers who worked to design something beneficial for all attendees. So – jump in and participate during workshops and sessions; share your insights and your knowledge as well as your questions and concerns; network with colleagues, make new friends, and forge new partnerships.

## **WE CAN MAKE AN IMPORTANT DIFFERENCE IN THE FUTURE – TOGETHER!**

Warmly,



Maureen L. Greeley  
ECPG Executive Director



# ABOUT THE EVERGREEN COUNCIL ON PROBLEM GAMBLING

The Evergreen Council on Problem Gambling (ECPG) is dedicated to increasing awareness of public health issues around problem gambling and gaming, expanding the availability and integration of services, and supporting advocacy, research, and programs for education, prevention, treatment, and responsible gambling and gaming. We provide confidential support for Washington State residents through our 24-hour Problem Gambling Helpline (800.547.6133), through text and chat services, and public awareness, education, prevention, and resource development services for individuals, families, employers, students, the gaming industry, and business and community groups. ECPG also provides qualified training and certification programs and continuing education hours (CEs) for treatment professionals.



The Council offers support for residential treatment for problem gamblers and outpatient treatment for problem gamblers and family members, as well as education and public awareness programs to a wide variety of community and professional groups through presentations. The Council works with the Gaming Industry to provide employee training and responsible gaming policy and program development, and offers a Responsible Gaming Certification program.

The Evergreen Council on Problem Gambling is pleased to work with schools and youth groups, educators and PTAs, civic and social service organizations, and others to develop and tailor education and awareness programs to meet your needs. For more information, or to schedule a presentation, call our office at 360.352.6133.

## INTRODUCTION TO PROBLEM GAMBLING TRAINING

Are you interested in or in the process of working toward becoming a Certified Problem Gambling Counselor? Do you need CE's or advanced training in problem gambling? Our next Introductory Training Workshop will be held May 22-25, 2017, at the Hilton Garden Inn in Bothell, WA. Visit [www.evergreencpg.org](http://www.evergreencpg.org) for more information.

# A MESSAGE FROM MEGHAN & MEAGAN

## TOGETHER!'s Collaborative Agency Leadership Team

On behalf of TOGETHER!, welcome and thank you for joining us at **Focus on the Future – TOGETHER!** For Healthy Communities 2017. This year TOGETHER! is pleased to partner with Evergreen Council on Problem Gambling on this event, building on the successes of our past Meth and More: Drug Abuse in Our Area and Substance Abuse: A Community Response conferences over the better part of the last decade. We hope you are as excited as we are for the action-packed offering, with more continuing education opportunities and diverse content than ever.

By focusing on the future, together we can build and sustain healthier communities, families and individuals. Using the best available science in prevention, intervention, treatment, and recovery, and highlighting great work both locally and nationally, we hope this conference expands both your knowledge and ability to meet the challenges in our collective fields head on and with compassion. It is our hope this conference will serve as a catalyst for your learning and professional growth, helping you to achieve your professional and personal goals.

Thank you again for joining us this year. We hope you have a wonderful conference experience!

Sincerely,



Meghan Sullivan, MPA, CHES®, CPP



Meagan Darrow, MPA, CHES®, CPP

## ABOUT TOGETHER!

TOGETHER! is a nonprofit organization founded in 1989 to serve youth and families in the South Sound with a mission to advance the health and well-being of all young people. We offer direct service youth programs, mobilize communities through coalitions, advocate for healthier laws, norms, and systems, and promote health through community and individual education. For nearly 30 years, TOGETHER!'s strategic investment in programs, services, and partnerships at the cutting edge of youth development consistently produce proven results in youth health, safety, and success. We have worked to achieve our mission and vision by living our values. We value **equity**; we believe that all people deserve social, health, and educational equity. **Mobilization**; we partner and mobilize families, schools, and the community to solve community problems. And **systems change**; using data to lead and support change across sectors to serve the needs of the whole child.



# SCHEDULE AT-A-GLANCE

MONDAY, APRIL 24				
7 - 8 am		Lobby	Registration	
		Foyer	Continental Breakfast	
8 am - Noon	Pre-Conference	State	Liz Davis, BA, MiT, Schelli Slaughter, BA, and Jon Tunheim	<i>Exploring the NEAR Sciences and Hope Theory</i>
	Pre-Conference	Pine	Liz Wilhelm, MS	<i>Ethics in Prevention: A Decision-Making Process for Human Services Professionals (Part I)</i>
	Pre-Conference	Cedar/Hemlock	Derek Franklin, MA	<i>Positive Community Norms in Practice: Preventing Addiction at the Community Level</i>
Noon - 1 pm		Fir Ballroom	Networking Lunch	
1 - 5 pm	Pre-Conference	State	James Von Busch, LPC	<i>New Ethical Dilemmas in the Digital Age</i>
	Pre-Conference	Pine	Liz Wilhelm, MS	<i>Ethics in Prevention: A Decision-Making Process for Human Services Professionals (Part II)</i>
	Pre-Conference	Cedar/Hemlock	Lauren Davis, BA	<i>Recovery Advocacy Training to Support Crucial Programs and Services in Washington</i>

TUESDAY, APRIL 25				
7 - 8 am		Lobby	Registration	
		Foyer	Continental Breakfast	
8 am - Noon	Pre-Conference	Cedar/Hemlock	Connie Fisher, BS	<i>Youth Mental Health First Aid (Part I)</i>
	Pre-Conference	Pine	Elaine Miller-Karas, LCSW	<i>The Community Resiliency Model: Building Resilience to Trauma</i>

8 am - Noon	Pre-Conference	State	James Von Busch, LPC	<i>ASAM: Criteria Changes, Integration, and Responses to Trauma (Part I)</i>
Noon - 1 pm		Fir Ballroom	Roundtable Discussions	
1 - 5 pm	Pre-Conference	Cedar/Hemlock	Connie Fisher, BS	<i>Youth Mental Health First Aid (Part II)</i>
	Pre-Conference	Pine	Lanessa Inman and Michelle Ryder, BA	<i>Diversity and Inclusion - Building a Foundation for Equitable Services</i>
1 - 4 pm	Pre-Conference	State	James Von Busch, LPC	<i>ASAM: Criteria Changes, Integration, and Responses to Trauma (Part I)</i>

## WEDNESDAY, APRIL 26

7 - 8:15 am		Lobby	Registration	
		Foyer	Continental Breakfast	
8:15 - 10 am	Welcome & Keynote	Fir Ballroom	Jack Gladstone	<i>Children of the Whoop-Up Trail</i>
10- 10:15 am	Break / Exhibits			
10:15 am - 12:15 pm	Clinical / Behavioral Health	Pine	Malika Lamont, BA, MPA	<i>Opioids and Medically Assisted Treatment</i>
	Law & Justice	State	Mary McHale, BA, Carrie Nyssen, BA Sc, Miae Aramori, MPH, CDP	<i>Tobacco Policy in Washington State</i>
	Innovative Trends	Puget	Hilarie Cash, PhD, Ann Steel, MD, MA, LMHC	<i>Internet Addiction and Youth</i>
	Prevention & Community	Cedar/Hemlock	Julie Hynes, MA, CPS, Roger Fernandes, MA, Cam Adair	<i>Prevention: Changing the Way We Think About Addictions &amp; Youth</i>
12:15 - 12:30 pm	Break / Exhibits			
12:30 - 1:45 pm	Lunch Plenary	Fir Ballroom	David Dickinson, MA, MaryAnne Lindeblad, BSN, MPH, Cassie Undlin	<i>Health Care: Reform, Integration, Change, and Engagement</i>
1:45 - 2 pm	Break / Exhibits			

2- 4 pm	Clinical / Behavioral Health	Pine	Hilarie Cash, PhD, Cosette Rae, MSW, Cam Adair	<i>Screenagers Film with Discussion</i>
	Law & Justice	State	Hillary Soens, MPA, Sabrina Craig	<i>Therapeutic Justice for the Future: Gender Responsive Drug Courts</i>
	Innovative Trends	Puget	Adam Fletcher, BA and Mary Ann O'Garro, BS, BA	<i>The State of Children and Youth 2016 - Opportunities and Gaps</i>
	Prevention & Community	Cedar/ Hemlock	Erin Honseler, MS, Joshua Wallace, Cody West	<i>LGBTQ Safe Spaces: Culture and Community Support</i>
4 - 5:30 pm		Fir Ballroom	Reception with Youth Programs	
5:30 - 7 pm		Puget	Open GA & Gam-Anon Meeting	
		State	Open AA Meeting	

## THURSDAY, APRIL 27

7 - 8 am		Lobby	Registration	
		Foyer	Continental Breakfast	
8 - 10:15 am	Welcome & Keynote	Fir Ballroom	Michael Bricker, MS, CADC-II, LPC	<i>What's Love Got to Do With It? Addiction, Attachment, and the 13th Step</i>
10:15 - 10:30 am	Break / Exhibits / Hotel Check Out			
10:30 am - 12:30 pm	Clinical / Behavioral Health	Cedar/ Hemlock	Jim Leingang, BA, CDP, WSCGC-II, Maureen Greeley, BS	<i>Problem Gambling Continuum of Care</i>
	Innovative Trends	State	Chris Stearns, Taurell Reboulet, MA, LMHCA	<i>Evolution of eSports: Is Interactive Gaming the New Normal?</i>
	Prevention & Community	Pine	Mandy Paradise, M.Ed, Sara Rigel, MPH, CHES, Sara Ellsworth, MA, LMHC, CDP, Leslie Van Leishout, Teresa Wolfe, LMHC	<i>Strengthening School Mental Health Systems: Successful Partnerships</i>

12:30 - 12:45 pm	Break / Exhibits			
12:45 - 2:15 pm	Lunch Plenary	Fir Ballroom	Roger Fernandes, MA	<i>A Long Time Ago... Storytelling is Healing</i>
2:15 - 2:30 pm	Break / Exhibits			
2:30 - 4:30 pm	Clinical / Behavioral Health	State	Katy Murray, MSW, LICSW, BCD	<i>Introduction to EMDR Therapy in Integrative Treatment</i>
	Law & Justice	Pine	Mary Segawa, MS, Mark Cooke, Josh Brown	<i>Marijuana Policy, Funding, and Emerging Issues</i>
	Innovative Trends	Cedar/Hemlock	Ruby Takushi, PhD, David Coffey, MPP, Cheryl Wilcox, BS, Jane Brennan	<i>Recovery Cafe - A Healthy Community Supporting Recovery from Addiction: Our Outcome Evaluation Journey</i>
	Prevention & Community	Puget	Brad Galvin, MS, LMHC, CDP, NCGC-I	<i>Keep it Real: Effective Strategies for Engaging Youth in Problem Gambling Awareness</i>

## STAY SOCIAL!



Facebook.com/  
EvergreenPG

Facebook.com/  
thurstontgether



@EvergreenCPG

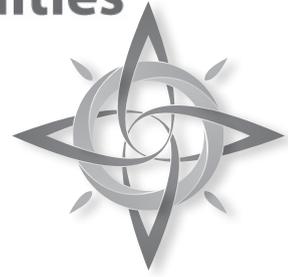
@TOGETHERTC



ECPGambling

Share photos & comments during the conference! Tag them **#FoFT17**

# Focus on the Future- TOGETHER! For Healthy Communities



## CONFERENCE SCHEDULE

### Monday, April 24

#### 7 - 8 am

Registration

Lobby

Continental Breakfast

Fir Ballroom Foyer

#### 8 am - Noon

#### ***Concurrent Pre-conference Workshops***

#### ***Exploring the NEAR Sciences and Hope Theory***

State

Presented by: Liz Davis, BA, MiT, Schelli Slaughter, BA and Jon Tunheim

Learn about the latest research and delve into complex issues, including how an individual's experiences can affect brain development, gene expression, and physical and behavioral health, as well as how we can build and measure hope to prevent and mitigate trauma.

#### ***Ethics in Prevention: A Decision-Making Process for Human Services Professionals (Part I)***

Pine

Presented by: Liz Wilhelm, MS

Ethics in Prevention describes the six principles in the Prevention Code of Ethics, illustrated by realistic examples designed to enhance understanding of each principle. This training also introduces a decision-making process designed to actively apply this code to a variety of ethical dilemmas.

#### ***Positive Community Norms in Practice: Preventing Addiction at the Community Level***

Cedar/Hemlock

Presented by: Derek Franklin, MA

Learn about the Positive Community Norms (PCN) intervention framework and its application to efforts to prevent risk behaviors and advance individual and community health and wellbeing. Hear from PCN practitioners using the model and science, learn from their experience, and engage in interactive discussions about practical application in your community. Key examples include applications for community level substance abuse prevention; however, the material can be generalized to multiple health and safety domains.

## Noon - 1 pm

**Networking Lunch**

**Fir Ballroom**

## 1 - 5 pm

***New Ethical Dilemmas in the Digital Age***

**State**

Presented by: James Von Busch, LPC

Health and human service professionals face a myriad of new ethical dilemmas with little guidance from existing ethical codes that do not address these emerging issues. This training will review the current literature regarding new ethical dilemmas related to technology and the Internet; it will also provide guidance and recommendations for health and human service staff.

***Ethics in Prevention: A Decision-Making Process for Human Services Professionals (Part II)***

**Pine**

Presented by: Liz Wilhelm, MS

***Recovery Advocacy Training to Support Crucial Programs and Services in Washington***

**Cedar/Hemlock**

Presented by: Lauren Davis, BA

This training will prepare individuals who are passionate about recovery from substance abuse, mental health conditions, and problem gambling to be effective advocates to change public policy at the state and local levels, and to change public discourse by engaging with the media. People in recovery from substance addiction, mental health conditions, and/or problem gambling, impacted family members, and behavioral health professionals can all be effective advocates for programs and services in our state. Skills will include: how to tell your story in a way that is succinct and compelling, how to structure a meeting with your legislator, ways to influence the legislative process, how to pitch a story to the media, and tips for being interviewed by the media.

## Tuesday, April 25

### 7 - 8 am

Registration

**Lobby**

Continental Breakfast

**Fir Ballroom Foyer**

### 8 am - Noon

***Concurrent Pre-conference Workshops***

***Youth Mental Health First Aid (Part I)***

**Cedar/Hemlock**

Presented by: Connie Fisher, BS

Youth Mental Health First Aid™ (YMHFA) teaches adults how to identify, intervene and help children and teens in mental health crisis or displaying at-risk behavior that may pose a danger to themselves or others. YMHFA is an evidence based, research proven 8-hour course that helps identify, understand, and respond to signs of mental illnesses and addictions in youth ages 12-18.

***The Community Resiliency Model: Building Resilience to Trauma***

**Pine**

Presented by: Elaine Miller-Karas, LCSW

The Community Resiliency Model® (CRM) is a wellness and prevention program that provides a biological perspective to common human reactions, which occur with stress and trauma. CRM is a set of six wellness skills that reset the natural balance of the nervous system. CRM skills are universal because all humans have nervous systems elegantly designed for healing. The Community Resiliency Model® trains community members to not only help themselves, but to help others within their wider social network. This workshop will share the key concepts of CRM and the participants will experience the basic skills in the workshop.

***ASAM: Criteria Changes, Integration, and Responses to Trauma (Part I)***

**State**

Presented by: James Von Busch, LPC

This training will highlight the changes to the DSM 5 definition of addiction-related disorders and ASAM criteria based on latest empirical research. Revisions and updates that will impact changes to ASAM criteria as it relates to assessment, individual service planning, course of treatment, discharge planning, as well as referral for continued services will be explored. New information will be shared regarding terminology, guiding principles, care descriptions, and continued services when a patient is transferred or discharged. This training will also discuss the role adversity plays in patients’ continued substance-related behaviors as a way of coping with interpersonal distress. Participants will have an opportunity to practice ASAM Criteria through clinical application.

**Noon - 1 pm**

***Roundtable Discussions***

**Fir Ballroom**

**1 - 5 pm**

***Youth Mental Health First Aid (Part II)***

**Cedar/Hemlock**

Presented by: Connie Fisher, BS

***Diversity and Inclusion - Building a Foundation for Equitable Services***

**Pine**

Presented by: Lanessa Inman and Michelle Ryder, BA

In this workshop you will explore the intercultural competency spectrum by engaging in hands-on, culturally relevant professional and personal development. Differences like race, ethnicity, gender, sexual orientation, class, language, abilities, and how those differences are navigated and stratified in our society, are closely linked to a range of social and health outcomes.

**ASAM: Criteria Changes, Integration, and Responses to Trauma (Part II)**

**State  
Ends at 4 pm**

Presented by: James Von Busch, LPC

**Wednesday, April 26**

**7 - 8:15 am**

Registration

**Lobby**

Continental Breakfast

**Fir Ballroom Foyer**

**8:15 - 10 am**

Welcome and Keynote

**Fir Ballroom**

***Children of the Whoop-Up Trail***

Presented by: Jack Gladstone

As one of our nation's premier Indigenous singer/songwriters, Jack Gladstone, "Montana's Blackfoot Troubadour" shares stories that illustrate the ecological, cultural, and historical evolution of the American West. "Children of the Whoop-Up Trail" traces the odyssey of the Blackfoot Confederacy in the wake of British, American, and Canadian expansion. Central focus falls upon Blackfoot resistance, adaptation, and accommodation in surviving the onslaught of the Euro-American biological, economic, religious, and alcoholic imperatives. Imperatives, that when delivered, forever changed the cultural and ecological fabric of North America.

**10 - 10:15 am**

Break / Exhibits

**Foyer, Olympic, Breezeways**

**10:15 am - 12:15 pm**

***Concurrent Breakout Sessions***

**Clinical / Behavioral Health**

**Pine**

***Opioids and Medically Assisted Treatment***

Presented by: Malika Lamont, BA, MPA

Evergreen Treatment Services is the oldest provider of medically assisted treatment in the Puget Sound Area. This presentation will profile the agency and their services and the innovations they are employing to create relevant and comprehensive opiate treatment and healthcare in response to the opioid epidemic in the Puget Sound area.

**Innovative Trends**

**Puget**

***Internet Addiction and Youth***

Presented by: Hilarie Cash, PhD and Ann Steel, MD, MA, LMHC

What is it that youth need in order to grow into healthy adults? In this presentation we will look specifically at the influence of digital technology on our youth. We will together consider how this generation's relationship to technology can influence social, sexual, intellectual, mental health, and physical development. There are both positive and negative aspects to this influence. The audience will be invited to participate by asking relevant questions and sharing experiences. Included will be recommendations for ways to help youth achieve a sustainable, healthy relationship to digital media, and resources to find help.

**Law and Justice**

**State**

***Tobacco Policy in Washington State***

Presented by: Mary McHale, BA, Carrie Nyssen, BA Sc, and Miae Aramori, MPH, CDP

State and local tobacco policy experts will share best practices, successes, and challenges in tobacco control policy at the federal, state, and local levels. This workshop will cover general tobacco policies and information, including electronic smoking devices and housing policies.

**Prevention & Community**

**Cedar/Hemlock**

***Prevention: Changing the Way We Think About Addictions and Youth***

Presented by: Julie Hynes, MA, CPS, Roger Fernandes, MA, and Cam Adair

This session will include discussion of recent trends today that present strengths and challenges in the prevention of addictions; discuss connections of risk factors and signs that are specific to youth problem gaming and gambling; and discuss ways in which prevention providers, families, and concerned others can address issues connected to youth and addictions.

**12:15 - 12:30 pm**

Break / Exhibits

**Foyer, Olympic, Breezeways**

**12:30 - 1:45 pm**

Lunch Plenary

**Fir Ballroom**

***Health Care: Reform, Integration, Change, and Engagement***

Presented by: David Dickinson, MA, MaryAnne Lindeblad, BSN, MPH, and Cassie Undlin

An overview of known or proposed changes related to health reform from a federal perspective will be presented. This will include changes related to SAMHSA efforts in support of healthcare integration and funding.

**1:45 - 2 pm**

Break / Exhibits

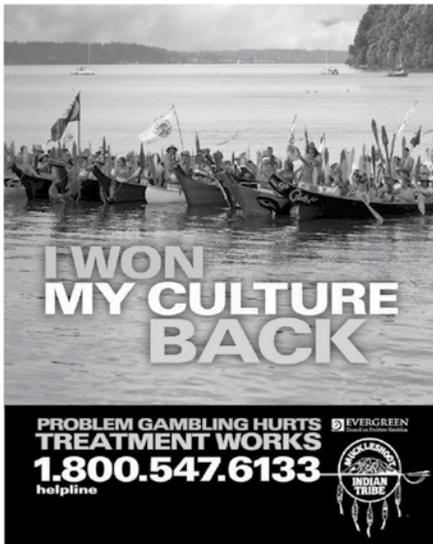
**Foyer, Olympic, Breezeways**

**2 - 4 pm**

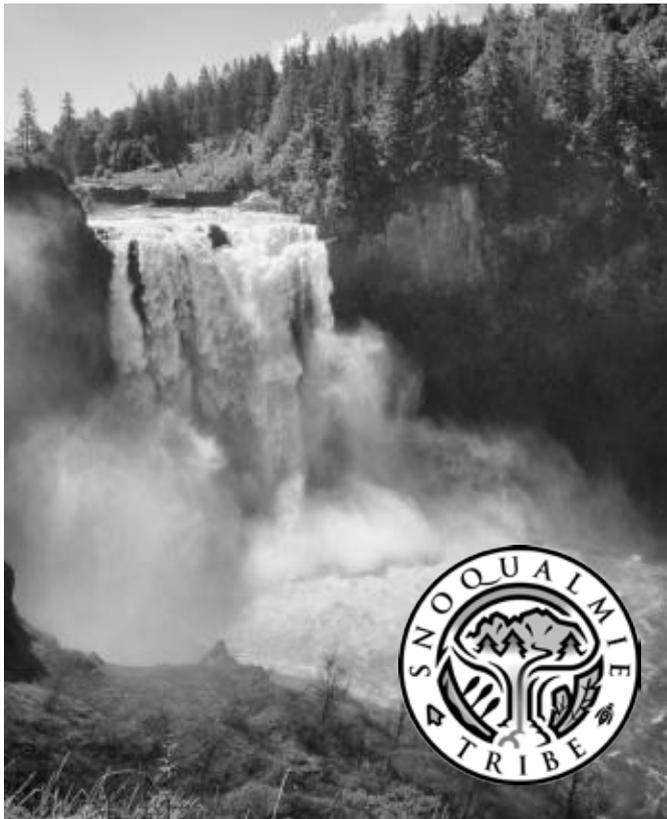
**Concurrent Breakout Sessions**

**Clinical / Behavioral Health**

**Pine**



Thurston-Mason Behavioral Health Organization (TMBHO) is a county program responsible for the administration of publicly-funded mental health and substance use disorder (behavioral Health) services for Thurston and Mason counties. TMBHO is dedicated to providing behavioral health services to Medicaid enrolled persons with severe and persistent mental illness and mild and moderate to severe substance use disorders to ensure quality tenure in our community.



### ***Screenagers Film with Discussion***

Presented by: Hilarie Cash, PhD, Cosette Rae, MSW, and Cam Adair

Are you watching kids scroll through life, with their rapid-fire thumbs and a six-second attention span? Physician and filmmaker Delaney Ruston learned that the average kid spends 6.5 hours a day looking at screens. She wondered about the impact of all this time and about the friction occurring in homes and schools around negotiating screen time. In *SCREENAGERS*, Delaney takes a deeply personal approach as she probes into the vulnerable corners of family life to explore struggles over social media, video games, academics and internet addiction. Through poignant and unexpectedly funny stories, along with surprising insights from authors, psychologists, and brain scientists, *SCREENAGERS* reveals how tech time impacts kids' development and offers solutions on how adults can empower kids to best navigate the digital world and find balance.

### **Innovative Trends**

**Puget**

#### ***The State of Children and Youth 2016 - Opportunities and Gaps***

Presented by: Adam Fletcher, BA and Mary Ann O'Garro, BS, BA

Every two years, we get a new data-informed view into the lives of local youth from the Washington State Healthy Youth Survey. This presentation will share the latest Thurston County results from the 2016 survey and describe critical issues impacting the health and future of area children. Participants will engage in a forward-looking discussion about the opportunities and gaps facing our community.

### **Law & Justice**

**State**

#### ***Therapeutic Justice for the Future: Gender Responsive Drug Courts***

Presented by: Hillary Soens, MPA, and Sabrina Craig

This panel will discuss the trend in opioid use within Thurston County Drug Court and the challenges of treating OUD with limited resources and innovative approaches now available with MAT. The session will also present the Girls Council model, which is a gender-responsive, strengths-based navigation and social support program for young women who are juvenile justice involved or at risk of justice involvement.

### **Prevention & Community**

**Cedar/Hemlock**

#### ***LGBTQ Safe Spaces: Culture and Community Support***

Presented by: Erin Honseler, MS, Joshua Wallace, and Cody West

This introduction to LGBTQ+ related services and support will give you the space to come and learn, hear about interesting projects going on in Western Washington, explore vocabulary, and answer any questions you have wanted to ask! Pizza Klatch of Thurston County and Seattle Area Support Groups (SAGS) are teaming up to talk about our community and to open up conversation around substance abuse amongst LGBTQ youth.

**4 - 5:30 pm**

Reception with Youth Programs

**Fir Ballroom****5:30 - 7 pm**

Open GA/Gam-Anon Meeting

**Puget**

Open AA Meeting

**State****Thursday, April 27****7 - 8 am**

Registration

**Lobby**

Continental Breakfast

**Fir Ballroom Foyer****8 - 10:15 am**

Welcome and Keynote

**Fir Ballroom*****What's Love Got to Do With It? Addiction, Attachment, and the 13th Step***

Presented by Michael Bricker, MS, CADC-II, LPC

Counselors are well aware of the dangers of “treatment romance”, “honeymoon-hopping” and the phenomenon of “13th-stepping” at fellowship meetings, but may not be familiar with the science to back up their cautionary advice. The growing attention to the neurobiology of substance-related and addictive disorders in the past decade has brought focus to attachment theory as one lens through which to view addiction. Unstable attachment in early childhood can lead to early onset of substance use, early initiation of sexual activity, sequential intense but unstable relationships, and romantic entanglements in early sobriety which often lead to relapse. This workshop will provide a basic understanding of attachment as one important facet of addiction and recovery, and discuss its impact on “process addictions” and emotional relapse prevention.

**10:15 - 10:30 am**

Breaks / Exhibits / Hotel Checkout

**Foyer, Olympic, Breezeways****10:30 am - 12:30 pm****Concurrent Breakout Sessions****Clinical / Behavioral Health****Cedar/Hemlock*****Problem Gambling Continuum of Care***

Presented by: Jim Leingang, BA, CDP, WSCGC-II and Maureen Greeley, BS

This workshop will focus on developing a strong Continuum of Care for the treatment of patients who struggle with Gambling Disorder. Available resources and services will be featured. We will also look at areas where there are gaps in services within our state and region. In addition, emerging services and support communities will be discussed. For those interested in adding problem gambling treatment services, the process for state certification will be discussed along with information on DBHR requirements for agencies to treat problem gamblers and their families. For counselors who have already begun working with Disordered Gambling patients, the session will feature information on structuring your program, meeting the patient where they are, as it relates to the stages of change, as well as suggested topics and worksheets for your curriculum.

## Innovative Trends

State

### ***Evolution of eSports: Is Interactive Gaming the New Normal?***

Presented by: Chris Stearns, Taurell Reboulet, MA, LMHCA

The panel will discuss the e-sports industry, regulation, and potential dangers and associated risks of e-sports and competitive video gaming. Participants will have a better understanding of how e-sports is changing the perspective of gaming, and normalizing professional video game players. The treatment and recovery process for video game addiction will be discussed.

## Prevention & Community

Pine

### ***Strengthening School Mental Health Systems: Successful Partnerships***

Presented by: Mandy Paradise, M.Ed, Sara Rigel, MPH, CHES, Sara Ellsworth, MA, LMHC, CDP, Leslie Van Leishout, and Teresa Wolfe, LMHC

A question and answer session with a facilitated discussion on mental health services in schools. This session has a panel of representatives from clinical services, school districts, and school-based health centers. Panelists will share their experiences with building and implementing school mental health supports in diverse settings.

### **12:30 - 12:45 pm**

Breaks / Exhibits

Foyer, Olympic, Breezeways

### **12:45 - 2:15 pm**

Lunch Plenary

Fir Ballroom

### ***A Long Time Ago... Storytelling is Healing***

Presented by: Roger Fernandes, MA

Stories hold knowledge and wisdom to help us address the struggles of our lives. We need all types of experiences to help us grow. How we find the wisdom and knowledge around us and within us is a personal endeavor.

### **2:15 - 2:30 pm**

Break / Exhibits

Foyer, Olympic, Breezeways

### **2:30 - 4:30 pm**

## Concurrent Breakout Sessions

### **Clinical / Behavioral Health**

State

#### *Introduction to EMDR Therapy in Integrative Treatment*

Presented by: Katy Murray, MSW, LICSW, BCD

Adverse childhood experiences and trauma are often the foundation of later addiction, pushing the person to find relief in substances or compulsive behaviors. The short term, positive states achieved by the addictive substance or behavior can become a compelling drive, with emotional, mental, physical, behavioral, and psychic consequences, leading to a vicious cycle of pain and escape. Eye Movement Desensitization and Reprocessing (EMDR), is an integrative psychotherapy

approach that has been extensively researched and proven effective for the treatment of trauma and trauma-related disorders, and is being integrated into treatment for co-occurring mental health and addiction disorders. This workshop will familiarize attendees with EMDR therapy's model, methods, and evidence, and describe how it can be integrated into an overall course of treatment.

### **Innovative Trends**

**Cedar/Hemlock**

*Recovery Café—A Healthy Community Supporting Recovery from Addiction: Our Outcome Evaluation Journey*

Presented by: Ruby Takushi, PhD, David Coffey, Cheryl Wilcox, and Jane Brennan, BA

Program evaluation and outcome metrics have become increasingly important as funders require rigorous evidence of a program's success. Recovery Café' Seattle is a community of support serving men and women in recovery from homelessness, addiction, and other mental health challenges. This session will focus on Recovery Café's journey to develop a process for measuring improved outcomes for those in recovery. This is an opportunity to learn how one small organization's experience with both success and failure has resulted in a robust self-monitoring process. This presentation will inform those seeking to learn more about program outcome evaluation and ways of communicating outcome data, and will offer suggestions that other groups might consider, including specific application to problem gambling recovery.

### **Law & Justice**

**Pine**

*Marijuana Policy, Funding, and Emerging Issues*

Presented by: Mary Segawa, MS, Mark Cooke, JD, MSW, and Josh Brown

This panel will cover the current status of marijuana legalization in Washington state, including an overview of the regulatory system (medical and retail markets), key issues and how they are being addressed, tax revenue and revenue disbursement, and resources for communities.

### **Prevention & Community**

**Puget**

*Keep it Real: Effective Strategies for Engaging Youth in Problem Gambling Awareness*

Presented by: Brad Galvin, MS, LMHC, CDP, NCGC-I

Ever wondered what to present to youth about gambling addiction? Ever felt you lacked tools to facilitate youth groups? Ever asked yourself how to grab their attention and keep them engaged? Ever struggled to connect with youth groups inside and outside your organization to set up presentations? If you answered "yes" to any of these questions, this is the session for you! Participants will have an opportunity to experience what it's like to be in one of the presenter's youth groups – to learn new materials and a style that has worked for presenting that material. There will also be an opportunity for participants to share their experience of presenting to youth on gambling disorder or other health-related areas so others can benefit from their expertise.

# PRESENTERS



**Cam Adair** is the founder of Game Quitters, the world's largest support community for video game addiction. A pioneer in the field, Cam's story has been featured in two TEDx talks, and major media outlets such as Forbes, Vice, FOX, CW, and The Huffington Post. A YouTuber, he shares weekly videos where his work has been seen by over 750,000 people. Born in Canada, he currently lives in San Diego, California.



**Miae Aramori, MPH, CDP**, is a Program Manager with the Tacoma-Pierce County Health Department for the Physical Activity, Nutrition, Tobacco Control, and Chronic Disease Prevention programs. Miae has been a chemical dependency professional for the past 22 years and has 14 years of experience working in local and state government.



**Jane Brennan, BA** serves as Special Projects Coordinator for the Recovery Café in Seattle. She received her BA in Anthropology from Columbia University in 2014. Prior to coming to Recovery Café, she served as both a resource and referral specialist and site supervisor for the Urban Rest Stop, providing hygiene services for people who are currently homeless. Currently, Jane has been participating in Recovery Café's outcome evaluation design and implementation.



**Mike Bricker MS, CADC-II, NCAC-II, LPC**, is the Adult SUD Treatment Program Manager for Lutheran Community Services in Klamath Falls, OR. He specializes in providing trauma-informed care to participants in treatment for methamphetamine and other drugs of abuse. Mike is also a consultant on "dual recovery" from substance use and mental disorders through the STEMSS Institute, and specializes in blending research-based treatment with other Wisdom Traditions. Mike is a seasoned trainer who presents regularly at national conferences, and a member of the NAADAC Speakers' Bureau. He has been a clinician, consultant, and teacher for over 35 years.



**Josh Brown** is a marijuana retailer with three years experience with Initiative 502, and two years as a retail manager. He has expertise in the evolution of marijuana products.



**Hilarie Cash, PhD**, is co-founder of reSTART Life, LLC, the first long-stay retreat program in the US or Canada for adults who are experiencing serious problems with their digital screen use. She began her pioneering work in this new field in the mid-90s. In 2008, she co-authored the book *Video Games and Your Kids: How Parents Stay in Control*, and in 2009, she co-founded reSTART Life. Hilarie is one of the nation's leading experts in the growing field of Internet addiction.



**David Coffey, MPP** is the Executive Director of Recovery Café, which is a support center for people who have been traumatized by homelessness, addiction, and other mental health challenges. Earlier in his career, he was a Program Officer for the El Pomar Foundation, and that has given him an appreciation from both the service provider and funder perspectives regarding outcome measurement.



**Mark Cooke, JD, MSW**, is a Policy Director for the ACLU of Washington's Campaign for Smart Justice. He works on criminal justice, drug, and mental health policy reform. He also served as a Policy Advisor for New Approach Washington, the organization which successfully campaigned for the passage of Initiative 502, which legalized and regulated marijuana for adults in Washington State. Mark graduated from Washington University in St. Louis in 2007 with JD and MSW degrees.



**Sabrina Craig** has worked in the SUD treatment field since 1996, most recently as the Thurston County Superior Court- DUI/Drug Court Manager. Over the last 20 years, she has worked in a variety of settings from medically managed inpatient detox to outpatient prevention, both in direct consumer care and program administration.

**Lauren Davis, BA** is the Public Policy Chair for the Washington Recovery Alliance, a statewide network of addiction recovery coalitions. She also serves on the King County Behavioral Health Advisory Board, the Public Policy Committee for the National Alliance on Mental Illness (NAMI) Washington, King County's Mental Illness and Drug Dependency (MIDD) Advisory Committee, and the Speaker of the House's Mental Health Task Force. She holds a BA in ethnic studies from Brown University. Lauren spent three years at Forefront, a UW-based suicide prevention center, as the Director of Campus Programs and Senior Policy Analyst.



**Liz Davis, BA, MiT** is the Community Coordinator for Thurston Thrives, a collaborative initiative to improve public health and safety in Thurston County. As the co-founder and CEO of Northwest Venture Philanthropy, she also provides leadership to several other collective impact efforts at the local, regional, and state levels – including Essentials for Childhood and the Cascade Pacific Action Alliance. Liz holds a BA in English, magna cum laude, from Washington State University and a Master in Teaching from The Evergreen State College.



**David Dickinson, MA** has 35 years experience in the field of behavioral health, working in clinical service delivery as a counselor, program manager, and agency director, as well as serving in leadership positions in State government in Kansas and Washington. His clinical career also included service delivery in California, Colorado, and Oregon. He currently serves as SAMHSA Regional Administrator for HHS Region X.

**Sara Ellsworth, MA, LMHC, CDP** holds a BA in Psychology from Gonzaga University and an MA in Counseling Psychology from the University of Denver. She has been an LMHC since November 2006, and became a CDP in November 2009. She has worked directly with children and youth in various capacities for 13 years, and currently works as a Behavioral Health Clinical Services Manager for Capital Region ESD 113's True North Student Assistance & Treatment Services.



**Roger Fernandes, MA** is a Native American artist, storyteller, educator, and social worker with over 40 years of experience. He is a member of the Lower Elwha Band of S'Klallam Indians from western Washington. Roger has a BA in Native American Studies from The Evergreen State College and an MA in Whole Systems Design from Antioch University. Roger combines all these experiences into a position where he uses storytelling and art to address educational and mental health issues.



**Connie Fisher, BS** received her bachelor's degree from Northern Kentucky University, completing a major in Psychology and minor in Speech Communications. She has been a Training Specialist for Holly Hill Children's Services since 2003 and oversees the training and development of all staff for two agency facilities. Connie has been involved with child social services agencies for over 15 years as a foster care worker, trainer, administrator, educator, presenter, and consultant. She retains trainer certification for Safe Crisis Management and American Heart Association.



**Adam Fletcher, BA** received his undergraduate degree from The Evergreen State College focused on Youth Studies and Critical Pedagogy, and conducted graduate studies at the University of Washington's College of Education in Educational Leadership and Policy Studies. He was the first student engagement specialist for the State of Washington's education agency, and was also co-founder of the state's Youth Service and Leadership Team. He later worked with the Washington State Department of Health as the Coordinated School Health Program manager. Adam is the author of 50 books and over 100 published articles.

**Derek Franklin, MA** is the Project Director of the Mercer Island Communities That Care Coalition and the Programs Manager at Mercer Island Youth & Family Services. He received a BA in Psychology from Occidental College, and an MA in Counseling Psychology from Antioch University, Seattle. He has spent over 20 years in the community-based mental health and substance abuse prevention and treatment fields, and is a PCN practitioner in the community of Mercer Island, WA.



**Brad Galvin, LMHC, CDP, NCGC-I** has more than a decade of experience working in the chemical dependency, mental health, and problem gambling fields. He helped to develop the Evergreen Council on Problem Gambling's Responsible Gaming Certification Program, researching and authoring the policies and procedures manual and training modules to help ensure that potential gambling-related harm to casino employees and patrons are minimized. Brad currently runs the responsible gambling treatment program at Lummi Nation.



**Jack Gladstone** is "Montana's Troubadour." An enrolled citizen of the Blackfeet Nation, Jack illustrates American Indian culture through a mosaic of music, lyric poetry, and spoken word narrative. A former college instructor, Jack co-founded Glacier National Park's renowned lecture series, "Native America Speaks." Jack has released fifteen critically acclaimed CDs and has received numerous awards.



**Maureen Greeley, BS** is the Executive Director of the Evergreen Council on Problem Gambling (ECPG), has worked with and for ECPG since 1998, and became Executive Director in November 2006. At the national level, she holds an Affiliate seat on the Board for the National Council on Problem Gambling and is the Board's Immediate Past President. In Washington State, she serves on the Problem Gambling Advisory Council for the Washington State Department of Social and Health Services' Behavioral Health Administration.



**Erin Honseler, MS** is most recently from Syracuse where she received her Master of Science in Cultural Foundations of Education with Certificates in Women and Gender Studies and Disability Studies. While at Syracuse University, Erin worked at the Office of Multicultural Affairs in Diversity Education. Erin's primary interest in research and advocacy is access to education for marginalized identities and examining policies that lead to access disparities.



**Julie Hynes, MA, CPS** has specialized in problem gambling prevention for the last 14 years. She coordinates the Problem Gambling Prevention Program with Lane County Public Health ("PreventionLane") and is faculty with the University of Oregon's Department of Counseling Psychology and Human Services. Julie has been involved in numerous state-level and national publications and leadership roles, policy efforts, work with youth, website development, and is always attentive to the forefront of technology in prevention.



**Lanessa Inman** serves as the Racial Justice Director at YWCA Olympia. Lanessa has worked in gender and racial justice advocacy both locally and internationally for several years. As program director of Intercultural Foundations, her current focus is equipping individuals, organizations, and education institutions with tools and resources to ensure their services and practices are accessible, inclusive and equitable for those who are marginalized in our communities



**Malika Lamont, BA, MPA** is the Intake Manager for Evergreen Treatment Services in Lacey, WA, the largest provider of Medically Assisted Treatment in the Puget Sound Area. Malika received her BA from Xavier University of Louisiana and Master of Public Administration from The Evergreen State College. In 2005, Malika moved to Thurston County Public Health and Social Services to implement HIV testing interventions in Family Planning Settings as a result of an HIV outbreak.



**James Leingang, BA, CDP, WSCGC-II** has worked as an addiction counselor since 2007. He was instrumental in developing a Treatment Program with Providence St. Peter Chemical Dependency Center and began seeing patients in 2013. James joined ECPG in September 2016 as the Community Engagement and Advocacy Specialist. He works with therapists in Washington to achieve and maintain their certification to provide services for Disordered Gambling. He is also focused on developing a standard Continuum of Care and Basic Curriculum for treating Disordered Gambling, and works to provide education and outreach throughout Washington State and the Northwest region.



**MaryAnne Lindeblad, BSN, MPH**, brings a broad health care and administrative background to the top position in the Washington State Medicaid program. She is a Registered Nurse and has been an active health care professional as well as a leader spanning most aspects of health care including acute care, long-term care, behavioral health care, eldercare and services for people with disabilities. Prior to her appointment as State Medicaid Director, she served for two years as the Assistant Secretary for Aging and Disability Services Administration in the Department of Social and Health Services.



**Mary McHale, BA**, serves as the Washington state Director of Government Relations for the American Cancer Society Cancer Action Network (ACS CAN). In this role, they work with state and local elected officials to implement laws and policies aimed at reducing the incidence of cancer in our world. Having been with ACS CAN since 2012, Mary is passionately committed to increasing access to care and reducing the burden of tobacco on our communities.



**Elaine Miller-Karas, LCSW** is a licensed clinical social worker, and the executive director and co-founder of the Trauma Resource Institute (TRI). She is the author of *Building Resiliency to Trauma: The Trauma and Community Resiliency Models*. TRI, under her leadership, has traveled to many places in the world. She has brought two models of intervention to the world community that she has co-created: The Trauma Resiliency Model (TRM) and the Community Resiliency Model (CRM).



**Katy Murray, MSW, LICSW, BCD**, is a Licensed Independent and Board Certified Diplomate in Clinical Social Work in Olympia, WA. She received a Masters in Social Work from the University of Washington in 1982 and began her career working in the addictions field. She was trained in EMDR therapy in 1996. An EMDRIA Certified clinician, Katy has a general clinical practice with adults, with specialties in trauma-related disorders, chemical dependency, and psycho-oncology. Katy has authored several articles on the integration of EMDR therapy in clinical practice.



**Carrie Nyssen, BA Sc** serves as Vice President of Advocacy and Air Quality for the American Lung Association of the Mountain Pacific. She oversees and directs advocacy initiatives in seven states – Alaska, Hawaii, Idaho, Montana, Oregon, Washington and Wyoming. She has been with the American Lung Association since 2002, serving in various roles within the association’s policy and advocacy mission work. She provides assistance in data collection for two annual national reports: the State of the Air and the State of Tobacco Control.

**Mary Ann O’Garro, BS, BA** received her BS in Sociology and BA in Psychology from Central Washington University. Over the past two decades, she gained experience in local public health while working in rural and urban health departments in Washington State. She currently works as an Epidemiologist with the Thurston County Health & Social Services Department, supporting implementation of local programs and community health assessment projects.



**Mandy Paradise, M.Ed** has worked in public health and education for 15 years, and she is passionate about improving mental health literacy for youth. She works at the Office of Superintendent of Public Instruction. Mrs. Paradise is the Program Supervisor for Project AWARE, a grant that focuses on improving the mental health and well-being of Washington students. In addition to being a Mental Health & High School Curriculum Resource trainer, Mrs. Paradise is a certified trainer in multiple youth development programs and is a Youth Mental Health First Aider.



**Cosette Rae, MSW, LICSW, ACSW, CDWF** holds a Master’s degree in Clinical Social Work from the University of Washington, a Bachelor’s degree in Applied Psychology from Seattle City University, and certification in numerous clinical modalities. As a former IT professional with more than 20 years of experience in computer/Internet technology, she understands the intricate nature of screen addiction and the tools necessary to bring about sustainable change. She, along with Dr. Hilarie Cash, founded the nation’s first treatment program specializing in Internet Gaming Disorder, and is a founding member of the Internet Gaming Education and Treatment Alliance (IGETA) organization.



**Taurell Reboulet, MA, LMHCA** is the Director of the Open World Program at reSTART Life: Center for Sustainable Technology Use in Fall City. He began working with reSTART in 2011. Taurell holds a Master's degree in Clinical Psychology from Leadership Institute of Seattle of Saybrook University and has also maintained a career as a licensed massage therapist for the past 10 years.



**Sara Rigel, MPH, CHES** is currently a Program Manager at Public Health - Seattle & King County, leading and coordinating services and investments in the health care safety net, including the network of 26 School Based Health Centers in Seattle. Sara has been active in the advancement of school-based health centers (SBHC) throughout her career, and is currently a board member of the Washington School Based Health Alliance. She holds a Masters of Public Health from Tulane University in Maternal and Child Health and Health Education.



**Michelle Ryder, BA** is the Intercultural Foundations Coordinator for Intercultural Foundations, a program of the YWCA Olympia. She is a Qualified Administrator of the Intercultural Development Inventory, and holds a BA from the Evergreen State College. She is a community advocate committed to working for social justice and change, and has served diverse populations across the globe.



**Mary Segawa, MS** is the Public Health Education Liaison for the Washington State Liquor and Cannabis Board, focusing on policy and education issues related to preventing the misuse and abuse of alcohol and marijuana. Her primary emphasis is the prevention of underage use. In this capacity Mary works closely with other state agencies and community organizations to coordinate prevention efforts, provide training opportunities, and develop resource materials for public use. Mary has a Bachelor of Science degree from Kansas State University and a Master's in counseling from Missouri State University.



**Schelli Slaughter, BA** is the Thurston County Director of Public Health and Social Services and holds a Bachelor of Arts degree in Psychology from the Evergreen State College. Schelli has over 20 years of experience in human services and community leadership with expertise in the areas of family and child wellness, behavioral health, homelessness and affordable housing, asset building, and domestic violence/sexual assault. She presents frequently on the science of hope and promotes innovative best practices in preventing adverse childhood experiences, poverty, and violence with a trauma informed approach.



**Hillary Soens, MPA** has been with the YWCA of Olympia since 2010, successfully building the Girls Without Limits! and Girls Circle programs as the agency's Girls Advancement Director. She moved into the CEO position in 2013. Hillary has a Master's in Public Administration from the Evergreen State College with an emphasis in nonprofit leadership and development. Prior to joining the YWCA, Hillary worked in youth development, out-of-school-time program development, and conducted organizational assessments and fundraising for several nonprofit organizations.



**Commissioner Chris Stearns** is an attorney specializing in Indian law. He previously served four years as Counsel to the US House Committee on Natural Resources and was the first-ever Director of Indian Affairs for the U.S. Department of Energy. He is also the past Chairman of the Seattle Human Rights Commission. He was appointed by Governor Inslee to the Washington State Gambling Commission in July 2013. In October 2014, Commissioner Stearns was unanimously elected Chair of the Commission.



**Ann Steel, MD, MA, LMHC** has worked with parents, families, and youth for over 30 years as a family physician, an educator, and currently as a mental health counselor and speaker, specializing in technology addiction in Bellevue, WA. She also spent three years as an assessment specialist and therapist at reSTART Internet Addiction Center in Fall City, Washington, the first center in the nation to treat internet use disorders.



**Ruby Takushi, PhD** is a clinical psychologist and serves as Director of Programs for the Recovery Café. She received her doctorate in clinical psychology from Fuller Theological Seminary in 1990. She completed her post-doctoral training at St. Elizabeth's Hospital in Washington, DC with a specialization in Group Psychotherapy. While training at the University of Washington Addictive Behaviors Research Center from 1996-1999, Dr. Takushi conducted research and published in the field of gambling addiction and cross-cultural counseling.



**Jon Tunheim** received his undergraduate degree in physics from South Dakota State University, and his law degree from the University of Puget Sound School of Law (now Seattle University School of Law). While in law school, he joined the Thurston County Prosecuting Attorney's Office as a legal intern. After graduating from law school, Tunheim became a Deputy Prosecuting Attorney for Thurston County in 1990 and served the office most recently as Chief Deputy since 2003. During his career, Tunheim has personally prosecuted cases involving charges ranging from drug possession to murder, specializing in the prosecution of sexual assault, domestic violence and crimes against children.



**Cassie Undlin** is the COO of Navos and is responsible for managing the business and general operations of the organization. She has worked in non-profit, for profit, and for the government in senior leadership roles, with 35 years of experience in healthcare. Previously, Cassie held the position of CEO of The Community Health Plan of Washington, and has served as the CFO for several organizations.



**Leslie Van Leishout** is the Director of Student Support in North Thurston Public Schools and has worked in education for over 30 years in all levels from preschool to higher education. Ms. Van Leishout is a Golden Apple Award winner and has been a national speaker and published author on standards, assessment, and teacher evaluation. Leslie relishes advocacy for the marginalized and disenfranchised child.



**James Von Busch, LPC** has been a Licensed Professional Counselor in the State of Idaho since 1993. He has worked in both the agency setting and in private practice providing Mental Health Counseling and Substance Abuse Treatment. Mr. Von Busch worked for the University of Nevada as a Senior Certification Specialist and Trainer. He also provides training on topics such as Ethical Dilemmas in the Digital Age, Telehealth, and Technology Based Clinical Supervision.



**Joshua Wallace** is the Executive Director of Seattle Area Support Groups & Community Center, a peer-run emotional support service organization addressing issues of mental health, addiction, and chronic illness impacting the LGBTQ community and their allies. Joshua is a founding member and current Board Vice-President of the Washington Recovery Alliance and owner/principal of Peer Services Consulting, providing peer program development, evaluation, and training for existing and emerging peer support services programming.



**Cody West** is the Peer Support Services Manager at Seattle Area Support Group & Community Center, which provides peer emotional support services impacting the LGBTQ community and their allies. He serves as Treasurer on the Board of Directors for Lakeshore Retreat, a non-profit organization which provides annual gatherings offering educational workshops for the LGBTQ community. Cody also serves on the Board of Directors of the Washington Recovery Alliance, representing the interest of LGBTQ residents of Washington State.



**Cheryl Wilcox, BS** is the Project Director for the federal grant program Access to Recovery. Cheryl works with sites across the state to support individuals recovering from substance use disorder. For three years, she was the Problem Gambling Program Manager for the state of Washington and worked diligently to expand the treatment providers in the State, to encourage more access for individuals in need of treatment.



**Liz Wilhelm** has been working in the prevention field for 25 years in a variety of settings, including non-profits, state government, colleges, and local health jurisdictions. Over the years, Liz has managed five different federal prevention grants and customized the first prevention curriculum for professionals in Washington State. She has taught and trained prevention science and prevention ethics courses for over 13 years, including for Seattle Central College, Bellevue College, WWU, and Tacoma Community College.



**Teresa Wolfe, LMHC** has worked in the mental health field for 20 years in a variety of roles. Currently she is a Licensed Mental Health Therapist working with children, families, and elementary schools in the North Thurston School District. She has previously worked with Behavioral Health Resources (a community mental health agency) and the Safe Schools/Healthy Students grant between NTPS and BHR.

## CONTINUING EDUCATION UNITS / HOURS / PROBLEM GAMBLING COUNSELOR CERTIFICATION

The Evergreen Council on Problem Gambling is an Approved Provider of Continuing Education by The Association for Addiction Professionals (NAADAC) and the National Council on Problem Gambling (NCPG). Our workshops have also been approved for continuing education by the Addictions Counselor Certification Board of Oregon (ACCBO) and the American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD). TOGETHER! is an Approved Provider of Continuing Education by the National Commission for Health Education Credentialing (NCHEC) to provide CHES credits, and by the Professional Educator Standards Board (PESB) to offer clock hours for educators. Application has been submitted to the WSBA for CLE hours. For questions about CE hours, go to the registration desk.

### ***Focus on the Future – TOGETHER! Planning Committee***

Kathy Bishop - ECPG

Johnna Knoerr - TOGETHER!

Hilarie Cash - reSTART Life LLC

Jim Leingang - ECPG

Meagan Darrow - TOGETHER!

Cosette Rae - reSTART Life LLC

Liz Glavish - ECPG

Meghan Sullivan - TOGETHER!

Ann Gray - DBHR

Liz Wilhelm - Seattle Children's

Maureen Greeley - ECPG

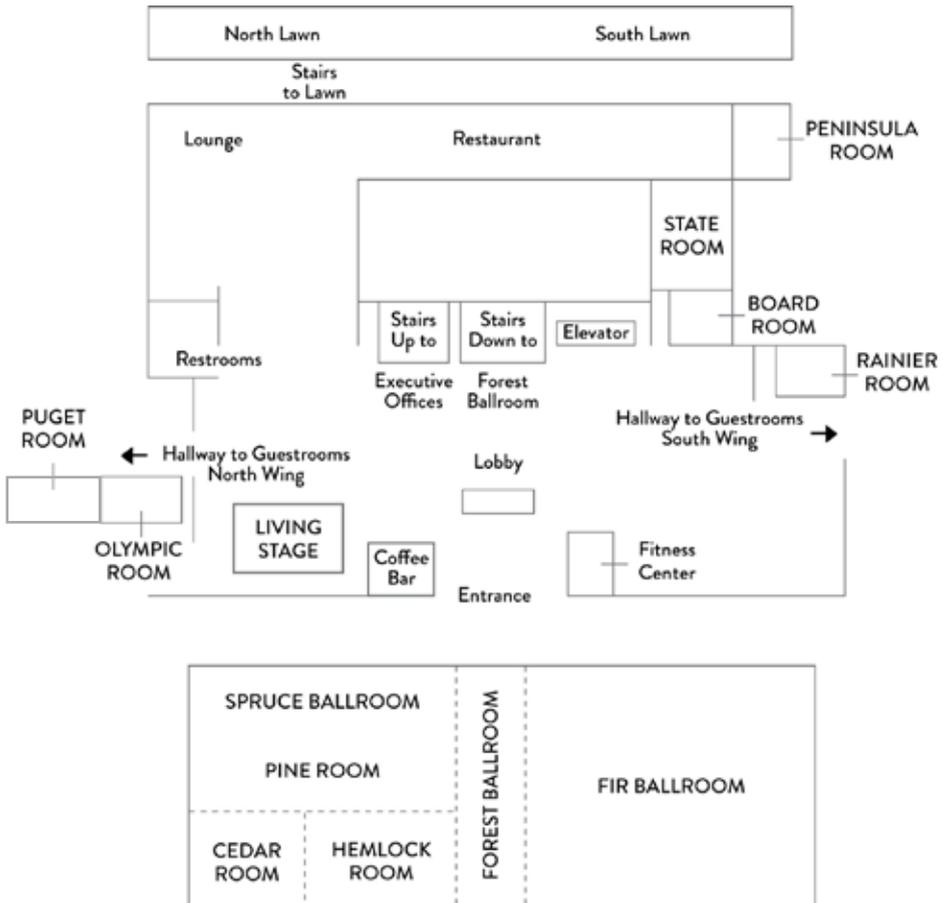
Debra Wilhelmi - ECPG

Roger Jones - TOGETHER!





Hotel RL  
 2300 Evergreen Park Drive  
 Olympia, WA 98502



# Focus on the Future- **TOGETHER!** For Healthy Communities

April 24–27, 2017 | Olympia

## MAIN CONFERENCE SCHEDULE AT-A-GLANCE

### Wednesday, April 26

7 - 8:15 am	Registration and Continental Breakfast
8:15 - 10 am	Welcome & Keynote
10 - 10:15 am	Break / Exhibits
10:15 am - 12:15 pm	Morning Breakout Sessions
12:15 - 12:30 pm	Break / Exhibits
12:30 - 1:45 pm	Lunch Plenary
1:45 - 2 pm	Break / Exhibits
2 - 4 pm	Afternoon Breakout Sessions
4 - 5:30 pm	Reception with Youth Programs
5:30 - 7 pm	Open GA/Gam-Anon/AA Meetings



### Thursday, April 27

7 - 8 am	Registration and Continental Breakfast
8 - 10:15 am	Welcome & Keynote
10:15 - 10:30 am	Break / Exhibits / Hotel Check Out
10:30 am - 12:30 pm	Morning Breakout Sessions
12:30 - 12:45 pm	Break / Exhibits
12:45 - 2:15 pm	Lunch Plenary
2:15 - 2:30 pm	Break / Exhibits
2:30 - 4:30 pm	Afternoon Breakout Sessions