

There's hope after the storm.

If you, or a loved one,
struggle with a gambling problem,
there's HOPE.

Help starts TODAY, by
calling 1.800.547.6133.



EVERGREEN
council on problem gambling

www.evergreencpg.org



EVERGREEN
council on problem gambling

1821 Fourth Avenue East | Olympia, WA 98506

WHEN GAMBLING BECOMES A PROBLEM, THERE'S HOPE...

HELP STARTS HERE

800.547.6133

www.evergreencpg.org

CEUs Available!



EVERGREEN
council on problem gambling

Treatment. Training. Awareness.

MARK YOUR CALENDARS!

June 4-7, 2018

Bavarian Lodge

810 US Highway 2

Leavenworth, WA 98826

For more information, contact:

www.evergreencpg.org or 360.352.6133

PROBLEM GAMBLING TRAINING WORKSHOPS

Basic and Advanced Levels

Presenters:

Alan Basham, MA

Isabelle Duguay, MA, LCPC, PCGC

Maureen Greeley, BS

Ty Lostutter, PhD

Janis Crawford, PhD

Ann Gray, M.Ed

Nita Kordonowy, MA, LADC, NCGC-II

Stephanie Tompkins, CDP



PROBLEM GAMBLING TRAINING WORKSHOPS REGISTRATION

Register online at www.evergreencpg.org

DEADLINE IS FRIDAY, MAY 25, 2018

REGISTRANT INFORMATION

Name: _____ Credentials: _____
 Position/Title: _____ Agency/Organization: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Day phone: _____ Cell/Alternate phone: _____
 E-mail address: _____

TRAINING OPTIONS

- Jun 4-7 (4-Day Introductory Training): \$200 (ECPG Member: \$180)
- Jun 4-5 (2-Day Advanced Training): \$99 (ECPG Member: \$89)
- Jun 4 (1-Day Advanced Training): \$60 (ECPG Member: \$54)
- Jun 5 (1-Day Advanced Training): \$60 (ECPG Member: \$54)
- Jun 6-7 (2-Day Recovery Coach Training): \$99 (ECPG Member: \$89)

Total Amount Enclosed: \$ _____

**Cancellation Policy:* Refunds will be issued, less a \$35 administrative fee, if received in writing ten (10) days prior to event. No refunds will be issued after May 23.

MAIL, E-MAIL, FAX, or DROP OFF this form with payment to:

Evergreen Council on Problem Gambling
 1821 4th Avenue East | Olympia, WA 98506
 P: 360.352.6133 | F: 360.352.4133
info@evergreencpg.org



METHOD OF PAYMENT

- Visa® MasterCard® Money Order

Check #: _____

Checks payable to Evergreen Council on Problem Gambling

Name on check: _____
(if different from registrant)

Credit Card #: _____

Expiration Date: _____ CSC #: _____
(3 digits on back of credit card)

Signature: _____

How did you hear about this training?

- Brochure mailing Referral
 ECPG Website Email
 Search Engine Other _____

ECPG/NCPG JOINT MEMBERSHIP APPLICATION

Join NCPG **AND** ECPG and save \$40! That's like getting your ECPG membership for **FREE!**



Name: _____ Company: _____
 Address: _____ Apt./Suite: _____
 City: _____ State/Province: _____ Zip/Postal: _____
 Phone: _____ Fax: _____
 E-mail address: _____
All fields are required

MEMBERSHIP OPTIONS

- \$39** ECPG Membership—Special member discounted fees on quarterly trainings and conference registration (all offer CEUs), certification training workshops, quarterly newsletter, and member certificate.
- \$79** ECPG & NCPG Individual Membership—Includes ECPG and NCPG Individual Membership with full National voting rights, 1-year subscription to NCPG newsletter, member certificate, bimonthly subscription to *Addiction Professional* as well as discounts on literature and conferences. This is a special offer in conjunction with ECPG Membership—a \$119 value! The cost of NCPG individual Membership alone is \$80 when purchased directly. Save \$40 through ECPG!
- \$114** ECPG & NCPG Individual Plus Member—Includes full ECPG Membership plus all the benefits of NCPG Individual Member level, with the addition of a subscription to *International Gambling Studies*, a peer-reviewed interdisciplinary journal in gambling studies. This is a special offer in conjunction with ECPG Membership—a \$164 value! The cost of NCPG Individual Plus Membership alone is \$125 when purchased directly. Save \$50 through ECPG!

MEMBERSHIP PAYMENT

Today's Date: _____ Credit Card #: _____
 Method of Payment: Visa® MasterCard® Expiration Date: _____ CSC #: _____
 Check #: _____ Money Order *(3 digits on back of credit card)*
Checks payable to Evergreen Council on Problem Gambling Signature: _____

Scholarships are available!



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TRAINING WORKSHOP SCHEDULE

MONDAY, JUNE 4 - THURSDAY, JUNE 7, 2018 - INTRODUCTORY TRAINING

8 am - 5 pm **INTRODUCTORY PROBLEM GAMBLING COUNSELOR TRAINING (30 CE HOURS)**

Presented by: **Isabelle Duguay, MA, LCPC, PCGC, Maureen Greeley, BS, and Ann Gray, M.Ed**

This 30-hour workshop serves as an introduction to problem and pathological gambling disorders. Participants will learn about the scope and prevalence of gambling and problem gambling on a national scale. The DSM-5 criteria for pathological gambling will be discussed, and participants will learn practical application of the most commonly used screening and diagnostic tools. This workshop outlines the types and sub-types of gamblers, and several approaches to treatment of problem gamblers. Participants will learn about the disorders that most often co-occur with problem gambling, and the effects of the disorder on family and loved ones. Introductory Training includes specifics of Gambling Disorder programs in Washington, counselor certification procedures, and an overview of topic areas covered on the National Counselor Certification Exam. **Introductory Problem Gambling Counselor Training is required for Washington State Gambling Counselor Certification.** (Ends at 3 pm on Thursday.)

MONDAY, JUNE 4, 2018 - ADVANCED WORKSHOPS

8 am - Noon **TREATMENT PLANNING MATRS (4 CE HOURS)**

Presented by: **Janis Crawford, PhD**

This four-hour workshop identifies the components of a treatment plan that make it useful to clinicians and understandable to clients. It focuses on the strength-based best practices of treatment planning such as using positive language, prioritizing needs, and considering readiness for change. Participants will have the opportunity to engage in group discussion and activities that facilitate the comprehensive creation of a meaningful and dynamic treatment plan.

1 pm - 5 pm **ADVANCED CBT FOR GAMBLING DISORDER (4 CE HOURS)**

Presented by: **Ty Lostutter, PhD**

Gambling Disorder (GD) is a serious psychiatric disorder that affects between 1-2% of the adult population and is associated with serious harms. It is also highly comorbid with substance abuse and other psychiatric disorders such as depression. This session will review the evidence base for Cognitive Behavioral Therapy for Gambling Disorder and teach the fundamental principles essential in delivering CBT for GD patients, including conducting an initial assessment, treatment planning, teaching core CBT principles and assigning homework, and treatment termination/after-care. The session will include discussion of case conceptualization, assessment and monitoring tools, and using CBT worksheets to address clients' gambling behaviors.

TUESDAY, JUNE 5, 2018 - ADVANCED WORKSHOPS

8 am - Noon **ACCEPTANCE AND COMMITMENT THERAPY: ACT NATURALLY (4 CE HOURS)**

Presented by: **Nita Kordonowy, MA, LADC, NCGC-II**

Of the many treatment modalities considered best practices in treating addiction, the powerful Acceptance and Commitment Therapy (ACT) stands out as a positive and engaging adjunctive role, an addition to and not a replacement for other clinical interventions. ACT is considered the "missing ingredient" for positive outcomes. ACT is a multifaceted treatment model that addresses the complexities of working with problem gamblers by doing and not just talking about solutions. ACT is a research based, behavioral, client-centered therapy using mindfulness and values to motivate and inspire behavioral change. ACT shows positive benefit with the client's treatment engagement, retention, and prognosis.

1 pm - 5 pm **STUMBLING HEAVENWARD: UNDERSTANDING THE SPIRITUAL "WHY" OF ADDICTIONS (4 CE HOURS)**

Presented by: **Alan Basham, MA**

This workshop will address the early childhood etiology of perceptions, losses, and psychological defenses that contribute to the development of addictive processes in adulthood. The primary focus will be on the spiritual/existential impact of these adverse childhood experiences and how a connection to a benign Someone or Something is essential to healing for many. Participants will learn about an object-relations conceptual frame as well as specific techniques for helping clients to connect with the internal experiences that can mitigate against the spiritual/existential effects of early loss.

WEDNESDAY, JUNE 6 - THURSDAY, JUNE 7, 2018 - RECOVERY COACH ACADEMY TRAINING

8 am - 5 pm **SPIRITUALITY FOR RECOVERY COACHES**

Presented by: **Stephanie Tompkins, CDP**

The purpose of this session is to help you as a recovery coach understand what spirituality is and how you would help someone in their own process of discovering spirituality. This two-day course will help you explore your own beliefs and values as it comes to spirituality. This training will provide you with the tools and resources needed as a recovery coach so you can speak about spirituality in a way that is accepting of others. This training will challenge you in a way that helps to promote your own understanding of spirituality. By completing this course, you will be able to help those you serve understand, accept, and embrace spirituality for themselves.

CONTINUING EDUCATION/CERTIFICATION

All ECPG-related workshops qualify toward the 30 hours of gambling-specific education required by the Washington State and National Problem Gambling Certification Boards. The Evergreen Council on Problem Gambling is an Approved Provider of Continuing Education by The Association for Addiction Professionals (NAADAC) and the National Council on Problem Gambling (NCPG). Our workshops have also been approved for continuing education by the Addictions Counselor Certification Board of Oregon (ACCBO), the American Academy of Healthcare Providers in the Addictive Disorders (AAHCPAD), and the Washington Mental Health Counselors Association (WMHCA).

PRESENTER BIOS

ALAN BASHAM, MA is an experienced counselor educator and clinician who trained Mental Health Counselors and School Counselors at Eastern Washington University from 1995-2017. He is Past President of the Washington Counseling Association and the Association for Spiritual, Ethical, and Religious Values in Counseling, a national division of the American Counseling Association. Among his professional interests are the integration of spirituality into the counseling process and the responsibility of society to help veterans return home to a welcoming and healing community.

JANIS CRAWFORD, PhD is an adjunct professor at Portland Community College, where she teaches motivational interviewing and theories of counseling. She also has a human services consultation business that provides psychotherapy, clinical supervision, and professional training. She is an advocate of the integration of evidenced-based practices within established paradigms such as correctional and medical environments.

ISABELLE DUGUAY, MA, LCPC, PCGC received her Master's degree in Clinical Psychology from the University of Moncton in 1999. She has extensive experience establishing and implementing protocols and treatment programs in problem gambling and behavior change, and has developed training materials in problem gambling and PTSD for health care providers and therapists. Isabelle has experience working with private and public employers developing services for the problem gambling population. She was also part of an extensive problem gambling research group in Quebec, Canada. She now works in private practice in Minnesota, where she sees clients with anxiety disorders, depression, and gambling disorder.

ANN GRAY, M.Ed is currently the Problem Gambling Program Manager for Washington State Department of Social and Health Services. She received a Bachelor of Science in Education from University of Texas and a Masters in Counseling and Student Services from North Texas State University. Following 30 years as a public school teacher, counselor, and administrator, Ann is passionate about improving and growing services supporting problem gamblers and their families. Ann has presented on problem gambling and recovery issues throughout the state.

MAUREEN GREELEY, BS has worked with and for ECPG since 1998, and became Executive Director in November 2006. At the national level, she has held an Affiliate seat on the Board for the National Council on Problem Gambling and served as its President. She has presented on Problem Gambling, Process Addictions, Responsible Gaming, Gambling Counselor Certification, Social and Internet Gaming Standards, and more across the United States. She serves on the Problem Gambling Advisory Council for the Washington State Department of Social and Health Services' Behavioral Health Administration.

NITA KORDONOWY, MA, LADC, NCGC-II earned her BA degree at the University of Nevada, Las Vegas, and a Master's degree in Addiction Counseling at Hazelden Graduate School of Addiction Studies. She is a licensed alcohol and drug counselor and a nationally certified gambling counselor, and has provided a wide range of addiction services and counseling for both pathological gamblers and individuals with chemical dependency in Nevada and Minnesota. Currently, Nita is the clinical coordinator of Hazelden Betty Ford's comprehensive opioid response program and continues to educate new counselors as adjunct professor at Hazelden's Graduate School of Addiction Studies.

TY LOSTUTTER, PhD is the Assistant Director of the Psychology Internship Program at the Center for the Study of Health & Risk Behaviors at the University of Washington, where his work has focused on the etiology, prevention, and treatment of problem gambling and other addictive behaviors. In addition to problem gambling, Dr. Lostutter also conducts research on substance use, HIV prevention, and cultural issues.

STEPHANIE TOMPKINS, CDP is an enrolled member of the Squaxin Island Tribe with more than 13 years experience in chemical dependency services. She began working for the Seattle Indian Health Board in December 2017. She has been involved in projects to offer recovery support and peer services to clients and tribes, and is a Recovery Coach Trainer and ASIST Trainer. Stephanie served as a board member for the Washington Recovery Alliance (WRA) and currently serves as its President. She has worked with a number of Tribes in Washington through referrals, recovery coaching, and WRA.

HAVE QUESTIONS? CONTACT US!

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Treatment. Training. Awareness.

SCHOLARSHIPS

Full scholarship opportunities available for Washington State treatment providers, peer/recovery coaches, and students/professors/counselors in college and university behavioral health, addictions, and counseling programs!

But hurry! There are a limited number of scholarships.

Scholarship includes full registration fees, hotel stipend, AND Washington State Problem Gambling Certification application fees.

Visit www.evergreencpg.org for more details.

HOTEL ACCOMMODATIONS

Bavarian Lodge

810 US Highway 2 | Leavenworth, Washington

509.888.8808

<http://www.bavarianlodge.com>

Request the EVERGREEN COUNCIL ON PROBLEM GAMBLING room rate at \$132 per night.



MEALS & DIRECTIONS

Beverages will be provided during the workshops. Meals are the responsibility of the workshop participant.

Driving directions will be included in your registration confirmation.



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Problem Gambling



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ECPGaming