

CEUs Available!



**MARK YOUR CALENDARS!**

July 25-28, 2016  
Red Lion at the Park  
303 W North River Drive  
Spokane, WA 99201

For more information, contact:  
[www.evergreencpg.org](http://www.evergreencpg.org) or 360.352.6133

**PROBLEM GAMBLING TRAINING WORKSHOPS**

Basic and Advanced Levels

Presenters:  
Alan Basham, MA  
Ryan Kiely, MS, LMHC  
Loreen Rugle, PhD, NCGC-II  
Oscar Sida, MS, NCC, LCPC, LCADC, CPGC



[www.evergreencpg.org](http://www.evergreencpg.org)

800.547.6133

**HELP STARTS HERE**

WHEN GAMBLING BECOMES A PROBLEM, THERE'S HOPE...

1801 Fourth Avenue East | Olympia, WA 98506

EVERGREEN  
council on problem gambling



There's hope  
after the storm.

If you, or a loved one,  
struggle with a gambling problem,  
there's HOPE.

Help starts TODAY, by  
calling 1.800.547.6133.



[www.evergreencpg.org](http://www.evergreencpg.org)

# PROBLEM GAMBLING TRAINING WORKSHOPS REGISTRATION

Register online at [www.evergreencpg.org](http://www.evergreencpg.org)  
**DEADLINE IS FRIDAY, JULY 15, 2016**

## REGISTRANT INFORMATION

Name: \_\_\_\_\_  
 Position/Title: \_\_\_\_\_ Agency/Organization: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Day phone: \_\_\_\_\_ Cell/Alternate phone: \_\_\_\_\_  
 E-mail address: \_\_\_\_\_

*In the future, training notices may be sent by e-mail.*

## TRAINING OPTIONS

- July 25–28 (4-Day Basic Training): \$170 (ECPG Member: \$153)
- July 27–28 (2-Day Advanced Training): \$85 (ECPG Member: \$78)
- July 27 (1-Day Advanced Training): \$60 (ECPG Member: \$54)
- July 28 (1-Day Advanced Training): \$60 (ECPG Member: \$54)

**Total Amount Enclosed:** \$ \_\_\_\_\_

*\*Cancellation Policy:* Refunds will be issued, less a \$35 administrative fee, if received in writing ten (10) days prior to event. No refunds will be issued after July 14.

MAIL, E-MAIL, FAX, or DROP OFF this form with payment to:

Evergreen Council on Problem Gambling  
 1801 4th Avenue East | Olympia, WA 98506  
 P: 360.352.6133 | F: 360.352.4133  
[info@evergreencpg.org](mailto:info@evergreencpg.org)



## METHOD OF PAYMENT

\_\_\_ Visa®      \_\_\_ MasterCard®      \_\_\_ Money Order

Check #: \_\_\_\_\_

*Checks payable to Evergreen Council on Problem Gambling*

Name on check: \_\_\_\_\_  
*(if different from registrant)*

Credit Card #: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ CSC #: \_\_\_\_\_  
*(3 digits on back of credit card)*

Signature: \_\_\_\_\_

How did you hear about this training?

- Brochure mailing       Referral
- ECPG Website       Email
- Search Engine       Other \_\_\_\_\_

## ECPG/NCPG JOINT MEMBERSHIP APPLICATION

Join NCPG **AND** ECPG and save \$40! That's like getting your ECPG membership for **FREE!**



Name: \_\_\_\_\_ Company: \_\_\_\_\_  
 Address: \_\_\_\_\_ Apt./Suite: \_\_\_\_\_  
 City: \_\_\_\_\_ State/Province: \_\_\_\_\_ Zip/Postal: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
 E-mail address: \_\_\_\_\_

*All fields are required*

## MEMBERSHIP OPTIONS

- \_\_\_ **\$39** ECPG Membership—Special member discounted fees on quarterly trainings and conference registration (all offer CEUs), certification training workshops, quarterly newsletter, and member certificate.
- \_\_\_ **\$74** ECPG & NCPG Individual Membership—Includes ECPG and NCPG Individual Membership with full National voting rights, 1-year subscription to NCPG newsletter, member certificate, bimonthly subscription to Addiction Professional as well as discounts on literature and conferences. This is a special offer in conjunction with ECPG Membership—a \$114 value! The cost of NCPG individual Membership alone is \$75 when purchased directly. Save \$40 through ECPG!
- \_\_\_ **\$99** ECPG & NCPG Individual Plus Member—Includes full ECPG Membership plus all the benefits of NCPG Individual Member level, with the addition of a subscription to International Gambling Studies, a peer-reviewed interdisciplinary journal in gambling studies. This is a special offer in conjunction with ECPG Membership—a \$139 value! The cost of NCPG Individual Plus Membership alone is \$100 when purchased directly. Save \$40 through ECPG!

## MEMBERSHIP PAYMENT

Today's Date: \_\_\_\_\_ Credit Card #: \_\_\_\_\_  
 Method of Payment: \_\_\_ Visa® \_\_\_ MasterCard® Expiration Date: \_\_\_\_\_ CSC #: \_\_\_\_\_  
 Check #: \_\_\_\_\_ Money Order *(3 digits on back of credit card)*  
*Checks payable to Evergreen Council on Problem Gambling* Signature: \_\_\_\_\_



\*\*Next International Certification  
Exam for Gambling Counselors:  
Aug 6-20, 2016 (Deadline to register 6/30/16)  
Dec 3-17, 2016 (Deadline to register 11/1/16)



# EVERGREEN

council on problem gambling

Treatment. Training. Awareness.

## TRAINING WORKSHOP SCHEDULE

### MONDAY, JULY 25 - THURSDAY, JULY 28, 2016 - INTRODUCTORY TRAINING

#### 8 am - 5 pm **INTRODUCTORY PROBLEM GAMBLING COUNSELOR TRAINING**

Presented by: **Loreen Rugle, PhD, NCGC-II**

This 30-hour workshop serves as an introduction to problem and pathological gambling disorders. Participants will learn about the scope and prevalence of gambling and problem gambling on a national scale, risk factors, and how the increased availability of gambling over the past 10 years has affected the prevalence of gambling problems in the United States. The DSM-5 criteria for pathological gambling will be discussed, and participants will learn practical application of the most commonly used screening and diagnostic tools. This workshop outlines the types and sub-types of gamblers, and several approaches to treatment of problem gamblers. Participants will learn about the disorders that most often co-occur with problem gambling, and the effects of the disorder on family and loved ones. Introductory Training also includes an overview of topic areas covered on the National Counselor Certification Exam. **Introductory Problem Gambling Counselor Training is required for Washington State Gambling Counselor Certification.**

### WEDNESDAY, JULY 27, 2016 - ADVANCED WORKSHOPS

#### 8 am - Noon **UNDERSTANDING AND TREATING PSYCHOLOGICAL TRAUMA AND ADDICTIVE DISORDERS (4 CEU)**

Presented by: **Oscar Sida, MS, NCC, LCPC, LCADC, CPGC**

This training session is designed to provide a clinical understanding of the effects of trauma and how they are interrelated to the etymology of addiction disorders and treatment implications. Emphasis will be placed on approaches to treatment. In addition, the diagnostic criteria for various trauma categories and appropriate treatment approaches will be explored.

#### 1 pm - 5 pm **APPLYING MOTIVATIONAL INTERVIEWING TECHNIQUES WITH ADDICTIVE DISORDERS (4 CEU)**

Presented by: **Oscar Sida, MS, NCC, LCPC, LCADC, CPGC**

Participants will take a journey into the history of mindfulness and how it has become an important psychological approach today. This session will discuss how mindfulness can be used to address addiction, and participants will learn how to practice mindfulness with some basic techniques. Non-traditional and promising practices will also be discussed.

### THURSDAY, JULY 28, 2016 - ADVANCED WORKSHOPS

#### 8 am - Noon **THE HEALING POWER OF RITUAL (4 CEU)**

Presented by: **Alan Basham, MA**

This session will discuss aspects of integrating client spirituality into the healing process of counseling, and review the competencies for spiritual integration developed by recognized leaders on the topic. Thoughtful consideration and experience of several of these helpful spiritual practices in counseling will be discussed, with an emphasis on the development of personally meaningful ritual to aid in resolution of emotional pain.

#### 1 pm - 3 pm **SELF CARE FOR THE TREATMENT PROVIDER (2 CEU)**

Presented by: **Alan Basham, MA, and Ryan Kiely, MS, LMHC**

During this session, participants will address the adverse effects of stress, and obtain knowledge of appropriate boundaries as a means of health care. Participants will also gain a new or deeper awareness of the importance of nature in self care.

#### 1 pm - 3 pm **NATIONAL PROBLEM GAMBLING COUNSELOR TEST PREP \*\* AND CERTIFICATION INFORMATION (2 CEU)**

Presented by: **Loreen Rugle, PhD, NCGC-II**

To become a Certified Problem Gambling Counselor (nationally or in Washington State), treatment providers must pass the International Certification Examination for Gambling Counselors (previously National Certification Exam). This workshop will offer a review of the outline of gambling-specific topics that are covered on the national exam and discussion of such topics as prevalence, criteria, assessment, treatment strategies, neurochemistry, psychopharmacology, and gambling and the law. Includes sample test questions offered in a pre/post format with discussion.



## CONTINUING EDUCATION/CERTIFICATION

All ECPG-related workshops qualify toward the 30 hours of gambling-specific education required by the Washington State and National Problem Gambling Certification Boards. The Evergreen Council on Problem Gambling is an Approved Provider of Continuing Education by The Association for Addiction Professionals (NAADAC) and the National Council on Problem Gambling (NCPG). Our workshops have also been approved for continuing education by the Addictions Counselor Certification Board of Oregon (ACCBO) and the Washington Mental Health Counselors Association (WMHCA).

## PRESENTER BIOS

### ALAN BASHAM, MA

Alan Basham is an experienced counselor educator and clinician who trains Mental Health Counselors and School Counselors at Eastern Washington University. He is Past President of the Washington Counseling Association and the Association for Spiritual, Ethical, and Religious Values in Counseling, a national division of the American Counseling Association. Among his professional interests are the integration of spirituality into the counseling process and the responsibility of society to help veterans return home to a welcoming and healing community.

### RYAN KIELY, MS, LMHC

Ryan Kiely earned his Master of Science from Eastern Washington University in Applied Psychology: Mental Health Counseling. He is a Child Mental Health Specialist and a Nationally Certified Counselor. He provides mental health counseling for adolescents, adults, and families. Ryan has taught yoga and mindfulness-based classes for teens with emotional and behavioral issues.

### LOREEN RUGLE, PhD, NCGC-II

Loreen Rugle is Assistant Professor in the Department of Psychiatry, University of Maryland, and is currently Program Director of the Maryland Center of Excellence in Problem Gambling. Dr. Rugle has more

than 30 years of experience in the treatment, prevention, and research of problem gambling. She has provided consultation and training on gambling disorder throughout the United States, internationally, and for the military.

### OSCAR SIDA, MS, NCC, LCPC, LCADC, CPGC

Oscar Sida is a bilingual mental health and addictions counselor from Las Vegas, Nevada. He serves as program coordinator and faculty in the College of Education and Clinical Studies at the University of Nevada Las Vegas, where he teaches courses in mental health counseling, human services, and assessment and treatment of addiction disorders. He also works as a clinical supervisor for counseling interns at The Practice at UNLV, a Community Mental Health Agency. Oscar specializes in process addictions and psychological trauma. He has been featured in print media, television, and film for his expertise in the area of pathological gambling and addictions, and has presented as a speaker for regional and national conferences. He holds a Master of Science degree in Clinical Mental Health Counseling and a Bachelor of Science in Psychology, both from UNLV.

## HAVE QUESTIONS? CONTACT US!

Evergreen Council on Problem Gambling  
1801 4th Avenue East | Olympia, WA 98506  
P: 360.352.6133 | F: 360.352.4133  
[info@evergreencpg.org](mailto:info@evergreencpg.org) | [www.evergreencpg.org](http://www.evergreencpg.org)



*Treatment. Training. Awareness.*

## SCHOLARSHIPS

### Full scholarship opportunities available for Washington State treatment providers!

But hurry! There are a limited number of scholarships.

Scholarship includes full registration fees, hotel stipend, AND Washington State Problem Gambling Certification application fees. Visit [www.evergreencpg.org](http://www.evergreencpg.org) for more details.

## HOTEL ACCOMMODATIONS

### Red Lion at the Park

303 W North River Drive | Spokane, Washington  
800.RED.LION (800.733.5466) or 509.326.8000  
[www.redlion.com/park-spokane](http://www.redlion.com/park-spokane)

### Request the EVERGREEN COUNCIL ON PROBLEM GAMBLING room rate at \$92 per night.

The Red Lion at the Park provides free high-speed Internet, parking, and an on-site restaurant.



## MEALS & DIRECTIONS

Beverages will be provided during the workshops. Meals are the responsibility of the workshop participant.

Driving directions will be included in your registration confirmation.



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