

Scholarships are available!



## TRAINING WORKSHOP SCHEDULE

### MONDAY, JANUARY 9 - THURSDAY, JANUARY 12, 2017 - INTRODUCTORY TRAINING

#### 8 am - 5 pm **INTRODUCTORY PROBLEM GAMBLING COUNSELOR TRAINING (30 CEUs)**

Presented by: **Isabelle Duguay, MA, LCPC, PCGC**

This 30-hour workshop serves as an introduction to problem and pathological gambling disorders. Participants will learn about the scope and prevalence of gambling and problem gambling on a national scale, risk factors, and how the increased availability of gambling over the past 10 years has affected the prevalence of gambling problems in the United States. The DSM-5 criteria for pathological gambling will be discussed, and participants will learn practical application of the most commonly used screening and diagnostic tools. This workshop outlines the types and sub-types of gamblers, and several approaches to treatment of problem gamblers. Participants will learn about the disorders that most often co-occur with problem gambling, and the effects of the disorder on family and loved ones. Introductory Training also includes an overview of topic areas covered on the National Counselor Certification Exam. **Introductory Problem Gambling Counselor Training is required for Washington State Gambling Counselor Certification.** (Ends at 3 pm on Thursday.)

### WEDNESDAY, JANUARY 11, 2017 - ADVANCED WORKSHOPS

#### 8 am - Noon **PRACTICAL RELAPSE PREVENTION - PART I (4 CEUs)**

Presented by: **Denise Quirk, MA, MFT, LADC, CPGC-S, NCGC-II** and **Colin Hodgen, PhD**

Relapse Prevention is an essential component of successful treatment and recovery for addictive disorders. The consequences of Relapse affect the individual, the family, and the community. Part I of this two-part seminar will discuss the nature and reality of Relapse as part of Substance-Related and Addictive Disorders, particularly Gambling Disorder. The focus of Part I, using two notional case studies, is on identifying risk and protective factors for Relapse, recognizing indicators and warning signs of incipient or potential Relapse, the progressive nature of Relapse, and how to interrupt the cycle of Relapse using evidence-based tools and recognized best practices. In both Parts I and II, the presenters will provide tips, tools, and techniques for immediate use by participants as well as reference materials for later use. These are interactive sessions: participants are encouraged to participate and contribute based on their own background and experience in recovery-oriented, strengths-based Relapse prevention.

#### 1 pm - 5 pm **THE RAINBOW CONNECTION: WELCOMING THE LGBTQIA COMMUNITY INTO ADDICTIONS TREATMENT (4 CEUs)**

Presented by: **Oblio Stroyman, M.Ed, LMFT, CGAC-II, NCGC-II, BACC**

This workshop will offer professionals education, personal insight, and practical tools for addressing unique treatment considerations regarding gender, gender identity, and sexuality in addictions counseling, with special attention to problem gambling. The material will touch upon the effects of the current changes in the political landscape regarding equal rights for gender identity and sexuality. Participants will be asked to assess their own biases through engaging in experiential exercises, opening the door to tools that may minimize the impact these biases have on clients. Current strategies in treatment will be discussed for use in professional practice.

### THURSDAY, JANUARY 12, 2017 - ADVANCED WORKSHOPS

#### 8 am - Noon **PRACTICAL RELAPSE PREVENTION - PART II (4 CEUs)**

Presented by: **Denise Quirk, MA, MFT, LADC, CPGC-S, NCGC-II** and **Colin Hodgen, PhD**

Part II of this seminar will introduce and examine Mindfulness and Cognitive-Behavioral techniques as evidence-based Relapse Prevention interventions. Practical interventions using Mindfulness and/or CBT tools and techniques can be effective across the treatment continuum (*i.e.*, assessment, treatment-planning, treatment, aftercare, post-discharge). They can also be effective coping skills for affected family members and significant others affected by a gambler's relapse. Participants will practice using handouts and exercises provided for use in individual and group treatment. These tools work during treatment, in transition, and post-treatment to help the client succeed in long-term recovery and wellness.

#### 1 pm - 3 pm **NATIONAL PROBLEM GAMBLING COUNSELOR TEST PREP \*\* AND CERTIFICATION INFORMATION (2 CEUs)**

Presented by: **Jim Leingang, BA, CDP, WSCGC-II**

To become a Certified Problem Gambling Counselor (nationally or in Washington State), treatment providers must pass the International Certification Examination for Gambling Counselors (previously National Certification Exam). This workshop will offer a review of the outline of gambling-specific topics that are covered on the national exam and discussion of such topics as prevalence, criteria, assessment, treatment strategies, neurochemistry, psychopharmacology, and gambling and the law. Includes sample test questions offered in a pre/post format with discussion.

## CONTINUING EDUCATION/CERTIFICATION

All ECPG-related workshops qualify toward the 30 hours of gambling-specific education required by the Washington State and National Problem Gambling Certification Boards. The Evergreen Council on Problem Gambling is an Approved Provider of Continuing Education by The Association for Addiction Professionals (NAADAC) and the National Council on Problem Gambling (NCPG). Our workshops have also been approved for continuing education by the Addictions Counselor Certification Board of Oregon (ACCBO) and the Washington Mental Health Counselors Association (WMHCA).

## PRESENTER BIOS

### ISABELLE DUGUAY, MA, LCPC, PCGC

Isabelle Duguay received her Master's degree in Clinical Psychology from the University of Moncton in 1999. She has extensive experience establishing and implementing protocols and treatment programs in problem gambling and behavior change, and has developed training materials in problem gambling and PTSD for health care providers and therapists. Isabelle has experience working with private and public employers developing services for the problem gambling population. She was also part of an extensive problem gambling research group in Quebec, Canada. She now works in private practice in Minnesota, where she sees clients with anxiety disorders, depression, and gambling disorder.

### COLIN HODGEN, PhD

Colin Hodgen holds advanced degrees in Counseling and Educational Psychology from the University of Nevada, Reno, with an emphasis in Addictions Counseling. His areas of interest include psychoeducation and the screening, assessment, and placement of individuals with addictive disorders. Colin wrote and taught coursework in aging and addictions for the University of Nevada, Reno, is co-author of *Gambling Patient Placement Criteria* (2010), and was a field reviewer for *The ASAM Criteria* (2013).

### JIM LEINGANG, BA, CDP, WSCGC-II

Jim Leingang received a BA in Human Services from Evergreen State College, and is a graduate of the Addiction Certification program at Pierce College. He served the community as a Chemical Dependency Professional

and Certified Problem Gambling Counselor with Providence St. Peter Hospital before joining the ECPG staff in 2016. Jim has a passion for increasing access to treatment services, as well as developing evidence-based programs to treat individuals and their families.

### DENISE QUIRK, MA, MFT, LADC, CPGC-S, NCGC-II

Denise Quirk is certified as a clinical supervisor and gambling counselor specializing in treatment for families. She is the CEO and Clinical Director of the Reno Problem Gambling Center, a nonprofit outpatient treatment center. Denise created and teaches an online problem gambling course for the University of Nevada, Reno. She serves as a Board member for the Nevada Council on Problem Gambling and is a member of the Nevada Governor's Advisory Committee for Problem Gambling. Denise is co-author of Gambling Patient Placement Criteria, and was a field reviewer for *The ASAM Criteria*.

### OBLIO STROYMAN, M.Ed, LMFT, CGAC-II, NCGC-II, BACC

Oblio Stroyman holds a BS in Sociology and Women and Gender Studies, and an MA in Couples and Family Therapy. Oblio is the Executive Director of the nonprofit Trans\*Ponder, a support, resource, and training organization on issues of gender diversity based in Eugene, Oregon. They give presentations nationally on issues of gender, sexuality, couple's therapy, alternative relationship models, and healthy communication. Oblio teaches at the University of Oregon on topics of identity, community building, and communication.

## HAVE QUESTIONS? CONTACT US!

Evergreen Council on Problem Gambling  
1821 4th Avenue East | Olympia, WA 98506  
P: 360.352.6133 | F: 360.352.4133  
[info@evergreencpg.org](mailto:info@evergreencpg.org) | [www.evergreencpg.org](http://www.evergreencpg.org)



*Treatment. Training. Awareness.*

## SCHOLARSHIPS

### Full scholarship opportunities available for Washington State treatment providers!

But hurry! There are a limited number of scholarships.

Scholarship includes full registration fees, hotel stipend, AND Washington State Problem Gambling Certification application fees. Visit [www.evergreencpg.org](http://www.evergreencpg.org) for more details.

## HOTEL ACCOMMODATIONS

### Comfort Suites - Tukwila

7200 Fun Center Way | Tukwila, Washington  
425.227.7200  
<http://seatacairportcomfordsuites.com>

Request the **EVERGREEN COUNCIL ON PROBLEM GAMBLING** room rate at \$119 per night.

The Comfort Suites - Tukwila provides free high-speed Internet, parking, and an on-site restaurant.



## MEALS & DIRECTIONS

Beverages will be provided during the workshops. Meals are the responsibility of the workshop participant.

Driving directions will be included in your registration confirmation.



Evergreen Council on  
Problem Gambling



@EvergreenCPG



ECPGambing

# PROBLEM GAMBLING TRAINING WORKSHOPS REGISTRATION

Register online at [www.evergreencpg.org](http://www.evergreencpg.org)  
**DEADLINE IS FRIDAY, DECEMBER 30, 2016**

## REGISTRANT INFORMATION

Name: \_\_\_\_\_ Credentials: \_\_\_\_\_  
 Position/Title: \_\_\_\_\_ Agency/Organization: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Day phone: \_\_\_\_\_ Cell/Alternate phone: \_\_\_\_\_  
 E-mail address: \_\_\_\_\_

*In the future, training notices may be sent by e-mail.*

## TRAINING OPTIONS

- Jan 9-12 (4-Day Introductory Training): \$190 (ECPG Member: \$171)
- Jan 11-12 (2-Day Advanced Training): \$95 (ECPG Member: \$85)
- Jan 11 (1-Day Advanced Training): \$60 (ECPG Member: \$54)
- Jan 12 (1-Day Advanced Training): \$60 (ECPG Member: \$54)

**Total Amount Enclosed:** \$ \_\_\_\_\_

*\*Cancellation Policy:* Refunds will be issued, less a \$35 administrative fee, if received in writing ten (10) days prior to event. No refunds will be issued after December 30.

MAIL, E-MAIL, FAX, or DROP OFF this form with payment to:

Evergreen Council on Problem Gambling  
 1821 4th Avenue East | Olympia, WA 98506  
 P: 360.352.6133 | F: 360.352.4133  
[info@evergreencpg.org](mailto:info@evergreencpg.org)



## METHOD OF PAYMENT

\_\_\_ Visa®      \_\_\_ MasterCard®      \_\_\_ Money Order

Check #: \_\_\_\_\_

*Checks payable to Evergreen Council on Problem Gambling*

Name on check: \_\_\_\_\_  
*(if different from registrant)*

Credit Card #: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ CSC #: \_\_\_\_\_  
*(3 digits on back of credit card)*

Signature: \_\_\_\_\_

How did you hear about this training?

- |   |                                      |
|---|--------------------------------------|
| <input type="checkbox"/> Brochure mailing | <input type="checkbox"/> Referral    |
| <input type="checkbox"/> ECPG Website     | <input type="checkbox"/> Email       |
| <input type="checkbox"/> Search Engine    | <input type="checkbox"/> Other _____ |

## ECPG/NCPG JOINT MEMBERSHIP APPLICATION

Join NCPG **AND** ECPG and save \$40! That's like getting your ECPG membership for **FREE!**



Name: \_\_\_\_\_ Company: \_\_\_\_\_  
 Address: \_\_\_\_\_ Apt./Suite: \_\_\_\_\_  
 City: \_\_\_\_\_ State/Province: \_\_\_\_\_ Zip/Postal: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
 E-mail address: \_\_\_\_\_

*All fields are required*

## MEMBERSHIP OPTIONS

- \_\_\_ **\$39** ECPG Membership—Special member discounted fees on quarterly trainings and conference registration (all offer CEUs), certification training workshops, quarterly newsletter, and member certificate.
- \_\_\_ **\$74** ECPG & NCPG Individual Membership—Includes ECPG and NCPG Individual Membership with full National voting rights, 1-year subscription to NCPG newsletter, member certificate, bimonthly subscription to Addiction Professional as well as discounts on literature and conferences. This is a special offer in conjunction with ECPG Membership—a \$114 value! The cost of NCPG individual Membership alone is \$75 when purchased directly. Save \$40 through ECPG!
- \_\_\_ **\$99** ECPG & NCPG Individual Plus Member—Includes full ECPG Membership plus all the benefits of NCPG Individual Member level, with the addition of a subscription to International Gambling Studies, a peer-reviewed interdisciplinary journal in gambling studies. This is a special offer in conjunction with ECPG Membership—a \$139 value! The cost of NCPG Individual Plus Membership alone is \$100 when purchased directly. Save \$40 through ECPG!

## MEMBERSHIP PAYMENT

Today's Date: \_\_\_\_\_ Credit Card #: \_\_\_\_\_  
 Method of Payment:      \_\_\_ Visa® \_\_\_ MasterCard®      Expiration Date: \_\_\_\_\_ CSC #: \_\_\_\_\_  
 Check #: \_\_\_\_\_      \_\_\_ Money Order      *(3 digits on back of credit card)*  
*Checks payable to Evergreen Council on Problem Gambling*      Signature: \_\_\_\_\_

**CEUs Available!**



**MARK YOUR CALENDARS!**

January 9-12, 2017  
Comfort Suites - Tukwila  
7200 Fun Center Way  
Tukwila, WA 98188

For more information, contact:  
[www.evergreencpg.org](http://www.evergreencpg.org) or 360.352.6133

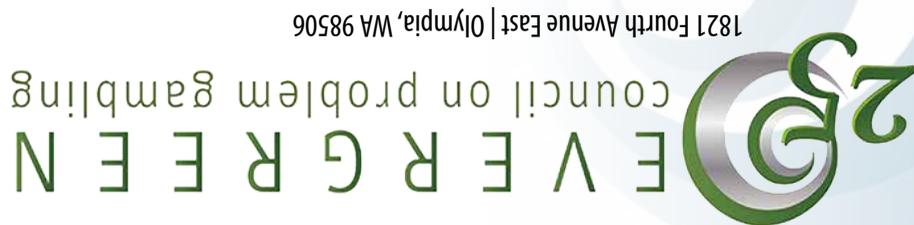
**PROBLEM GAMBLING TRAINING WORKSHOPS**

Basic and Advanced Levels

Presenters:  
Isabelle Duguay, MA, LCPC, PCGC  
Colin Hodgen, PhD  
Jim Leingang, BA, CDP, WSCGC-II  
Denise Quirk, MA, MFT, LADC, CPGC-S, NCGC-II  
Oblio Stroyman, M.Ed, LMFT, NCGC-II, BACC



WHEN GAMBLING BECOMES A PROBLEM, THERE'S HOPE...  
**HELP STARTS HERE**  
800.547.6133  
[www.evergreencpg.org](http://www.evergreencpg.org)



**There's hope  
after the storm.**

**If you, or a loved one,  
struggle with a gambling problem,  
there's HOPE.**

**Help starts TODAY, by  
calling 1.800.547.6133.**

