## **MID-MONTH TRAINING**

## November 16-18, 2020

#### CONNECT WITH YOUR PEERS AND ENGAGE WITH MORE THAN 15 NATIONALLY RECOGNIZED PRESENTERS

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### ABOUT THE EVERGREEN COUNCIL ON PROBLEM GAMBLING

The Evergreen Council on Problem Gambling (ECPG) is dedicated to increasing awareness of public health issues around problem gambling and gaming, expanding the availability and integration of services, and supporting advocacy, research, and programs for education, prevention, treatment, recovery, and responsible gambling and gaming. We provide confidential support for Washington State residents



through our 24-hour Problem Gambling Helpline (800.547.6133) via phone, text, and chat, and public awareness, education, prevention, and resource development services for individuals, families, employers, students, the gaming industry, and business and community groups. ECPG also provides qualified training and certification programs and continuing education units (CEUs) for treatment professionals.

The Council offers support for residential treatment for those struggling with problem gambling and outpatient treatment for those affected by problem gambling and family members, as well as education and public awareness programs to a wide variety of community and professional groups through presentations. The Council works with the gaming industry to provide employee training and responsible gaming policy and program development, and offers a Responsible Gaming Certification program.

The Evergreen Council on Problem Gambling is pleased to work with schools and youth groups, educators and PTAs, civic and social service organizations, and others to develop and tailor education and awareness programs to meet your needs. For more information, or to schedule a presentation, call our office at 360.352.6133.



## SCHEDULE AT-A-GLANCE

MONDAY, NOVEMBER 16 – FOUNDATIONS IN GAMING TRACK				
9 - 9:30 am	Welcome and Check-in			
9:30-11:30 am	Marc Potenza, PhD		Video Gaming, Gambling Disorder, and Internet Gaming Disorder: Clinical Considerations in Gaming Disorder	
11:30-11:45 am	Activity Break: Gaming and Pop Culture			
11:45 am - 1:45 pm	Panel: Hilarie Cash, PhD, LMHC, CSAT, Charlie Bracke, Jon Jones, and Finn Holmquist		Voices of Recovery in Gaming: Personal Impacts	
1:45 - 2:15 pm	Networking Lo	Networking Lounge – Chat and Feedback		
MONDAY, NOVEMBER 16				
8:30 - 9 am	Welcome and Check-in			
9 - 10:30 am	Treatment/ Recovery	Swil Kanim	Through Service and Trauma to Support and Honor: Healing the Wounded Warrior	
	Ethics	Denise Quirk, MA, MFT, LCADC, CPGC-S, ICGC-II, BACC and Joe Reisman, LPC, ICGC-II, BACC	Ethics: Staying in Line While Online – Part 1	
10:30 -10:45 am	Activity Break - Meditation with Maureen			
10:45 am - Noon	Treatment/ Recovery	Keith Whyte	In Harm's Way: Gambling and Problem Gambling in the Military	
	Ethics	Denise Quirk, MA, MFT, LCADC, CPGC-S, ICGC-II, BACC and Joe Reisman, LPC, ICGC-II, BACC	Ethics: Staying in Line While Online – Part 2	
12 - 12:30 pm	Out of the (Lunch) Box: ECPG (Almost) LIVE!			
12:30 - 1:45 pm	Treatment/ Recovery	David Ledgerwood, PhD, LP	Understanding the Interrelationship between Gambling Disorder, Trauma, and PTSD	
	Ethics	Denise Quirk, MA, MFT, LCADC, CPGC-S, ICGC-II, BACC and Joe Reisman, LPC, ICGC-II, BACC	Ethics: Staying in Line While Online – Part 3	
1:45 - 2:15 pm	Networking Lounge – Chat and Feedback			

## Thank you to our Foundations in Gaming Disorder Track partner!



Mid-Month Training | November 2020

## SCHEDULE AT-A-GLANCE

TUESDAY, NOVEMBER 17			
8:30 - 9 am	Welcome and Check-in		
9 - 9:45 am	Treatment/ Recovery	Shane Kraus, PhD	Mindfulness-Based Relapse Prevention
	Supervision	Wiley Harwell, D.Min, LPC, ICGC-II, BACC and Lori Rugle, PhD, ICGC-II, BACC, ICGD	Clinical Supervision – Part 1
9:45 - 10 am	Activity Break: Healing Power of Pets		
10 - 10:45 am	Treatment/ Recovery	Panel: Ty Lostutter, PhD, David Kapelle, and Bob Hersey MSW, LSWAIC	Suicide Prevention/Treatment and the Military
10 - 10:45 am	Supervision	Wiley Harwell, D.Min, LPC, ICGC-II, BACC and Lori Rugle, PhD, ICGC-II, BACC, ICGD	Clinical Supervision – Part 2
10:45 - 11 am	Activity Break: Gratitude Meditation		
11 - 11:45 am	Treatment/ Recovery	Alan Basham, MA	Strengths and Struggles of the Military Family – Part 1
	Supervision	Wiley Harwell, D.Min, LPC, ICGC-II, BACC and Lori Rugle, PhD, ICGC-II, BACC, ICGD	Clinical Supervision – Part 3
11:45 am - 12:15 pm	Out of the (Lunch) Box: Trivia Time		
12:15 - 1 pm	Treatment/ Recovery	Alan Basham, MA	Strengths and Struggles of the Military Family – Part 2
	Supervision	Wiley Harwell, D.Min, LPC, ICGC-II, BACC and Lori Rugle, PhD, ICGC-II, BACC, ICGD	Clinical Supervision – Part 4
1 - 1:30 pm	Networking Lo	ounge – Chat and Feedback	

#### **CEU ACCREDITATION AVAILABLE FROM:**

Mental Health and Addiction Certification Board of Oregon (MHACBO) American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD) Association for Addiction Professionals (NAADAC)

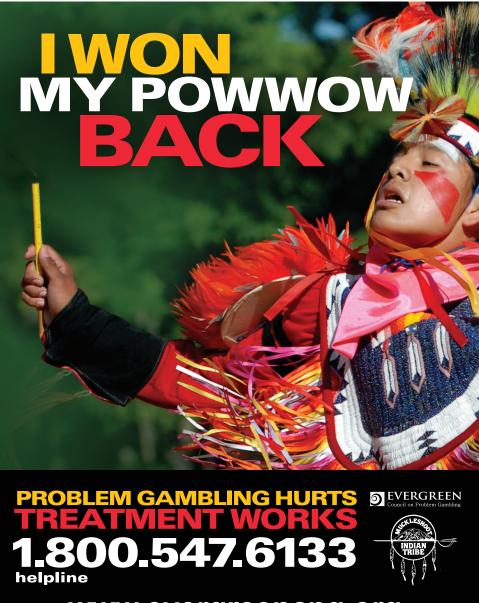
National Council on Problem Gambling (NCPG)

For a full list of CE providers for the Foundations in Gaming Disorder Track, click here

## **SCHEDULE AT-A-GLANCE**

WEDNESDAY, NOVEMBER 18			
8:30 - 9 am	Welcome and Check-in		
9 - 9:45 am	Treatment/ Recovery	Donald Lachman and Cindy Swinkels, PhD	Coaching and Connections for Military Personnel
	Supervision	Wiley Harwell, D.Min, LPC, ICGC-II, BACC and Lori Rugle, PhD, ICGC-II, BACC, ICGD	Clinical Supervision – Part 5
9:45 - 10 am	Activity Break: GRACE Project		
	Treatment/ Recovery	Alan Basham, MA and Dave Millet, MA	Got Your 6: Understanding Service and Supporting Veterans – Part 1
10 - 10:45 am	Supervision	Wiley Harwell, D.Min, LPC, ICGC-II, BACC and Lori Rugle, PhD, ICGC-II, BACC, ICGD	Clinical Supervision – Part 6
10:45 - 11 am	Activity Break: Connections		
11 - 11:45 am	Treatment/ Recovery	Alan Basham, MA and Dave Millet, MA	Got Your 6: Understanding Service and Supporting Veterans – Part 2
	Supervision	Wiley Harwell, D.Min, LPC, ICGC-II, BACC and Lori Rugle, PhD, ICGC-II, BACC, ICGD	Clinical Supervision – Part 7
11:45 am - 12:15 pm	Out of the (Lunch) Box: Meals à la Mo		
12:15 - 1 pm	Treatment/ Recovery	Robert Moering, PsyD	LVR3 - Residential Recovery and Renewal in the VA
	Supervision	Wiley Harwell, D.Min, LPC, ICGC-II, BACC and Lori Rugle, PhD, ICGC-II, BACC, ICGD	Clinical Supervision – Part 8
1 - 1:30 pm	Networking Lounge – Chat and Feedback		

#### THANK YOU TO OUR PLATNUM PEAK PATRON



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## NOVEMBER 2020 MID-MONTH TRAINING SCHEDULE

#### Monday, November 16 - Foundations in Gaming Disorder Track

#### 9 - 9:30 am

Welcome and Check-in

#### 9:30 - 11:30 am

**Breakout Session** 

#### Video Gaming, Gambling Disorder, and Internet Gaming Disorder: Clinical Considerations in Gaming Disorder

Presented by: Marc Potenza, PhD

This webinar will present information about the health correlates of video gaming and how main diagnostic systems (the World Health Organization's ICD-11 and the American Psychiatric Association's DSM-5) consider and define excessive and interfering patterns of video gaming. Differential diagnoses and co-occurring disorders will be considered. How clinicians may intervene will be discussed.

#### 11:30 - 11:45 am

#### **Gaming and Pop Culture**

#### 11:45 am - 1:45 pm

#### Voices of Recovery in Gaming: Personal Impacts

Presented by: Hilarie Cash, PhD, LMHC, CSAT, WSCGC-I, Charlie Bracke, Jon Jones, and Finn Holmquist

Real life stories from people in successful recovery from gaming disorder will be presented. Discover how they developed a gaming disorder, what aspects of gaming are addicting by design, the life impacts they suffered as a direct result of the gaming disorder, what they did to recover and what worked for them in treatment.

#### 1:45 - 2:15 pm

Networking Lounge - Chat and Feedback

**Breakout Session** 

**Activity Break** 

#### Monday, November 16 - Treatment/Recovery Track

#### 8:30 - 9 am

Welcome and Check-in

#### 9 - 10:30 am

**Concurrent Breakout Sessions** 

#### Treatment/Recovery Track

#### Through Service and Trauma to Support and Honor: Healing the Wounded Warrior

#### Presented by: Swil Kanim

What does it mean — "To Serve in the Military?" How well do we prepare service men and women for the life, trauma, and sacrifice they may find? How well do we prepare them to return to civilian life after military service? This session will address these topics as well as the types of experiences that military veterans may experience and may bring home with them — from PTSD and TBI to Suicide Ideation to Survivor's Guilt. Attendees are encouraged to share thoughts and experiences on how those who serve veterans, even if they have not served in the military themselves, can provide treatment and recovery support through respect, compassion, and honor.

#### **Ethics Track**

#### Ethics: Staying in Line While Online (Part 1)

Presented by: Denise Quirk, MA, MFT, LCADC, CPGC-S, ICGC-II, BACC and Joe Reisman, LPC, ICGC-II, BACC

This presentation will cover the foundations and building blocks of ethics, and will include case examples and discussion that support the inclusion of an ethical lens while providing online counseling. Topics will include confidentiality, informed consent, and boundaries as they apply to telehealth counseling. The presentation will also include supportive templates for the ethical consideration involved in telehealth.

#### 10:30 - 10:45 am

**Activity Break** 

Meditation with Maureen Greeley

These presentations will be prepared and delivered by the presenters/panels in their personal/professional capacities. The opinions expressed in the presentations are those of the presenters/panelists and do not necessarily reflect the views of the Evergreen Council on Problem Gambling (ECPG), its staff, or board members. ECPG encourages respectful debate and dialogue on issues in our field.

#### Monday, November 16 - Treatment/Recovery Track (continued)

#### 10:45 am - Noon

**Concurrent Breakout Sessions** 

#### **Treatment/Recovery Track**

#### In Harm's Way: Gambling and Problem Gambling in the Military

Presented by: Keith Whyte

Military personnel face a wide range of risks in the line of duty, including gambling problems. NCPG Executive Director Keith Whyte will provide a background on gambling in the military from George Washington to thousands of slot machines at our overseas bases and discuss the research on heightened risk factors and rates of problems among military personnel. He will review the policy challenges of encountered in addressing this issue and update attendees on the progress made and important next steps to ensure those who serve have access to the top notch problem gambling prevention and treatment.

#### **Ethics Track**

#### Ethics: Staying in Line While Online (Part 2)

Presented by: Denise Quirk, MA, MFT, LCADC, CPGC-S, ICGC-II, BACC and Joe Reisman, LPC, ICGC-II, BACC

# 12 - 12:30 pmActivity BreakOut of the (Lunch) Box: ECPG (Almost) LIVE!12:30 - 1:45 pmConcurrent Breakout Sessions

#### **Treatment/Recovery Track**

#### Understanding the Interrelationship between Gambling Disorder, Trauma, and PTSD

Presented by: David Ledgerwood, PhD, LP

Trauma is prevalent among those with gambling disorder. Yet few studies have explored the relationship between gambling and trauma or examined treatments that address both phenomena. Dr. Ledgerwood will discuss research on the link between gambling disorder and trauma, provide case examples, and discuss strategies for integrated treatment.

#### **Ethics Track**

#### Ethics: Staying in Line While Online (Part 3)

Presented by: Denise Quirk, MA, MFT, LCADC, CPGC-S, ICGC-II, BACC and Joe Reisman, LPC, ICGC-II, BACC

#### 1:45 - 2:15 pm

Networking Lounge - Chat and Feedback

#### Tuesday, November 17

#### 8:30 - 9 am

Welcome and Check-in

9 - 9:45 am

**Concurrent Breakout Sessions** 

**Treatment/Recovery Track** 

#### Mindfulness-Based Relapse Prevention

Presented by: Shane Kraus, PhD

This session will provide information on how gambling impacts US veterans, including rates, clinical comorbidities, and psychosocial functioning. Screening and treating problem gambling in veterans using mindfulness-based relapse prevention will be discussed.

#### **Clinical Supervision Track**

#### Clinical Supervision – Part 1

Presented by: Wiley Harwell, D.Min, LPC, ICGC-II, BACC and Lori Rugle, PhD, ICGC-II, BACC, ICGD

This presentation will focus on presenting an integrative model of supervision with specific discussion of supervising cases involving gambling disorder. The importance of applying cultural attunement to supervision and the supervisory relationship will be emphasized and explored. Additionally, the role of supervisor in supporting development and growth of supervisees will be considered along with the perspective of mindful based supervision. This workshop will seek to create an environment that supports and invites selfexploration and growth for clinicians and supervisors.

9:45 - 10 am	and the second s	1	<b>Activity Break</b>
Healing Power of Pets			

Concurrent Breakout Sessions

#### 10 - 10:45 am

#### Treatment/Recovery Track

#### Suicide Prevention/Treatment and the Military

Presented by Panel: Bob Hersey, MSW, LSWAIC, David Kapelle, and Ty Lostutter, PhD

The unique challenges of military life can be stressful for service members and their families. Levels of stress for active-duty military and veterans can be high. Sometimes high stress, trauma, and pain can reach levels that result in serious conditions, such as depression, traumatic brain injury, and post-traumatic stress disorder. There is still a lot of stigma surrounding mental health issues and reaching out for help is often seen as a weakness or something that might ruin a career. This session will address these issues for service members, veterans, and military families who may be coping with invisible wounds. It will also offer insights on how to promote a culture of support and psychological health.

#### Tuesday, November 17 (continued)

#### **Clinical Supervision Track**

#### Clinical Supervision – Part 2

Presented by: Wiley Harwell, D.Min, LPC, ICGC-II, BACC and Lori Rugle, PhD, ICGC-II, BACC, ICGD



**Treatment/Recovery Track** 

#### Strengths and Struggles of the Military Family - Part 1

Presented by: Alan Basham, MA

This workshop will present the effect of military service on marital and family dynamics, discuss why military service can contribute to addiction and other self-destructive patterns, including compulsive gambling, and discuss considerations for treatment of military persons and their families.

#### **Clinical Supervision Track**

#### Clinical Supervision – Part 3

Presented by: Wiley Harwell, D.Min, LPC, ICGC-II, BACC and Lori Rugle, PhD, ICGC-II, BACC, ICGD

11:45 am - 12:15 pm	Activity Break
Out of the (Lunch) Box: Trivia Time	
12:15 - 1 pm	Concurrent Breakout Sessions
Treatment/Recovery Track	
Strengths and Struggles of the Military Family - Part 2	

Presented by Panel: Alan Basham, MA

**Clinical Supervision Track** 

#### Clinical Supervision – Part 4

Presented by: Wiley Harwell, D.Min, LPC, ICGC-II, BACC and Lori Rugle, PhD, ICGC-II, BACC, ICGD

#### 1 - 1:30 pm

Networking Lounge – Chat and Feedback

#### Wednesday, November 18

#### 8:30 - 9 am

Welcome and Check-in

#### 9 - 9:45 am

**Concurrent Breakout Sessions** 

#### **Treatment/Recovery Track**

#### **Coaching and Connections for Military Personnel**

Presented by: Donald Lachman and Cindy Swinkels, PhD

Many people who know a Service Member or Veteran struggling with addiction or other mental health concern may wonder what they can or should do to support that person. There are many services and many individuals who are devoted to the well-being of Active-Duty, Veterans, and family members of military personnel. How do you communicate effectively and support those who serve in making treatment decisions while also providing them with the freedom to choose what meets their needs? This session will introduce just a few of the services that work to educate, support and empower service men and women and their families – Coaching Into Care; WA Serves; and Making the Connection.

#### **Clinical Supervision Track**

#### Clinical Supervision – Part 5

Presented by: Wiley Harwell, D.Min, LPC, ICGC-II, BACC and Lori Rugle, PhD, ICGC-II, BACC, ICGD

9:45 - 10 am	 Activity Break
GRACE Project	
10 - 10:45 am	 Concurrent Breakout Sessions

#### Treatment/ Recovery Track

#### Got Your 6: Understanding Service and Supporting Veterans – Part 1

Presented by: Alan Basham, MA and Dave Millet, MA

This presentation focuses on the content and purpose of the Got Your 6 training program at Eastern Washington University. The presenters will summarize the content of their 3-hour workshop presented to faculty, administration, and staff members at EWU to help them become skilled at working with the hundreds of student veterans and their dependents on the campus. The presenters will cover the nature of military service, the effects of military service on personal development and life trajectory, and what veterans most need from the community in order to heal where needed and to transition more easily to civilian life. Both presenters are combat veterans.

#### **Clinical Supervision Track**

#### **Clinical Supervision – Part 6**

Presented by: Wiley Harwell, D.Min, LPC, ICGC-II, BACC and Lori Rugle, PhD, ICGC-II, BACC, ICGD

#### Wednesday, November 18 (continued)

10:45 - 11 am	Activity Break		
Connections			
11 - 11:45 am	Concurrent Breakout Sessions		
Treatment/Recovery Track			
Got Your 6: Understanding Service and Supporting Veterans – Part 2			
Presented by: Alan Basham, MA and Dave Millet, MA			
Clinical Supervision Track			
Clinical Supervision – Part 7			
Presented by: Wiley Harwell, D.Min, LPC, ICGC-II, BACC and Lori Rugle, PhD, ICGC-II, BACC, ICGD			
11:45 am - 12:15 pm	Activity Break		

Out of the (Lunch) Box: Meals à la Mo



### Join us for our next Mid-Month Training December 14-16, 2020

### Special Highlights:

• Sally Gainsbury on Youth Gambling, Gaming, and Mental Health – Implications for Helping Professionals (1 CE)

 Stacked Deck Problem Gambling Prevention Curriculum for Youth (11 CEs)

Families Recovering Against All Odds (3 CEs)

#### 12:15 - 1 pm

#### **Treatment/Recovery Track**

#### LVR3 - Residential Recovery and Renewal in the VA

Presented by: Robert Moering, PsyD

In November 2019, the VA Healthcare System opened a new residential recovery center in Las Vegas. The facility is the second of its kind in nearly 50 years at VA: the department's first gambling addiction center – a trailblazing treatment facility that was the first of its kind in the country for addressing compulsive gambling – opened at the Brecksville, Ohio, VA Medical Center in 1972. LVR3 is a 30-45 day, 20-bed substance use and gambling residential treatment program, with five dedicated rooms for female Veterans. One year later, how is the program doing? What services are being offered? How can treatment providers supporting Veterans, or the Veterans themselves, who are interested in referral to LVR3, get access to services?

#### **Clinical Supervision Track**

#### **Clinical Supervision – Part 7**

Presented by: Wiley Harwell, D.Min, LPC, ICGC-II, BACC and Lori Rugle, PhD, ICGC-II, BACC, ICGD

#### 1 - 1:30 pm

Networking Lounge - Chat and Feedback



#### THANK YOU TO OUR GOLDEN EAGLE GUARDIANS



## **COWLITZ INDIAN TRIBE**

Our mission is to improve outcomes with quality health care solutions by removing barriers to treatment.

- Outpatient treatment services
- Hedical care
- Mental health counseling
- Medication assisted therapies: Suboxone, Vivitrol, Methadone
- DUI/deferred prosecution
- Transportation
- Onsite child care



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**Alan Basham, MA** taught in the CACREP Counselor Education program at Eastern Washington University for over 20 years. He is Past President of the Washington Counseling Association and the Past President of the Association for Spiritual, Ethical, and Religious Values in Counseling, a division of the American Counseling Association. Alan's approach to therapy is primarily developmental, including the effect of family systems on later adult behavior and pathology. He is a veteran, published poet and author, and an avid hiker and wilderness buff.

**Charlie Bracke** was addicted to video games by the age of nine, and has been happily game free for more than five years after attending the reSTART Life internet addiction recovery program.

**Hilarie Cash, PhD, LMHC, CSAT, WSCGC-I** has been working in the field of mental health as a private practitioner for more than 30 years. For the last 20 she has specialized in the emerging field of Internet and video game addiction, working with families and individuals struggling to cope with problems related to pornography and romantic chat, video gaming, surfing, social networking, etc. In 2009 she teamed up with Cosette Rae, MSW and Gary Simmons to found the first treatment center of its kind. The reSTART Center for Digital Technology Sustainability provides a 45-90 day retreat mainly for young adult men. Hilarie is the Co-Founder and Chief Clinical Officer of reSTART Life, an Internet Addiction Recovery Program.

**Maureen Greeley, BS** is the Executive Director of the Evergreen Council on Problem Gambling (ECPG), has worked with and for ECPG since 1998, and became Executive Director in November 2006. At the national level, she holds an Affiliate seat on the Board for the National Council on Problem Gambling and has also served as the NCPG Board's President for two terms. In 2018, she received NCPG's Lifetime Achievement Award for Advocacy. Maureen is a member of the Washington State Problem Gambling Task Force, and serves on the Task Force's Access to Care, Treatment, and Recovery Work Group and Prevention and Outreach Work Group.









**Wiley Harwell, D.Min, LPC, ICGC-II, BACC** is the Executive Director of the Oklahoma Association for Problem and Compulsive Gambling. He has a Doctor of Ministry degree, a Masters of Divinity, and a Bachelor's degree. Wiley is a licensed professional counselor, a certified employee assistance professional, has advanced certification in hypnotherapy, and is a national certified gambling counselor. Wiley currently leads trainings for tribal casinos as well as continuing education for mental health professionals on problem gambling.



**Robert Hersey, LSW, LWAIC** is Retired U.S. Army with more than 20 years of military service (20 years active duty Army and 3 years Army Reserves) including 2 OIF deployments as well as 4 years as a social worker and Veterans Outreach Coordinator with the Department of Veterans Affairs, Tacoma Vet Center.



**Finn Holmquist** is a recovering video game addict. I came into treatment at reSTART about 1 year and 5 months ago. Treatment, and working the 12 steps has changed my life in a very posiitve way.



**Jon Jones** attended reSTART from January 2018 through August 2019. I had previously gotten help at other facilities for mental health and other issues but video games and gambling were still a big problem for me. I would spend 14+ hours a day on video games and in 2017 spent around \$8,000 on video games and microtransactions within games, which included all of my savings. In December it will be 3 years since I've played a video game of any kind and nowadays I try to have a healthier relationship with tech.



**Swil Kanim**, US Army Veteran, classically trained violinist, native storyteller and actor, is a member of the Lummi Nation. Music and the performance of music helped him to process the traumas associated with his early placement into the foster care system. Swil's compositions incorporate classical influences as well as musical interpretations of his journey from depression and despair to spiritual and emotional freedom. The music and stories that emerge from his experiences have been transforming people's lives for decades.

**David Kapelle, LCSW** has worked for the past 8 years in the Veteran Administration's Suicide Prevention Program. In addition to working directly with Veterans at risk for suicide, Mr. Kapelle has been a national training consultant for the VA's CBT for Depression program. For the past year, he has focused most of his time on creating an online training module on the Safety Planning Intervention. Prior to his federal service, Mr. Kapelle worked in a variety of settings including hospice, inpatient psychiatry, residential treatment for substance use disorders, and was the clinical director of the American Cancer Societies' Quit-line program.

**Shane W. Kraus** received his Ph.D. in Clinical Psychology from Bowling Green State University in 2013 and completed his postdoctoral fellowship at the VISN 1 New England Mental Illness Research, Education, and Clinical Center and Yale University Department of Psychiatry In 2015. He is currently an Assistant Professor of Psychology at University of Nevada, Las Vegas who studies effective screening and treatment approaches for gambling disorder, compulsive sexual behavior, and trauma and addictions.

**Donald Lachman** is a Vietnam-era veteran who served in the Army Medical Service as a medic and Physician Assistant for the orthopedic surgery team. He had the honor of serving as Special Project Coordinator at Washington State Department of Veteran Affairs for 12 years. He currently serves in a similar position for the WestCare Foundation and Washington Serves. His responsibilities require extensive knowledge of veteran's benefits and the development of model partnerships and practices to assist veterans. He also served as the liaison and President of the Board of Directors for Brigadoon Service Dogs, which provides trained service dogs to disabled veterans and their families.

**David Ledgerwood, PhD** is a Clinical Psychologist and Associate Professor in the Substance Abuse Research Division, Department of Psychiatry and Behavioral Neurosciences at Wayne State University School of Medicine. He has published several research articles on problem gambling, focusing on co-occurring psychopathology, impulse control and executive function, treatment outreach, and treatment effectiveness. He has also been a paneled provider of problem gambling treatment services in Michigan through HMSA and is Past President of

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the Michigan Association on Problem Gambling. Dr. Ledgerwood also studies treatments for substance use disorder, and is the Director of the Nicotine and Tobacco Research Division at Wayne State University.



**Ty Lostutter, PhD** is an Assistant Professor and serves as the Training Director of the Psychology Internship Program for the University of Washington's School of Medicine. Dr. Lostutter has broad research and clinical interests which focus on etiology, prevention, and treatment of addictive behaviors and mental health. He has conducted research in the areas of college student drinking prevention, gambling prevention, alcohol and HIV prevention among youth in Vietnam; and alcohol use, academic performance and mental health among college student veterans of Afghanistan and Iraq. He has served on the ECPG Board for more than 10 years and as the Board President for the past 4 years.



**David Millet, MA** has served as the Director for Veterans Resource Center at Eastern Washington University since 2012, supporting student veterans, service members, and their families in higher education. David helped develop the "Got Your 6" program in order to educate faculty and staff on campus on how to better support veterans as they return to campus. He spent 25 years on active duty as an Infantry Officer in the US Army, retiring in 2009. During his military career, David was awarded the Combat Infantryman's Badge, Bronze Star, Ranger Tab, and Airborne and Air Assault Badges.



**Robert Moering, PsyD** graduated from the University of Maryland with a M.A. in Counseling and he earned his M.S. in psychology from Florida Tech. He earned his Doctor of Psychology degree from Florida Tech where he completed his internship with the James A. Haley VA Medical Center. Currently Dr. Moering is the Program Manager of the Las Vegas Residential Recovery & Renewal Center (LVR3), which is a 20 bed residential addiction treatment program for substance abuse and gambling addiction. Dr. Moering developed the first Dual Diagnosis Treatment Program at the Tampa VA and he established the first Intensive Outpatient Program at the University of South Florida. Dr. Moering is also a Marine Corps Veteran.

**Marc Potenza, PhD** is a board-certified psychiatrist with sub-specialty training in addiction psychiatry. He is a Professor of Psychiatry, Child Study and Neuroscience at the Yale University School of Medicine where he is the Director of the Division on Addictions Research, the Problem Gambling Clinic, the Center of Excellence in Gambling Research, the Women and Addictive Disorders Core of Women's Health Research at Yale and the Yale Research Program on Impulsivity and Impulse Control Disorders. He is also a Senior Research Scientist at the Connecticut Council on Problem Gambling.

**Denise Quirk, MA, MFT, LCADC, CPGC-S, ICGC-II, BACC** is certified as a clinical supervisor and gambling counselor specializing in treatment for families. She is the CEO and Clinical Director of the Reno Problem Gambling Center, a nonprofit outpatient treatment center. Denise created and teaches an online problem gambling course for the University of Nevada, Reno. She serves as a Board member for the Nevada Council on Problem Gambling and is a member of the Nevada Governor's Advisory Committee for Problem Gambling. Denise is coauthor of Gambling Patient Placement Criteria, and was a field reviewer for The ASAM Criteria.

Joe Reisman, LPC, ICGC-II, BACC has 20 years of experience in mental health and addictions, with a concentrated focus on disordered gambling. He has contributed to state education and training in the field, as well as providing clinical supervision and program design support to agencies providing gambling treatment services in Oregon and Washington. Joe is a Licensed Professional Counselor (LPC) in Oregon. In addition to his LPC, he is recognized by the National Council on Problem Gambling as an International Certified Gambling Counselor (ICGC-II) and a Board-Approved Clinical Consultant (BACC).









Lori Rugle, PhD, ICGC-II/BACC, ICGD, is a white privileged, boomer generation, cisgendered, heterosexual, Buddhist woman of biological and adoptive eastern European ancestry who currently lives on the ancestral land of the Erie and Iroquois people. In her 36 years of working with problem gambling, she has had amazing opportunities to learn from courageous people addressing gambling disorder and those in recovery, from creative clinicians, from dedicated advocates, from brilliant researchers and academics and from experts on reducing gambling's harms and those in the gambling industry.



**Cindy Swinkels, PhD** is a Clinical Psychologist with the VISN 6 MIRECC and has been with the VA for 8 years. She completed a Post-Doctoral Research Fellowship with the MIRECC focusing on the relationship between sleep and co-morbid medical and mental health issues. Currently, she holds two national positions; she is Special Projects Consultant with VACO on the National Mental Health Summits and provides technical assistance and support to VACO & 150+ Medical Centers across the VA system. She is also the Site Director of a multicenter National VA Call Center – Coaching Into Care (CIC). CIC provides resources and a "coaching" service for family and friends of Veterans.



**Keith Whyte** is Executive Director of the National Council on Problem Gambling (NCPG) in Washington, D.C. He has more than twenty-five years of national experience in responsible gaming and problem gambling issues. Recognized widely for his work on gaming policy, Whyte has presented on gambling issues in 44 U.S. States and 24 countries. He has testified before the United States Congress and appeared before numerous state legislative and regulatory bodies.

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Mid-Month Training | November 2020



