

Revised NODS Diagnostic Screen for Gambling Problems — Self Report (NODS-SR)

Instructions: Please respond the following questions and carefully indicate “Yes” or “No” for each statement based on the past 12 months.

Only circle one response for each item and please be sure to answer *every* question.

1.	Have there ever been periods lasting 2 weeks or longer when you spent a lot of time thinking about your gambling experiences, planning future gambling ventures or bets, or thinking of ways to get money to gamble with?	YES	NO
2.	Have there ever been periods lasting 2 weeks or longer when you needed to gamble with increased amounts of money or with larger bets than before in order to get the same feeling of excitement.	YES	NO
3.	Have you ever felt restless or irritable when trying to stop, cut down, or control your gambling?	YES	NO
4.	Have you made 3 or more <i>unsuccessful</i> attempts to control, cut-back on, or stop your gambling?	YES	NO
5.	Have you ever gambled to escape from personal problems, or to relieve uncomfortable feelings such as guilt, anxiety, helplessness, depression, or boredom?	YES	NO
6.	Has there ever been a period when, if you lost money gambling one day, you would often return another day to get even or recoup your losses (i.e., chasing your losses)?	YES	NO
7.	Have you ever lied on 3 or more occasions to family members, counselors, friends, or others in order to hide the extent of your involvement with gambling (e.g., amount of money spent on gambling, amount of money lost on gambling, or how often you gamble)?	YES	NO
8.	Has your gambling ever led you to lose, or placed you at risk of losing, a significant relationship, a job, an educational experience, or a career opportunity (e.g., caused serious or repeated problems in your relationships with family members, friends, your work, education, or career)?	YES	NO
9.	Have you ever had to ask family members, friends, a lending institution, or other people to loan or provide you with money or bail you out of a desperate money situation largely caused by your gambling?	YES	NO
10.	Have you ever written a bad check, forged a check, or taken money that didn't belong to you from family members or anyone else, or obtained money in ways that could cause you legal problems in order to pay for gambling?	YES	NO