

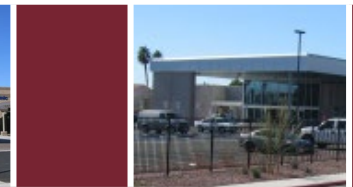
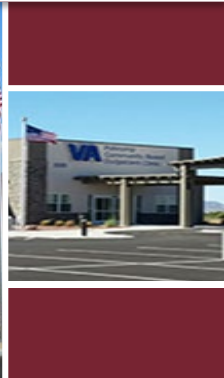
VA



U.S. Department
of Veterans Affairs

Las Vegas Residential Recovery & Rehabilitation

Dr. Robert G. Moering
Acting Program Manager
November 18, 2020



VA Southern Nevada Healthcare System



Presentation Objectives

- What is LVR3
- Understand what diagnosis LVR3 treats and what a typical day is like in treatment
- What gambling treatment options are available in LVR3
- Understand the referral process to LVR3



Las Vegas Residential Recovery & Rehabilitation (LVR3)

LVR3 is a program for Residents to participate in treatment within a supportive environment and an active learning community. Residents are given time and support to work on treatment issues to help maintain sobriety, improve psychiatric symptoms, quality of life, and bolster skills to re-engage in the community. Although Residents come for a range of reasons, all are working toward the common goal of recovery.

Length of stay: 30-60 days

Population: Eligible Veterans



What is LVR₃

- 20 bed residential treatment facility for addictive disorders
 - 15 male
 - 5 female
- Staffing
 - Psychiatrist
 - Psychologist
 - Social Workers
 - Pharmacists
 - Primary Care
 - Nursing
 - Psychiatry Residents
 - Psychology Interns
 - Pharmacy Residents
 - Recreational Therapist
 - Peer Support Specialist
 - Dietician
 - Voc Rehab Counselor
 - Chaplains
 - Specialty Clinics as indicated



What do we treat?

- Alcohol Use Disorders
- Substance Use Disorders
- Gambling Addiction
- Co-occurring Diagnoses



Typical Treatment Day

- Community Meeting
- 3-4 primary groups per day
 - CBT-SUD Alpha-Stim
 - ACT Anger Management
 - CBT-i Relationship
 - DBT
- 1-2 secondary groups per day
 - Recreational therapy Tai Chi Staff/Resident
 - AA/NA meeting Yoga Medication
 - Peer support groups Spirituality



Additional Treatment

- Individual Therapy (2X per week)
- Weekly appointments with prescribing provider
- Medical sick-call as needed
- Alpha-Stim M (individual sessions and self-treatment)
- Recreational Outings 1-2X per week
- Couples and Family Therapy



Gambling Track

- In addition to previous groups noted:
 - CBT-Gambling Group (3X week during COVID, 5X week non-COVID)
 - GA Meetings
 - Couples Therapy



COVID-19 & Other Tidbits

- All residents tested on day of admission for COVID-19
- Multiple screenings per day (questions and temperature)
- No outside food deliveries (e.g., Grub hub)
- No in-person visitation
 - Allowed to bring phones, tablets/iPads, laptop computers
- Tobacco free facility
- All possessions processed through bedbug cleaner
- Random health and safety inspections
- At least once-weekly UDS



Referral Process

- Phone: (702) 791-9000 ext 13159
- Non-VA facility or provider:
 - Email Brian.Potts@va.gov and Kayla.Moos@va.gov
 - Provide veteran's contact information
 - Veteran's eligibility is verified
 - Veteran screened for admission
- VA Facility
 - Las Vegas VAMC – enter consult
 - Non-Las Vegas VA – enter Interfacility Consult
 - Email Brian.Potts@va.gov and Kayla.Moos@va.gov for questions and status updates



Questions?

