



**MARK YOUR CALENDAR!**  
**June 7-10, 2011**  
 Red Lion Hotel Yakima Center  
 607 East Yakima Avenue  
 Yakima, WA 98901-2548  
 For more information: 360.352.6133  
 www.evergreencpg.org

**Problem Gambling Training Workshops**  
 Basic and Advanced Levels

Presenters:  
 Antonio Fernandez, LCSW  
 Linda Graves, MS, NCGC-II  
 Janese Olalde, M.Ed, CADC-II, CGAC-II

Qualifies toward Continuing Education/Certification

**PROBLEM GAMBLING TRAINING WORKSHOPS**

**PRESENTERS**

**Antonio Fernandez, LCSW**, is a cognitive behavioral therapist. Antonio brings with him a background in providing direct services to residential treatment patients and their families. Antonio has extensive experience working with individuals with chemical dependence, trauma, and other co-occurring disorders and has experience developing treatment programs in Tribal America.

**Linda Graves, MS, NCGC-II**, is the Problem Gambling Program Manager, Division of Behavioral Health and Recovery, State of Washington. Prior to moving to Washington, Linda was the Deputy Director for the Delaware Council on Problem Gambling. Linda served as Chair for the National Problem Gambling Helpline Committee from 2001-2005. She served as Secretary for the Delaware Certification Board for four years, and was a member of that Board for six years.

**Janese Olalde, BA, QMHP, CADC-II, CGAC-II** has more than 20 years experience in the addiction and education fields. Having lived in Mexico for four years, she worked as an addictions counselor with Spanish-speaking clients for nine years and has been involved in the Latino community for more than 30 years. Janese previously worked for the State of Oregon DHS as a Problem Gambling Treatment Specialist and is currently a Master's candidate in the UO Couples and Family Therapy program.

**Continuing Education/Certification**  
 Continuing Education accreditation pending for the following organizations: NAADAC, The National Association of Social Workers (NASW), the American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD), Washington Mental Health Counselors Association (WMHCA), American Counseling Association (ACA), National Board for Certified Counselors (NBCC), Certified Addiction Specialist (CAS) credential, and the American Academy of Family Physicians Continuing Medical Education (AAFP CME).

# PROBLEM GAMBLING TRAINING WORKSHOPS

Please Print Clearly

## BASIC AND ADVANCED LEVELS

### Registration Form

Registration Deadline: Wednesday, May 18, 2011

Please check days you plan to attend: Fee

- June 7-10, 2011 (all four days)  
Basic and Advanced Workshops \$150 (ECPG Member Discount Rate: \$135)
- June 7-8, 2011 (2 days only)  
Basic Workshop \$75 (ECPG Member Discount Rate: \$69)
- June 9-10, 2011 (2 days only)  
Advanced Workshops \$75 (ECPG Member Discount Rate: \$69)

Total Amount Enclosed \$ \_\_\_\_\_

CANCELLATION POLICY: Refunds will be issued, less a \$25 administrative fee, if received in writing six (6) days prior to each event. No refunds will be issued after that date.

Mail or FAX this form with payment to:



**EVERGREEN**  
Council on Problem Gambling  
1929 4th Avenue East  
Olympia, WA 98506-4631  
Fax: 360.352.4133

For more information:

Call: 360.352.6133  
email: info@evergreencpg.org

\* MEALS: Beverage service will be provided. Lunch is on your own.  
DRIVING DIRECTIONS: Directions will be included with your registration confirmation

Name \_\_\_\_\_

Position/Title \_\_\_\_\_

Agency/Organization \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Mobile/Cell Phone \_\_\_\_\_

E-mail\*\* \_\_\_\_\_

\*\*In the future, training notices may be sent by e-mail only.

#### Method of Payment (Please Print Clearly or Type)

Check # \_\_\_\_\_

Name on check if different from Registrant  
Make all checks payable to Evergreen Council on Problem Gambling

VISA/MasterCard # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Full Name As it Appears on Card \_\_\_\_\_

Cardholder Signature \_\_\_\_\_

CUT HERE



NATIONAL HELPLINE

National Council  
on Problem Gambling

1-800-522-4700

24 Hour Confidential

### NCPG Joint Membership Application Through ECPG

NCPG is the national advocate for programs and services to assist problem gamblers and their families

*Name	*Company	
*Address	*Apt/Suite	*City
*State/Province	*Zip/Postal	*Phone
*Fax	*Email	
*(required)		

#### Membership

**ECPG Membership (\$39.00) -Special member discounted fees on quarterly trainings and conference registration (all offer CEUs), certification training workshops, Quarterly newsletter, and a Member certificate suitable for display.**

**ECPG & NCPG Individual Membership** - Includes full ECPG Individual membership plus full National voting rights, 1yr subscription to the NCPG Newsletter, Member Certificate, bi-monthly subscription to Addiction Professional, as well as discounts on literature and conferences. **The cost of NCPG Individual membership alone is \$75.00 when purchased directly. Save \$40.00 through ECPG!!!**

\$75.00 + \$39.00 = \$114.00 **Special offer in conjunction with ECPG Membership!! \$74.00**

**ECPG & NCPG Individual Plus Member** - Includes full ECPG Individual membership plus all the benefits of ECPG & NCPG Individual Member level, with the addition of a subscription to International Gambling Studies, a peer reviewed interdisciplinary journal in gambling studies. **The cost of NCPG Individual Plus membership alone is \$100.00 when purchased directly. Save \$40.00 through ECPG!!!!**

**\$100.00+\$39.00= \$139.00 Special offer in conjunction with ECPG Membership!! \$99.00**

Today's Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Method of Payment: Visa                      Mastercard  
Circle one

Check # \_\_\_\_\_ Money Order  
(Checks Payable to Evergreen Council on Problem Gambling)

\*Credit Card Number \_\_\_\_\_ \*Exp. Date \_\_\_\_\_

\*CSC (3 digits on back of card) \_\_\_\_\_ \*Signature \_\_\_\_\_  
\*(Required)

**NCPG and ECPG are non profit organizations. Your contribution is tax deductible. Mail completed form with payment to:**

1929 Fourth Avenue East • Olympia, WA 98506 • P: 360.352.6133 • F: 360.352.4133  
info@evergreencpg.org • www.evergreencpg.org



# Special Membership Offer

**Join the National Council on Problem Gambling  
AND the Evergreen Council on Problem Gambling  
and SAVE \$40!**




**Join the National Council on Problem Gambling  
AND the Evergreen Council on Problem Gambling and SAVE \$40!**

**That's like getting your ECPG membership FREE!**

As an ECPG Member, you'll receive member discounted rates on all of our Quarterly Trainings and our Annual Conference - all of which offer Continuing Education Units from many associations and certification boards, such as:

- **National Association of Alcohol and Drug Abuse Counselors (NAADAC)**
  - **Addiction Counselor Certification Board of Oregon (ACCBO)**
  - **National Association of Social Workers (NASW)**
- **American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD)**
  - **American Counseling Association (ACA)**
- **Washington Mental Health Counselors Association (WMHCA)**

ECPG Individual Member benefits also include discounts on Certification Training Workshops, a subscription to our Quarterly Newsletter, and a Member Certificate suitable for display.

**Join Now (application attached).  
It's a Great Opportunity you don't want to miss!**

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FOR MORE DETAILS ON EACH COURSE AND COMPLETE COURSE OBJECTIVES, VISIT OUR WEBSITE AT [WWW.EVERGREENCPG.ORG](http://WWW.EVERGREENCPG.ORG)

# PROBLEM GAMBLING TRAINING WORKSHOPS

## BASIC AND ADVANCED LEVELS

### The Schedule

**PLEASE NOTE:** Each session will begin at stated time.  
Attendees must be present for entire session to receive CEU credit

**Tuesday & Wednesday, June 7-8, 2011**

**8 am – 5 pm\***

**Sliding Down the Slippery Slope (16 CEU)  
(Basic Education in Gambling Addiction)**

**Presenter: Linda Graves, MS, NCGC-II**

Approximately 4 of every 100 people in the United States have a gambling problem. For each one of those, an average of seven people is affected by the gambler's behaviors. It is often a hidden disorder. This workshop lays the groundwork for treating problem gambling, starting with basic definitions so there is common understanding. Session includes definitions of gambling, types of gamblers, action and escape gambling. The progression of the disease and its similarities with chemical dependence will be discussed. Participants will learn to use several different assessment tools to screen and assess for problem gambling. Using interactive learning, films, and group discussions, participants will learn to develop a treatment plan for clients impacted by gambling behavior. National Exam preparation and review will be included as the final section of this class.

**Thursday, June 9, 2011**

**8 am – Noon**

**Trauma, Domestic Violence, Suicide, Survivor Issues (4 CEU)**

**Presented by: Antonio Fernandez, LCSW**

The complexion of the problem gambler presenting for treatment continues to change. Access to gambling venues has contributed to these changes. When attempting to find strong modalities for treatment, it is often a challenge because gamblers have varied presenting demographics—gender, age, ethnicity, financial situation. Many problem gamblers presenting for treatment assess for currently experiencing trauma or having a history of experiencing trauma. Their experience of trauma ranges from mild to severe and acute to chronic. Upon investigation, it appears that these traumatic events commonly trigger cravings to gamble and relapse. Cognitive behavioral therapy is considered to be one of the most effective types of treatment for many mental health disorders and is quickly growing in its acceptance as an effective form of addictions treatment. This seems to hold true in the treatment of problem gambling. This training will outline a step-by-step plan from assessment through treatment sessions using schemas as a foundation to address the core issues that trigger urges to gamble and relapse.

**1 – 5 pm (4 CEU)**

**Client Care/Counselor Care**

**Presented by: Antonio Fernandez, LCSW**

People working in the helping field are subject to conditions that can lead to depletion or even impairment, such as the emotionally intense nature of the helping relationship. Secondary traumatization and heavy case load leads to symptoms and burnout. This training will provide guidance in the identification of the secondary traumatizing and organizational factors that contribute to stress and burnout, and specific stress reduction techniques that care provider and client can use.

**Friday, June 10, 2011**

**8 – 11 am (3 CEU)**

**Using Motivational Interviewing with Problem Gamblers**

**Presented by: Janese Olalde, BA, QMHP, CADC-II, CGAC-II**

Review primary principles of Motivational Interviewing and learn rationale for using MI with problem gamblers. Build knowledge of specific MI strategies and apply to clinical treatment of problem gamblers and their families.

**11 am – 3 pm (3 CEU)\* includes 1-hour break for lunch**

**Working with Latino Problem Gamblers**

**Presented by: Janese Olalde, BA, QMHP, CADC-II, CGAC-II**

Increase awareness of cultural issues for Latino problem gambling clients that affect the counselor-client relationship and incorporate into the assessment and planning of care. Consider Latino-sensitive approaches to providing problem gambling treatment services that will improve Latino problem gamblers' access to and retention in treatment.

**3 – 5 pm (2 CEU)**

**Facilitating Groups with Problem Gamblers**

**Presented by: Janese Olalde, BA, QMHP, CADC-II, CGAC-II**

Learn specific benefits and risks of group treatment of problem gamblers and their families and identify group therapeutic norms essential to working effectively with problem gamblers. Increase awareness of specific leadership styles, skills, and effective interventions when facilitating problem gambling treatment groups.

**DRIVING DIRECTIONS:** Directions will be included with your registration confirmation.

HOTEL



**June 7-10, 2011**

**Red Lion Hotel Yakima Center**

**607 East Yakima Avenue Yakima, WA 98901-2548**

**For more information: 360.352.6133**

The Red Lion Hotel Yakima Center is located in downtown Yakima, next door to the Yakima Convention Center. Located only 6 miles from the Yakima Air Terminal, the hotel offers free airport shuttle. You'll stay comfortable in Yakima with amenities that include free high-speed wireless Internet access, oversized guest room work areas, a business center, two seasonal pools, a 24-hour fitness center and complimentary parking.

Lodging rate is \$77 (plus taxes) for Single Occupancy, \$97 for Double Occupancy

For reservations call:

1-509-248-5900

Request ECPG Training Rate