



1821 4th Ave East
Olympia, WA 98506
www.evergreencpg.org



For more info & online registration, visit <http://focusonthefuture.evergreencpg.org>

Focus on the Future – TOGETHER! For Healthy Communities



**Opportunity for 30+
Continuing Education Units**

- **Conference Tracks including:**
 - Clinical/Behavioral Health
 - Innovative Trends
 - Law and Justice
 - Prevention and Community

Thank you to our Conference Partner:



**April 24-27, 2017
Olympia, WA**

Focus on the Future – TOGETHER! For Healthy Communities

April 24–27, 2017

ABOUT THE CONFERENCE

Focus on the Future – TOGETHER! The name says a lot. Since the first **Focus on the Future** conference in 2007, hundreds of compelling speakers – experts from across the country and around the world – and thousands of attendees have shared knowledge, experience, and a vision of strong community health programs around problem gambling and addiction. **Focus on the Future** has also provided the opportunity to partner with other community health focused organizations, agencies, schools and universities, and more. We are honored to partner this year with TOGETHER!, whose vision is to ensure that all young people are supported, healthy, safe, and valued. In fact, we believe that partnerships are the cornerstone for building strong, sustainable, community health programs that achieve long-term change. Sustainability includes the capacity to take on new issues as they emerge. In the real world, problem gambling programs and services cannot exist in a silo. Neither can programs and services for other addictions or for mental health and behavioral health issues.

Focus on the Future – TOGETHER! will combine the best of the annual conferences both our organizations have offered over the years to provide valuable insights on the tools and resources available for effective treatment, prevention, and community engagement, as well as offering information on trends and innovative topics in gambling, gaming, community resiliency, advocacy, issues around opioids, tobacco, and marijuana, internet addiction, therapeutic justice, homelessness, and community service models.

All of us at the Evergreen Council on Problem Gambling and TOGETHER! thank all of you who make such an important difference in our diverse communities to provide support and services and work toward community engagement to increase awareness of and develop prevention models around addictions, violence, homelessness, and more. As individuals and organizations, we bring diverse skills and experience to the table to share. We also share a vision of making our communities healthier places to live. We can achieve this vision; this **Focus on the Future – TOGETHER!**



Brad Owen, Honorary Chair
Former Washington State Lieutenant Governor, Retired



CONFERENCE COORDINATOR

Evergreen Council on Problem Gambling (ECPG) provides treatment, training, and awareness programs and services around problem and responsible gambling issues. We provide confidential support for those affected by gambling disorders through our 24-hour Problem Gambling Helpline; and public awareness, education, prevention, and resource development services for individuals, families, employers, students, the gaming industry, and business and community groups. ECPG also provides training and certification programs and continuing education units (CEUs) for treatment professionals.

Gambling is a personal choice. And for the majority of residents in the Pacific Northwest, gambling is a source of fun, recreation, and entertainment. But for some, gambling can become a serious problem that leads to broken marriages and relationships, bankruptcy, depression, or even suicide. If you or someone you love struggles with a gambling problem, there is hope. Help starts today by calling **800.547.6133**.

CONFERENCE PARTNER

TOGETHER!

TOGETHER! is a nonprofit organization founded in 1989 to serve youth and families in the South Sound with a mission to advance the health and well-being of all young people. We offer direct service youth programs, mobilize communities through coalitions, advocate for healthier laws, norms, and systems, and promote health through community and individual education. For nearly 30 years, TOGETHER!'s strategic investment in programs, services, and partnerships at the cutting edge of youth development consistently produce proven results in youth health, safety, and success. We have worked to achieve our mission and vision by living our values. We value **equity**; we

believe that all people deserve social, health and educational equity. **Mobilization**; we partner and mobilize families, schools, and the community to solve community problems. And **systems change**; using data to lead and support change across sectors to serve the needs of the whole child.



GENERAL INFORMATION

CONFERENCE REGISTRATION DEADLINES

- Early Bird registration deadline is March 31, 2017.
- Regular registration deadline is April 20, 2017.
- On-site registration only after April 20, 2017. Please do not mail, e-mail, fax, or drop off registration after this date. Cash, check, or credit card will be accepted for on-site payment at the conference.

Fill out the attached registration form or visit <http://focusonthefuture.evergreencpg.org> to register.

PROFESSIONAL DEVELOPMENT OPPORTUNITIES

Full scholarship opportunities available for Washington State treatment providers! There are a limited number of scholarships with preference going to those pursuing gambling counselor certification. Scholarship includes full registration fee, hotel stipend (\$50 per night, up to three nights), and Washington State Problem Gambling Certification application fees. Visit <http://focusonthefuture.evergreencpg.org> for details.

HOTEL ACCOMMODATIONS

Hotel RL

2300 Evergreen Park Drive
Olympia, WA 98502
Reservations: 1.800.733.5466



☀ Request the **Focus on the Future – TOGETHER!** conference room rate of \$99 + room tax per night by **April 10, 2017**. Hotel RL's amenities include: discounted on-site parking, complimentary high-speed WiFi, a café and restaurant, a fitness room and swimming pool, and shuttle service.

MEALS & DIRECTIONS

Breakfast and lunch will be provided during the **Focus on the Future – TOGETHER!** conference. Driving directions will be included in your registration confirmation.

CONTINUING EDUCATION UNITS / HOURS / PROBLEM GAMBLING COUNSELOR CERTIFICATION

The Evergreen Council on Problem Gambling is an Approved Provider of Continuing Education by The Association for Addiction Professionals (NAADAC) and the National Council on Problem Gambling (NCPG). Our workshops have also been approved for continuing education by the Addictions Counselor Certification Board of Oregon (ACCBO) and the American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD). TOGETHER! is an Approved Provider of Continuing Education by the National Commission for Health Education Credentialing (NCHCE) to provide CHES credits, and by the Professional Educator Standards Board (PESB) to offer clock hours for educators. Contact us with further questions.

PRE-CONFERENCE WORKSHOPS

MONDAY, APRIL 24

Liz Davis, Schelli Slaughter, and Jon Tunheim
Exploring the NEAR Sciences/ Hope Science

Learn about the latest research and delve into complex issues, including how an individual's experiences can affect brain development, gene expression, physical and behavioral health, and much more.

Liz Wilhelm, MS
Ethics in Prevention: A Decision-Making Process for Human Services Professionals

Ethics in Prevention describes the six principles in the Prevention Code of Ethics, illustrated by realistic examples designed to enhance understanding of each principle. This training also introduces a decision-making process designed to actively apply this code to a variety of ethical dilemmas.

Derek Franklin, MA
Positive Community Norms in Practice: Preventing Addiction at the Community Level

Learn about the Positive Community Norms (PCN) intervention framework and how it applies The Science of the Positive to prevent addiction and advance individual and community health and wellbeing. Hear from practitioners using the model and science, learn from their experience, and engage in interactive discussions about practical application in your community.

Lauren Davis
Recovery Advocacy Training to Support Crucial Programs and Services in Washington

This training will prepare individuals who are passionate about substance abuse and mental health recovery and suicide prevention to be effective advocates for change in the state legislature and to change public discourse by engaging with the media.

James Von Busch
Ethics for Treatment Providers

This session will review the current literature regarding new ethical dilemmas related to technology and the Internet, and provide guidance and recommendations for both

counselors and clinical supervisors. Topics include: the use of social networking websites by clinical supervisors, counselors, and clients; emailing clients; conducting internet searches on clients and/or supervisees; and conducting client consultations online.

TUESDAY, APRIL 25

Connie Fisher, BS and Jen Bankard, BS
Youth Mental Health First Aid

Youth Mental Health First Aid™ (YMHFA) teaches adults how to identify and help youth who may be experiencing a mental health crisis and/or exhibiting at-risk behavior that could lead to a crisis. YMHFA is an evidence based, research proven 8-hour course that helps identify, understand, and respond to signs of mental illnesses and addictions in youth ages 12-18.

Elaine Miller-Karas, LCSW
The Community Resiliency Model: Building Resilience to Trauma

The Community Resiliency Model (CRM) is a wellness and prevention program that provides a biological perspective to common human reactions, which occur with stress and trauma. CRM is a set of six wellness skills that reset the natural balance of the nervous system. This workshop will share the key concepts of CRM.

James Von Busch
ASAM: Criteria Changes, Integration, and Responses to Trauma

This training will highlight the changes to the DSM-5 definition of addiction-related disorders and ASAM criteria based on latest empirical research. Revisions and updates that will impact changes to ASAM Criteria as it relates to assessment, individual service planning, course of treatment, and discharge planning will be explored, as well as referral for continued services.

Lanessa Inman and Michelle Ryder
Diversity and Inclusion - Building a Foundation for Equitable Services

This workshop will explore the intercultural competency spectrum by engaging in hands-on, culturally relevant professional and personal development. Differences such as race, ethnicity, gender, sexual orientation, class, language, abilities, and how those differences are navigated and stratified in our society, are closely linked to a range of social and health outcomes.

PRE-CONFERENCE AT-A-GLANCE

| MONDAY, APRIL 24 — PRE-CONFERENCE WORKSHOPS | | |
|--|---|---|
| 7 - 8 am | Registration and Continental Breakfast | |
| 8 am - Noon | Liz Davis, Schelli Slaughter, Jon Tunheim | <i>Exploring the NEAR Sciences/Hope Science</i> |
| | Liz Wilhelm, MS | <i>Ethics in Prevention: A Decision-Making Process for Human Services Professionals (Part I)</i> |
| | Derek Franklin, MA | <i>Positive Community Norms in Practice: Preventing Addiction at the Community Level</i> |
| Noon - 1 pm | Networking Lunch | |
| 1 - 5 pm | James Von Busch | <i>Ethics for Treatment Providers</i> |
| | Liz Wilhelm, MS | <i>Ethics in Prevention: A Decision-Making Process for Human Services Professionals (Part II)</i> |
| | Lauren Davis | <i>Recovery Advocacy Training to Support Crucial Programs and Services in Washington</i> |
| TUESDAY, APRIL 25 — PRE-CONFERENCE WORKSHOPS | | |
| 7 - 8 am | Registration and Continental Breakfast | |
| 8 am - Noon | Connie Fisher, BS and Jen Bankard, BS | <i>Youth Mental Health First Aid (Part I)</i> |
| | Elaine Miller-Karas, LCSW | <i>Community Resiliency Model: Building Resilience to Trauma</i> |
| | James Von Busch | <i>ASAM: Criteria Changes, Integration, and Responses to Trauma (Part I)</i> |
| Noon - 1 pm | Roundtable Discussions | |
| 1 - 5 pm | Connie Fisher, BS and Jen Bankard, BS | <i>Youth Mental Health First Aid (Part II)</i> |
| | Lanessa Inman, Michelle Ryder | <i>Diversity and Inclusion - Building a Foundation for Equitable Services</i> |
| 1 - 4 pm | James Von Busch | <i>ASAM: Criteria Changes, Integration, and Responses to Trauma (Part II)</i> |

Focus on the Future – TOGETHER! For Healthy Communities

— MAIN CONFERENCE OVERVIEW — WEDNESDAY, APRIL 26

Morning Keynote

Jack Gladstone

Children of the Whoop-Up Trail

As one of our nation's premier Indigenous singer/songwriters, Jack Gladstone, "Montana's Blackfeet Troubadour" will share stories that illustrate the ecological, cultural, and historical evolution of the American West.

Morning Breakout Sessions

- **Jim Leingang, BA, CDP, WSCGC-II**
Problem Gambling Continuum of Care
- **Julie Hynes, MA, CPS, Roger Fernandes, MA, and Cam Adair**
Prevention: Changing the Way We think About Addictions and Youth
- **Mary McHale, BA, Carrie Nyssen, BA Sc, Miae Aramori, MPH, CDP**
Tobacco Policy in Washington State
- **Hilarie Cash, PhD and Ann Steel, MD, MA, LMHC**
Internet Addiction and Youth

Lunch Plenary

Health Care Reform

Panel Discussion: David Dickinson, MaryAnne Lindeblad, BSN, MPH, and Cassie Undlin

Healthcare Reform in the United States has a long history of steps forward and back. Of course, one of the most sweeping changes, and still most controversial, was the passage of the Affordable Care Act in 2010. Will it be repealed and replaced under a new Administration? Will Reforming Healthcare Reform resolve our healthcare debates? What will changes mean to our state health systems, to Federal policies, and to collaborative efforts between nonprofit, private, and public health staff working to make healthcare more accessible and more affordable? What do possible changes mean for integrating physical and behavioral healthcare programs? What do they mean for quality of care?

Afternoon Breakout Sessions

- **Taurell Reboulet, MA, LMHCA, Erin Honseler, and Amber Tejada**
LGBTQ Safe Spaces: Culture and Community Support
- **Hilarie Cash, PhD, Cosette Rae, and Cam Adair**
Screenagers Film and Discussion
- **Hilary Soens and Steve Ramey, CDP, WSCGC-I**
Therapeutic Justice for the Future: Gender Responsive Drug Courts
- **Adam Fletcher and Mary Ann O'Garro**
The State of Children and Youth 2016 - Opportunities and Gaps

THURSDAY, APRIL 27

Morning Keynote

Michael Bricker, MS, CADC-II, LPC

"What's Love Got to Do With It? - Addiction, Attachment, and the 13th Step"

Counselors are well aware of the dangers of "treatment romance" and the phenomenon of "13th-stepping" at fellowship meetings, but may not be familiar with the science to back up their cautionary advice. The growing attention to the neurobiology of substance-related and addictive disorders in the past decade has brought focus to attachment theory as one lens through which to view addiction. Unstable attachment in early childhood can lead to early onset of substance use, early initiation of sexual activity, sequential intense but unstable relationships, and romantic entanglements in early sobriety which often lead to relapse. This session will provide a basic understanding of attachment as one important facet of addiction and recovery, and discuss its impact on "process addictions" and emotional relapse prevention.

Morning Breakout Sessions

- **Malika Lamont**
Opioids and Medically Assisted Treatment
- **Chris Stearns, Taurell Reboulet, MA, LMHCA**
Evolution of eSports: Is Interactive Gaming the New Normal?
- **TJ Larocque**
Homelessness and Community Care
- **Mandy Paradise, Sara Ellsworth, MA, LMHC, CDP, Sara Rigel, MPH, CHES, Leslie Van Leishout, and Sandra Mathewson**
Strengthening School Mental Health Systems: Successful Partnerships

Lunch Plenary

Finding the Healing Spirit of Story

Roger Fernandes, MA

Stories hold knowledge and wisdom to help us address the struggles of our lives. We need all types of experiences to help us grow. How we find the wisdom and knowledge around us and within us is a personal endeavor.

Afternoon Breakout Sessions

- **Katy Murray, MSW, LICSW, BCD**
Introduction to EMDR Therapy in Integrative Treatment
- **Ruby Takushi, PhD and David Coffey**
Recovery Cafes and Community Service Models
- **Cristal Connelly, CPP, Mary Segawa, Mark Cooke, and Josh Brown**
Marijuana Policy, Funding, and Emerging Issues
- **Brad Galvin, MS, NCGC-I, CDP, LMHC**
Keep it Real: Effective Strategies for Engaging Youth in Problem Gambling Awareness

Focus on the Future – TOGETHER! For Healthy Communities

— MAIN CONFERENCE AT-A-GLANCE —

| WEDNESDAY, APRIL 26 | | | |
|---------------------|--------------------------------------|---|--|
| 7- 8:15 am | Registration & Continental Breakfast | | |
| 8:15 - 9 am | Welcome / Opening Ceremony | | |
| 9 - 10 am | Keynote | Jack Gladstone | <i>Children of the Whoop-Up Trail</i> |
| 10 - 10:15 am | Break / Exhibits | | |
| 10:15 am - 12:15 pm | Clinical / Behavioral Health | Malika Lamont | <i>Opioids and Medically Assisted Treatment</i> |
| | Innovative Trends | Hilarie Cash, PhD and Ann Steel, MD, MA, LMHC | <i>Internet Addiction and Youth</i> |
| | Law and Justice | Mary McHale, BA, Carrie Nyssen, BA Sc, and Miae Aramori, MPH, CDP | <i>Tobacco Policy in Washington State</i> |
| | Prevention and Community | Julie Hynes, MA, CPS, Roger Fernandes, MA, and Cam Adair | <i>Prevention: Changing the Way We Think About Addictions and Youth</i> |
| 12:30 - 1:45 pm | Lunch Plenary | David Dickinson, MaryAnne Lindeblad, BSN, MPH, and Cassie Undlin | <i>Health Care Reform</i> |
| 1:45 - 2 pm | Break / Exhibits | | |
| 2 - 4 pm | Clinical / Behavioral Health | Hilarie Cash, PhD, Cosette Rae, and Cam Adair | <i>Screenagers Film with Discussion</i> |
| | Innovative Trends | Adam Fletcher, MD and Mary Ann O'Garro | <i>The State of Children and Youth 2016 - Opportunities and Gaps</i> |
| | Law and Justice | Hilary Soens and Steve Ramey, CDP, WSCGC-I | <i>Therapeutic Justice for the Future: Gender Responsive Drug Courts</i> |
| | Prevention and Community | Taurell Reboulet, MA, LMHCA, Amber Tejada, and Erin Honseler | <i>LGBTQ Safe Spaces: Culture and Community Support</i> |
| 4 - 5:30 pm | Reception with Youth Programs | | |
| 5:30 - 7:30 pm | OPEN MEETINGS | Alcoholics Anonymous, Gambler's Anonymous, Gam-Anon | |
| THURSDAY, APRIL 27 | | | |
| 7 - 8 am | Registration & Continental Breakfast | | |
| 8 - 8:15 am | Welcome | | |
| 8:15 - 10:15 am | Keynote | Michael Bricker, MS, CADC-II, LPC | <i>"What's Love Got to Do With It? - Addiction, Attachment, and the 13th Step"</i> |
| 10:15 - 10:30 am | Break / Exhibits / Hotel Check Out | | |
| 10:30 am - 12:30 pm | Clinical / Behavioral Health | Jim Leingang, BA, WSCGC-II, CDP | <i>Problem Gambling Continuum of Care</i> |
| | Innovative Trends | Chris Stearns and Taurell Reboulet, MA, LMHCA | <i>Evolution of eSports: Is Interactive Gaming the New Normal?</i> |
| | Law and Justice | TJ Larocque | <i>Homelessness and Community Care</i> |
| | Prevention and Community | Mandy Paradise, Sara Rigel, MPH, CHES, Sara Ellsworth, MA, LMHC, CDP, Leslie Van Leishout, Sandra Mathewson | <i>Strengthening School Mental Health Systems: Successful Partnerships</i> |
| 12:30-12:45 pm | Break / Exhibits | | |
| 12:45 - 2:15 pm | Lunch Plenary | Roger Fernandes, MA | <i>A Long Time Ago... Storytelling is Healing</i> |
| 2:15 - 2:30 pm | Break / Exhibits | | |
| 2:30 - 4:30 pm | Clinical / Behavioral Health | Katy Murray, MSW, LICSW, BCD | <i>Introduction to EMDR Therapy in Integrative Treatment</i> |
| | Innovative Trends | Ruby Takushi, PhD and David Coffey | <i>Recovery Cafes and Community Service Models</i> |
| | Law and Justice | Cristal Connelly, CPP, Mary Segawa, Mark Cooke, and Josh Brown | <i>Marijuana Policy, Funding, and Emerging Issues</i> |
| | Prevention & Community | Brad Galvin, MS, LMHC, CDP, NCGC-I | <i>Keep it Real: Effective Strategies for Engaging Youth in Problem Gambling Awareness</i> |

Focus on the Future – TOGETHER! For Healthy Communities

REGISTRATION


Fill out the form below, or register online at <http://focusonthefuture.evergreencpg.org>. Early bird deadline is March 31. Regular deadline is April 20; after April 20, only non-discounted, on-site payment will be accepted.


REGISTRATION INFORMATION

Name: _____ Credentials: _____
 Position / Title: _____ Agency / Organization: _____
 Address: _____
 City: _____ State: _____ Zip: _____
 Day phone: _____ Cell phone: _____
 Email address: _____

ATTENDANCE OPTIONS & PRICING

| | Early Bird ECPG Member - By March 31 - | Early Bird Non-Member - By March 31 - | ECPG Member - By April 20 - | Non-Member - By April 20 - | Student - By April 20 - | On-site - After April 20 - |
|--|--|---|--------------------------------|-------------------------------|----------------------------|-------------------------------|
| <input type="checkbox"/> Focus on the Future – TOGETHER! Two-day option - choose from: April 24-25 <input type="checkbox"/> April 25-26 <input type="checkbox"/> April 26-27 <input type="checkbox"/> | \$150 | \$175 | \$185 | \$225 | \$125 | \$250 |
| <input type="checkbox"/> Focus on the Future – TOGETHER! Four-day Full Conference (April 24 - 27) | \$300 | \$350 | \$330 | \$385 | \$250 | \$395 |
| TOTAL AMOUNT ENCLOSED: | \$ | \$ | \$ | \$ | \$ | \$ |

-  CANCELLATION POLICY: Refunds will be issued, less a \$35 administrative fee, if received in writing by April 13, 2017. No refunds will be issued after that date.
- Students must provide proof of current enrollment.
- To become an ECPG member, fill out the application or visit www.evergreencpg.org/membership

-  Special discount rate for prior TOGETHER! conference attendees!
Contact Johnna Knoerr at TOGETHER! for details - 360.493.2230 ext 110
or jknoerr@thurstontogether.org

How did you hear about this conference?

- Brochure mailing Search Engine (Google, etc.)
 ECPG Website Email
 Referral Other: _____

**We have your permission to use media that may include your image unless otherwise specified.*

DIETARY RESTRICTIONS and/or DISABILITIES

I have the following dietary restrictions: Gluten-Free Lactose-Intolerant Peanut Allergy Sugar-Free Vegan Vegetarian
 I require the following under the Americans with Disabilities Act: _____

PAYMENT METHOD

Payment Type: Visa® MasterCard® Check/Money Order Cardholder's Name: _____
 Check #: _____ Money Order _____ Credit Card #: _____
 Please make checks payable to: **Evergreen Council on Problem Gambling** Expiration Date: _____ CSC #: _____
 Signature: _____ *(3 digits on back of card)*

REMIT PAYMENT TO:

Mail: Evergreen Council on Problem Gambling **Fax:** 360.352.4133
 1821 4th Avenue East | Olympia, WA 98506



Questions? 360.352.6133
info@evergreencpg.org



Focus on the Future – TOGETHER! For Healthy Communities

SPECIAL MEMBERSHIP OFFER



Join a team of proven and dedicated leaders as they raise awareness, increase treatment availability, and prevent problem gambling in your community and nationwide.

MEMBER INFORMATION

Name: _____
Position / Title: _____ Agency / Organization: _____
Address: _____
City: _____ State: _____ Zip: _____
Day phone: _____ Cell/Alternate phone: _____
E-mail address: _____

MEMBERSHIP OPTIONS



- ___ **\$39** ECPG Membership—Special member discounted fees on quarterly trainings and conference registration (all offer CEUs), certification training workshops, quarterly newsletter, and member certificate.
- ___ **\$74** Joint ECPG & NCPG Individual Membership—Includes ECPG Membership plus full National voting rights, 1-year subscription to NCPG newsletter, member certificate, bimonthly subscription to *Addiction Professional* as well as discounts on literature and conferences. This special offer is a \$114 value! The cost of NCPG Individual Membership alone is \$75 when purchased directly. Save \$40 through ECPG!
- ___ **\$99** Joint ECPG & NCPG Individual Plus Member—Includes all the benefits of ECPG & NCPG Individual Member level, with the addition of a subscription to *International Gambling Studies*, a peer-reviewed interdisciplinary journal with the latest research. This special offer is a \$139 value! The cost of NCPG Individual Plus Membership alone is \$100 when purchased directly. Save \$40 through ECPG!

PAYMENT METHOD

Payment Type: Visa® MasterCard® Check/Money Order Cardholder's Name: _____
Check #: _____ Money Order _____ Credit Card #: _____
Please make checks payable to: **Evergreen Council on Problem Gambling** Expiration Date: _____ CSC #: _____
Signature: _____ (3 digits on back of card)



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ECPGambling