ABOUT THE CONFERENCE

Dear Friends and Colleagues:

Focus on the Future is the largest and longest-standing conference on problem gambling awareness in the Pacific Northwest. Launched in 2007, Focus on the Future brings together an incredible mixture of compelling speakers – experts from across the country and around the world – and opportunities to network and learn from colleagues in the field. It is a place where you can exchange your ideas, experiences, and knowledge to become a collective voice in raising awareness and developing programs and services that have the greatest positive impact. Problem gambling affects every community in our region and can cripple the lives not only of problem gamblers themselves, but of their families and friends as well.

This conference will provide valuable insights on the tools and resources available for effective treatment, prevention, community engagement, and recovery services, as well as offering information on trends and innovative topics in gambling and gaming that affect your work. By joining us in Vancouver, you will have a prime opportunity to collaborate with and learn from some of the best in the field. You’ll no doubt leave with some new connections and partnerships that may lead to enhanced and innovative approaches toward assisting those who are affected by problem gambling.

Thank you, to all of you who make such an important difference for those in our region who need support and services. We have much to look forward to as we Focus on the Future and all we can accomplish working together.

Sincerely,

Maureen Greeley
Executive Director
Evergreen Council on Problem Gambling

Greta Coe
Problem Gambling Services Manager
Oregon Health Authority

Ann Gray
Program Manager
DBHR Problem Gambling Program

Tom Moore
Executive Director
Oregon Council on Problem Gambling

CONFERENCE COORDINATOR

Evergreen Council on Problem Gambling

Evergreen Council on Problem Gambling (ECPG) provides treatment, training, and awareness programs and services around problem and responsible gambling issues. We provide confidential support for those affected by gambling disorders through our 24-hour Problem Gambling Helpline by phone, text, or chat; and public awareness, education, prevention, and resource development services for individuals, families, employers, students, the gaming industry, and business and community groups. ECPG also provides training and certification programs and continuing education units (CEUs) for treatment professionals.

Gambling is a personal choice. And for the majority of residents in the Pacific Northwest, gambling is a source of fun, recreation, and entertainment. But for some, gambling can become a serious problem that leads to broken marriages and relationships, bankruptcy, depression, or even suicide. If you or someone you love struggles with a gambling problem, there is hope. Help starts today by calling 800.547.6133.
CONFERENCE PARTNERS

Oregon Health Authority
Helping people and communities achieve optimum physical, mental, and social well-being through partnerships, prevention, and access to quality, affordable health care is the mission of the Oregon Health Authority. Problem Gambling Services is part of OHA’s Health System Division. Oregon invests more than five million dollars annually to reduce and/or prevent the negative effects of gambling.

Oregon Council on Problem Gambling
The Oregon Council on Problem Gambling was established in 1996 and has been an affiliate of the National Council on Problem Gambling since 1998. The Council’s purpose is to promote the health of Oregonians by supporting efforts to minimize gambling related harm through research, education, and advocacy.

Washington State DSRS – Division of Behavioral Health & Recovery Problem Gambling Program
DBHR’s Problem Gambling program provides treatment services free of charge to individuals and families in agencies throughout the state. 85% of the funding DBHR receives for problem gambling goes toward treatment services. They also fund training and prevention initiatives in collaboration with ECPG, and fund scholarships to treatment providers, recovery coaches, students, and school counselors to attend ECPG conferences and quarterly training workshops.

GENERAL INFORMATION

CONFERENCE REGISTRATION DEADLINES
- Early Bird registration deadline is April 1, 2018.
- Regular registration deadline is April 20, 2018.
- On-site registration only after April 20, 2018. Please do not mail, e-mail, fax, or drop off registration after this date. Cash, check, or credit card will be accepted for on-site payment at the conference.

Fill out the attached registration form or visit http://focusonthefuture.evergreencpg.org to register.

PROFESSIONAL DEVELOPMENT OPPORTUNITIES
Full scholarship opportunities are available for Washington State treatment providers, students, professors, and peer recovery coaches! There are a limited number of scholarships with preference going to those pursuing gambling counselor certification. Scholarships include full registration fee, hotel stipend ($50 per night, up to three nights), and Washington State Problem Gambling Certification application fee. Visit http://focusonthefuture.evergreencpg.org for details.

HOTEL ACCOMMODATIONS
Heathman Lodge
7801 NE Greenwood Drive
Vancouver, WA 98662
Reservations: 888.475.3100
www.heathmanlodge.com

Request the Focus on the Future conference room rate of $139 + room tax per night by April 15, 2018. The Heathman Lodge provides free parking, complimentary high-speed WiFi, on-site restaurant, fitness room and swimming pool, and airport shuttle service.

MEALS & DIRECTIONS
Breakfast and lunch will be provided during the Focus on the Future main conference (Wednesday and Thursday). Pre-conference meals are the responsibility of the workshop participant. Driving directions will be included in your registration confirmation.

CONTINUING EDUCATION UNITS / HOURS / PROBLEM GAMBLING COUNSELOR CERTIFICATION
The Evergreen Council on Problem Gambling is an Approved Provider of Continuing Education by The Association for Addiction Professionals (NAADAC) and the National Council on Problem Gambling (NCPG). Our workshops have also been approved for continuing education by the Addictions Counselor Certification Board of Oregon (ACCO), the American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD), and the Washington Mental Health Counselors Association (WMMHC). Contact us with further questions.
## Pre-Conference Workshops

### Monday, April 30

**Stacy Charpentier, RCP, CPRS, and Jim Leingang, BA, CDP, WSCGC-II**  
*Recovery Coach Academy® Training of Trainers - Part I*

This workshop is a special two-day training program for those who have completed the CCAR Recovery Coach Academy® curriculum and who wish to train others in the art and science of Recovery Coaching in their own communities. Participants who complete this program will receive all training materials and have access to ongoing technical assistance and support.

**Pete Pennington, LPC, NCGC-II**  
*What Lies Beneath: Grief Recovery, Problem Gambling, and Long Term Abstinence*

Are you treating the grief associated with trauma? If not, your clients may be more susceptible to relapse. The Grief Recovery Method offers group and individual programs that you can integrate with your current recovery program to enhance your outcomes. You will participate directly with the material, learn from video case studies and discussions, have the opportunity to apply your knowledge, and participate in a round table discussion.

**Roger Humble, CADC-II, CGAC-II**  
*Clinical Supervision and Case Management*

Clinical supervision for gambling counselors is a critical element in workforce development. This workshop will include basic definitions, an overview of the supervision process, and a discussion of clinical consultation requirements for certification of gambling counselors. The case management section of this workshop will provide participants with practical knowledge and tools on how to treat addicted gamblers and their loved ones, and how to manage cases. This session allows attendees to learn from experienced clinicians how to construct and carry out a treatment plan, and some of the most effective practices for treating problem gamblers.

### Tuesday, May 1

**Stacy Charpentier, RCP, CPRS, and Jim Leingang, BA, CDP, WSCGC-II**  
*Recovery Coach Academy® Training of Trainers - Part II*

**Debra Neal, LCPC, BACC, ICGC-II**  
*Debting, Spending, and Money Behavior as a Predictive and Protective in Problem Gambling Treatment*

Advancing strategies for managing cravings and increasing periods between gambling episodes by reducing money access are mandates in helping problem gamblers seeking help, hope, and recovery. Participants will receive literature-supported tools, resources, and insights that shape money, spending, and debting behaviors as a primary role in supporting problem gambling abstinence and harm reduction progress.

**Teresa McDowell, Ed.D, LMFT**  
*Core Competencies in Family Treatment of Problem Gambling*

This workshop is based on the results of a three-year research project at Lewis and Clark, exploring and identifying mediators of change in problem gambling treatment. The session specifically focuses on what is emerging from this research as core competencies necessary for successful treatment of families struggling with problem gambling.

**Janese Olalde, MFT, MAC, CADC-II, CGAC-II, Azusa Ogawa, CGAC, and Jose Garcia, CADC-II, CGAC-I**  
*Cultural and Ethical Considerations Working with Diverse Gamblers*

Participants will expand their knowledge of the diversity of ethical perspectives and attitudes between professionals and how one’s perspective and attitude affects the effectiveness of ethical culturally responsive treatment services.

## Pre-Conference At-A-Glance

### Monday, April 30

<table>
<thead>
<tr>
<th>Time</th>
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WESTERN REGIONAL CONFERENCE ON PROBLEM GAMBLING AWARENESS
FOCUS ON THE FUTURE

WEDNESDAY, MAY 2

Morning Keynote

Timothy Fong, MD
Cannabis and Gambling Disorder: What’s Lying in the Weeds?

What do we really know about the relationship of cannabis and gambling? Dr. Fong will discuss the current landscape of how cannabis and gambling behavior interact, utilizing clinical cases and real-life scenarios to spotlight these relationships. This session will focus on understanding how legalization of cannabis is likely to impact gambling and gambling disorder in a variety of settings, from gaming venues to the treatment clinic. Clinical guidance will be offered to review best treatment practices on how to manage cannabis use disorders and gambling disorder.

Morning Breakout Sessions

- Michael Goldman, MA, LPC, PCGC, CRADC, CEAP
  Providing Dialectical Behavioral Therapy (DBT) for People with Gambling Disorders
- Andy Cartmill, CPS, QMHA and Eva Hawes, MPH, CHES
  Infusing Data-Driven Gambling Information into Existing SUD and Suicide Outreach Efforts
- Presenter TBD
  Working with Veterans and the Military

Lunch Plenary

Jon Grant, JD, MD, MPH
Stop Me Because I Can’t Stop Myself: Taking Control of Impulse Disorders

The choice to engage in problematic or impulsive behaviors is complex and reflects a potentially wide array of biological, developmental, psychological, and cognitive dysfunctions. Building upon recent research in neurobiology and psychology, this presentation will examine what we currently know about impulsive behaviors and how best to treat them.

Afternoon Breakout Sessions

- Marc Potenza, MD, PhD
  Mental Health and Gambling Problems
- Panel: Roger Humble, CADC-II, CGAC-II and Kitty Martz, CGRM
  Therapy Animals - Horses as Healers; Canines and Compassionate Care
- Jeff Marotta, PhD, ICGC-II and Eric Martin, MAC, CADC-III, PRC, CPS
  Addiction Peer Recovery Support Services: And the Survey Says...

THURSDAY, MAY 3

Morning Keynote

Good Morning, Vancouver!
Panel: Maureen Greeley, BS, Timothy Fong, MD, Jon Grant, JD, MD, MPH, and Marc Potenza, MD, PhD

Join a panel of regional and national experts in the field as we explore emerging issues, attitudes, and trends that are shaping our work around gambling and gaming treatment, prevention, awareness, and legislation, such as: State of the Nation in gambling; international trends and topics; working with the recovery community; fantasy sports legalization, regulation, and our roles, and more.

Morning Breakout Sessions

- Jon Grant, JD, MD, MPH
  Clinical Assessment and Management of Gambling Disorder
- Panel: Rick Berman, LPC, CGAC-II, Chris Stearns (invited)
  Transition-Age Youth and Sports Betting
- Panel: Louise Dix, Melodie Pazolt, Cary Retlin
  Stable Housing as a Social Determinant of Health

Lunch Plenary

Don Feeney, MPP, MS
Talkin’ Bout My Generation

Different generations have different demographics, are exposed to different formative experiences, and are brought up with different cultural images. It should come as no surprise that these differences are reflected in gambling behavior and attitudes. This presentation will critically examine the differences between the Silent Generation, Baby Boomers, Generation X, Millennials, and Generation Z, and explore how their life experiences are reflected in their gambling. The presentation will include a discussion of how generational differences should be taken into account when designing treatment, prevention, and responsible gambling programs.

Afternoon Breakout Sessions

- Timothy Fong, MD
  The Impact of Gambling Disorder on Physical Health
- Panel: Liz Glavish, BA, Facilitator
  Getting Ahead of the Curve - Problem Gambling and Prevention
- Panel: Ann Gray, M.Ed, Facilitator, Dalis La Grotta, MA, LMHC, NCGC-I, WSCGC-I, Phong Ly, MS, CDP, ICGC-I, and Marla Majors, LMHCA, CPDT
  Culturally Responsive Treatment for Problem Gambling
- Ty Lostutter, PhD
  Introduction to Mindfulness Approaches for Treating Disordered Gambling
- Jeanne Meyer, MS, LMHC, LPC, MAC
  EMDR Therapy: An Effective Adjunct to Addiction Treatment
- Panel: Brad Galvin, MS, CDP, LMHC, NCGC-I, Facilitator
  Responsible Gambling Programs and Tribal Nations

Special Joint Membership Rates available! See page 7 for details.
# Western Regional Conference on Problem Gambling Awareness

## Focus on the Future

### Main Conference At-A-Glance

**Wednesday, May 2**

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>7 - 8:15 am</td>
<td>Registration &amp; Continental Breakfast</td>
</tr>
<tr>
<td>8:15 - 8:30 am</td>
<td>Welcome</td>
</tr>
<tr>
<td>8:30 - 10 am</td>
<td>Keynote</td>
</tr>
<tr>
<td>10:15 - 10:45</td>
<td>Break / Exhibits</td>
</tr>
<tr>
<td>10:15 am - 12:15 pm</td>
<td>Clinical / Behavioral Health</td>
</tr>
<tr>
<td>10:15 am - 12:15 pm</td>
<td>Prevention / Education / Innovative Trends</td>
</tr>
<tr>
<td>12:15 am - 12:30 pm</td>
<td>Recovery / Community / Culture</td>
</tr>
<tr>
<td>12:30 - 1:45 pm</td>
<td>Lunch Plenary</td>
</tr>
<tr>
<td>1:45 - 2 pm</td>
<td>Break / Exhibits</td>
</tr>
<tr>
<td>2 - 4 pm</td>
<td>Clinical / Behavioral Health</td>
</tr>
<tr>
<td>Noon - 1:30 pm</td>
<td>Recovery / Community / Culture</td>
</tr>
<tr>
<td>3 - 3:15 pm</td>
<td>Recovery Support Reception and Recovery Services Fair</td>
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**Thursday, May 3**

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WESTERN REGIONAL CONFERENCE ON PROBLEM GAMBLING AWARENESS
FOCUS ON THE FUTURE

REGISTRATION

Fill out the form below, or register online at http://focusonthefuture.evergreencpg.org. Early bird deadline is April 1. Regular deadline is April 20; after April 20, only non-discounted, on-site payment will be accepted.

REGISTRATION INFORMATION

Name: ____________________________
Position / Title: ____________________
Address: __________________________
City: ____________________________ State: __________ Zip: __________
Day phone: ________________________ Cell phone: ______________________
Email address: ____________________
Dietary needs / other accommodations:

ATTENDANCE OPTIONS & PRICING

<table>
<thead>
<tr>
<th>Event Type</th>
<th>Early Bird ECPG Member - By April 1</th>
<th>Early Bird Non-Member - By April 1</th>
<th>ECPG Member - By April 20</th>
<th>Non-Member - By April 20</th>
<th>Student - By April 20</th>
<th>On-site - After April 20</th>
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<tr>
<td>Two-day Pre-conference Workshops (April 30-May 1)</td>
<td>$95</td>
<td>$115</td>
<td>$95</td>
<td>$115</td>
<td>$80</td>
<td>$135</td>
</tr>
<tr>
<td>Two-day Pre-Conference Recovery Coach Academy© Training of Trainers (April 30-May 1) Must provide proof of completion of Recovery Coach Academy training to enroll</td>
<td>$95</td>
<td>$115</td>
<td>$95</td>
<td>$115</td>
<td>$80</td>
<td>$135</td>
</tr>
<tr>
<td>Focus on the Future Two-day Main Conference (May 2-3)</td>
<td>$170</td>
<td>$190</td>
<td>$190</td>
<td>$225</td>
<td>$125</td>
<td>$250</td>
</tr>
<tr>
<td>Pre-conference + Focus on the Future Two-day Main Conference (April 30 - May 3)</td>
<td>$250</td>
<td>$290</td>
<td>$270</td>
<td>$325</td>
<td>$195</td>
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<td>TOTAL AMOUNT ENCLOSED:</td>
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CANCELLATION POLICY: Refunds will be issued, less a $35 administrative fee, if received in writing by April 20, 2018. No refunds will be issued after that date.

How did you hear about this conference?

- Brochure mailing
- Search Engine (Google, etc.)
- ECPG Website
- Email
- Referral
- Other: ____________________________

*We have your permission to use media that may include your image unless otherwise specified.

PAYMENT METHOD

Payment Type: □ Visa □ MasterCard □ Check/Money Order
Cardholder’s Name: ____________________________
Check #: ____________________________ Money Order
Credit Card #: ____________________________ Expiration Date: __________/________
CSC #: __________

Remit payment to: Evergreen Council on Problem Gambling
Mail: 1821 4th Avenue East Olympia, WA 98506
Fax: 360.352.4133
Questions? 360.352.6133

www.evergreencpg.org
info@evergreencpg.org

Join us for a special Recovery Support Reception and Recovery Services Fair
Wednesday, May 2, 4 - 5:30 pm
MEMBER INFORMATION
Name: ____________________________
Position/Title: ____________________ Agency/Organization: ____________________________
Address: ________________________________________________________________
City: __________________ State: __________ Zip: __________________
Day phone: __________________ Cell/Alternate phone: __________________
E-mail address: ____________________________

MEMBERSHIP OPTIONS

$39 ECPG Membership—Special member discounted fees on quarterly trainings and conference registration (all offer CEUs), certification training workshops, quarterly newsletter, and member certificate.

$74 Joint ECPG & NCPG Individual Membership—Includes ECPG Membership plus full National voting rights, 1-year subscription to NCPG newsletter, member certificate, bimonthly subscription to Addiction Professional as well as discounts on literature and conferences. This special offer is a $114 value! The cost of NCPG Individual Membership alone is $75 when purchased directly. Save $40 through ECPG!

$99 Joint ECPG & NCPG Individual Plus Member—Includes all the benefits of ECPG & NCPG Individual Member level, with the addition of a subscription to International Gambling Studies, a peer-reviewed interdisciplinary journal with the latest research. This special offer is a $139 value! The cost of NCPG Individual Plus Membership alone is $100 when purchased directly. Save $40 through ECPG!

PAYMENT METHOD

Payment Type: ☐ Visa ☐ MasterCard ☐ Check/Money Order
Cardholder’s Name: ____________________________
Check #: __________, Money Order __________ Credit Card #: __________
Expiration Date: ___________ CSC #: __________

Please make checks payable to: Evergreen Council on Problem Gambling

Signature: ____________________________

Facebook.com/EvergreenCPG @EvergreenCPG ECPGambling

Join the National Council on Problem Gambling
AND the Evergreen Council on Problem Gambling
and SAVE $40.00!

That’s like getting your ECPG membership FREE!

ACT NOW!

Join a team of proven and dedicated leaders as they raise awareness, increase treatment availability, and prevent problem gambling in your community and nationwide.
WESTERN REGIONAL CONFERENCE ON PROBLEM GAMBLING AWARENESS

FOCUS ON THE FUTURE

Opportunity for 30+ Continuing Education Units (CEUs) / Hours

- Conference Tracks including:
  - Clinical/Behavioral Health
  - Prevention, Education, & Innovative Trends
  - Recovery, Community, & Culture

April 30-May 3, 2018
Vancouver, WA

Thank you to our Conference Partners:

For more info & online registration, visit http://focusonthefuture.evergreencpg.org