2013 Four Directions/Tree of Healing Conference on
Spiritual, Emotional, Intellectual, and Physical Healing and Addictions Awareness

Special Tracks for ALL Addictions Counselors!
- Treatment
- Co-occurring Disorders
- Prevention
- Recovery Support
- Research

2-day Basic Problem Gambling Training
September 30 and October 1

Presented by

October 1-4, 2013
Northern Quest Resort
Airway Heights, Washington

For more information: www.evergreencpg.org
Four Directions/Tree of Healing Conference
October 1-4, 2013

About the Conference

The efforts of many, from Tribal nation representatives to treatment providers, members of the recovering community, educators, prevention specialists, and state and nonprofit organizations have made the Four Directions/Tree of Healing Conference possible. Indian gaming has brought great growth and opportunities to build economic security, rebuild our communities, and offer expanded health and human services. It is those many services that are highlighted this year in a conference geared to support and treat the "whole person," not just symptoms. Throughout this conference, attendees will learn to help eliminate stigma or barriers that stand in the way of people seeking treatment, preventative services, or greater understanding of health issues (behavioral health, addictions, mental health services, nutrition, and spiritual support).

The Kalispel Tribe and Camas Path are pleased to host this important event in partnership with the Evergreen Council on Problem Gambling. We are proud to welcome everyone to the beautiful Northern Quest Resort. This year's conference will highlight issues that reflect the holistic theme of providing Spiritual, Emotional, Intellectual, and Physical Healing and Addictions Awareness. Featured presenters and leaders such as DJ Vanas, Roger Fernandes, Patty Grant, Cynthia Moreno Tuohy, Martina Welshula, Gordon James, Wiley Harwell, and so many others will share their wisdom. Look over the full conference schedule and you are sure to find something that will expand your knowledge and skills.

We hope you join us for this important and exciting Four Directions/Tree of Healing Conference!

Conference Partners

The Evergreen Council on Problem Gambling is a nonprofit organization whose Core Values are:

- Respect
- Integrity
- Collaboration
- Credibility
- Excellence
- Leadership

Mission

The Evergreen Council on Problem Gambling is dedicated to increasing public awareness of problem gambling, expanding the availability of services for those affected by problem gambling, and encouraging research and programs for education, prevention, treatment, and responsible gambling.

Problem gambling is a real disorder—similar to alcohol, drug, or sexual addictions. Fortunately, more people can enjoy recreational gambling responsibly. For some, that becomes impossible. While it may be a small percentage of our population, when you or someone you love has a gambling addiction, it is not a small problem. Broken marriages, bankruptcy, depression, and even suicide can result. And, very often, people affected by problem gambling are also affected by other problems and issues such as other addictions, physical health problems, spiritual and emotional issues, and even domestic violence or legal issues.
Support and Services

The Evergreen Council on Problem Gambling strives to provide support and services, such as the statewide Helpline number (800.547.6133). The toll-free, confidential Problem Gambling Helpline provides information about problem gambling and referrals to professional treatment and support programs.

The Council offers support for residential treatment for problem gamblers and outpatient treatment for problem gamblers and family members. In addition, the Council provides education and public awareness programs to a wide variety of community and professional groups through presentations, including qualified training for certification and continuing education hours. The Council works with the Gaming Industry to provide employee training and responsible gaming policy and program development and offers a Responsible Gaming Certification program.

The Evergreen Council on Problem Gambling is pleased to work with schools and youth groups, educators and PTAs, civic and social service organizations, and others to develop and tailor education and awareness programs to meet your needs. For more information, or to schedule a presentation, call 360.352.6133.

The Kalispel Tribe of Indians

Kalispel is rich in heritage. Our traditions have taught us cultural pride and to work together to continue the advancement of our people. We are committed to promoting a bright future that respects traditions, education, nurturing environments for our children and successful enterprises. The Tribe believes in positive growth and development of the community as a whole.

People of the Pend Oreille

The Kalispel Indians were semi-nomadic hunters, diggers and fishermen. We were often called the “river/lake paddlers.”

Enrichment of the Whole Person

Camas Path is the fulfillment of the Kalispel Tribe's vision of education, employment, and community involvement. This program allows Kalispel Tribal members, members of other Native American tribes and the community as a whole to learn and grow in a positive environment that encourages individual development.

Mission

To improve the quality of life for Kalispel Tribal and Community members, and others, by addressing the intellectual, emotional, physical and cultural needs of individuals, through educational, training, and wellness programs.

Programs are designed to provide new opportunities for those who need it most:

- Education
- Behavioral Health
- Community Services
- Early Learning Center
- Recreation & Fitness
- Medical & Dental Services
Conference Presentations and Events

**September 30/October 1** (Monday/Tuesday)
Pre-conference Basic Training for Problem Gambling Counselor Certification

**Basic Problem Gambling Counselor Training (16 CEUs)**
September 30 & October 1, 8:00 am – 5:00 pm
Presenter: Isabelle Duguay, MA Ps, LPCC, PCGC

Participants will learn about the scope and prevalence of gambling and problem gambling on a national scale, risk factors, and how the increased availability of gambling over the past ten years has affected the prevalence of gambling problems in the United States. The DSM-5 criteria for pathological gambling will be discussed, and participants will learn practical application of the most commonly used screening and diagnostic tools. This session outlines the types and sub-types of gamblers and several approaches to the treatment of problem gamblers. Participants will also learn about the disorders that most often co-occur with problem gambling, and the effects of the disorder on family and loved ones.

**Comedy Night**

Comedy Night in Pend Oreille Pavilion featuring Mitch Factor and the Blue Door Theatre. Wednesday, October 2 at 7:00 pm, $5 at the door/free to conference attendees who show their conference badge.

- Mitch Factor is one of the top Native American comedians in the United States. Mitch has performed for thousands over the last ten years from Anchorage, Alaska to Germany and most of Indian country. The fast pace and high energy comedy of Mitch Factor is a breath of fresh air and simply something new. His topics include children, relationships, teachers, getting older, and Indian way of life.
- The Blue Door Theater is the Inland Northwest’s premier improv company. Their fast-paced short-form improv show provides a smorgasbord of comedy. The format is game-based and relies on audience suggestions and participation to fuel each scene.

**Talking Circle**

Please join us Thursday, October 3 at 4:00 pm for a traditional Native American Talking Circle led by Shelley Ethrington from The Healing Lodge of the Seven Nations. Learn the origins of the talking circle, and how this safe, non-judgmental way of communicating without interruption can be a powerful treatment tool.

**Round Dance**

All brothers, all sisters, all families, all together, hand in hand.

Friday, October 4 - 7:00PM, Pend Oreille Pavilion

**Take the first steps toward Gambling Counselor Certification**

- 30 hours of gambling-specific training
- 100 hours of Direct Client services with 5 hours of Supervision
- National Exam

Problem Gambling Counselor certification is required to refer Problem Gamblers in crisis to ECPG-supported residential care.

Call today for information & application packet:
360.352.6133

or download at www.evergreencpg.org
CONFERENCE REGISTRATION DEADLINES

Early-bird registration deadline is September 10, 2013. The registration form and hotel information are available at www.evergreencpg.org or by calling 360.352.6133. Only on-site registration will be available after September 23, 2013. Do not mail or FAX registration forms after September 23, 2013.

HOTEL AND TRAVEL INFORMATION

Thanks to the generosity of our Conference Partner and host, the Kalispel Tribe, the beautiful Northern Quest Resort has reserved blocks of rooms for conference attendees at very special rates. Conference rates are offered to attendees based on availability up to two days before and two days after the conference for those wishing to extend their stay. Room quantities are limited, so reserve your room early. The special rate cut-off date is September 2, 2013. You must identify yourself as attending the Four Directions/Tree of Healing Conference. If making reservations online, please enter Group Code 8653.

Northern Quest Resort & Casino is the Inland Northwest’s only AAA rated 4 Diamond Casino Resort. The hotel offers 250 well-appointed guestrooms and suites. Guests will enjoy the spa-inspired bathrooms and a 42” HDTV equipped with IP-based entertainment and information services. First class service provides all guests with complimentary airport and area-wide transportation, valet, and overnight garage parking. There’s also complimentary WI-FI, fitness center, and indoor pool.

Guest room rates:

- Classic Rooms (King or Double Queen): $109 Single/Double Occupancy

When making reservations, use Group Code: 8653

Address:
100 North Hayford Road, Airway Heights, WA 99001

Reservations:
1.877.871.6772
# 2013 Four Directions/Tree of Healing Conference — Schedule At A Glance

## Monday, Sept 30 & Tuesday, October 1

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker</th>
<th>Presentation Title</th>
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</thead>
<tbody>
<tr>
<td>8:00 am - 5:00 pm</td>
<td>Basic Training</td>
<td>Isabelle Duguay</td>
<td>Basic Problem Gambling Training for Treatment Providers</td>
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## Tuesday, October 1

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<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker</th>
<th>Presentation Title</th>
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<tbody>
<tr>
<td>7:30 - 8:30 am</td>
<td>Registration &amp; Continental Breakfast</td>
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<tr>
<td>8:30 - 8:45 am</td>
<td>Honor Guard</td>
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<tr>
<td>8:45 - 9:00 am</td>
<td>Prayer and Welcome</td>
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<tr>
<td>9:00 - 10:00 am</td>
<td>Keynote</td>
<td>Martina Welschula</td>
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<tr>
<td>10:00 - 10:15 am</td>
<td>Break/Exhibits</td>
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<tr>
<td>10:15 - 11:45 am</td>
<td>Clinical/Behavioral</td>
<td>Henry Montgomery</td>
<td>Working With Difficult Clients</td>
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<tr>
<td>Community/Culture</td>
<td>Leo Boyd</td>
<td>Spirit Moves: The Story of Six Generations of Native Woman</td>
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<tr>
<td>Outreach/Awareness</td>
<td>Lesa Densmore</td>
<td>The Competitive Edge - How the Desire to Win Puts Athletes At Risk</td>
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<tr>
<td>11:45 am - Noon</td>
<td>Break/Exhibits</td>
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<tr>
<td>Noon - 1:30 pm</td>
<td>Lunch Plenary</td>
<td>Lesa Densmore</td>
<td>Game Over — The Pitfalls &amp; Risks of Gambling</td>
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<tr>
<td>1:30 - 1:45 pm</td>
<td>Break/Exhibits</td>
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<tr>
<td>1:45 - 2:45 pm</td>
<td>Clinical/Behavioral</td>
<td>Jessica Crane</td>
<td>Co-occurring Disorders</td>
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<tr>
<td>Community/Culture</td>
<td>Alan Basham</td>
<td>Loving the Warrior Home</td>
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<tr>
<td>Outreach/Awareness</td>
<td>Yolanda Bisbee</td>
<td>Cultural Considerations in Education</td>
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<tr>
<td>2:45 - 3:45 pm</td>
<td>Break/Exhibits</td>
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<tr>
<td>3:45 - 4:00 pm</td>
<td>Afternoon Plenary</td>
<td>Cynthia Moreno Tuohy</td>
<td>Strengthening Together—Hope and Healing for Addiction Recovery</td>
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## Wednesday, October 2

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<tr>
<th>Time</th>
<th>Event</th>
<th>Speaker</th>
<th>Presentation Title</th>
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<tr>
<td>7:30 am - 8:30 am</td>
<td>Registration and Continental Breakfast</td>
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<tr>
<td>8:30 - 8:45 am</td>
<td>Prayer and Welcome</td>
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<tr>
<td>8:45 - 10:00 am</td>
<td>Keynote</td>
<td>Andre Trillet</td>
<td>99 Problems — Is Fitness One?</td>
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<td>10:00 - 10:15 am</td>
<td>Break/Exhibits</td>
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<tr>
<td>10:15 - 11:45 am</td>
<td>Clinical/Behavioral Health</td>
<td>Mitch Factor</td>
<td>Self Care for Treatment Providers</td>
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<tr>
<td>Community/Culture</td>
<td>Angela Voght</td>
<td>Using Narrative Ideas When Working With Addiction</td>
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<tr>
<td>Outreach/Awareness</td>
<td>Julie Hynes</td>
<td>“I can’t fit one more thing on my plate!” Infusing Problem Gambling Prevention into Substance Abuse &amp; Public Health Prevention</td>
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<td>11:45 am - Noon</td>
<td>Break/Exhibits</td>
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<tr>
<td>Noon - 1:30 pm</td>
<td>Lunch Plenary</td>
<td>Mitch Factor</td>
<td>Take Care of Yourself Before Taking Care of Others</td>
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<td>1:45 - 3:45 pm</td>
<td>Clinical/Behavioral Health</td>
<td>Keely Hope</td>
<td>Intervention: From Brain to Behavior — Working with Clients in Different Types of Crisis</td>
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<td>Community/Culture</td>
<td>Ethleen Two Dogs</td>
<td>Lakota Traditional Teachings For Wellness</td>
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<tr>
<td>Outreach/Awareness</td>
<td>Julie Hynes</td>
<td>Gambling, Technology and the New Mobile Age: Protecting Young People</td>
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<td>3:45 - 4:00 pm</td>
<td>Break/Exhibits</td>
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<tr>
<td>7:00 pm</td>
<td>Comedy Club</td>
<td>Mitch Factor/Blue Door Theater</td>
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<td>4:00 - 5:30 pm</td>
<td>Talking Circle</td>
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<td><strong>Friday, October 4</strong></td>
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<td>Afternoon Plenary</td>
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<td>7:00 pm</td>
<td>Round Dance</td>
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**REGISTER NOW**

Early-bird Discount ends **September 10, 2013**!
Special Membership Offer

That's like getting your ECPG membership FREE!

As an ECPG member, you'll receive member discounted rates on all of our quarterly trainings and conferences--all of which offer Continuing Education Units (CEUs) from many association and certification boards. ECPG individual member benefits also include discounts on certification training workshops, a subscription to our quarterly newsletter (Insights), and a member certificate suitable for display.

Join Now -- It's a great opportunity you don't want to miss! You can save 10% on your Four Directions/Tree of Healing Conference registration if you are an ECPG Member!

Visit www.evergreencpg.org to apply online.

A 10% discount will be provided for all ECPG members and members of the Inland Empire Education Consortium (IEEC).
EARLY-BIRD DEADLINE: September 10, 2013 (Tuesday)

On-site is the only registration available after September 23, 2013. Do Not Mail or FAX registration after that date. Only cash, check, or credit card will be accepted for on-site payment.

Registration Fees

Full Conference Registration – October 1-4
Early-Bird & Student Rate: $200  After September 10: $235  On site only after September 23: $250

2-day Basic Problem Gambling Training (Sept 30/October 1) plus Conference Registration October 2-4
Early Bird Rate: $250  After September 10: $285  On site only after September 23: $300

2-day Basic Problem Gambling Training ONLY $75  (Sept 30/Oct 1 – no early bird discount)

1-day Conference Registration $75 per day (no early bird discount)

Continuing Education Hours

Conference sessions offer hour-for-hour credit. CEUs will be offered from many association and certification boards, including the following (if your accrediting association is not listed, please notify us):

American Academy of Healthcare Providers in the Addictive Disorders (AAHCPAD)
National Association of Alcohol and Drug Abuse Counselors (NAADAC)
Addiction Counselor Certification Board of Oregon (ACCBO)
National Association of Social Workers (NASW)
National Board for Certified Counselors (NBCC)
National Council on Problem Gambling (NCPG)
Washington State Problem Gambling Certification Board (WSPGC)
Inland Empire Education Consortium (IEEC)

REGISTER NOW –

Early-bird Discount ends September 10, 2013!

October 1-4
Northern Quest Resort
Airway Heights, WA

For more information, visit www.evergreencpg.org
360.352.6133
REGISTRATION -- 2013 Four Directions/Tree of Healing Conference

☐ I would like to register for the full 4-day conference (October 1-4)
  $200 (early-bird), $235 (after 9/10), onsite registration only after 9/23 $250

If registering for one day only, please check which day you plan to attend: ($75 per day – no early bird discount)
  ☐ Tuesday, October 1  ☐ Wednesday, October 2  ☐ Thursday, October 3  ☐ Friday, October 4

☐ I would like to register for the 2-day Problem Gambling Basic Training (September 30/October 1) AND the full conference dates of October 2-4
  $250 (early-bird), $285 (after 9/10), onsite registration only after 9/23 $300

☐ I would like to register for the 2-day Problem Gambling Basic Training only (September 30/October 1)
  $75 special rate (no additional discount available)

Total Amount Enclosed $___________________________________

ECPG & IEEC members receive 10% off Full Conference and daily rate. No additional discount on Basic Training rates.

Each attendee must register individually. No corporate or group registration available.

Method of Payment (Please Print Clearly or Type)

Check #________________________ Money Order #________________________ Purchase Order #________________________

Name on Check/Order if different from Registrant ______________________________________________________________

Make all checks payable to Evergreen Council on Problem Gambling

VISA/MasterCard #________________________ Exp Date________________________

Full Name as it Appears on Card ________________________________________________________________

Cardholder Signature ____________________________

Name for Badge ____________________________

Address __________________ State________ Zip__________ Country__________

Phone________________________ FAX________________ E-mail________________

Confirmation will be sent via e-mail unless otherwise noted.  ☐ Please mail my confirmation.

If applicable, please respond to the following:

I require the following accommodations under the Americans with Disabilities Act:

________________________________________________________________________

I have the following dietary restrictions: _______________________________________________________________

________________________________________________________________________

Mail or FAX this form to: Evergreen Council on Problem Gambling, 1929 Fourth Avenue East, Olympia, WA  98506-4631

FAX: 360.352.4133  Phone: 360.352.6133

Cancellation Policy: All cancellations must be in writing. Cancellations postmarked prior to September 23, 2013, will be refunded, less a $35 processing fee. No refunds will be issued if postmarked after September 23, 2013. No exceptions. If the conference is cancelled, ECPG's/Camas Path's liability is limited to the return of registration fees.