MARK YOUR CALENDARS!
December 3–6, 2013
Courtyard by Marriott
1515 Commerce Street | Tacoma, Washington

For more information, contact:
www.evergreencpg.org or 360.352.6133

PROBLEM GAMBLING TRAINING WORKSHOPS
Basic and Advanced Levels

Presenters:
Antonio Fernandez, LCSW
Chuck Maurer, PhD, ABPP, NCGC-II, WSCGC-II, BACC
Linda Graves, MS, NCGC-I
Neharika Chawla, PhD
Ruby Takushi, PhD

WHEN GAMBLING BECOMES A PROBLEM, THERE’S HOPE...
HELP STARTS HERE
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www.evergreencpg.org

Special Tracks
for ALL Addictions Counselors!

Co-occurring Disorders
Prevention
Treatment
Research
Recovery

SAVE THE DATE! HEATHMAN LODGE
VANCOUVER, WA 2014

WESTERN REGIONAL CONFERENCE ON PROBLEM GAMBLING AWARENESS
FOCUS ON THE FUTURE
April 23–26, 2014

1929 4th Avenue E | Olympia, WA 98506
**CONFERENCE SCHEDULE**

**TUESDAY, DECEMBER 3 – WEDNESDAY, DECEMBER 4**

<table>
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<tr>
<th>Time</th>
<th>Session</th>
<th>Presenter(s)</th>
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<tbody>
<tr>
<td>8am – 5pm</td>
<td>BASIC PROBLEM GAMBLING COUNSELOR TRAINING</td>
<td>Linda Graves, MS, NCGC-II</td>
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<td>These sessions serve as an introduction to problem and pathological gambling disorders. Participants will learn about the scope and prevalence of gambling and problem gambling on a national scale, risk factors, and how the increased availability of gambling over the past 10 years has affected the prevalence of gambling problems in the United States. The DSM-IV and new DSM-5 criteria for pathological gambling will be discussed, and participants will learn practical application of the most commonly used screening and diagnostic tools, including the South Oaks Gambling Screen. This session outlines the types and sub-types of gamblers and several approaches to the treatment of problem gamblers. Participants will also learn about the disorders that most often co-occur with problem gambling and the effects of the disorder on family and loved ones. The Basic Training concludes with an overview of the major topic areas covered on the International Gambling Counselor Certification Exam and offers practice questions to help participants prepare.</td>
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**THURSDAY, DECEMBER 5**

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<tr>
<th>Time</th>
<th>Session</th>
<th>Presenter(s)</th>
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</thead>
<tbody>
<tr>
<td>8am – Noon</td>
<td>COGNITIVE BEHAVIORAL THERAPY</td>
<td>Antonio Fernandez, LCSW</td>
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<td>This course will present a practical approach to schema work with compulsive gamblers. Comprehensive with a well-organized set of techniques that addresses core beliefs and triggers that contribute to gambling behaviors, the material will enable clinicians to refine their use of schema work with clients, use of coping skills, and treatment planning.</td>
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<td>1 – 4pm</td>
<td>HARM REDUCTION</td>
<td>Ruby Takushi, PhD</td>
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<td>This workshop will provide an introduction to Harm Reduction and will include a brief look at history and public policy, a discussion of basic principles of Harm Reduction, and practical strategies for minimizing the negative consequences associated with addictive behaviors and problem gambling.</td>
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**FRIDAY, DECEMBER 6**

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<tr>
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<tbody>
<tr>
<td>8am – Noon</td>
<td>CASE BY CASE: PROBLEM GAMBLING TREATMENT CASE MANAGEMENT REVIEW</td>
<td>Chuck Maurer, PhD, ABPP, NCGC-II, WSCGC-II, BACC</td>
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<td></td>
<td>This workshop will provide participants with some practical knowledge and tools on how to treat addicted gamblers and their loved ones and how to manage cases. Geared toward mental health professionals and those working in the chemical dependency field, this session allows attendees to learn from experienced clinicians how to construct and carry out a treatment plan and some of the most effective practices for treating problem gamblers. Case studies will be presented as illustrative examples.</td>
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<tr>
<td>1 – 4pm</td>
<td>MINDFULNESS BASED RELAPSE PREVENTION</td>
<td>Neharika Chawla, PhD</td>
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<td>During this session, participants will learn about Mindfulness Based Relapse Prevention (MBRP), a program Dr. Chawla and her colleagues, Dr. Sarah Bowen and Dr. Alan Marlatt, developed to address addictive behaviors. The training program is held in a retreat format and strongly emphasizes developing the clinician’s own mindfulness practice through daily meditation and periods of silence.</td>
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**CONTINUING EDUCATION/CERTIFICATION**

All ECPG-related workshops qualify toward the 30 hours of gambling-specific education required by the Washington State and National Problem Gambling Certification Boards. The Evergreen Council on Problem Gambling is an Approved Provider of Continuing Education by The Association for Addiction Professionals (NAADAC) and the National Board for Certified Counselors (NBCC). Our workshops have also been approved for continuing education by the Addictions Counselor Certification Board of Oregon (ACCBO), the American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD), and the National Association of Social Workers (NASW).
PRESENTER BIOS

ANTONIO FERNANDEZ, LCSW
Antonio, a Cognitive Behavioral Therapist, has extensive experience working with individuals with chemical dependence, trauma, and other co-occurring disorders in a variety of settings, including a psychiatric unit, inpatient, and outpatient treatment centers.

CHUCK MAURER, PhD, ABPP, NCGC-II, WSCGC-II, BACC
Dr. Maurer is a clinical psychologist in private practice in Seattle and a certified gambling counselor in Washington State and nationally. He is on the clinical faculty of both the Graduate Department of Psychology and the Department of Psychiatry and Behavioral Sciences at the School of Medicine, University of Washington. Dr. Maurer has been President of the Board of Childhaven, the National Council on Problem Gambling, and the Evergreen Council on Problem Gambling.

LINDA GRAVES, MS, NCGC-II
Linda is the Project Director for the California Council on Problem Gambling. Prior to moving to California, Linda was the Problem Gambling Program Manager for Division of Behavioral Health and Recovery in Washington State. Linda has also been the Deputy Director for the Delaware Council on Problem Gambling and served as the Chair for the National Problem Gambling Helpline Committee from 2001–2005.

RUBY TAKUSHI, PhD
Dr. Takushi has been a licensed psychologist in Washington since 1999. She trained in research at the Addictive Behavior Research Center at the University of Washington and published in the field of gambling addiction and cross-cultural counseling. Dr. Takushi served on the board of the Evergreen Council for Problem Gambling from 2001–2010 and has served on the board of the Recovery Cafe, a non-profit agency in Seattle, since its inception.

NEHARIKA (NEHA) CHAWLA, PhD
Dr. Chawla, along with her colleagues, developed Mindfulness-Based Relapse Prevention (MBRP), a novel program that integrates mindfulness practices with cognitive-behavioral skills for the treatment of addictive behaviors. In addition to her work with MBRP, Dr. Chawla has received specialized training in a number of cognitive-behavioral and acceptance-based treatments, such as Motivational Interviewing, Relapse Prevention, Acceptance and Commitment Therapy, Functional Analytic Psychotherapy, and Mindfulness-Based Cognitive Therapy.

SCHOLARSHIPS

Full scholarship opportunities available for Washington State treatment providers! But hurry! There are a limited number of scholarships.


MEALS & DIRECTIONS

Beverages will be provided during the workshops. Meals are the responsibility of the workshop participant.

Driving directions will be included in your registration confirmation.

HAVE QUESTIONS? CONTACT US!
Evergreen Council on Problem Gambling
1929 4th Avenue East | Olympia, WA 98506
P: 360.352.6133 | F: 360.352.4133
info@evergreencpg.org | www.evergreencpg.org

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council on problem gambling
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PROBLEM GAMBLING TRAINING WORKSHOPS REGISTRATION
Register online at www.evergreencpg.org
DEADLINE IS NOVEMBER 25, 2013

REGISTRANT INFORMATION
Name: ________________________________________________
Position/Title: ________________________________________
Agency/Organization: ___________________________________
City: __________________________________ State: __________
Address: ____________________________________________
Day phone: __________________ Cell/Alternate phone: _______
E-mail address: _______________________________________

In the future, training notices may be sent by e-mail.

TRAINING OPTIONS
☐ Dec. 3–6 (Basic and Advanced 4-day): $150 (ECPG Member Discount Rate: $135)
☐ Dec. 3–4 (Basic 2-day): $75 (ECPG Member Discount Rate: $69)
☐ Dec. 5–6 (Advanced 2-day): $75 (ECPG Member Discount Rate: $69)

Total Amount Enclosed: $________________________

Cancellation Policy: Refunds will be issued, less a $35 administrative fee, if received in writing six (6) days prior to event. No refunds will be issued after November 25.

MAIL, E-MAIL, FAX, or DROP OFF this form with payment to:
Evergreen Council on Problem Gambling
1929 4th Avenue East | Olympia, WA 98506
P: 360.352.6133 | F: 360.352.4133
info@evergreencpg.org

ECPG/NCPG JOINT MEMBERSHIP APPLICATION
Join NCPG AND ECPG and save $40! That’s like getting your ECPG membership for FREE!

Name: ____________________________________________
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Address: __________________________________________
Apt./Suite: _______________________________________
City: ______________________________ State/Province: ______________________________ Zip/Postal:________________
Phone: __________________________________________
Fax: _____________________________________________
E-mail address: ______________________________________________________________________________________

All fields are required

MEMBERSHIP OPTIONS
☐ $39 ECPG Membership—Special member discounted fees on quarterly trainings and conference registration (all offer CEUs), certification training workshops, quarterly newsletter, and member certificate.
☐ $74 ECPG & NCPG Individual Membership—Includes full ECPG Individual Membership plus full National voting rights, 1-year subscription to NCPG newsletter, membership certificate, semiannual subscription to Addiction Professional as well as discounts on literature and conferences. This is a special offer in conjunction with ECPG membership—a $114 value! The cost of ECPG Individual membership alone is $75 when purchased directly. Save $40 through ECPG!
☐ $99 ECPG & NCPG Individual Plus Member—Includes full ECPG Individual Membership plus all the benefits of ECPG & NCPG Individual Membership level, with the addition of a subscription to International Gambling Studies, a peer-reviewed interdisciplinary journal in gambling studies. This is a special offer in conjunction with ECPG membership—a $139 value! The cost of NCPG Individual Plus Membership alone is $100 when purchased directly. Save $40 through ECPG!

MEMBERSHIP PAYMENT
Today’s Date: ______________________________
Method of Payment: ___Visa* ___MasterCard* ___Money Order
Check #: ____________________________________
Expiration Date: ___________________ CSC #: __________
(3 digits on back of credit card)
Signature: ________________________________
Checks payable to Evergreen Council on Problem Gambling

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Phone: __________________________________________
Fax: _____________________________________________
E-mail address: ______________________________________________________________________________________

All fields are required