Problem Gambling and Health Awareness Conference

FOUR DIRECTIONS

Honoring Our Past  Protecting Our Future
Through Holistic Health, Wellness, and Recovery Support

September 21-24, 2015
WESTIN WALL CENTRE | VANCOUVER/RICHMOND, BC

Conference Highlights
- Inuk award-winning musician and motivational speaker Susan Aglukark
- Game Brain – Interactive Program on the Risks of Youth Gambling
- Special Event: Dim Ama Yaay Numm: We Will All Walk In A Good Way
ABOUT THE CONFERENCE

Many representatives of First Nations, Métis, and Tribal Nations and organizations working on wellness throughout communities in Northwest Washington and British Columbia have come together to plan this important conference. As our Four Directions conference theme suggests, our goal is to honor the past and protect the future through holistic health, wellness, and recovery support. We hope to bring together First Nations and Tribal leaders, behavioral health directors and counselors, education and prevention experts, and families to support each other with knowledge on health issues, problem gambling and other addictions, and financial and safety concerns that affect all of our communities.

The first Four Directions Conference in 2009 was a great success—so much so that interest grew rapidly in offering an expanded conference program. Today, as we celebrate our seventh annual Four Directions Conference, we also celebrate our first Four Directions Without Borders—a partnership between dedicated organizations in the United States and Canada.

Please take a look at the full conference schedule to see all of the exciting opportunities for both training and cultural enrichment. From expanding knowledge and skills to experiencing healing and teaching tools that honor the traditional heritage of many cultures, your journey at Four Directions will illuminate and influence your work and your life.

We hope you will join us for this important event!
CONFERENCE COORDINATOR

Evergreen Council on Problem Gambling

The Evergreen Council on Problem Gambling (ECPG) is dedicated to increasing public awareness of problem gambling, expanding the availability of services for those affected by problem gambling, and supporting research and programs for education, prevention, treatment, and responsible gambling. We provide confidential support for Washington State residents through our 24-hour Problem Gambling Helpline (800.547.6133).

The Council offers support for residential and outpatient treatment members, as well as education to a wide variety of community presentations, including qualified continuing education hours. The Industry to provide employee policy and program development, Certification program.

The Evergreen Council on Problem Gambling is pleased to work with schools, civic and social service organizations, and others to develop and tailor education and awareness programs. For more information call 360.352.6133.

CONFERENCE PARTNER

BC Responsible and Problem Gambling Program

The BC Responsible and Problem Gambling Program services include counselling for individuals, couples, and families, with day treatment and group counselling available. Education and Awareness presentations, workshops, and training for all ages are also available. Game Sense Advisors provide support and information in all casinos and some community gambling centres across BC.

Our Program is also committed to meeting the needs of First Nations, Métis and Inuit of Indigenous prevention providers and who provide free gambling awareness and In addition to working in local communities and band offices, our Indigenous team community engagement initiatives. The Aboriginal events.

For more information, or to access our free, confidential services, please call the BC Problem Gambling Help Line at 1.888.795.6111 (24 hrs) or visit bcresponsiblegambling.ca.
# Conference Schedule at-a-Glance

## Monday, September 21
- **8:30 AM - 5 PM** | BC Responsible & Problem Gambling Program Meetings
- **8 AM - Noon** | Pre-Conference Workshops | Antonio Fernandez, LCSW | Cognitive Distortions & Cognitive Behavioral Therapy
- **1 - 5 PM** | Pre-Conference Workshops | Laurie Zoppi, MSW, RSW | Linking Cultural/Spiritual Practice and Neurobiology to Support the Recovery of Addictions

## Tuesday, September 22
- **8:30 AM - 12:30 PM** | BC Responsible & Problem Gambling Program Training
- **8 AM - Noon** | Pre-Conference Workshops | Wiley Harwell, D.Min, LPC, NCGC-II | Financial Management for Problem Gamblers
- **1 - 5 PM** | Pre-Conference Workshops | Christina Dobson, MSW, RSW, EdD | The Cost of Caring: Preventing Compassion Fatigue in the Helping Professions
- **1 - 5 PM** | Pre-Conference Workshops | Janine Robinson, M.Ed, CPGC | Motivational Interviewing

## Wednesday, September 23
- **7 - 8 AM** | Registration & Continental Breakfast
- **8 - 9 AM** | Welcome and Opening Ceremony
- **9 - 10 AM** | Keynote | Roger Fernandes, Master Storyteller | Storytelling As Healing: Traditions and Teaching of First Nations
- **10:15 AM - 12:15 PM** | Clinical / Behavioral Health | Ray Harris, Director, Wilp Si'satxw Healing Centre (Invited); Gayl Edmunds, LAC; Janice Murphy | Culturally-Based Treatment Panel
- **10:15 AM - 12:15 PM** | Community and Culture | Lloyd Attig, CDS-II | Exploring Health & Wellness
- **10:15 AM - 12:15 PM** | Innovative Topics | Wiley Harwell, D.Min, LPC, NCGC-II | Dealing With Trauma & the Problem Gambler
- **10:15 AM - 12:15 PM** | Community and Culture | Lisa Jackson, BA | 7 Grandfather Teachings
- **10:15 AM - 12:15 PM** | Innovative Topics | Ted Hartwell, MA and Sydney Smith, LPC, LADC, NCGC-II | Gathering Meaningful Data Through Outreach and Storytelling - An Example from Nevada
- **12:15 - 1:45 PM** | Lunch Plenary | Susan Aglukark | Inuk Award Winning Singer, Songwriter and Motivational Speaker
- **1:45 - 2 PM** | Break / Exhibits
- **2 - 4 PM** | Clinical / Behavioral Health | Gayl Edmunds, LAC | Using Traditional Methods in the Treatment of Native American Clients
- **2 - 4 PM** | Community and Culture | Lisa Jackson, BA | 7 Grandfather Teachings
- **2 - 4 PM** | Innovative Topics | Ted Hartwell, MA and Sydney Smith, LPC, LADC, NCGC-II | Gathering Meaningful Data Through Outreach and Storytelling - An Example from Nevada
- **5:30 - 8 PM** | Highlight Event

## Thursday, September 24
- **7 - 8 AM** | Registration & Continental Breakfast
- **8 - 8:15 AM** | Welcome | Maureen Greeley, Evergreen Council on Problem Gambling; Keith Whyte, National Council on Problem Gambling
- **8:15 - 10:15 AM** | World Café
- **10:15 - 10:30 AM** | Break / Exhibits
- **10:30 AM - 12:30 PM** | Clinical / Behavioral Health | Antonio Fernandez, LCSW | Suicide Prevention
- **10:30 AM - 12:30 PM** | Community and Culture | BCRG & PG Indigenous Team | Traditional Aboriginal Games
- **10:30 AM - 12:30 PM** | Innovative Topics | Valerie Segrest, MA | Feeding the Spirit - Food and Medicine in Native Culture
- **12:30 - 2:15 PM** | Lunch Plenary | Ontario Responsible Gambling Council | Game Brain – Interactive Program on the Risks of Youth Gambling
- **2:15 - 2:30 PM** | Break / Exhibits
- **2:30 - 4:30 PM** | Clinical / Behavioral Health | Denise Quirk, MA, MFT, LADC, NCGC-II, CPGC-S | Meditation & Mindfulness
- **2:30 - 4:30 PM** | Community and Culture | Gayl Edmunds, LAC; Dawna Silver | Talking Circle – Traditions and Tools for Healing
- **2:30 - 4:30 PM** | Innovative Topics | Sheila Wahsquiahnikezhik, MES | Creating Pathways to Cultural Revitalization
- **4:30 - 5 PM** | Closing Ceremony | Special Presentations, Singing, and Drumming

*Schedule is subject to change. Visit [www.evergreencpg.org](http://www.evergreencpg.org) for the latest schedule updates!*
HIGHLIGHT EVENT

DIM AMA YAAY NUUM: WE WILL ALL WALK IN A GOOD WAY

Gitxsan Language, Gitxsan Nation

Let us gather together from many nations to celebrate the work we are all doing towards healing, health and wellness in our communities. We will all walk in a good way... together.

Please join us for an evening of drumming, dancing, food, and a tour through the Musqueam Cultural Education Resource Centre.

We thank and honour the Musqueam people hosting us on their traditional territory.

The event is held on the evening of the first day of the main conference, Wednesday, September 23, from 5:30 - 8pm. Don’t miss this opportunity to tour the 1,300 square foot space with a gallery of historic cultural objects, contemporary arts, and a comprehensive overview of the past, present, and future of Musqueam culture.

To attend, choose the option on the registration page for yourself and guests if applicable. The event is free for conference attendees who register in advance (simply check the box on the registration form), and $20 per person for guests. The cost includes dinner, transportation, and entrance to the Musqueam Cultural Education Resource Centre.

Please feel welcome to bring your drums, flutes, or other instruments.

Musqueam Cultural Education Resource Centre
4000 Musqueam Ave | Vancouver BC V6N 0A5
www.musqueam.bc.ca
WELCOME TO CANADA!

Please review your eligibility to travel to Canada and bring any required documents.
Are you eligible to cross the border? If you are traveling by land or sea, a valid Washington State Enhanced ID or Driver’s License will work. If you make the journey by air, a valid passport is required. Also, Canada’s legal system weighs indiscretions differently than the United States. Visit http://canadawelcomesyou.net/shouldknow.html to see if you are eligible to enter.

CONFERENCE REGISTRATION DEADLINES

• Early Bird registration deadline is Thursday, August 20, 2015.
• Regular registration deadline is Tuesday, September 15, 2015.
• On-site registration only after Tuesday, September 15, 2015. Please do not mail, e-mail, fax, or drop off registration after this date. Visa® or MasterCard® credit or debit cards will be accepted for on-site payment at the conference.

Fill out the attached registration form or visit www.evergreencpg.org to register. Please call 360.352.6133 if you need assistance.

CONFERENCE SCHOLARSHIPS

Scholarship opportunities available for Washington State treatment providers! Thanks to a partnership with DSHS & BHSIA, ECPG offers a limited number of scholarships. Scholarship includes full registration fees, hotel stipend ($50 per night, up to two nights), and Washington State Problem Gambling Certification application fees. The deadline to apply is September 11; applications received after that will be considered only if funding is still available. Call 360.352.6133 or visit www.evergreencpg.org for more details.

WESTIN WALL CENTRE HOTEL ACCOMMODATIONS

We have reserved a block of rooms for conference attendees at very special rates at the Westin Wall Centre. Conference rates are offered to attendees based on availability, up to three days before and three days after the conference dates for those wishing to extend their stay. Room quantities are limited, so reserve your room early.

Special rate cut-off date is Friday, August 28, 2015. You must identify yourself as attending the Four Directions Conference.

The Westin Wall Centre offers luxury accommodations in modern guestrooms and suites, featuring Westin Heavenly® Beds and signature bedding. Other amenities include complimentary standard high-speed Internet access, fitness studio, and indoor heated pool. Located just 4 km from the Vancouver airport, the hotel also offers complimentary transportation to and from the airport, as well as free self-parking.
REGISTRATION FORM

Register online at www.evergreencpg.org | DEADLINE IS SEPTEMBER 15, 2015

REGISTRANT INFORMATION

Name: ____________________________________________
Position / Title: ____________________________________ Agency / Organization: ________________
Address: ________________________________________________________________
City: __________________________________ State/Province: __________________ Zip / Postal Code: ________________
Day phone: _______________________________ Cell/Alternate phone: ____________________________
E-mail address: ________________________________________

REGISTRATION OPTIONS

All amounts shown in US Dollars

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| Highlight Event: Musqueam Centre | Conference attendees + Guests x $20 per guest = $ |

TOTAL AMOUNT ENCLOSED: US $

☐ YES! I’D LIKE TO BECOME A MEMBER OF ECPG AND SAVE ON MY REGISTRATION! (see last page for membership form)

- CANCELLATION POLICY: Refunds will be issued, less a $35 administrative fee, if received in writing by September 10, 2015. Refunds will not be issued after that date.
- Refunds will not be issued for failure to obtain permission to cross the US/Canada border.
- Students must provide proof of current enrollment.
- To become an ECPG member, fill out the application on the Special Membership Offer page or visit www.evergreencpg.org/Membership.

DIETARY RESTRICTIONS and/or DISABILITIES

I have the following dietary restrictions: ____________________________________________________________
I require the following under the Americans with Disabilities Act: ________________________________

METHOD OF PAYMENT

☐ Visa® ☐ MasterCard® ☐ Money Order Credit Card #: ________________________________
Check # (US dollars only): ____________________________ Expiration Date: _____________ CSC #: ____________
Make checks payable to Evergreen Council on Problem Gambling (3 digits on back of credit card)
Name on check: ____________________________________________ (If different from registrant)
Signature: ____________________________________________

MAIL, E-MAIL, FAX or DROP OFF THIS FORM WITH PAYMENT TO:

Evergreen Council on Problem Gambling
1801 Fourth Avenue East | Olympia, WA 98506
P: 360.352.6133 | F: 360.352.4133 | info@evergreencpg.org

E V E R G R E E N
council on problem gambling
**CONTINUING EDUCATION UNITS**

**Evergreen Council on Problem Gambling**

The Evergreen Council on Problem Gambling's training workshops qualify toward the 30 hours of gambling-specific education required by the Washington State and National Problem Gambling Certification Boards for certification. Additionally, ECPG is an Approved Provider of Continuing Education by The Association for Addiction Professionals (NAADAC) and the National Association of Social Workers - Washington Chapter (NASW-WA). Our workshops have also been approved for continuing education by the Addictions Counselor Certification Board of Oregon (ACCBO) and the American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD). All of our conference sessions are eligible for CEUs. Contact us with further questions.

**BC Responsible & Problem Gambling Program**

The British Columbia Responsible & Problem Gambling Program is requesting accreditation approvals from the following organizations: Indigenous Certification Board (ICBOC), BC Association of Social Workers, Canadian Problem Gambling Certification Board, Native Courtworkers and Counselling Association of BC, and the Canadian Counselling and Psychotherapy Association.

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**SPECIAL MEMBERSHIP OFFER**

Join both [Evergreen council on problem gambling](#) and [NCPG](#) and save $40!

**NEW MEMBER INFORMATION**

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**MEMBERSHIP OPTIONS**

__ $39 USD ECPG Membership—Special member discounted fees on quarterly trainings and conference registration (all offer CEUs), certification training workshops, quarterly newsletter, and member certificate.

__ $74 USD Joint ECPG & NCPG Individual Membership—Includes ECPG Membership plus full National voting rights, 1-year subscription to NCPG newsletter, member certificate, bimonthly subscription to *Addiction Professional* as well as discounts on literature and conferences. This special offer is a $114 value! The cost of NCPG Individual Membership alone is $75 when purchased directly. Save $40 through ECPG!

__ $99 USD Joint ECPG & NCPG Individual Plus Member—Includes all the benefits of ECPG & NCPG Individual Member level, with the addition of a subscription to *International Gambling Studies*, a peer-reviewed interdisciplinary journal in gambling studies. This special offer is a $139 value! The cost of NCPG Individual Plus Membership alone is $100 when purchased directly. Save $40 through ECPG!

**MEMBERSHIP PAYMENT**

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Checks payable to Evergreen Council on Problem Gambling

Signature: