

Problem Gambling and Health Awareness Conference
FOUR DIRECTIONS

Conference Presenter



EVERGREEN
council on problem gambling

Conference Partner

BC Responsible &
Problem Gambling
Program



THANK YOU TO OUR SPONSORS

CONFERENCE PARTNER

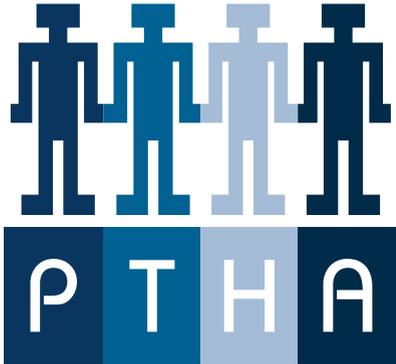
BC Responsible &
Problem Gambling
Program



BRITISH
COLUMBIA



GOLDEN EAGLE GUARDIAN SPONSORS

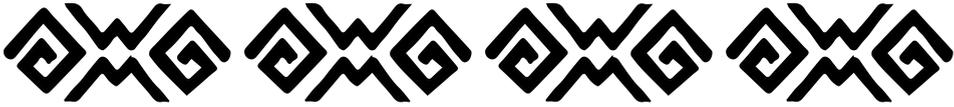


Puyallup Tribal Health Authority



SILVER SALMON SPONSOR





Welcome to *Four Directions*

I would like to extend a warm welcome to all of you attending and participating in the Four Directions Problem Gambling and Health Awareness Conference. I commend you on taking this time to join together over the next four days to learn more about helping others through holistic health, wellness, and recovery support.

British Columbia is committed to preventing and treating those affected by problem gambling and we understand that community-based services are vital to supporting people who need help. That is why the government of BC and the BC Lottery Corporation are spending \$9.5 million on responsible and problem gambling programs this year.

The BC Responsible and Problem Gambling Program's treatment services have proven to have excellent client outcomes that exceed international norms for clinical counseling. BCLC's GameSense program is a leading edge program in the industry that has been adopted in Saskatchewan, Manitoba, and Massachusetts. People need to be educated about the risks, myths and facts about gambling, how games work, recognizing problem gambling, and where to get help.

With help from dedicated people such as the Aboriginal leaders, health counselors, prevention experts, and families who are present at this conference, we are making some progress. The rate of problem gambling in BC has declined to 3.3% in 2014, down from 4.6% in 2008. This represents a reduction of approximately 34,000 people; but we recognize that our work must continue.

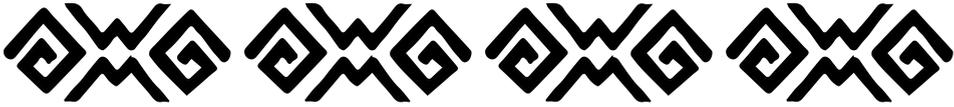
As an example, the government of BC has developed a strategy to ensure our rate of problem gambling continues to decline. The Plan for Public Health and Gambling contains 21 commitments that focus on four main themes: problem gambling prevention among youth, encouraging responsible gambling, problem gambling treatment, and research.



Michael de Jong, Q.C.
Minister of Finance

We will be undertaking new research on problem gambling among online players and ways to reduce the high-risk features on electronic gaming machines. The plan also commits to improving continuity of care for clients who face multiple related problems such as gambling, substance abuse, and mental health issues. These and other developments demonstrate the government's commitment to ensuring that BC's gaming industry remains at the forefront of responsible gambling education and the prevention and treatment of problem gambling.

Thank you for sharing your knowledge on health issues, problem gambling, and the financial and safety concerns that affect our communities. You are making important contributions to ensure people in our Aboriginal communities can make safe and healthy choices.



CONFERENCE COORDINATOR

Evergreen Council on Problem Gambling

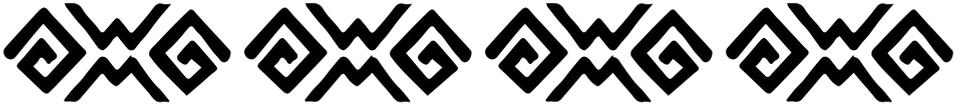
The Evergreen Council on Problem Gambling (ECPG) is dedicated to increasing public awareness of problem gambling, expanding the availability of services for those affected by problem gambling, and supporting research and programs for education, prevention, treatment, and responsible gambling. We provide confidential support for Washington State residents through our 24-hour Problem Gambling Helpline (**800.547.6133**).



EVERGREEN
council on problem gambling

The Council offers support for residential and outpatient treatment for problem gamblers and family members, as well as education and public awareness programs to a wide variety of community and professional groups through presentations, including qualified training for certification and continuing education hours. The Council works with the Gaming Industry to provide employee training and responsible gaming policy and program development, and offers a Responsible Gaming Certification program.

The Evergreen Council on Problem Gambling is pleased to work with schools, civic and social service organizations, and others to develop and tailor education and awareness programs. For more information call **360.352.6133** or visit **www.evergreencpg.org**.



CONFERENCE PARTNER

BC Responsible and Problem Gambling Program

The BC Responsible and Problem Gambling Program services include counselling for individuals, couples, and families, with day treatment and group counselling available. Education and Awareness presentations, workshops, and training for all ages are also available. Game Sense Advisors provide support and information in all casinos and some community gambling centres across BC.

Our Program is also committed to meeting the needs of First Nations, Métis and Inuit people living in BC. We have a number of Indigenous prevention providers and counsellors located around the province who provide free gambling awareness and education, support, and counselling services. In addition to working in local communities with organizations, schools, health centres, and band offices, our Indigenous team is involved in resource development and community engagement initiatives. The program is also involved in sponsorship of Aboriginal events.



For more information, or to access our free, confidential services, please call the BC Problem Gambling Help Line at **1.888.795.6111** (24 hrs) or visit **bcresponsiblegambling.ca**.



BC Responsible &
Problem Gambling
Program



DIM AMA YAAY NUUM: WE WILL ALL WALK IN A GOOD WAY

Gitksan Language, Gitksan Nation

Wednesday, September 23 from 5:30 - 8 pm

Let us gather together from many nations to celebrate the work we are all doing towards healing, health and wellness in our communities. We will all walk in a good way... together.

Please join us for an evening of drumming, dancing, food, and a tour through the Musqueam Cultural Education Resource Centre.

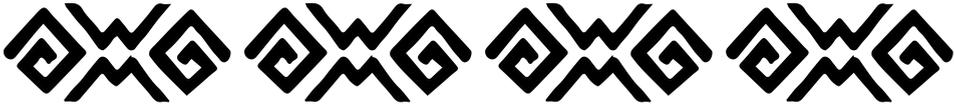
We thank and honour the Musqueam people hosting us on their traditional territory.

The event is held on the evening of the first day of the main conference, Wednesday, September 23, from 5:30 - 8pm. Don't miss this opportunity to tour the 1,300 square foot space with a gallery of historic cultural objects, contemporary arts, and a comprehensive overview of the past, present, and future of Musqueam culture.

The event is **free** for conference attendees who register in advance (simply check the box on the registration form), and \$20 per person for guests. The cost includes dinner, round-trip transportation, and entrance to the Musqueam Cultural Education Resource Centre. To confirm your attendance or purchase additional tickets, please visit us at the registration table before 12:15 pm on Wednesday.

Please feel welcome to bring your drums, flutes, or other instruments.

Musqueam Cultural Education Resource Centre
4000 Musqueam Avenue | Vancouver BC V6N 0A5
www.musqueam.bc.ca



Please join us in extending a special thank you to the **British Columbia Responsible & Problem Gambling Program**, and the **Indigenous Program**, for sponsoring and organizing the Highlight Event. This important cultural opportunity is a focal point and touchstone of all we hope to share, learn, and take home with us from **Four Directions**.



BC Responsible &
Problem Gambling
Program



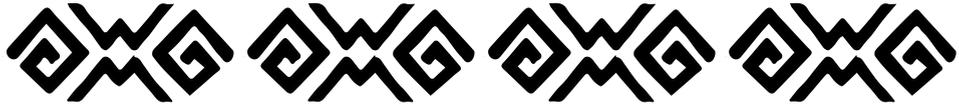
Join in a Special Talking Circle Event

Thursday, September 24 from 2:30 - 4:30 pm

Sincangu Lakota Elder Gayl Edmunds, LAC and Métis Dawna Silver, MA facilitate this session about the healing tradition of the Talking Circle and how it can be used as a powerful treatment tool.

It is a safe place where all present have the opportunity to speak and share without interruption or judgment. Participants may choose to remain quiet and go within, and can still gain much by being truly present.





FOUR DIRECTIONS

Pre-Conference Workshop Schedule

Monday, September 21

8 am - Noon; 1-5 pm

AIRPORT C&D

BC Provider Training - By Invitation Only

8 am - Noon

STEVESTON

Cognitive Distortions & Cognitive Behavioral Therapy

Antonio Fernandez, LCSW

This workshop is a practical approach to schema work with compulsive gamblers. The presentation is comprehensive with a well-organized set of techniques that addresses core beliefs and triggers that contribute to gambling behaviors. The material will enable clinicians to refine their use of schema work with clients, use of coping skills, and treatment outcomes.

1 - 5 pm

STEVESTON

Linking Cultural/Spiritual Practice & Neurobiology to Support the Recovery of Addictions

Laurie Zoppi, MSW, RSW

During this session, participants will learn about the links between cultural/spiritual practice with neurobiology and how this understanding can be used in order to support addiction recovery. Using the four directions as a process to describe brain science, participants will hear about how ceremony and sense of community can rewire the brain to be more successful in recovery of addictions.

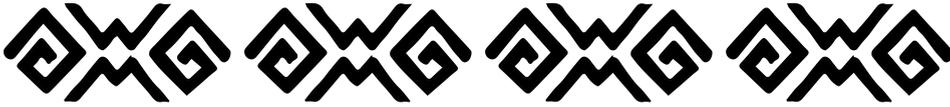
Continuing Education Units and Hours in the United States and Canada

Canadian Participants will receive "Hours Attended" on certificates of attendance. United States participants will receive the number of CEUs earned.

HOURS ACCREDITATION AVAILABLE FROM:

Canadian Problem Gambling Certification Board (CPGCB)

Indigenous Certification Board of Canada (ICBOC)



Tuesday, September 22

8 am - Noon; 1-5 pm

AIRPORT C&D

BC Provider Training - By Invitation Only

8 am - Noon

STEVESTON

Financial Management for Problem Gamblers

Wiley Harwell, D. Min., LPC, NCGC-II

Participants explore the emotional meaning of money for gamblers and how personal beliefs and values surrounding money can cause dysfunction in the way clients deal with money. Participants will receive tangible tools such as budgeting and financial worksheets, objective worksheets, and will learn how to help clients with understanding the concept of budgeting.

1 - 5 pm

STEVESTON

The Cost of Caring: Preventing Compassion Fatigue in the Helping Professions

Christina Dobson, MSW, RSW, EdD

This workshop introduces the concepts of compassion fatigue and vicarious trauma that affect providers in the helping professions. During the session, participants will have the opportunity to conduct a self-assessment, learn about the signs and symptoms of burnout and compassion fatigue, and how to develop a prevention and recovery personal plan.

1 - 5 pm

AIRPORT A&B

Motivational Interviewing

Janine Robinson, M.Ed, CPGC, RP

Many helpers find that people have some shame, secrecy or discomfort in talking about gambling and problem gambling. This will be a hands-on workshop that will give participants a chance to explore and practice techniques from Motivational Interviewing and other strategies that can help lower resistance in these difficult conversations.

CEU ACCREDITATION AVAILABLE FROM:

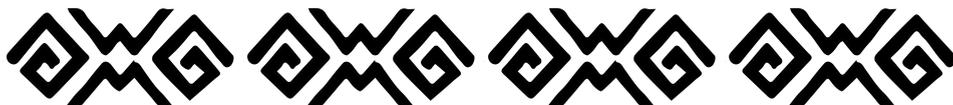
Addiction Counselor Certification Board of Oregon (ACCBO)

American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD)

Association for Addiction Professionals (NAADAC)

National Council on Problem Gambling (NCPG)

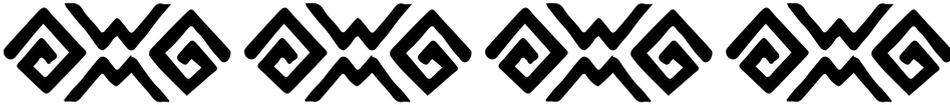
Washington Mental Health Counselors Association (WMHCA)



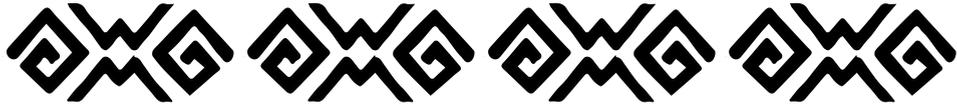
Schedule At-a-Glance

Pre-Conference Workshops & Trainings				
Monday, September 21, 2015				
8 am - 5pm	<i>BC Provider Team Meeting (BC Staff Only)</i>			Airport C & D
8am-Noon	Pre-Conference Workshop	<i>Cognitive Distortions & Cognitive Behavior Therapy</i>	Antonio Fernandez	Steveston
1 - 5pm	Pre-Conference Workshop	<i>Linking Cultural/Spiritual Practices & Neurobiology to Support the Recovery of Addiction</i>	Laurie Zoppi	Steveston
Tuesday, September 22, 2015				
8 am - 5pm	<i>BC Provider Team Meeting (BC Staff Only)</i>			Airport C & D
8am-Noon	Pre-Conference Workshop	<i>Financial Management for Problem Gamblers</i>	Wiley Harwell	Steveston
1 - 5pm	Pre-Conference Workshop	<i>The Cost of Caring: Preventing Compassion Fatigue in the Helping Professions</i>	Christina Dobson	Steveston
1 - 5pm	Pre-Conference Workshop	<i>Motivational Interviewing</i>	Janine Robinson	Airport A & B

Main Conference				
Wednesday, September 23, 2015				
7 - 8 am	Registration and Continental Breakfast			Foyer
8 - 9 am	Welcome & Opening Ceremony			Airport Ballroom
9 - 10 am	Keynote	<i>Storytelling as Healing: Traditions & Teachings of First Nations</i>	Roger Fernandes	Airport Ballroom
10 - 10:15 am	Break / Exhibits			Foyer
10:15 am - 12:15 pm	Behavioral Health & Wellness	<i>Culturally Based Treatment Panel</i>	Gayl Edmunds, Ray Harris, Janice Murphy	Bridgeport
	Community & Culture	<i>Exploring Health & Wellness</i>	Lloyd Attig & Jaime Blankinship	Steveston
	Innovative Topics	<i>Dealing with Trauma and the Problem Gambler</i>	Wiley Harwell	Lulu Island
12:15 - 1:45 pm	Lunch Plenary	<i>Susan Aglukark</i>		Airport Ballroom



Wednesday, September 23 continued				
1:45 - 2pm	Break / Exhibits			Foyer
2 - 4 pm	Behavioral Health & Wellness	<i>Using Traditional Methods in the Treatment of Native American Clients</i>	Gayl Edmunds	Bridgeport
	Community & Culture	<i>7 Grandfather Teachings</i>	Lisa Jackson	Steveston
	Innovative Topics	<i>Gathering Meaningful Data</i>	Ted Hartwell & Sydney Smith	Lulu Island
4 - 5:30 pm	Break and Travel to Highlight Event at Musqueam Cultural Centre (<i>see page 4 for details</i>)			
5:30 - 8 pm	Dinner & Highlight Event			
Thursday, September 24, 2015				
7 - 8 am	Registration and Continental Breakfast			Foyer
8 - 8:15 am	Welcome			Airport Ballroom
8:15 - 10:15 am	<i>World Café: Bringing the World Café to Your Community</i>			Airport Ballroom
10:15 - 10:30am	Break / Exhibits			Foyer
10:30am - 12:30pm	Behavioral Health & Wellness	<i>Suicide Prevention</i>	Antonio Fernandez	Lulu Island
	Community & Culture	<i>Traditional Aboriginal Games</i>	BC RPGP Team	Bridgeport
	Innovative Topics	<i>Feeding the Spirit: Food & Medicine in Native Culture</i>	Valerie Segrest	Steveston
12:30 - 2:15pm	Lunch Plenary	GAME BRAiN on the Risks of Youth Gambling		Airport Ballroom
2:15 - 2:30pm	Break / Exhibits			Foyer
2:30 - 4:30 pm	Behavioral Health & Wellness	<i>Meditation & Mindfulness</i>	Denise Quirk	Steveston
	Community & Culture	<i>Talking Circle: Traditions & Tools for Healing</i>	Gayl Edmunds & Dawna Silver	Bridgeport
	Innovative Topics	<i>Creating Pathways to Cultural Restoration</i>	Sheila Wahsqonaikhezihik	Lulu Island
4:30 - 5:30pm	Closing Ceremony	<i>Musqueam Hosts & Leaders</i>		Airport Ballroom



FOUR DIRECTIONS

Main Conference Schedule

Wednesday, September 23

7 - 8 am

FOYER

Registration and Continental Breakfast

8 - 9 am

AIRPORT BALLROOM

Welcome & Opening Ceremony

Musqueam Tribe

9 - 10 am

AIRPORT BALLROOM

Keynote

*Storytelling as Healing: Traditions & Teachings of
First Nations*

Roger Fernandes, Master Storyteller/
Artist, MA

Many traditional Native cultures believe we as humans are made of stories. We all tell stories. We are walking stories. Storytelling is different. It is the act of sharing a story that has been told by your ancestors for countless generations. It is the telling of tales, legends, myths, and fables. These old stories have been kept alive from the earliest times and they help us understand what it means to live on the earth, and how to live your life as a good person. Storytelling helps us understand the meaning of things and, in doing so, helps us see our own meaning.

10 - 10:15 am

FOYER

Break

10:15 am - 12:15 pm

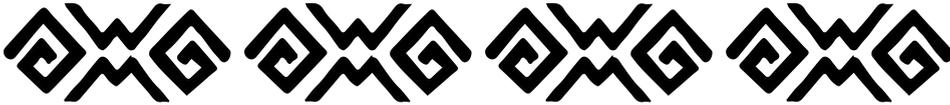
BRIDGEPORT

Culturally Based Treatment Panel

Behavioral Health & Wellness Track

Gayl Edmunds, LAC; Ray Harris, Director, Wilp Si'satxw Healing Centre; and Janice Murphy, MSW, RCSW

This panel workshop will give participants an opportunity to engage in conversation about culturally-based treatment approaches. Three clinical specialists will share their insights and experiences, and knowledge of culturally-based treatment practices, followed by an interactive sharing with the group as a whole. Excerpts from the video, *Balance, Problem Gambling Awareness for Aboriginal Communities Across BC* will be shared as well.



Wednesday, September 23 Continued

10:15 am - 12:15 pm

STEVESTON

Exploring Health & Wellness

Community & Culture Track

Lloyd Attig, CDS II & Jaime Blankinship

During this session, participants will learn about the links between cultural/spiritual practice with neurobiology and how this understanding can be used in order to support addiction recovery. Using the four directions as a process to describe brain science, participants will hear about how ceremony and community can rewire the brain to be more successful in recovery.

10:15 am - 12:15 pm

LULU ISLAND

Dealing with Trauma and the Problem Gambler

Innovative Topics Track

Wiley Harwell

This training session is designed to provide a clinical understanding of the effects of trauma and PTSD and how they are interrelated to addictions treatment. Emphasis will be placed on approaches to treatment. In addition, the diagnostic criteria for various trauma categories and appropriate treatment approaches will be explored.

12:15 - 1:45pm

AIRPORT BALLROOM

Lunch Plenary

Susan Aglukark, Inuk Award Winning Singer, Songwriter & Inspirational Speaker

Susan blends her singing with her messages of hope for, and the history of, her people, the Inuk of Arctic Canada. She weaves words and music and lyrics into hopes and ideas for a better, hopeful, thriving future for the aboriginal people. Susan addresses universal issues such as social problems, health problems in aboriginal communities and it's links to rapid change, how to cope with rapid change, and the effects of colonization, along with many other issues.

1:45 - 2 pm

FOYER

Break

2 - 4 pm

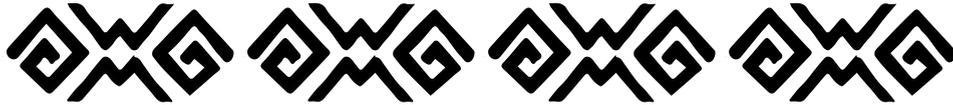
BRIDGEPORT

Using Traditional Methods in the Treatment of Native American Clients

Behavioral Health & Wellness Track

Gayl Edmunds, LAC

How can treatment providers develop cultural competency to better work with Native American clients? How can we blend mainstream treatment practices with culturally relevant clinical practices to meet the needs of Native American clients? This workshop will explore traditional healing methods for healing and application, the treatment areas of – assessment/intake and treatment planning, and discharge and follow up.



Wednesday, September 23 Continued

2 - 4 pm

STEVESTON

7 Grandfather Teachings

Community & Culture Track

Lisa Jackson, BA

In this workshop, participants will learn about this 'wholistic' approach to Wellness and Awareness. The presenter will share how cultural knowledge utilizing the '7 Grandfather Teachings' is being used with people from First Nations communities in Canada as a tool to aid recovery. Developed in 2010 and incorporating the use of traditional games and regalia, this session will give an overview of the program's history.

2 - 4 pm

LULU ISLAND

Gathering Meaningful Data through Outreach and Storytelling

Innovative Topics Track

William 'Ted' Hartwell, MA & Sydney Smith, MA, LPC, LADC, NCGC-II

The presenters will summarize the process of constructing and implementing a tribal research study on problem gambling recently underway in Nevada in the United States. Their approach presents a unique way to begin directly engaging communities at the same time research data are gathered, in order to help shine a light on the prevalence and impact of problem gambling on individuals and families in Tribal Communities.

4:30 - 5:30 pm

SHUTTLE TO MUSQUEAM CENTRE

Meet in the lobby for shuttles to the highlight event if you have a ticket.

5:30 - 8 pm

HIGHLIGHT EVENT

For details on the event, please see page 4 of the program.

8 - 8:30 pm

Shuttles return to the Westin Wall Centre.

Thursday, September 24

7 - 8 am

AIRPORT BALLROOM

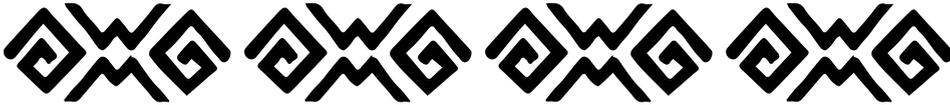
Registration & Continental Breakfast

8 - 8:15 am

AIRPORT BALLROOM

Welcome

Maureen Greeley, Executive Director,
Evergreen Council on Problem Gambling



Thursday, September 24 Continued

8:15 - 10:15 am

AIRPORT BALLROOM

World Café: Bringing the World Café to Your Community

Angla Voght, MA; Andre Serzisko;
Rosemary Nygard

It can sometimes be challenging to engage with communities in the complex discussions regarding the topic of gambling. An emerging approach, the World Café, engages participants through facilitated conversation and storytelling. Experience the model firsthand and learn how to apply it. Examples will be shared from hosting conversations in First Nations communities.

10:15 - 10:30 am

FOYER

Break

10:30 am - 12:30 pm

LULU ISLAND

Suicide Prevention

Behavioral Health & Wellness Track

Antonio Fernandez, LCSW

It takes a community based, culturally and linguistically appropriate response for a comprehensive suicide prevention program. Tribal people, groups, cultural organizations and western systems need to support each other and reinforce messages of strength and hope as a response to behavioral signs that lead to suicide among individuals and multi-generational families. The comprehensive plan must address alcohol and drug abuse and historical trauma.

10:30 am - 12:30 pm

BRIDGEPORT

Traditional Aboriginal Games

Community & Culture Track

BC Responsible & Problem Gambling Program Staff

Traditional Games have played an important role in our many of our Indigenous communities. Our hope is to reconnect with some of the original purposes, values, and teachings of these games. In this workshop, participants will explore the use of traditional games as a way to engage with communities around the topics of responsible and problem gambling.

10:30 am - 12:30 pm

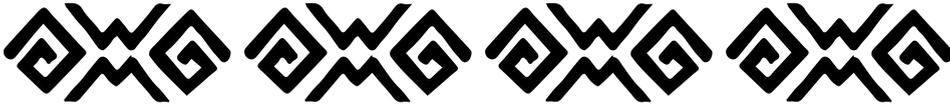
STEVESTON

*Feeding the Spirit: Food & Medicine in Traditional
Native Culture*

Innovative Topics Track

Valerie Segrest, MA

Traditionally, food and nutrition are areas where culture, family, and community intersect. We will look at how traditional foods today can still be incorporated in a modern meal and how the revival of native gardens and restoration of traditional fishing and hunting techniques can support Native wellness programs and honor the traditions of our ancestors.



Thursday, September 24 Continued

12:30 - 2:15 pm

AIRPORT BALLROOM

Lunch Plenary

Game Brain – Interactive Program on the Risks of Youth Gambling

GAME BRAIN is an interactive educational game show, funded by The Ministry of Health and Long-Term Care and hosted by YTV personalities, Jason Agnew and Matt Philips from Splatalot. It includes five fun game-style activities designed to educate your audience on the risks of youth gambling, how to avoid those risks, and where to get help if need be.

2:15 - 2:30 pm

FOYER

Break

2:30 - 4:30 pm

STEVESTON

Meditation & Mindfulness

Behavioral Health & Wellness Track

Denise Quirk, MA, MFT, LADC, NCGC-II, CPGC-S

Participants in this session will learn about emerging addiction therapy practice models and adjuncts to traditional therapies including mindfulness-based methods and relapse prevention strategies, meditation, guided imagery, and aromatherapy. Matching screening and assessment tools with appropriate mindfulness practices will be demonstrated.

2:30 - 4:30 pm

BRIDGEPORT

Talking Circle – Traditions and Tools for Healing

Community & Culture Track

Gayl Edmunds, LAC and Dawna Silver, MA

Talking circles, peacemaking circles, and healing circles are deeply rooted in the traditional practices of indigenous peoples. The co-leaders will explain the healing tradition and how it can be used as a powerful tool for treatment to create a safe, non-judgmental, place to engage in a sharing of authentic personal reactions and feelings that are owned by each individual and acknowledged by others. Attendees are welcome to participate or observe.

2:30 - 4:30 pm

LULU ISLAND

Creating Pathways to Cultural Revitalization

Innovative Topics Track

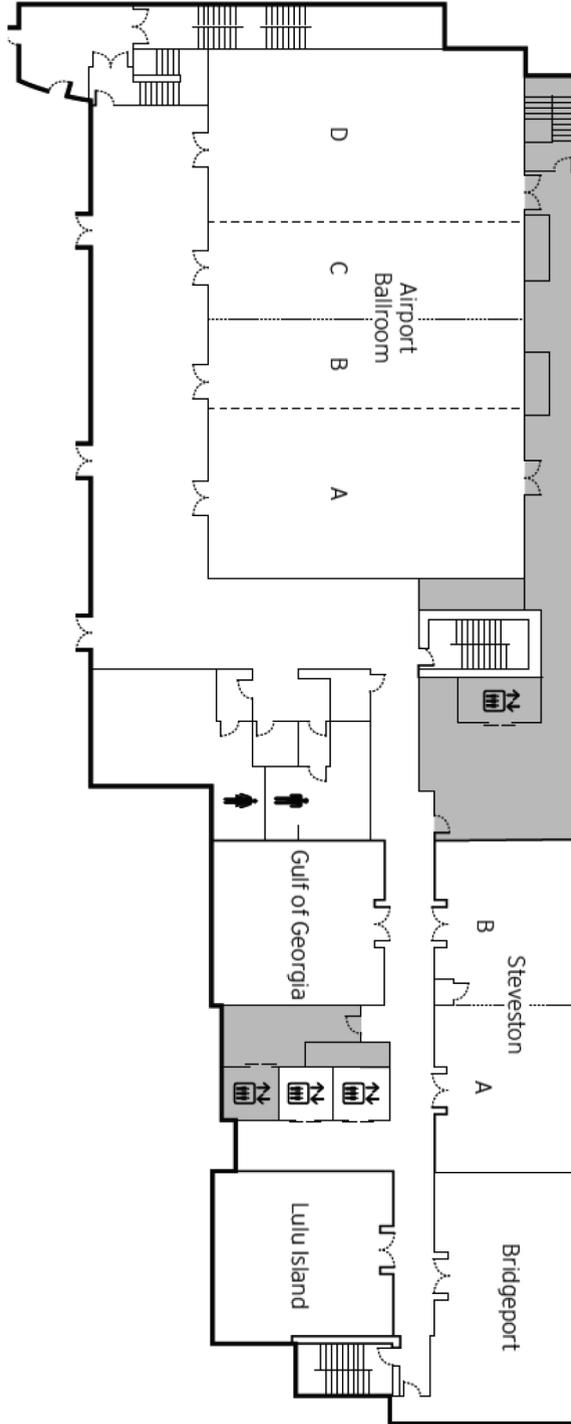
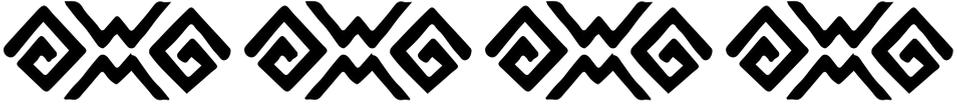
Sheila Wahsquonaikhezih, MS

Explore Nishnawbe Aski Nation's responsive initiative to addressing the adverse consequences of gambling that has been undertaken in the northern region of Ontario. This initiative is inclusive of a multi-risk factor approach to addressing gambling disorder and seeks to uproot undermining beliefs and re-seed healthy ways for being within our communities.

4:30 - 5:30 pm

AIRPORT BALLROOM

Closing Ceremony



SAVE THE DATE!

WESTERN REGIONAL CONFERENCE ON PROBLEM GAMBLING AWARENESS

FOCUS ON THE FUTURE



April 26-29, 2016

**Crowne Plaza | Downtown
Portland, OR**



EVERGREEN
council on problem gambling

Oregon
Health
Authority



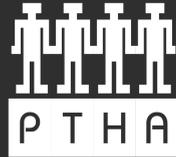
OREGON COUNCIL
ON PROBLEM GAMBLING

I WON MY POWWOW BACK

If you're concerned about yourself or someone you know, there's hope. Problem Gambling doesn't have to disrupt your life. Regaining control can begin with a phone call.

**PROBLEM GAMBLING HURTS
TREATMENT WORKS
(253) 593-0247**

Puyallup Tribal Treatment Center



Puyallup Tribal Health Authority



IGT

WASHINGTON



ASSOCIATION
Four Directions

SAVE THE DATE!

INTRODUCTORY AND ADVANCED TRAINING WORKSHOPS

If you are interested in or are in the process of becoming a Certified Problem Gambling Counselor, the 30 CEU hours offered during the Introductory Workshop fulfills those requirements. This training will also offer an overview of topics covered on the National Counselor Certification Exam.

Advanced Workshops include ethics, co-occurring depressive and alcohol use disorders, and clinical supervision, which qualifies towards the six hours of training to become a Clinical Supervisor.

Introductory & Advanced Training

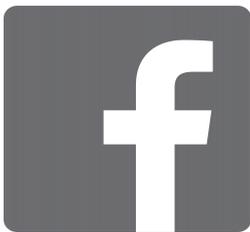
November 16-19, 2015

Coast Bellevue Hotel

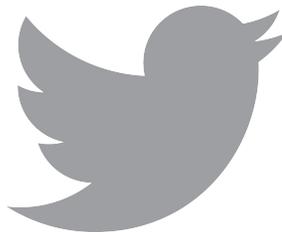
Bellevue, WA

Visit www.evergreencpg.org or call **360-352-6133** for more information.

STAY SOCIAL!



Facebook.com/
EvergreenCPG



@EvergreenCPG



ECPGambling

Share photos and your favorite moments during the conference!

Use hashtag **#FourDirections2015** or **#FD15**

LUMMI NATION RESPONSIBLE GAMBLING PROGRAM

LOW RISK GAMBLING IS DONE:

- As a form of recreation, not to make money or make up for losses.
- With limits on time, frequency, and duration.
- In a social setting with others.
- With money you can afford to lose.

HIGH RISK GAMBLING IS DONE:

- Coping with grief, loneliness, anger or depression.
- Under financial pressure and stress.
- Recovering from mental health or substance use disorders.
- Using alcohol or other drugs.
- Under legal age to gamble.

LUMMI NATION RESPONSIBLE GAMBLING PROGRAM

360.312.2019

LUMMI NATION BEHAVIORAL HEALTH

Tribal Administration Building, North Wing
2665 Kwina Road, Suite 1600
Bellingham, WA 98226



Save the date
for the fourth annual
**New Horizons
in Responsible
Gambling** conference.

February 1-3, 2016

Visit HorizonsRG.com
for information.

 @HorizonsRG



presented by **belc**
playing it right



Maintaining Balance



BC Responsible and Problem Gambling Program

Free Gambling Awareness, Education
and Counselling For Indigenous Peoples

bcresponsiblegambling.ca



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Bridgeway
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SCHOLARSHIP & TRAINING PARTNER



Washington State
Department of Social
& Health Services

Transforming lives

Problem Gambling and Health Awareness Conference

FOUR DIRECTIONS

Conference At-A-Glance

Monday, September 21

8 am - 5 pm	BC Provider Training
8 am - Noon	Pre-Conference Workshop
1 - 5pm	Pre-Conference Workshop

Tuesday, September 22

8 am - 5 pm	BC Provider Training
8 am - Noon	Pre-Conference Workshop
1 - 5pm	Pre-Conference Workshop

Wednesday, September 23

7 - 8 am	Registration and Continental Breakfast
8 - 9 am	Welcome & Opening Ceremony
9 - 10 am	Morning Keynote
10 - 10:15 am	Break
10:15 am - 12:15 pm	Morning Breakout Sessions
12:15 - 1:45 pm	Lunch Plenary
1:45 - 2 pm	Break
2 - 4 pm	Afternoon Breakout Sessions
5:30 - 8 pm	Highlight Event

Thursday, September 24

7 - 8 am	Registration and Continental Breakfast
8 - 8:15 am	Welcome
8:15 - 10:15 am	World Cafe
10:15 - 10:30 am	Break
10:30 am - 12:15 pm	Morning Breakout Sessions
12:30 - 2:15 pm	Lunch Plenary
2:15 - 2:30 pm	Break
2:30 - 4:30 pm	Afternoon Breakout Sessions
4:30 - 5:30 pm	Closing Ceremony