# **FOCUS ON THE FUTURE**

May 6 – 9, 2019

## **ABOUT THE CONFERENCE**

**Dear Friends and Colleagues:** 

**Focus on the Future** is the largest and longest-standing conference on problem gambling awareness in the Pacific Northwest. Launched in 2007, **Focus on the Future** brings together an incredible mixture of compelling speakers — experts from across the country and around the world — and opportunities to network and learn from colleagues in the field. It is a place where you can exchange your ideas, experiences, and knowledge to become a collective voice in raising awareness and developing programs and services that have the greatest positive impact. Problem gambling affects every community in our region and can cripple the lives not only of problem gamblers themselves, but of their families and friends as well.



This conference will provide valuable insights on the tools and resources available for effective treatment, prevention, community engagement, and recovery services, as well as offering information on trends and innovative topics in gambling and gaming that affect your work. This year's topics include information on legal and ethical issues around telebehavioral health services, understanding military culture and treatment for disordered gambling and, back by popular demand, clinical strategies for addressing the personal finances of problem gamblers in treatment with Brian Farr. Join us at the Great Wolf Lodge® for these and so many more great sessions, plus you will have a prime opportunity to collaborate with and learn from some of the best in the field. You'll no doubt leave with some new connections and partnerships that may lead to enhanced and innovative approaches toward assisting those who are affected by problem gambling. Bring your family and come early to enjoy all the family fun at the Great Wolf Lodge®.

Thank you, to all of you who make such an important difference for those in our region who need support and services. We have much to look forward to as we *Focus on the Future* and all we can accomplish working together.

Sincerely,



**Ty Lostutter**Board President
Evergreen Council
on Problem Gambling



Maureen Greeley
Executive Director
Evergreen Council
on Problem Gambling

## **CONFERENCE COORDINATOR** -

## **Evergreen Council on Problem Gambling**

Evergreen Council on Problem Gambling (ECPG) provides treatment, training, and awareness programs and services around problem and responsible gambling issues. We provide confidential support for those affected by gambling disorders through our 24-hour Problem Gambling Helpline by phone, text, or chat; and public awareness, education, prevention, and resource development services for individuals, families, employers, students, the gaming industry, and business and community groups. ECPG also provides training and certification programs and continuing education units (CEUs) for treatment professionals, recovery coaches, and casino and cardroom employees.

Gambling is a personal choice. And for the majority of residents in the Pacific Northwest, gambling is a source of fun, recreation, and entertainment. But for some, gambling can become a serious problem that leads to broken marriages and relationships, bankruptcy, depression, or even suicide. If you or someone you love struggles with a gambling problem, there is hope.

Help starts today by calling 800.547.6133

## **CONFERENCE PARTNERS AND SUPPORTERS -**

## **Scholarship and Training Partner**

## **Washington State Health Care Authority Problem Gambling Program**

HCA's Problem Gambling program provides treatment services free of charge to individuals and families in agencies throughout the state. 85% of the funding DBHR receives for problem gambling goes toward treatment services. They also fund training and prevention initiatives in collaboration with ECPG, and fund scholarships to treatment providers, recovery coaches, students, and school counselors to attend ECPG conferences and quarterly training workshops.



## **Platinum Peak Patron**



Nisqually Tribe / Nisqually Behavioral Health and Wellness

## Silver Salmon Sponsor



Northwest Indian Treatment Center

## **GENERAL INFORMATION**

### **CONFERENCE REGISTRATION DEADLINES**

- Early Bird registration deadline is April 7, 2019.
   Regular registration deadline is April 26, 2019.
- On-site registration only after April 26, 2019. Please do not mail, e-mail, fax, or drop off registration after this date. Cash, check, or credit card will be accepted for on-site payment at the conference.

Fill out the attached registration form or visit http://focusonthefuture.evergreencpg.org to register.

### PROFESSIONAL DEVELOPMENT OPPORTUNITIES

Full scholarship opportunities are available for Washington State treatment providers, students, professors, and peer recovery coaches! There are a limited number of scholarships with preference going to those pursuing gambling counselor certification. Scholarships include full registration fee, hotel stipend (\$50 per night, up to three nights), and Washington State Problem Gambling Certification application fee. Visit <a href="http://focusonthefuture.evergreencpg.org">http://focusonthefuture.evergreencpg.org</a> for details.

### **HOTEL ACCOMMODATIONS**

**Great Wolf Lodge®** 20500 Old Highway 99 SW Grand Mound, WA 98531 Reservations: 866.941.9653







Grand Mound, WA

www.greatwolflodge.com/grand-mound

Request the Focus on the Future conference room rate of \$128 + room tax per night by April 12, 2019; use reservation #1905FOCUS. Great Wolf Lodge® is a full service, year-round family destination resort. The North Woods-themed Lodge features 78,000 square feet of indoor entertainment, including Bear Track Landing - Washington's largest indoor waterpark. Other attractions include the Northern Lights Arcade, Elements Spa Salon, Scoops Kids Spa, Oliver's Mining Company, Howl at the Moon Glo Golf, and interactive scavenger hunt game called MagiQuest, and more. The Lodge includes a variety of retail shops and dining outlets, including Starbucks. Other amenities include unlimited wi-fi and a fitness center. Conference rates are offered to attendees based on availability. Room quantities are limited, so reserve your room early.

## **MEALS & DIRECTIONS**

Breakfast will be provided during the *Focus on the Future* pre-conference and main conference (Monday through Thursday). Lunch will be provided during the *Focus on the Future* main conference (Wednesday and Thursday). All other meals during the *Focus on the Future* conference are the responsibility of the conference participant. Driving directions will be included in your registration confirmation.

## CONTINUING EDUCATION UNITS / HOURS / PROBLEM GAMBLING COUNSELOR CERTIFICATION

The Evergreen Council on Problem Gambling is an Approved Provider of Continuing Education by The Association for Addiction Professionals (NAADAC) and the National Council on Problem Gambling (NCPG). Our workshops have also been approved for continuing education by the Mental Health and Addiction Certification Board of Oregon (MHACBO), the American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD), and the Washington Mental Health Counselors Association (WMHCA). Application has been made for MCLE credit through the Washington State Bar Association. Contact us with further questions.

## PRE-CONFERENCE WORKSHOPS

## **MONDAY, MAY 6**

## Stacy Charpentier, RCP, CPRS

#### Recovery Coaching and Professionalism - Part I

This workshop is a two-day training program for those who have completed the CCAR Recovery Coach Academy© curriculum. Recovery Coaches are typically found at local recovery community centers, but there is now a greater need for skilled coaches to work in other professional settings, such as hospitals, treatment facilities, police stations, and court systems. This training is for Recovery Coaches who are looking to work or currently working within professional settings. Additional fee for training manual: \$30.

## Daniel Kaufmann, PhD, LMHC, BACC, ICGC-II

## Clinical Supervision for Problem Gambling

Clinical supervision for gambling counselors is a critical element in workforce development. This workshop will include basic definitions, an overview of the supervision process, and a discussion of clinical consultation requirements for certification of gambling counselors. The case management section of this workshop will provide participants with practical knowledge and tools on how to treat addicted gamblers and their loved ones, and how to manage cases. This session allows attendees to learn from experienced clinicians how to construct and carry out a treatment plan, and some of the most effective practices for treating problem gamblers.

## **TUESDAY, MAY 7**

## Stacy Charpentier, RCP, CPRS

**Recovery Coaching and Professionalism - Part II**Followed by a Recovery Coaching and Professionalism Training of Trainers.

### Marlene Maheu, PhD

# Telebehavioral Health Legal & Ethical Best Practices: Dos and Don'ts

This innovative, fast-moving yet introductory workshop will provide a practical overview of telebehavioral health laws and evidence-based techniques required by a variety of ethical codes of relevance to the audience. Legal issues covered will include licensure, informed consent, mandated reporting, malpractice carriers, HIPAA, HITECH, privacy, and confidentiality. Ethical issues will include boundaries, competence, and client/patient education techniques. Practical issues include conducting an online intake, planning for and handling emergencies, smartphones, iPads, apps, texting, and other innovative practices. Discussions will include examples of skills needed to practice/supervise using videoconferencing. Extensive handouts and references will be provided for audience members. Attend this program to glimpse how you too, can legally and ethically leverage the power and reach of telehealth to lower your overhead and reach more people.

## - PRE-CONFERENCE AT-A-GLANCE -

MONDAY, MAY 6						
7 - 8 am	Registration					
8 am - 5 pm	Pre-Conference Workshop	Stacy Charpentier, RCP, CPRS	Recovery Coaching and Professionalism - Part I Note: Advance proof of completion of Recovery Coach Academy required to attend			
	Pre-Conference Workshop	Daniel Kaufmann, PhD, LMHC, BACC, ICGC-II	Clinical Supervision for Problem Gambling			
TUESDAY, MAY 7						
7 - 8 am	Registration					
8 am - 5 pm	Pre-Conference Workshop	Marlene Maheu, PhD	Telebehavioral Health Legal & Ethical Best Practices: Dos and Don'ts			
8 am - Noon	Pre-Conference Workshop	Stacy Charpentier, RCP, CPRS	Recovery Coaching and Professionalism - Part II			
1 - 3 pm	Pre-Conference Workshop	Stacy Charpentier, RCP, CPRS	Recovery Coaching and Professionalism Training of Trainers			

## WEDNESDAY, MAY 8 - THURSDAY, MAY 9

### **Stacy Charpentier, RCP, CPRS**

## Spirituality for Recovery Coaches

The purpose of this session is to help you as a recovery coach understand what spirituality is and how you would help someone in their own process of discovering spirituality. This two-day course will help you explore your own beliefs and values as it comes to spirituality. This training will provide you with the tools and resources needed as a recovery coach so you can speak about spirituality in a way that is accepting of others. This training will challenge you in a way that helps to promote your own understanding of spirituality. By completing this course, you will be able to help those you serve understand, accept, and embrace spirituality for themselves. Followed by Spirituality for Recovery Coaches Training of Trainers. Additional fee for training manual: \$25; Note: Advance proof of completion of Recovery Coach Academy required to attend.

# **FOCUS ON THE FUTURE**

## -MAIN CONFERENCE OVERVIEW-

## **WEDNESDAY, MAY 8**

## **Morning Keynote**

## Heather Kleckinger-Craven, LPC, ICGC-II

**Gambling Disorder Treatment: Teaching Optimism in a Reality-Based World** (1.5 CEs)

Rational thought and reality testing are powerful tools of recovery for intervening in the fantasy thinking that happens with gambling disorder. Positive thinking and optimism also have significant roles in the recovery process. Participants will learn about the psychological and physiological benefits of optimism, Cognitive Behavioral Therapy skills to improve optimistic thinking, and to integrate realism and healthy optimism interventions into treatment goals.

## **Morning Breakout Sessions**

- Brian Farr, MA, LPC
  - Clinical Strategies for Addressing the Personal Finances of Problem Gamblers in Treatment Part I (1.75 CEs)
- **Don Feeney, MPP, MS and Chris Stearns**Sports Betting 101 For the Baffled and Bewildered (1.75 CEs)
- Cheryl Moss, JD and Denise Quirk, MA, MFT, LCADC, ICGC-II, CPGC-S

Divorce Court and Gambling: I Was Dating a Slot Machine (1.75 CEs)

### **Lunch Plenary**

### Glenn Osowski, ICGC-II, CPSS

Understanding Military Culture and Disordered Gambling in Active Military and Veteran Populations (1.5 (Es)

The National Council on Problem Gambling estimates that as many as 56,000 active duty members of the Armed Forces meet criteria for gambling disorder, and studies have shown that veterans have elevated rates of gambling problems — at least twice the rate of the general adult population. This presentation will assist mental health professionals in understanding the uniqueness of military culture to assist in treatment of active duty military, Veterans, or family members with problem or disordered gambling.

#### **Afternoon Breakout Sessions**

- Brian Farr, MA, LPC
  - Clinical Strategies for Addressing the Personal Finances of Problem Gamblers in Treatment Parts II and III (3.25 CEs)
- Daniel Kaufmann, PhD, LMHC, BACC, ICGC-II Loot Boxes and Video Game Gambling (1.5 CEs)
- Denise Quirk, MA, MFT, LCADC, ICGC-II, CPGC-S
   Addressing our Elders and Families about Gambling and Opioids (1.5 CEs)
- Glenn Osowski, ICGC-II, CPSS
  - Gamblers and Veterans: Understanding the Patients that Treatment Providers Fear (1.75 CEs)
- · Don Feeney, MPP, MS

What the National Survey of Gambling Attitudes and Gambling Experiences Tells Us about Sports Betting (1.75 CEs)

## **THURSDAY, MAY 9**

## **Morning Keynote**

## **Good Morning, Grand Mound!**

Panel: Maureen Greeley, BS, Jon Grant, JD, MD, MPH, Cheryl Moss, JD, and Glenn Osowski, ICGC-II, CPSS (1.5 CEs)

Join a panel of regional and national experts in the field as we explore emerging issues, attitudes, and trends that are shaping our work around gambling and gaming treatment, prevention, awareness, and legislation.

### **Morning Breakout Sessions**

- · Jon Grant, JD, MD, MPH
  - Co-occurring Mental Health Disorders and Gambling: What Should We Screen For and What Should We Treat? (1.5 CEs)
- Glenn Osowski, ICGC-II, CPSS
   Assample and Constitution and Constitution
  - Lessons Learned: Creating and Developing PSAs for the State of Maryland Targeting the Veteran Population (1.5 CEs)
- Cheryl Moss, JD

  Gambling Treatment Diversion Court: Rising Up from Bottoming Out
  (1.5 CEs)

## **Lunch Plenary**

#### Jon Grant, JD, MD, MPH

Gambling and the Brain Reward Systems: What Do We Know and How Can We Use It? (1.5 CEs)

This presentation will examine what is currently known about the neurobioloogy of gambling and addictions and how that information may inform clinical approaches to problem gambling.

#### **Afternoon Breakout Sessions**

- Ken Litwak, BA, ICGC-I, CCTP, DRCC
  - The Relationship Between Problem Gambling and Trauma (1.5 CEs)
- Dolores Chiechi
  - Advocacy 101: Basic Principles and Tips for Advocating Effectively (1.5 CEs)
- Panel: Maureen Greeley, BS, Facilitator, Barbara Gerrior, MSW, David Jefferson, and Ruby Takushi, PhD
  - The Power of Recovery Cafés and Coalitions and the Practical Realities of Creating Them in Your Community (1.5 CEs)

## **Afternoon Plenary**

## Jon Grant, JD, MD, MPH

**Gambling and Family & Social Influences: Cause, Effect, or Both?** (1.75 CEs)

This presentation will discuss the influence of gambling behavior on families and friends, how family can assist or even enable gambling behavior, and how to incorporate family into the treatment process.

Special Joint Membership Rates available! See page 7 for details.

# **FOCUS ON THE FUTURE**

## — MAIN CONFERENCE AT-A-GLANCE -

WEDNESDAY,	MAY 8				
7 - 8:15 am	Registration & Continental	Breakfast			
8 am - 5 pm	Recovery Coach Training Stacy Charpentier, RCP, CPRS Spirituality for Recovery Coaches				
8:15 - 8:30 am	Welcome				
8:30- 10 am	Keynote	Heather Kleckinger-Craven, LPC, ICGC-II	Gambling Disorder Treatment: Teaching Optimism in a Reality-Based World		
10 - 10:15 am	Break / Exhibits				
	Clinical / Behavioral Health	Brian Farr, MA, LPC	Clinical Strategies for Addressing the Personal Finances of Problem Gamblers in Treatment - Part I		
10:15 am - Noon	Innovative Trends & Topics	Don Feeney, MPP, MS and Chris Stearns	Sports Betting 101 For the Baffled and Bewildered		
	Legal Issues in Responsible Gaming	Cheryl Moss, JD and Denise Quirk, MA, MFT, LCADC, ICGC-II, CPGC-S	Divorce Court and Gambling: I Was Dating a Slot Machine		
Noon - 1:30 pm	Lunch Plenary	Glenn Osowski, ICGC-II, CPSS	Understanding Military Culture and Disordered Gambling in Active Military and Veteran Populations		
	Clinical / Behavioral Health	Brian Farr, MA, LPC	Clinical Strategies for Addressing the Personal Finances of Problem Gamblers in Treatment - Part II		
1:30 - 3 pm	Innovative Trends & Topics	Daniel Kaufmann, PhD, LMHC, BACC, ICGC-II	Loot Boxes and Video Game Gambling		
	Advocacy / Community Engagement	Denise Quirk, MA, MFT, LCADC, ICGC-II, CPGC-S	Addressing our Elders and Families about Gambling and Opioids		
3 - 3:15 pm	Break / Exhibits				
	Clinical / Behavioral Health	Brian Farr, MA, LPC	Clinical Strategies for Addressing the Personal Finances of Problem Gamblers in Treatment - Part III		
3:15 - 5 pm	Continuum of Care: Prevention to Recovery	Glenn Osowski, ICGC-II, CPSS	Gambling and Veterans: Understanding the Patients that Treatment Providers Fear		
	Innovative Trends & Topics	Don Feeney, MPP, MS	What the National Survey of Gambling Attitudes and Gambling Experiences Tells Us about Sports Betting		
THURSDAY, M	AY 9				
7 - 8:15 am	Registration & Continental	Breakfast			
8 am - 3 pm	Recovery Coach Training	Stacy Charpentier, RCP, CPRS	Spirituality for Recovery Coaches/Training of Trainers		
8:15 - 8:30 am	Welcome				
8:30 - 10 am	Keynote	Panel: Maureen Greeley, BS; Jon Grant, JD, MD, MPH; Cheryl Moss, JD; Glenn Osowski, ICGC-II, CPSS	Good Morning, Grand Mound!		
10- 10:15 am	Break / Exhibits / Hotel Cho	eck Out			
	Clinical / Behavioral Health	Jon Grant, JD, MD, MPH	Co-occurring Mental Health Disorders and Gambling: What Should We Screen For and What Should We Treat?		
10:15 am - Noon	Continuum of Care: Prevention to Recovery	Glenn Osowski, ICGC-II, CPSS	Lessons Learned: Creating and Developing PSAs for the State of Maryland Targeting the Veteran Population		
	Legal Issues in Responsible Gaming	Cheryl Moss, JD	Gambling Treatment Diversion Court: Rising Up from Bottoming Out		
Noon - 1:30 pm	Lunch Plenary	Jon Grant, JD, MD, MPH	Gambling and the Brain Reward Systems: What Do We Know and How Can We Use It?		
	Clinical / Behavioral Health	Ken Litwak, BA, ICGC-I, CCTP, DRCC	The Relationship Between Problem Gambling and Trauma		
1:30 - 3 pm	Advocacy / Community Engagement	Dolores Chiechi	Advocacy 101: Basic Principles and Tips for Advocating Effectively		
	Continuum of Care: Prevention to Recovery	Panel: Maureen Greeley, BS, Facilitator; Barbara Gerrior, MSW; David Jefferson; Ruby Takushi, PhD	The Power of Recovery Cafés and Coalitions and the Practical Realities of Creating Them in Your Community		
3 - 3:15 pm	Break / Exhibits				
3:15 - 5 pm	Afternoon Plenary	Jon Grant, JD, MD, MPH	Gambling and Family & Social Influences: Cause, Effect, or Both?		

# **FOCUS ON THE FUTURE**



Fill out the form below, or register online at http://focusonthefuture.evergreencpg.org. Early bird deadline is April 7. Regular deadline is April 26; after April 26, only non-discounted, on-site payment will be accepted.

## **REGISTRATION INFORMATION**

Name:	Credentials:					
Position / Title:	Agency / Organization:					
Address:						
City:	State:		Zip:			
Day phone:						
Email address:						
ATTENDANCE OPTIONS & PRICING	Early Bird ECPG Member - By April 1 -	Early Bird Non-Member - By April 1 -	ECPG Member - By April 20 -	Non-Member - By April 20 -	Student - By April 20 -	On-site - After April 20 -
Two-day <b>Pre-conference Workshops</b> (May 6-7)	\$95	\$115	\$95	\$115	\$80	\$135
Two-day <b>Recovery Coach Academy</b> © <b>Training</b> (May 6-7 Professionalism) or  (May 8-9 Spirituality)  Must provide proof of completion of Recovery Coach  Academy training to enroll	\$95	\$115	\$95	\$115	\$80	\$135
Training manual also required (nonrefundable): ☐ Professionalism Manual \$30 ☐ Spirituality Manual \$25	\$30 \$25	\$30 \$25	\$30 \$25	\$30 \$25	\$30 \$25	\$30 \$25
Focus on the Future Two-day Main Conference (May 8-9)	\$170	\$190	\$190	\$225	\$125	\$250
Pre-conference + <b>Focus on the Future</b> Two-day Main Conference (May 6-9)	\$250	\$290	\$270	\$325	\$195	\$375
TOTAL AMOUNT ENCLOSED:	\$	\$	\$	\$	\$	\$
<ul> <li>CANCELLATION POLICY: Refunds will be issued, less a \$35 administ received in writing by April 20, 2018. No refunds will be issued after</li> <li>Students must provide proof of current enrollment.</li> <li>To become an ECPG member, fill out the application or visit www.evergreencpg.org/membership</li> </ul>	How did you hear about this conference?  Brochure mailing Search Engine (Google, etc.)  ECPG Website Email  Referral Other:  *ECPG has your permission to use media that may include your image unless otherwise specified.					
DIETARY RESTRICTIONS and/or DISABILITIES						
I have the following dietary restrictions:   Gluten-Free I require the following under the Americans with Disabilities					□ Vegan	□ Vegetarian
PAYMENT METHOD						
	Cardholder's Name:					
Please make checks payable to: <b>Evergreen Council on Problem Gambling</b>	Expiration Date	<u>.</u>		_ CSC #:		
Signature:	Billing Zip Code: (3 digits on back of card)					

## **REMIT PAYMENT TO:**

**Mail:** Evergreen Council on Problem Gambling 1821 4th Avenue East | Olympia, WA 98506

**Fax:** 360.352.4133 www.evergreencpg.org

**Questions?** 360.352.6133 info@evergreencpg.org



# **FOCUS ON THE FUTURE**

Join the National Council on Problem Gambling AND the Evergreen Council on Problem Gambling and SAVE up to \$50.00!

That's like getting your ECPG membership and more FREE!

## **ACT NOW!**

## SPECIAL MEMBERSHIP OFFER





Join a team of proven and dedicated leaders as they raise awareness, increase treatment availability, and prevent problem gambling in your community and nationwide.

## **MEMBER INFORMATION**

Name:				
Position / Title: Ag	Agency / Organization:			
Address:				
City: State:	Zip:			
Day phone: Ce	II/Alternate phone:			
E-mail address:				
MEMBERSHIP OPTIONS				
\$39 ECPG Membership—Special member discounted fees on quar training workshops, quarterly newsletter, and member certificate.	terly trainings and conference registration (all o	offer CEUs), certification		
\$79 ECPG & NCPG Individual Membership—Includes ECPG and NCI subscription to NCPG newsletter, member certificate, bi-monthly su conferences. This is a special offer in conjunction with ECPG Member when purchased directly. Save \$40 through ECPG!	ubscription to Addiction Professional as well as	discounts on literature and		
\$114 ECPG & NCPG Individual Plus Member—Includes full ECPG M addition of a subscription to International Gambling Studies, a pee offer in conjunction with ECPG Membership—a \$164 value! The codirectly. Save \$50 through ECPG!	r-reviewed interdisciplinary journal in gamblin	g studies. This is a special		
PAYMENT METHOD				
Payment Type: Visa® MasterCard® Check/Money Order Check #: Money Order				
Please make checks payable to: <b>Evergreen Council on Problem Gambling</b>	Expiration Date:			
Signature:	Billing Zip Code:	(3 digits on back of card)		











Thank you to our Conference Partners:





May 6 - 9, 2019 **Grand Mound, WA** 



1821 4th Ave East Olympia, WA 98506 www.evergreencpg.org