

FOUR DIRECTIONS

Problem Gambling and Health Awareness Conference

Honoring Our Past ☸ Protecting Our Future

ABOUT THE CONFERENCE

Many representatives of Tribal Nations and organizations working on community wellness programs throughout the Pacific Northwest have come together to plan this important four-day event for learning and sharing. As our **Four Directions** conference theme suggests, our goal is to **Honor Our Past and Protect Our Future** through holistic health, wellness, and recovery support. We hope to bring together Tribal leaders, behavioral health directors and counselors, education and prevention specialists, recovery and peer coaches, and representatives of the gaming industry to support each other with knowledge and experience around health issues, gambling, gaming, and co-occurring disorders, and financial and safety concerns that affect all our communities.

The first **Four Directions** conference in 2009 was a great success—so much so that interest grew rapidly in offering an expanded conference program. Today, 13 years later, we invite you to join in a fantastic celebration as our **Four Directions** conference returns for in-person training and professional development opportunities at Little Creek Casino Resort. Please take a look at the full conference schedule to see all of the exciting opportunities for both training and cultural enrichment. From expanding knowledge and skills to experiencing healing and teaching tools that honor the traditional heritage of many cultures, your journey at **Four Directions** will illuminate your work and your life.

Presented By



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PRE-CONFERENCE SCHEDULE* AT-A-GLANCE

MONDAY, SEPTEMBER 19 – PRE-CONFERENCE			
7 - 8 am	Registration and Breakfast		
8 am - 5 pm	Community and Culture	Gordon James	<i>Culture to Culture</i>
8 am - 3 pm	Clinical / Behavioral Health	Wiley Harwell, D.Min, LPC, ICGC-II	<i>Clinical Supervision</i>
8 am - 5 pm	Recovery Community	Michael Serrano, RCPF	<i>Recovery Coach Academy© (Day One)</i>
TUESDAY, SEPTEMBER 20 – PRE-CONFERENCE			
7 - 8 am	Registration and Breakfast		
8 am - 3 pm	Clinical / Behavioral Health	Wiley Harwell, D.Min, LPC, ICGC-II	<i>Helping Individuals and Their Loved Ones Be Together in Recovery</i>
8 am - 5 pm	Recovery Community	Michael Serrano, RCPF	<i>Recovery Coach Academy© (Day Two)</i>
8 am - noon	Clinical / Behavioral Health	Carol McGinnis, PhD, SIP, BC-TMH, NCC, LCPC (MD)	<i>Anger and Spirituality in the Virtual World of the Xbox Gaming Client</i>
1 - 5 pm	Innovative Trends & Topics	Jerry Bauerkemper, BS, CCGC	<i>If I Can't Balance My Checkbook, How Can I Help You Balance Yours?</i>

COMMUNITY CELEBRATION EVENT

Community connects us, supports us, and is essential to our well being. As we come together at **Four Directions**, we share the rich resources of wisdom and experience as we work with and learn from each other. It is also important to take time to share laughter, break bread, and celebrate. This year's Community Event is a celebration that brings us together to enjoy traditional and contemporary music, dance, and performance art. Bring your drum, flute, or even your violin, and join in the experience, if you'd like!

Wednesday, September 21, 6 - 8:30 pm
Included in all Main Conference Registrations - Guest tickets available (see Page 5)

Featured Artists:



Susan Aglukark is an Inuk singer/songwriter from the territory of Nunavut. The challenges of the early years of her singing career became the catalysts for her healing and connecting deeper with her culture and people, the Inuit.



Dallas Arcand is a multi-talented artist and three-time World Champion Hoop Dancer from the Alexander (Kipohtakaw) Plains Cree Nation near Edmonton, Alberta. He is an accomplished singer, flutist, recording artist, and an in-demand motivational speaker facilitating workshops for Aboriginal people of all ages.



Gene Tagaban – "One Crazy Raven" – is a storyteller, a counselor, a trainer, a teacher. Gene is of the Takdeintaan clan, the Raven, Freshwater Sockeye clan from Hoonah, Alaska. He is the Child of the Wooshkeetan clan, the Eagle, Shark clan from Juneau, Alaska. He is Cherokee, Tlingit, and Filipino.



Swil Kanim, US Army Veteran, world class virtuoso violinist, Native storyteller, and actor, is a member of the Lummi Nation. Swil brings healing and hope through music, fine arts, and storytelling to explore how authentic expression contributes to healthy communities. He encourages all to Honor Your Vision – Follow Your Passion.

MAIN CONFERENCE SCHEDULE* AT-A-GLANCE

WEDNESDAY, SEPTEMBER 21			
7- 8 am	Registration & Continental Breakfast		
8 am - 5 pm	Recovery Community	Michael Serrano, RCPF	Recovery Coach Academy© (Day Three)
8:20 - 8:30 am	Welcome/Opening Ceremony		
8:30 - 10 am	Keynote	Panel (invited)	Missing and Murdered Indigenous Women's and People's Alert System
10 - 10:30 am	Break / Exhibits		
10:30 - 11:30 am	Clinical / Behavioral Health	Sarah Sense-Wilson, MA, LMHC, SUDP, WSCGC-II	Culturally Creative Therapeutic Techniques
	Community and Culture	Kitty Martz, CGRM, CGAC-II	Non-Anonymous: Recovery in the Public Eye
	Global & Responsible Gaming	Jacob Coin and Jennifer Shatley, DPP	Culture of Caring: A Tribal Values-Driven Responsible Gaming Program
11:30 am - noon	Break / Exhibits		
Noon - 1:30 pm	Lunch and Plenary	Susan Aglukark, OC	Healed Enough
1:30 - 2 pm	Break / Exhibits		
2 - 3 pm	Clinical / Behavioral Health	Gene Tagaban and Swil Kanim	Art and Healing - Incorporating Traditional Art into Therapeutic Practices
	Community and Culture	Colbie Caughlan, MPH and Maleah Nore	Suicide and NW Tribes
	Community and Culture	Harlan Pruden	Two Spirit Teachings: Honoring the Sacred Space Between and Within All of Us (Part 1)
3 - 3:30 pm	Break / Exhibits		
3:30 - 5 pm	Afternoon Plenary	Michelle Johnson-Jennings, PhD, EdM	Environment and Land-based Healing Practices Guided by Ancestral Teachings
6 - 8:30 pm	Community Celebration Event and Dinner		
THURSDAY, SEPTEMBER 22			
7 - 8:15 am	Breakfast		
8 am - 3:30 pm	Recovery Community	Michael Serrano, RCPF	Recovery Coach Academy© (Day Four)
8:15 - 8:30 am	Welcome and Announcements		
8:30 - 9:45 am	Keynote	Dallas Arcand	It's Never Too Late... NDN Time
9:45 - 10:15 am	Break / Exhibits / Hotel Checkout		
10:15 - 11:45 am	Clinical / Behavioral Health	David Ledgerwood, PhD, LP	Cognitive Distortions Related to Treatment Outcomes
	Community and Culture	Jerry Bauerkemper, BS, CCGC	Suicide and Gambling
	Global & Responsible Gaming	Marie-Claire Conlin, BA, MSc and Mahfuz Hassan, MA, BCBA	What is Being Done in Problem Gaming Treatment Research? Exploring the Psychotherapeutic Techniques Used Within the Research Literature
11:45 - 1:30 pm	Lunch and Plenary	Javoen Byrd, MA	African Drumming for Therapy
1:30 - 1:45 pm	Break / Exhibits		
1:45 - 3:15 pm	Clinical / Behavioral Health	David Ledgerwood, PhD, LP	Gambling Disorder and Trauma: Comparing Seeking Safety to CBT
	Community and Culture	Harlan Pruden	Two Spirit Teachings: Honoring the Sacred Space Between and Within All of Us (Part 2)
	Community & Culture	Shannon Solie, MA, LMHC	Supervision Through an Anti-Oppression Lens
3:15 - 3:30 pm	Break		
3:30 - 5 pm	Community and Culture	Gene Tagaban and Swil Kanim	Talking Circle Traditions for Treatment Providers

*Schedule is subject to change. Visit www.evergreencpg.org for the latest schedule updates!

GENERAL CONFERENCE INFORMATION

CONFERENCE REGISTRATION DEADLINES



- Early Bird registration deadline is **Friday, September 2, 2022.**
- Regular registration deadline is **Thursday, September 15, 2022.**
- On-site registration only after **Thursday, September 15, 2022.** Please do not mail, email, fax, or drop off registration after this date. Visa® or MasterCard® credit or debit cards will be accepted for on-site payment at the conference.

Fill out the attached registration form (page 5) or visit www.evergreencpg.org to register. Call 360.352.6133 if you need assistance.

CONFERENCE SCHOLARSHIPS

Scholarship opportunities available for Washington State treatment providers, peer/recovery coaches, and students/professors in behavioral health, addictions, and counseling programs!

Washington State
Health Care Authority

Thanks to partnerships with Washington State Health Care Authority and Recovery Cafe Network, ECPG offers a limited number of scholarships. Scholarships include full registration fee and hotel stipend (\$50 per night, up to two nights). Treatment providers also receive support for their Washington State Problem Gambling Certification application fee. **The deadline to apply is September 15;** applications received after that will be considered only if funding is still available. Call 360.352.6133 or visit www.evergreencpg.org for more details.



HOTEL ACCOMMODATIONS

We have reserved a block of rooms for conference attendees at very special rates at the Little Creek Casino Resort. Conference rates are offered to attendees based on availability. Room quantities are limited, so reserve your room early.



LITTLE CREEK CASINO RESORT

91 W State Route 108
Shelton, WA 98584
Reservations: 800.667.7711

Conference Guest Room Rates:
\$129/night plus tax - Standard
\$149/night plus tax - Premium

**Special rate cut-off date is
September 4, 2022**

When making reservations, identify yourself as a **Four Directions attendee and use Group Code EVERGREEN.*



Problem Gambling and Health Awareness Conference

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REGISTRATION FORM

Register online at www.evergreencpg.org | DEADLINE IS SEPTEMBER 15, 2022

REGISTRANT INFORMATION

Name: _____ Credentials: _____

Position / Title: _____ Agency / Organization: _____

Address: _____

City: _____ State/Province: _____ Zip / Postal Code: _____

Day phone: _____ Cell/Alternate phone: _____

Email address: _____

REGISTRATION OPTIONS

All amounts shown in US Dollars

	EARLY BIRD ECPG MEMBER By –September 2–	EARLY BIRD NON-MEMBER By –September 2–	ECPG MEMBER After –September 2–	NON-MEMBER After –September 2–	COLLEGE STUDENT	ON-SITE (FOR ALL) After –September 15–
FOUR DIRECTIONS Four-Day Full Conference (includes Community Event) <input type="checkbox"/> (September 19-22)	\$265	\$295	\$295	\$335	\$195	\$375
Recovery Coach Academy © Four-Day Training (includes Community Event) <input type="checkbox"/> (September 19-22, includes training manual)	\$265	\$295	\$295	\$335	\$245	\$375
FOUR DIRECTIONS Two -Day Pre-conference Workshops <input type="checkbox"/> (September 19-20)	\$135	\$150	\$150	\$175	\$95	\$195
FOUR DIRECTIONS Two-Day Main Conference (includes Community Event) <input type="checkbox"/> (September 21-22)	\$175	\$195	\$195	\$225	\$125	\$275

Guest Meals (Breakfast and Lunch): _____ Adults @ \$65/day = \$ _____ Children (8-12 years of age*) @ \$40/day = \$ _____

Community Dinner Event (included in registration fee for Full and Main Conference, RSVP required): ☐ yes, I will attend ☐ no, I will not attend

Guests - Community Event (RSVP required): _____ Adults @ \$49 = \$ _____ Children (8-12 years of age*) @ \$39 = \$ _____

*We are unable to accommodate children younger than 8 years old.

TOTAL AMOUNT ENCLOSED: US \$

Would you like to be added to ECPG's mailing list?
☐ Yes, please ☐ No, thank you

How did you hear about this conference?

☐ Brochure mailing ☐ Referral ☐ Search Engine

☐ ECPG Website ☐ Email ☐ Other _____

☐ **YES! I'D LIKE TO BECOME A MEMBER OF ECPG AND SAVE ON MY REGISTRATION! (see reverse for membership form)**

- CANCELLATION POLICY:** Refunds will be issued, less a \$35 administrative fee, if received in writing by **September 9, 2022**. Refunds will not be issued after that date.
- Students must provide proof of current enrollment.
- To become an ECPG member, fill out the application on the Special Membership Offer page or visit www.evergreencpg.org/Membership.

DIETARY RESTRICTIONS and/or DISABILITIES

I have the following dietary restrictions: ☐ Gluten-Free ☐ Lactose-Intolerant ☐ Peanut Allergy ☐ Sugar-Free ☐ Vegan ☐ Vegetarian

I require the following under the Americans with Disabilities Act: _____

METHOD OF PAYMENT

☐ Visa® ☐ MasterCard® ☐ Money Order

Check # (US dollars only): _____
Make checks payable to Evergreen Council on Problem Gambling

Name on check: _____
(if different from registrant)

Credit Card #: _____

Expiration: _____ CSC #: _____ Billing Zip: _____
(3 digits on back of credit card)

Signature: _____

MAIL, EMAIL, FAX, OR DROP OFF THIS FORM WITH PAYMENT TO:

Evergreen Council on Problem Gambling
1821 Fourth Avenue East | Olympia, WA 98506
P: 360.352.6133 | F: 360.352.4133 | info@evergreencpg.org



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Honoring Our Past  Protecting Our Future

SPECIAL MEMBERSHIP OFFER

Join both  EVERGREEN and  NCPG save up to **\$50!**
council on problem gambling National Council on Problem Gambling

That's like getting your ECPG membership FREE!

As an ECPG Member, you'll receive member discounted rates on all of our Quarterly Trainings and Conferences - all of which offer Continuing Education Units from many association and certification boards, such as:

- Mental Health and Addiction Certification Board of Oregon (MHACBO)
- American Academy of Health Care Providers in Addictive Disorders (AAHCPAD)
- The Association for Addiction Professionals (NAADAC)

ECPG Individual Member benefits also include discounts on Certification Training Workshops, a subscription to our Quarterly Newsletter, and a Member Certificate suitable for display.

NEW MEMBER INFORMATION

Name: _____ Company: _____
Address: _____ Apt./Suite: _____
City: _____ State/Province: _____ Zip/Postal: _____
Phone: _____ Fax: _____
Email address: _____

All fields are required

MEMBERSHIP OPTIONS

- ☐ **\$39 USD** ECPG Membership—Special member discounted fees on quarterly trainings and conference registration (all offer CEUs), certification training workshops, quarterly newsletter, and member certificate.
- ☐ **\$79 USD** Joint ECPG & NCPG Individual Membership—Includes ECPG Membership plus full National voting rights, 1-year subscription to NCPG newsletter, member certificate, bimonthly subscription to *Addiction Professional* as well as discounts on literature and conferences. This special offer is a \$119 value! The cost of NCPG Individual Membership alone is \$80 when purchased directly. Save \$40 through ECPG!
- ☐ **\$114 USD** Joint ECPG & NCPG Individual Plus Member—Includes all the benefits of ECPG & NCPG Individual Member level, with the addition of a subscription to *International Gambling Studies*, a peer-reviewed interdisciplinary journal in gambling studies. This special offer is a \$164 value! The cost of NCPG Individual Plus Membership alone is \$125 when purchased directly. Save \$50 through ECPG!

MEMBERSHIP PAYMENT

Today's Date: _____ Credit Card #: _____
Method of Payment: ☐ Visa® ☐ MasterCard® ☐ Money Order Expiration Date: _____ CSC #: _____
Check # (US dollars only): _____
Checks payable to Evergreen Council on Problem Gambling Signature: _____
(3 digits on back of credit card)



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@EvergreenCPG



ECPGgambling

CONFERENCE COORDINATOR

Evergreen Council on Problem Gambling

The Evergreen Council on Problem Gambling (ECPG) is dedicated to increasing awareness of public health issues around problem gambling and gaming, expanding the availability and integration of services, and supporting advocacy, research, and programs for education, prevention, treatment, and responsible gambling and gaming. We provide confidential support for Washington State residents through our 24-hour Problem Gambling Helpline (800.547.6133) via phone, text, and chat, and public awareness, education, prevention, and resource development services for individuals, families, employers, students, the gaming industry, and business and community groups. ECPG also provides qualified training and certification programs and continuing education units (CEUs) for treatment professionals.



EVERGREEN
council on problem gambling

The Council offers support for residential and outpatient treatment for those affected by gambling and their loved ones, as well as education and public awareness programs to a wide variety of community and professional groups through presentations. The Council works with the gaming industry to provide employee training and responsible gaming policy and program development, and offers a Responsible Gaming Certification program.

The Evergreen Council on Problem Gambling is pleased to work with schools and youth groups, educators and PTAs, civic and social service organizations, and others to develop and tailor education and awareness programs to meet your needs. For more information, or to schedule a presentation, call our office at 360.352.6133.

CONFERENCE HOST



Squaxin Island Tribe People of the Water

We are descendants of the maritime people who lived and prospered along the shores of the southernmost inlets of the Salish Sea for untold centuries. Because of our strong cultural connection with the water, we are also known as the *People of the Water*. We are the Noo-Seh-Chatl of Henderson Inlet; Steh-Chass of Budd Inlet; Squi-Aitl of Eld Inlet; Sawamish/T'Peeksin of Totten Inlet; Sa-Heh-Wa-Mish of Hammersley Inlet; Squawksin of Case Inlet; and S'Hotle-Ma-Mish of Carr Inlet.



CONTINUING EDUCATION UNITS

The Evergreen Council on Problem Gambling's training workshops qualify toward the 30 hours of gambling-specific education required by the Washington State and National/International Problem Gambling Certification Boards for certification. Additionally, ECPG is an Approved Provider of Continuing Education by The Association for Addiction Professionals (NAADAC) and the International Gambling Counselor Certification Board (IGCCB). Our workshops have also been approved for continuing education by the Mental Health and Addictions Certification Board of Oregon (MHACBO), and the American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD). ECPG also applies for CEU approval from the Canadian Problem Gambling Certification Board (CPGCB). Contact ECPG with further questions.



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1821 Fourth Avenue East
Olympia, WA 98506

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Honoring Our Past  *Protecting Our Future*

September 19 - 22, 2022

LITTLE CREEK CASINO RESORT | SHELTON, WA

Conference Highlights

- **Clinical/Behavioral Health:** *Helping Individuals and Their Loved Ones Be Together in Recovery; Culturally Creative Therapeutic Techniques; Gambling Disorder and Trauma: Comparing Seeking Safety to CBT*
- **Community and Culture:** *Culture to Culture; Two Spirit Teachings: Honoring the Sacred Space Between and Within All of Us; Supervision Through an Anti-Oppression Lens*
- **Keynotes/Plenaries:** *Addiction and Community in Turbulent Times; It's Never Too Late... NDN Time; African Drumming for Therapy*
- **Recovery Community:** *The Full Recovery Coach Academy© is being offered this year at **Four Directions!***



Squaxin Island Tribe



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