



EVERGREEN

council on problem gambling

Treatment. Training. Awareness.

MARK YOUR CALENDARS!

February 2-5, 2015
Red Lion Hotel - Olympia
2300 Evergreen Park Dr SW
Olympia, WA 98502

For more information, contact:
www.evergreencpg.org or 360.352.6133

PROBLEM GAMBLING TRAINING WORKSHOPS

Basic and Advanced Levels

Presenters:

Maureen Greeley
Colin Hodgen, LADC-S, CPGC-S, NCGC-II
Ty Lostutter, PhD
Denise Quirk, MA, MFT, LADC, NCGC-II, CPGC-S
Abby Smith, NCC, LMHC, CDP
Oblio Stroyman, M.Ed, LMFT, QMHP, CGAC-II, NCGC-II, BACC
Cheryl Wilcox



www.evergreencpg.org

800.547.6133

HELP STARTS HERE

WHEN GAMBLING BECOMES A PROBLEM, THERE'S HOPE...



EVERGREEN
council on problem gambling
1801 Fourth Avenue East | Olympia, WA 98506



There's hope after the storm.

If you, or a loved one,
struggle with a gambling problem,
there's HOPE.

Help starts TODAY, by
calling 1.800.547.6133.



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www.evergreencpg.org

PROBLEM GAMBLING TRAINING WORKSHOPS REGISTRATION

Register online at www.evergreencpg.org

DEADLINE IS JANUARY 29, 2015

REGISTRANT INFORMATION

Name: _____
Position/Title: _____ Agency/Organization: _____
Address: _____
City: _____ State: _____ Zip: _____
Day phone: _____ Cell/Alternate phone: _____
E-mail address: _____

In the future, training notices may be sent by e-mail.

TRAINING OPTIONS

- Feb 2–5 (Basic Training 4-day): \$150 (ECPG Member Discount Rate: \$135)
 Feb 2–3 (Advanced 2-day): \$75 (ECPG Member Discount Rate: \$69)
 Feb 2 **OR** 3 (Advanced 1-day): \$50 (ECPG Member Discount Rate: \$45)

Total Amount Enclosed: \$ _____

Cancellation Policy: Refunds will be issued, less a \$35 administrative fee, if received in writing ten (10) days prior to event. No refunds will be issued after January 23.

MAIL, E-MAIL, FAX, or DROP OFF this form with payment to:

Evergreen Council on Problem Gambling
1801 4th Avenue East | Olympia, WA 98506
P: 360.352.6133 | F: 360.352.4133
info@evergreencpg.org



EVERGREEN
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METHOD OF PAYMENT

___ Visa® ___ MasterCard® ___ Money Order

Check #: _____

Checks payable to Evergreen Council on Problem Gambling

Name on check: _____

(if different from registrant)

Credit Card #: _____

Expiration Date: _____ CSC #: _____

(3 digits on back of credit card)

Signature: _____

ECPG/NCPG JOINT MEMBERSHIP APPLICATION

Join NCPG **AND** ECPG and save \$40! That's like getting your ECPG membership for **FREE!**



National Council
on Problem Gambling

Name: _____ Company: _____
Address: _____ Apt./Suite: _____
City: _____ State/Province: _____ Zip/Postal: _____
Phone: _____ Fax: _____
E-mail address: _____

All fields are required

MEMBERSHIP OPTIONS

- ___ **\$39** ECPG Membership—Special member discounted fees on quarterly trainings and conference registration (all offer CEUs), certification training workshops, quarterly newsletter, and member certificate.
- ___ **\$74** ECPG & NCPG Individual Membership—Includes ECPG and NCPG Individual Membership with full National voting rights, 1-year subscription to NCPG newsletter, member certificate, bimonthly subscription to *Addiction Professional* as well as discounts on literature and conferences. This is a special offer in conjunction with ECPG Membership—a \$114 value! The cost of NCPG individual Membership alone is \$75 when purchased directly. Save \$40 through ECPG!
- ___ **\$99** ECPG & NCPG Individual Plus Member—Includes full ECPG Membership plus all the benefits of NCPG Individual Member level, with the addition of a subscription to *International Gambling Studies*, a peer-reviewed interdisciplinary journal in gambling studies. This is a special offer in conjunction with ECPG Membership—a \$139 value! The cost of NCPG Individual Plus Membership alone is \$100 when purchased directly. Save \$40 through ECPG!

MEMBERSHIP PAYMENT

Today's Date: _____ Credit Card #: _____
Method of Payment: ___ Visa® ___ MasterCard® Expiration Date: _____ CSC #: _____
Check #: _____ Money Order *(3 digits on back of credit card)*
Checks payable to Evergreen Council on Problem Gambling Signature: _____



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TRAINING WORKSHOP SCHEDULE

MONDAY, FEBRUARY 2–THURSDAY, FEBRUARY 5, 2015

8am–5pm: **BASIC PROBLEM GAMBLING COUNSELOR TRAINING**

(8am–3pm on Thursday)

Presented by: **Oblio Stroyman, M.Ed, LMFT, QMHP, CGAC-II, NCGC-II, BACC, and Colin Hodgen, MA, LADC-S, CPGC-S, NCGC-II**

This 30-hour workshop serves as an introduction to problem and pathological gambling disorders. Participants will learn about the scope and prevalence of gambling and problem gambling on a national scale, risk factors, and how the increased availability of gambling over the past 10 years has affected the prevalence of gambling problems in the United States. The DSM-5 criteria for pathological gambling will be discussed, and participants will learn practical application of the most commonly used screening and diagnostic tools. This workshop outlines the types and sub-types of gamblers and several approaches to treatment of problem gamblers. Participants will learn about the disorders that most often co-occur with problem gambling and the effects of the disorder on family and loved ones. Basic Training also includes an overview of topic areas covered on the National Counselor Certification Exam. **Basic Problem Gambling Counselor Training is required for Washington State Gambling Counselor Certification.**

MONDAY, FEBRUARY 2, 2015–ADVANCED WORKSHOP

8–10am: **HOMECOMING: HOW TO HAVE A THERAPEUTIC CONVERSATION WITH TODAY'S VETERAN/MILITARY PERSONNEL AROUND MENTAL HEALTH AND ADDICTIONS ISSUES**

Presented by: **Ty Lostutter, PhD**

This session will review the addiction and mental health issues facing our returning veterans and offer suggestions to clinicians in ways to engage this population for further treatment. Participants will learn motivational enhancement strategies that will be effective when working with veteran/military populations.

10am–noon: **RELAPSE PREVENTION: FROM THEORY TO PRACTICE FOR TREATING ADDICTIONS**

Presented by: **Ty Lostutter, PhD**

This session will provide a brief review of Relapse Prevention (RP) Theory and provide techniques and strategies for implementing RP into one's treatment practice.

1–5pm: **GROUP THERAPY: STRATEGIES FOR SUCCESSFUL GROUPS**

Presented by: **Abby Smith, NCC, LMHC, CDP**

Group therapy is a powerful therapeutic tool for treating addictions. It is suitable especially for treating problems that commonly accompany addiction, such as depression, isolation, and shame. What are the best recruitment methods? What factors are involved in group formation? Learn more about this and how to improve skills for building group safety and support, cohesion, and longevity.

TUESDAY, FEBRUARY 3, 2015–ADVANCED WORKSHOPS

8am–3pm **ADVANCED CLINICAL SKILLS**

Presented by: **Denise Quirk, MA, MFT, LADC, NCGC-II, CPGC-S**

Participants will discuss ongoing evaluation and placement, follow-up on treatment plans, involving the family in the treatment process, coordinating care with other community members and referral sources, case consultation with legal and other professionals, and financial issues including budgeting and marital issues around spending.

3–5pm: **SUCCESSFUL RECORDS MANAGEMENT**

Presented by: **Cheryl Wilcox and Maureen Greeley**

Record keeping is a real part of every counselor's job. This session will clarify what the requirements are for state- and ECPG-funded providers, and will provide tools to further your success. We will walk through a new client record from assessment to discharge and answer any questions you may have regarding Washington State WAC requirements and counselor responsibilities in record keeping and billing.

CONTINUING EDUCATION/CERTIFICATION

All ECPG-related workshops qualify toward the 30 hours of gambling-specific education required by the Washington State and National Problem Gambling Certification Boards. The Evergreen Council on Problem Gambling is an Approved Provider of Continuing Education by The Association for Addiction Professionals (NAADAC) and the National Board for Certified Counselors (NBCC). Our workshops have also been approved for continuing education by the Addictions Counselor Certification Board of Oregon (ACCBO), the American Academy of Health Care Providers in the Addictive Disorders (AAHCPAD), and the National Association of Social Workers (NASW).

PRESENTER BIOS

MAUREEN GREELEY

Maureen Greeley has served as Executive Director of the Evergreen Council on Problem Gambling since November 2006, helping to broaden the Council's reach and strengthen its programs and services. She is currently the President of the National Council on Problem Gambling's Board of Directors. She has worked with and for the state and National Councils since 1998.

COLIN HODGEN, LADC-S, CPGC-S, NCGC-II

Colin Hodgen has a master's degree in Counseling and Educational Psychology (University of Nevada, Reno) with an emphasis in Addictions. He is a Nevada-licensed alcohol and drug counselor, and a Nevada-certified problem gambling counselor and supervisor. He has experience in psychoeducation and the screening, assessment, and placement of individuals with addictive disorders. Hodgen wrote and teaches an online course in aging and addictions for the University of Nevada, Reno, and is co-author of *Gambling Patient Placement Criteria*.

TY LOSTUTTER, PhD

Ty Lostutter is an Assistant Professor at the Center for the Study of Health and Risk Behaviors in the Department of Psychiatry and Behavioral Sciences at the UW. Dr. Lostutter has more than a decade of experience conducting clinical research and prevention of disordered gambling. He received his PhD in Clinical Psychology from the UW in 2009. Dr. Lostutter joined the Board of the Evergreen Council in 2007 and currently serves as Vice-President; he also serves on the Board of the National Council on Problem Gambling.

DENISE QUIRK, MA, MFT, LADC, NCGC-II, CPGC-S

Denise Quirk is certified as a clinical supervisor and gambling counselor

specializing in treatment for families. She is the CEO and Clinical Director of the Reno Problem Gambling Center, a non-profit outpatient treatment center. Denise created and teaches an online problem gambling course through the University of Nevada, Reno. She serves as a Board member for the Nevada Council on Problem Gambling and is a member of the Nevada Governor's Advisory Committee on Problem Gambling. She is co-author of *Gambling Patient Placement Criteria*.

ABBY SMITH, NCC, LMHC, CDP

Abby Smith received her MA in Psychology with an emphasis in Mental Health Counseling from Antioch University, Seattle, in 1998. She has been a counselor in substance abuse and mental health for more than 25 years. Abby has taught at Edmonds Community College for 10 years, and was also an adjunct faculty at Antioch University, Seattle.

OBLIO STROYMAN, M.Ed, LMFT, QMHP, CGAC-II, NCGC-II, BACC

Oblio Stroyman is a Licensed Marriage and Family Therapist in the state of Oregon, earning her M.Ed in Couples and Family Therapy from the University of Oregon, and holding a BS in Sociology and Women and Gender Studies. She has worked in the problem gambling field since 2006, holding CGAC-II and NCGC-II certifications. Primary areas of focus and passion for her work include working with couples and families in problem gambling and LGBTQI and diversity concerns.

CHERYL WILCOX

Cheryl Wilcox is the Problem Gambling Program Manager for the State of Washington. Cheryl is passionate about providing the best quality treatment, prevention, and education to Washington residents. Prior to managing the problem gambling program, Cheryl was in management in the education field as well as federal grant management.

HAVE QUESTIONS? CONTACT US!

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info@evergreencpg.org | www.evergreencpg.org



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SCHOLARSHIPS

Full scholarship opportunities available for Washington State treatment providers!

But hurry! There are a limited number of scholarships.

Scholarship includes full registration fees, hotel stipend, AND Washington State Problem Gambling Certification application fees. Visit www.evergreencpg.org for more details.

HOTEL ACCOMMODATIONS

Red Lion Hotel - Olympia
2300 Evergreen Park Dr SW | Olympia, Washington
360.943.4000
www.redlion.com/olympia

Request the EVERGREEN COUNCIL ON PROBLEM GAMBLING room rate at \$94 per night.

The Red Lion Hotel - Olympia provides free high-speed Internet, parking, and an on-site restaurant.



MEALS & DIRECTIONS

Beverages will be provided during the workshops. Meals are the responsibility of the workshop participant.

Driving directions will be included in your registration confirmation.



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