

WSCPG
1929 Fourth Avenue East
Olympia, WA 98506



PROBLEM GAMBLING INTENSIVE TRAINING PROGRAM

BASIC AND ADVANCED LEVELS

**SEPTEMBER 24-27
2007**

**DoubleTree Hotel Spokane
322 N Spokane Falls Ct.
Spokane, WA 99201**

CONTINUING EDUCATION/ CERTIFICATION

These workshops qualify **toward** the 30 hours of gambling-specific education required by the Washington State and National Councils on Problem Gambling Certification Programs, and for certification by The Association for Addiction Professionals—NAADAC.

PRESENTERS

Linda Graves, MS, NCGCII, Problem Gambling Program Manager, Division of Alcohol and Substance Abuse, State of Washington, oversees the program's public awareness/outreach, prevention, treatment, research, and training. Previously Deputy Director for Delaware Council on Problem Gambling, Linda planned, implemented, and monitored the problem gambling treatment program, oversaw the training calendar, and supervised general operations, and was a member of the Delaware Certification Board for six years. She has been active with National Council on Problem Gambling (NCPG) for nine years, and received the NCPG Service Award in 2003. She was recognized as Counselor of the Year (2005) by the Delaware Association of Addiction Professionals.

Henry Montgomery, PhD, a clinical psychologist in private practice in Spokane, has been practicing in the area of addictive behaviors since 1985. Dr. Montgomery was awarded National Research Awards in 1990, 1991, and 1993. He has been on the faculty at the University of New Mexico, the University of Washington, Spokane Falls Community College, and Eastern Washington University. He began training in the area of pathological gambling in 1997, and has been certified by Washington

State to treat problem gamblers since 2001. Dr. Montgomery was the clinical supervisor of the first hospital-based outpatient program to treat problem gamblers in the state of Washington.

Rena Nora, M.D., is a Board Certified Psychiatrist and Distinguished Fellow of the American Psychiatric Association and a Clinical Professor of Psychiatry, University of Nevada School of Medicine. Dr. Nora is Co-Chair of the National Certification Board for Gambling Counselors and a member of the Board of Examiners for Alcohol, Drug and Gambling Counselors. Dr. Nora is currently the Medical Director of the Intensive Outpatient Program for Problem Gamblers at the VA Southern Nevada Healthcare System. She received the 2005 Herman Goldman Award from the National Council on Problem Gambling—its highest award—recognizing a lifetime of personal commitment to problem gambling issues.

Tony Steger, D.Min., LMHC, received his BA from Catholic University of America, MA from University of Toledo and Seattle University, and his doctorate from Graduate Theological Foundation, South Bend, Indiana. Dr. Steger was a member of the religious order of the Oblates of St. Francis de Sales for 23 years as an ordained Catholic Priest. He taught at Seattle University and Pierce College. Dr. Steger has been in private practice for more than 25 years in individual, family and marital counseling, and has worked in the addictions field since 1984. He was part of the Washington State Pilot Program for Gambling. Dr. Steger is a Chemical Dependency Professional and a Washington State Certified Gambling Counselor.

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THE SCHEDULE

* Lunch on your own each day

For more details on these programs, visit www.wscpg.org



Monday—September 24, 2007

8:30 a.m.-5 p.m.*

Foundations, Case Planning, Assessment

Presenter: Linda Graves

Problem Gambling Treatment Foundations

Interactive workshop addresses some fundamental knowledge necessary to counselors planning to treat problem gambling—defining gambling/types of gamblers, including action and escape gambling. Gambling progression stages are discussed using Custer's V-chart.

Case Planning with Problem Gamblers

Effective problem gambling treatment takes a holistic approach. Review methodology in developing treatment plans with problem gamblers/family members; the six domains; how a case plan matrix is used to prioritize treatment plans and move through issues.

Overview of Assessment Instruments

Overview of several problem gambling assessment instruments. Discuss diagnostic criteria, South Oaks Gambling Screen, NODS, two short screening instruments, Gamblers Anonymous 20 Questions, and Gam Anon "Are you living with a compulsive gambler?"

Tuesday—September 25, 2007

9 a.m.-noon*

Family Issues

Presenter: Tony Steger, DMin, LMHC

Problem Gambling is a family matter, and it's important to effectively engage the family or loved ones in the treatment process. This workshop explores the signs, symptoms, and progression of families with this illness, while addressing the how, when, and why of developing family programs.

1-4:30 p.m.

Spirituality and the Healing Process

Presenter: Tony Steger, DMin, LMHC

Explore problem gambling recovery as an opportunity for healing and discuss distinctions between spirituality and religion. Discussion on the search for "happiness" and the major roadblocks in recovery. Learn the importance of a multi-dimensional vision in looking at spirituality and how to identify the differences between guilt and shame.

Wednesday—September 26, 2007

9 a.m.-noon*

Best Practices

Presenter: Henry Montgomery, PhD

Review current research regarding effectively treating problem gamblers, including use of Cognitive Behavioral and Motivational Interviewing strategies. Review of findings regarding pharmacological strategies. How to apply research findings. Participants are encouraged to bring specific issues or cases for discussion and review.

1-2:30 p.m.

Pathological Gambling & Co-occurring Disorders

Presenter: Rena Nora, M.D.

Review common substance use disorders and mental disorders among pathological gamblers; negative clinical factors correlated with pathological gambling and co-occurring disorders; treatment approaches and models, integration of services and systems, and barriers to care.

2:30-5 p.m.

Ethics: Dual Relationships and Related Issues

Presenter: Henry Montgomery, PhD

Focus on ethical problems and solutions in management of dual relationships. Looking at ethical principles and discussing "cases," including dilemmas presented by participants, challenges affecting attendance at self-help groups by counselors/therapists, and problems inherent in practicing in a small community.

Thursday—September 27, 2007

9-10:30 a.m.

Focus on Personality Disorders

Presenter: Henry Montgomery, PhD

Focus on treating problem gamblers who have a personality disorder. Discuss specific disorders or traits, including Antisocial, Borderline, and Dependent categories. Review methods to enhance formation of a treatment alliance, improving motivation and treatment retention.

10:30 a.m.-noon*

Cultural Competencies

Presenter: Rena Nora, M.D.

Cultural factors—heritage, history, experience, beliefs, traditions, values, customs, behaviors, institutions, and communication—may impact diagnosis and treatment. Review cultural characteristics in terms of demographics, diagnostic/risk factors, idioms of expression and intervention and barriers to treatment of ethnic minorities.

1-2:30 p.m.

Certification

Presenter: Rena Nora, M.D.

Review certification goals/criteria, competency requirements, and professional examination. Certification is based on a standard used to judge competencies gained through work and training/education. Not a license to practice, it may be an essential, preferred, or alternative credential for employers, state and local officials.

2:30-4:30 p.m.

What's New?

Presenter: Henry Montgomery, PhD

Review of featured speakers/presentations from recent International Conference on the Treatment of Addictive Behaviors in New Mexico. Highlights: Dr. William Miller—"Evidence-based Practices," Dr. Linda Sobel—"Natural Recovery/Self-Change," and Dr. Thomas McLellan—"Why Programs Can't Change."

*MEALS: Morning and afternoon beverage service provided. Lunch is on your own.

HOTEL: Reduced rate for attendees (\$129). Call DoubleTree direct: 509.744.2311

Registration Form
Registration Deadline: Thursday,
September 20

NO ON-SITE REGISTRATION

Please check days you plan to attend:	Fee
<input type="checkbox"/> Sept. 24-27 Basic & Advanced Workshops	\$150
OR	
<input type="checkbox"/> Sept. 25-27 Advanced Workshops	\$ 100
Total Amount Enclosed _____	

CANCELLATION POLICY: Refunds will be issued, less a \$25 administrative fee, if received in writing six (6) days prior to each event. No refunds will be issued after that date.

Please print clearly

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*In the future, training notices will be sent by e-mail only.

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