

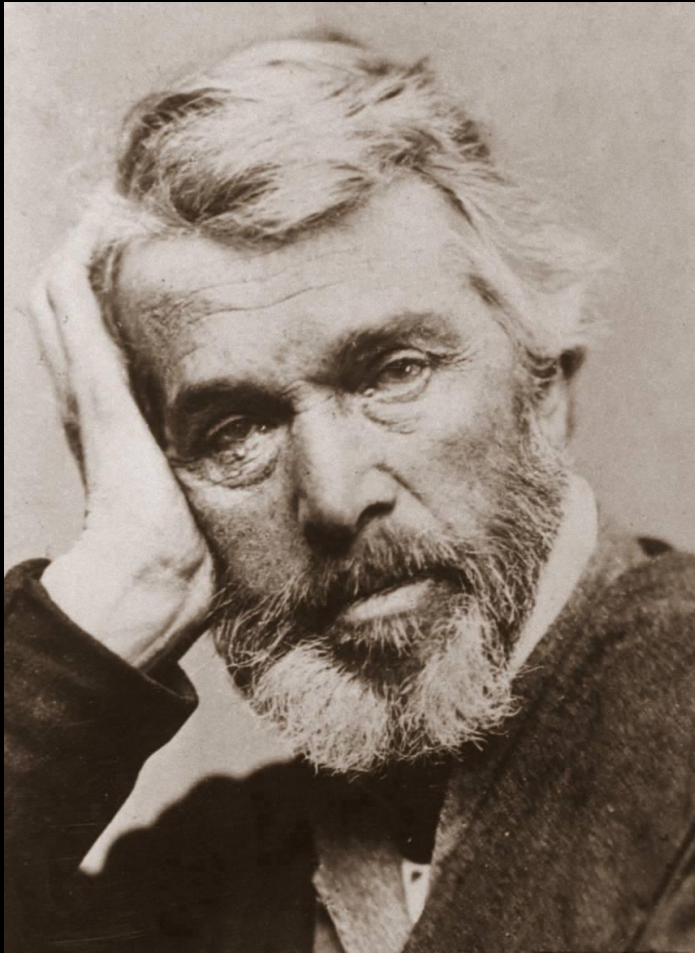
# The Honor Way

A Native American Philosophy for Living



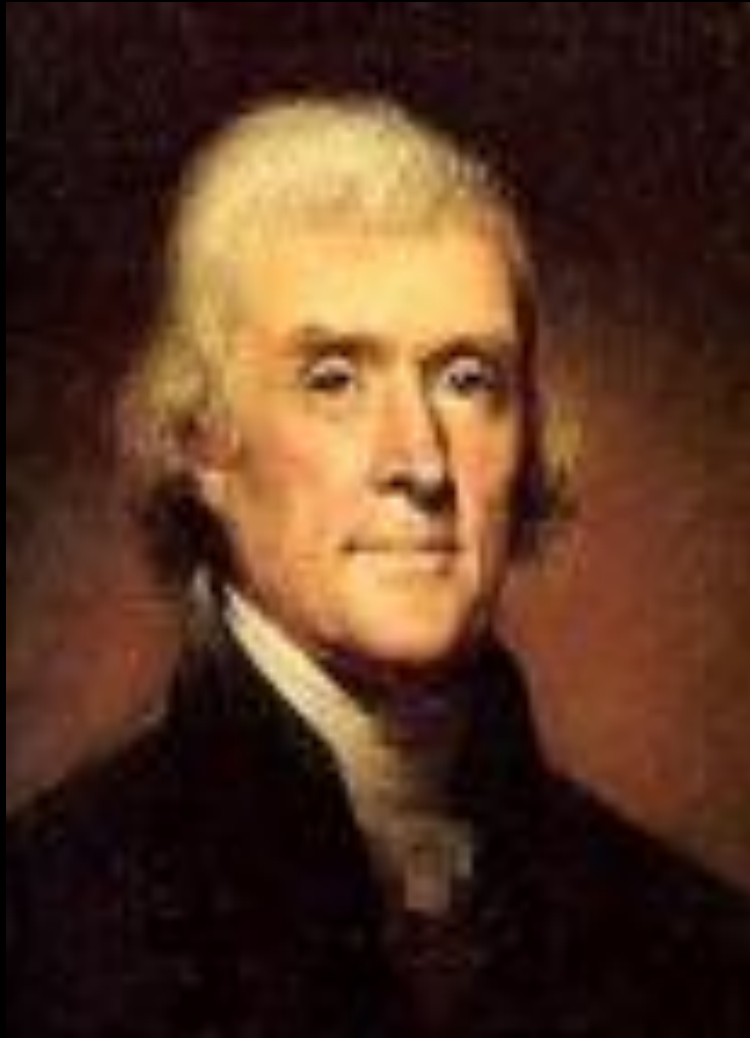
“You’ll never do anything in this world without courage - It is the greatest quality next to honor”

-Aristotle



Show me the person that you honor, for I know better by that the kind of person you are. For you show me what your idea of humanity is.

--Thomas Carlyle



Nobody can acquire honor by  
doing what is wrong.

--Thomas Jefferson



On my honor, I will do my best to honor my duty to God and my  
country.

--Boy Scouts of America



The Dali Lama and Silversong Belcourt, Founder of The Honor Way



Why are people so unhappy?



Honor the sacred.  
Honor the earth.  
Honor the elders.  
Honor all with whom we  
Share the Earth:--  
Four leggeds , two leggeds,  
Winged ones,  
Swimmers, Crawlers,  
Plant and rock people.  
Walk in balance and beauty.

--Native American Elder





Honor: Recognition, Credit, a symbol of distinction,  
Ceremonial gesture, Integrity, Praise, Respect mingles with  
love.

--Merriam-Webster Dictionary



After nourishment, shelter, and companionship, stories are the thing we need most in the world.





**Hatred  
Jealousy**

**Love  
Respect**

**Every Heart Holds Two Wolves**



The door to your spirit is through your deepest scar  
--Anne, Book One



A fantasy is something that is not available.  
A vision keeps you from perishing.  
A dream is the symbology that comes to you.  
That must always be obeyed.  
And strength...strength is telling yourself the truth.

-Silversong, Book Two



Would there be...

-Loree, Book Three



What story are you telling yourself?





Honor Day



How do you honor yourself?





How do you honor yourself?



The Relationship between Honor and Intention



## Intention:

An aim or a plan.  
A determination to act in a certain way: resolve, significant, What one intends to bring about and object for which prayer is offered.



Meaning - Full



The Relationship between Honor and Affirmations





An affirmation is a positive statement used as a cornerstone to help us create something new.



Willpower is not needed.  
Concentration is not needed.  
Holding one thought is not needed



Get into the feeling place of what you desire.



You must be relaxed and thinking about something your really interested in.



You must build a Mental Equivalent in your mind.



Discovering Your Affirmative Intention



I intend to be a vehicle for...






COURTESY | ANTHONY THOSH COLLINS



# SYMBOLS

## OF THE INDIAN NATION

	MAN life		HORSE journey		BIG MOUNTAIN great abundance		THUNDERBIRD unlimited happiness
	CROSSED ARROWS friendship		ARROW protection		LIGHTNING swiftness		BROKEN ARROW peace
	WATER HOUSE		HEADRESS ceremonial		KOKOPELLI flute player		CHILD fathers pride
	TEEPEE temporary house		HOGAN longtime home		RAIN plentiful crop		EAGLE FEATHER chief
	CACTUS sign of desert		PATH crossed		GECKO sign of desert		SUN happiness
	RAIN CLOUDS good prospect		THUNDERBIRDTRACK bright prospect		DEERTRACK game plentiful		SEASONS winter summer spring fall
	DAYS-NIGHTS time		PEACE PIPE ceremonial sacred		WATER RUNNING constant life		MOUNTAIN RANGE destination
	SUN RAYS constant		BIRD free of worry		BEAR strength		ARROW alertness
	SNAKE defiance		BEAR PAW good omen		OAK TWIG summon the holy		EAGLE freedom

SPIRIT  
MOVES

*The Story of Six Generations  
of Native Women*

